




# OCT 2020 CALENDAR



Breast Cancer Awareness Month  
National Physical Therapy Month

National Disability Employment Awareness Month

*Our monthly calendar will list MOVING FORWARD Limb Loss Support Group events, member's birthdays, anniversaries, & community events. If anyone has an event they would like to add to the calendar, please contact us.*

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2 Grant Grey birthday	3
4	5	6	7	8	9	10 Julie Randolph birthday
11 Bill Hoover birthday	12 <b>Columbus Day</b> Alan Gentry Kelly Grey birthdays	13	14	15	16	17 Billy Parker Bill Titus, Sr. birthdays
18	19	20	21	22	23	24 ** Virtual Online Meeting 2pm Beverly Gaylord birthday
25 Paul Christian birthday	26	27	28	29	30	31 <b>Halloween</b> 

\*\* As per the CDC request for social distancing, we will withhold our monthly in-person meetings until further notice. We will meet VIRTUALLY via Zoom once a month (fourth Saturday of the month at 2pm). If you do not have access to join our virtual meeting, we encourage you to continue reading and contributing to our newsletter. For those that can, please contact other members to chat. If you need access to the group directory, please let me know via phone: 502-235-3146. We value all of you and know we're in an unusual situation. Please remain calm, keep your hands washed, wipe down door handles, countertops, etc. Don't forget to do simple things like get some sunlight, listen to music, read a book, sit outside on the porch, go for a walk, play with your pet, call a friend. We certainly miss getting to have our meetings, but we would rather be safe than sorry. We value each of you and look forward to getting through these times together!  
~ Kelly

For more information about upcoming meetings and events, check out our website at [ampmovingforward.com](http://ampmovingforward.com), our Facebook page at "MOVING FORWARD LIMB LOSS SUPPORT", or the Upcoming Events in the EDITOR'S NOTE section of this newsletter.