

Triumph through Transitions

(Grades 5-9)

An **ENGAGING & EMPOWERING** hands-on opportunity designed to:

- *Promote Perseverance
- *Enhance Communication
- *Build Self-Confidence
- *Relieve anxiety

Get ready for the testing season!

It's the last part of the school year, vacation is over, and end-of-grade testing is coming. These transitions may bring a multitude of emotions: excitement, sadness, anxiety. We have a unique approach to help you manage these transitions.



Join us for 4 sessions

Tuesday afternoons: April 24, May 1, 8, 15

4:00 pm-5:00 pm

or

Wednesday afternoons: April 25, May 2, 9, 16

4:00 pm-5:00 pm

Limited Spaces available...call or email...Register Now to save your space!

Non-refundable Registration Fee: \$20.00

Activity Fee: \$48.00 (registration fee included)



Successful Strides @ Lazy Acres Farm

1801 Paul Shuping Avenue

Morganton, NC 28655

(828) 432-9831

successfulstrideseal@gmail.com

www.successfulstridesinc.com

www.facebook.com/successfulstrideslearningwithhorses

“Moving forward with *CONFIDENCE*”