

# ENNEAGRAM WINGS

## **1 wing 9 – The Optimist**

People with 1w9 tend to be judicial and rational in their behavior, but are generally more calm and balanced than other Type Ones. They usually have a desire for justice and equality and can see both sides of an issue easily. They are motivated by a strong sense of right and wrong.

### **Basic Fear**

1w9s have a basic fear of being unethical and corrupt. They avoid making morally wrong choices and can be objective and emotionally reserved.

### **Basic Desire**

They have a basic desire to be morally good. They advocate for rights of others through teaching and discussion.

Optimists tend to respond to negativity by either redirecting their emotions or by avoiding them entirely. They may push themselves deeper into their work, their Type One defense mechanism, or they may withdraw from it altogether, their Type Nine defense mechanism.

### **In summary, 1w9 tend to...**

Advocate for change and justice through teaching  
Pursue what they believe is right  
Make rational and objective choices  
Desire love and admiration from others  
Seek awareness and understanding of the world

### **Strengths** associated with 1w9 include...

Highly focused attention to details  
Calmly defending the rights of others  
Caring for the community around them  
Consistently abiding by personal values  
Imaginative yet logical world-view

### **Weaknesses** associated with 1w9 include...

Tendency to seem detached or impersonal  
Difficulty tolerating negativity in the world  
Criticizing themselves and others  
Becoming stubborn when challenged

### **How 1w9 personalities like to work**

Communicating with 1w9  
Understanding their motivation to do what is right, listen to what they have to say and engage in peaceful discussion.

### **Meeting with 1w9**

Create and abide by a schedule; focus on being clear and concise.

### **Emailing 1w9**

Avoid excessive emailing; when necessary, allow them to share their ideas while addressing specific matters.

### **Giving feedback to 1w9**

Be specific and constructive with feedback; frame it in a direct, but encouraging way.

### **Resolving conflict with 1w9**

Encourage them to clarify their perspective; share your own, as well, but be sure to acknowledge your mistakes.

### **Motivated and energized by...**

1w9s tend to be motivated and energized by...  
Peacefully advocating for social justice issues  
Helping those less fortunate by volunteering locally  
Creatively solving complex problems  
Finding personal peace and growth

### **Stressed and drained by...**

1w9s tend to be stressed and drained by...  
Being overlooked, interrupted, or ignored  
Receiving criticism from the people around them  
Others perceiving them as inflexible or weak  
Feeling like they aren't making a difference  
Being reminded of corruption or evil in the world

### **Jobs**

1w9s are diplomatic and conscientious. They follow their ideas and interests endlessly and work well in environments that encourage them to create positive change in the world.

### **Common jobs**

Judge, Social Worker, Environmentalist, Guidance Counselor, Journalist, Public Relations Specialist, Consultant, Ambassador

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# ENNEAGRAM WINGS

## **1 wing 2 – The Activist**

People with 1w2 tend to be principled and empathetic in their behavior. Consistent with Type Ones, they usually have a desire for justice and equality. However, those with w2 are generally warmer and more interpersonally aware than other Type Ones.

### **Basic Fear**

1w2s generally have a basic fear of being immoral and making impure choices. They avoid this by making a conscious effort to make ethical choices.

### **Basic Desire**

They also have a natural desire to be upstanding and humane. They try to fight for the rights of those less fortunate and love being hands-on in making a difference by volunteering in their community.

Activists tend to respond to negativity by redirecting their emotions in order to gain a sense of control. In 1w2s, this may lead to sudden outbursts or breaking points, as they work through their emotions more externally.

### **In summary, 1w2 tend to...**

Be aware of the needs of others  
Passionately follow what they believe to be right  
Make principled, ethical choices  
Advocate for social change and justice  
Seek love, affection, and time around people

### **Strengths** associated with 1w2 include...

Defending and standing up for those around them  
Sensitivity to the wishes and needs of others  
Ability to serve and improve their community  
Sharing creative ideas and solutions to problems  
Willingness to make personal sacrifices for other people

### **Weaknesses** associated with 1w2 include...

Easily growing frustrated with other people  
Tendency to be image-focused or obsessive  
Possibility of becoming self-righteous and controlling  
Criticizing themselves and others

### **How 1w2 personalities like to work**

Communicating with 1w2

Take them seriously and listen; work to build personal and emotional connections with them.

Meeting with 1w2

Focus on addressing and communicating the message clearly; encourage them to share their ideas.

Emailing 1w2

Emailing should be limited; address specific tasks and share how they can be helpful and contribute.

Giving feedback to 1w2

Express feedback constructively; be gentle and explain specific ways to improve.

Resolving conflict with 1w2

Connect emotionally by sharing how you feel; be honest about your own contributions to the conflict, and allow them to share their perspective.

### **Motivated and energized by...**

1w2s tend to be motivated and energized by...  
Fighting for change and reform  
Volunteering to serve the less fortunate  
Helping to solve difficult societal problems  
Working closely with other people

### **Stressed and drained by...**

1w2s tend to be stressed and drained by...  
Being perceived negatively by others  
Receiving criticism or objections from those they respect  
Feeling as though they aren't meeting people's needs  
Others not meeting or living up to their expectation

### **Jobs**

1w2s are compassionate and humanistic. They will pursue their passions endlessly and thrive in environments that allow them to work closely with others to make a positive impact on the world.

### **Common jobs**

Nurse, Judge, Politician, Doctor, Lawyer, Social Advocate, Real Estate Agent, Social Worker, Religious Worker

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# ENNEAGRAM WINGS

## **2 wing 1 – The Companion**

People with 2w1 tend to be altruistic and purposeful in their behavior. They have the will to alleviate human suffering and are generally more quiet and reserved than other twos.

### **Basic Fear**

2w1s fear being unwanted by those they love. They tend to take on a caretaker role to serve others and avoid feelings of insecurity.

### **Basic Desire**

They desire love and acceptance above all else. They are service-oriented and humble, seeking to help better the lives of those in their community.

Companions tend to stifle and repress their negative emotions and personal desires. They may feel internally conflicted as they work to meet everyone else's needs but their own.

### **In summary, 2w1 tend to...**

Recognize the feelings and needs of others  
Desire love and acceptance  
Serve those around them  
Repress negative emotions and desires  
Fear being unloved or unworthy

### **Strengths** associated with 2w1 include...

Recognizing the needs of others  
Awareness of their own growth areas  
Focusing and giving attention to present tasks  
Offering support and encouragement

### **Weaknesses** associated with 2w1 include...

Being highly self-critical or insecure in trying times  
Seeking praise from others  
Ignoring and sacrificing their own personal needs  
Difficulty facing criticism from other people

### **How 2w1 personalities like to work**

Communicating with 2w1  
Help them see their own value by showing appreciation for their contributions; listen attentively and create personal connections.

### Meeting with 2w1

Keep meetings minimal; allow them to help solve any problems.

### Emailing 2w1

Allow room for building connections through small-talk and communicate the purpose clearly.

### Giving feedback to 2w1

Recognize their accomplishments and hard work, while sensitively sharing constructive and specific growth areas.

### Resolving conflict with 2w1

Address conflict directly, listening closely when they share their perspective; express your own point-of-view and work toward a compromise.

### **Motivated and energized by...**

2w1s tend to be motivated and energized by...  
Solving problems and accomplishing goals  
Personal time to recharge  
Feeling needed and accepted  
Volunteering and serving others

### **Stressed and drained by...**

2w1s tend to be stressed and drained by...  
Harsh criticism from others  
Ignoring their own personal needs  
Feeling unhelpful and unwanted  
Self-induced guilt and shame

### **Jobs**

2w1s love being able to help contribute to a cause. They tend to be dedicated and selfless people, who love getting hands-on when helping others. They thrive in environments that encourage them to help others, while allowing personal space to recoup and reenergize.

### **Common jobs**

Non-Profit Leader, Counselor, Hospice Nurse, Veterinarian, School Psychologist, Humanitarian, Religious Leader, Advisor

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# ENNEAGRAM WINGS

## **2 wing 3 – The Host**

People with 2w3 tend to be ambitious, altruistic, and sociable in their behavior. They love building connections with others and helping to make a difference in the world.

### **Basic Fear**

2w3s fear being unwanted or worthless. They usually avoid this by building personal connections with others and working hard to meet the needs of the community.

### **Basic Desire**

Their most basic desire is to be loved and accepted. They may express this by being extremely attentive and attached to other people. Hosts tend to suppress their own negative emotions, which, when done frequently, can lead to high levels of stress or unexpected outbursts.

### **In summary, 2w3 tend to...**

Understand and attend to the needs of others  
Seek acceptance and accomplishment  
Enjoy group settings and meeting new people  
Repress their own negative emotions  
Avoid being disliked or undervalued

### **Strengths** associated with 2w3 include...

Optimistic world-view and upbeat attitude  
Building deep, personal connections  
Being adaptable in stressful situations  
Communicating clearly and effectively  
Passion for serving others

### **Weaknesses** associated with 2w3 include...

Tendency to be overly competitive or obsessive  
Not acknowledging their own needs  
Taking criticism personally  
Criticizing themselves and others when under pressure

### **How 2w3 personalities like to work**

#### Communicating with 2w3

Listen attentively and engage them in lively conversation; be clear and expressive.

#### Meeting with 2w3

Encourage them to help solve issues; direct them toward tasks and give them specific ways to help.

#### Emailing 2w3

Include casual conversation; connect with them as you share the purpose of the email.

#### Giving feedback to 2w3

Recognize their contributions and sensitively share any concerns.

#### Resolving conflict with 2w3

Be clear and expressive, allowing them to be open with their feelings and perspective, as well.

#### **Motivated and energized by...**

Making a measurable difference  
Taking time to care for themselves  
Organizing and leading groups  
Meeting and getting to know new people

#### **Stressed and drained by...**

Neglecting their own needs  
Being criticized or rejected  
Failing to accomplish goals  
Feeling unloved in relationships

#### **Jobs**

2w3s love being able to make a difference in the world. They are outgoing and self-assured, sacrificing their time to focus on others. They do best in environments that encourage collaboration and set big goals for helping the community.

#### **Common jobs**

Non-Profit Leader, Entertainer, Religious Leader, Motivational Speaker, Public Relations Specialist, Real Estate Agent, Customer Service Representative, Human Resources Manager

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# ENNEAGRAM WINGS

## **3 wing 2 – The Enchanter**

People with 3w2 tend to be ambitious, charming, and enthusiastic in their behavior. They are driven and love to achieve. They tend to adapt their attitude to their environment, which can make them very effective communicators.

### **Basic Fear**

3w2s are afraid of failing and being unworthy of love. They avoid this by setting and accomplishing goals, in order to feel successful and worthy.

### **Basic Desire**

Their basic desire is to be admired and accepted. They seek value through accomplishment, which may push them deeper into their work. Enchanters tend to adjust their persona to their audience, in order to feel as though they are easily liked, which may lead to playing a character rather than being themselves.

### **In summary, 3w2 tend to...**

- Be encouraging and vivacious
- Enjoy setting ambitious goals
- Seek success and accomplishment
- Focus on their social appearance
- Fear being rejected or unworthy of love

### **Strengths** associated with 3w2 include...

- Dedication to achieving their goals
- Naturally self-confident and self-aware
- Ability to easily connect with others
- Caring deeply for their community
- Being efficient in the workplace

### **Weaknesses** associated with 3w2 include...

- Heavily focusing on social image
- Struggling to accept failure from others
- Being overly competitive or possessive
- Tendency to be unintentionally manipulative

### **How 3w2 personalities like to work**

Communicating with 3w2  
Be direct and clearly communicate your needs and expectations.

Meeting with 3w2  
Build personal connections through discussion and help them set specific goals.

### **Emailing 3w2**

Emails should be infrequent; be straightforward and communicate objectives and expectations.

### **Giving feedback to 3w2**

Express appreciation for their accomplishments, while sharing specific and constructive feedback.

### **Resolving conflict with 3w2**

Be forward about disagreement and allow room for discussion; work together toward mutual understanding.

### **Motivated and energized by...**

- Achieving goals or winning competitions
- Building new friendships
- Being the life of the party
- Effectively serving other people

### **Stressed and drained by...**

- Failing or disappointing loved ones
- Having a bad image or reputation
- Feeling like they have to constantly entertain
- Struggling to balance personal and professional lives

### **Jobs**

3w2s are often warm and driven; they seek adventure and relationships with others. They love to serve in ways that allow them to lead. They do well in environments that encourage their big dreams and utilize their interpersonal skills.

### **Common jobs**

Advertising Consultant, Event Planner, Venture Capitalist, Entrepreneur, Surgeon, Pilot, Lawyer, TV Anchor

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# ENNEAGRAM WINGS

## **3 wing 4 – The Expert**

People with 3w4 tend to be ambitious, focused, and serious in their behavior. They are very career-oriented and are more introverted than other threes. They tend to find much of their identity in their work and are very task-focused.

### **Basic Fear**

3w4s are afraid of failure. They tend to throw themselves into their careers and do anything it takes to succeed.

### **Basic Desire**

Their most basic desire is to succeed and feel valued. They may show this by seeking validation of their hard work and successes. Experts defend themselves by adapting or changing their personalities to fit their environment. This makes them great communicators, but may also lead them to being misunderstood or feeling fraudulent.

### **In summary, 3w4 tend to...**

Be more restrained and controlled than other 3s  
Have a basic fear of being unworthy  
Desire success and affirmation  
Think and process internally  
Focus on their professional development

### **Strengths** associated with 3w4 include...

Being attentive to specific tasks  
Ability to recognize personal growth areas  
Connecting with those around them  
Thinking practically and working efficiently  
Striving to continually improve

### **Weaknesses** associated with 3w4 include...

Focusing too heavily on professional success  
Tendency to face self-doubt in stressful circumstances  
Difficulty accepting loss or disappointment  
Being perceived as overly confident or moody

### **How 3w4 personalities like to work**

Communicating with 3w4  
Focus on directly conveying the message and helping them to understand the expectations.

### Meeting with 3w4

Keep meetings minimal; designate specific tasks or assignments.

### Emailing 3w4

Be concise and direct when emailing; address specific details of a situation.

### Giving feedback to 3w4

Share areas in which they have room to improve, while validating and affirming their past successes.

### Resolving conflict with 3w4

Be forward about your own perspective; clearly communicate the root of the issue and allow them to share ideas for solutions.

### **Motivated and energized by...**

Personal and professional growth  
Accomplishments and achievements in the workplace  
Feeling validated and accepted  
Forming a deeper understanding of themselves

### **Stressed and drained by...**

Self-doubt and self-consciousness  
Repetitive failure or disappointment  
Negative professional or personal image  
Feeling disconnected from others

### **Jobs**

3w4s are introspective and creative; they work hard to achieve their goals. They are authentic and charismatic, simultaneously introspective and personable. They thrive in environments that encourage them to succeed and allow them room for growth.

### **Common jobs**

Architect, Marketer, Financial Analyst, Venture Capitalist, Publicist, Investment Banker, Lawyer, Politician

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12/3/19

## ENNEAGRAM WINGS

### **4 wing 3 – The Enthusiast**

People with 4w3 are creative, energetic, and productive in their behavior. They are generally more sociable than other four types. They want to be unique and expressive, hoping to make a lasting impact on society.

#### **Basic Fear**

4w3s' deepest fear is that they have no significance in the world. They tend to express this by frequently distinguishing themselves from the rest of the world.

#### **Basic Desire**

They desire uniqueness and personal identity. They long to be authentically different, which may lead them to intense bouts of creativity and self-expression. Enthusiasts may defend themselves by unconsciously adapting characteristics of others to seem more authentic.

#### **In summary, 4w3 tend to...**

Be energetic, distinctive, and driven  
Desire significance and legacy  
Seek uniqueness and individuality  
Fear having no impact on the world  
Engage with those around them

#### **Strengths** associated with 4w3 include...

Being deeply in tune with themselves  
Understanding the feelings and motivations of others  
Thinking creatively and efficiently  
Consistently being genuine and authentic

#### **Weaknesses** associated with 4w3 include...

Reacting emotionally in difficult times  
Focusing too heavily on image  
Facing self-doubt and insecurity  
Tendency to seek approval from others

#### **How 4w3 personalities like to work**

Communicating with 4w3  
Focus on communicating your thoughts and feelings; work to build a personal connection.

Meeting with 4w3  
Encourage discussion and allow 4w3s to share their own thoughts or ideas on the matter.

Emailing 4w3  
Avoid excessive emailing; when necessary, focus on being direct, but polite.

Giving feedback to 4w3  
Convey feedback sensitively, focusing on encouragements and specific ways to improve.

Resolving conflict with 4w3  
Be open and honest; communicate clearly and work to find a solution.

#### **Motivated and energized by...**

Achieving personal or professional goals  
Feeling accepted and affirmed by others  
Understanding their own emotions  
Expressing themselves artistically

#### **Stressed and drained by...**

Personal failure and disappointment  
Spending too much time alone  
Feeling unable to express themselves  
Facing and solving interpersonal conflict

#### **Jobs**

4w3s are ambitious and creative. They understand themselves and love to express this understanding through art. They thrive in an environment that allows them room for creativity while encouraging them to connect with others.

#### **Common jobs**

Performer, Motivational Speaker, Personal Trainer, Photographer, Journalist, Music Teacher, Artist, Hair Stylist, Dance Instructor

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# ENNEAGRAM WINGS

## 4 wing 5 – The Free Spirit

People with 4w5 are introspective, creative, and perceptive in their behavior. They want to form a deeper understanding of themselves and the world around them. They tend to be much less concerned with public image than other fours.

### **Basic Fear**

4w5s fear having no impact on the world. They may be reserved, but they seek recognition and admiration.

### **Basic Desire**

They desire their own personal identity, and may retreat within themselves to discover who they really are. Free Spirits tend to defend themselves either by withdrawing from others or adapting characteristics of loved ones.

### **In summary, 4w5 tend to...**

Be creative, intellectual, and objective  
Seem reserved and withdrawn from others  
Want to understand the world  
Seek personal impact and identity  
Fear having little knowledge or significance

### **Strengths** associated with 4w5 include...

Staying true to who they are  
Deeply-rooted curiosity and passion for knowledge  
Ability to connect deeply with themselves  
Objective and creative problem-solving

### **Weaknesses** associated with 4w5 include...

Withdrawing from those around them  
Difficulty focusing on real-world problems  
Tendency to think too much about themselves  
Struggling to follow rules or orders

### **How 4w5 personalities like to work**

#### Communicating with 4w5

Find a balance between logical and emotional expression; be honest and direct, while remaining sensitive to the thoughts and feelings of a 4w5.

#### Meeting with 4w5

Keep meetings to a minimum; be concise and honest, allowing them personal time to think and reflect, if necessary.

#### Emailing 4w5

Avoid small-talk and casual conversation; address the purpose clearly and succinctly.

#### Giving feedback to 4w5

Share feedback in an honest, encouraging way; allow them to reflect and share ideas for personal improvement.

#### Resolving conflict with 4w5

Address the issue directly, encouraging them to share their own thoughts on the matter; work together toward a solution.

### **Motivated and energized by...**

Taking time alone to reconnect and reflect  
Deepening their understanding of the world  
Artistically expressing their thoughts and emotions  
Feeling accepted and appreciated by others

### **Stressed and drained by...**

Lack of understanding or self-expression  
Too much time spent around others  
Chit-chat and casual conversation  
Feeling isolated or rejected

### **Jobs**

4w5s are deep-thinkers with a desire for personal autonomy and self-expression. They are inquisitive and insightful, preferring to spend their time around books rather than people. They thrive in an environment that gives them space to think while encouraging them to share and express their creativity.

### **Common jobs**

Actor, Writer, Artist, Librarian, Videographer, Graphic Designer, Architect, Musician

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# ENNEAGRAM WINGS

## **5 wing 4 – The Philosopher**

People with 5w4 are curious, creative, and reserved in their behavior. They prefer to be alone to reflect and recharge. They tend to be more emotional and self-expressive than other fives.

### **Basic Fear**

5w4 are afraid of being helpless and incompetent. They tend to overcompensate for this by spending their time developing new knowledge and skills to feel useful and worthy.

### **Basic Desire**

Their basic desire is to feel helpful and able. They express this by passionately pursuing knowledge and understanding of the world. Philosopher tend to guard themselves by withdrawing from others, which may lead to loneliness.

### **In summary, 5w4 tend to...**

Be guarded or withdrawn from others  
Seek new skills and knowledge  
Curiously explore new environments  
Prefer being by themselves  
Fear being helpless or incapable

### **Strengths** associated with 5w4 include...

Creative thinking and expression  
Ability to work well independently  
Observing and understanding small details  
Deep level of focus and attentiveness

### **Weaknesses** associated with 5w4 include...

Tendency to be overly sensitive  
Focusing too much on themselves  
Distancing themselves from other people  
Struggling to think practically or realistically

### **How 5w4 personalities like to work**

Communicating with 5w4  
Address issues clearly; avoid overcrowding them by giving them space to process.

Meeting with 5w4  
Avoid unnecessary meetings; communicate directly and allow 5w4s to share ideas.

Emailing 5w4  
Be concise and clear when emailing, avoiding casual conversation.

### **Giving feedback to 5w4**

Be sensitive to the feelings of 5w4s; share constructive criticism, while also recognizing the contributions they've made.

### **Resolving conflict with 5w4**

Utilize both logical and emotional expressions; be open and allow them space to reflect on and consider your side.

### **Motivated and energized by...**

Learning a valuable new skill  
Developing their understanding of the world  
Time to reflect and think on their own  
Feeling appreciated and admired

### **Stressed and drained by...**

Spending too much time around others  
Feeling overwhelmed and incompetent  
Being unable to adequately express themselves  
Criticism from those around them

### **Jobs**

5w4s are imaginative and quiet. They think creatively and philosophically, preferring abstract thought to real-world problem-solving. They thrive in environments that encourage them to learn and grow, while allowing them personal space and independence.

### **Common jobs**

Engineer, Novelist, Composer, Accountant, Author, Inventor, Scholar, Auditor

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# ENNEAGRAM WINGS

## **5 wing 6 – The Troubleshooter**

People with 5w6 tend to be practical, independent, and logical in their behavior. They are much more cooperative than other five types and have a passion for using their knowledge to solve real-world problems.

### **Basic Fear**

5w6s fear being useless or incapable. They seek to improve the world around them in order to feel worthy.

### **Basic Desire**

Their basic desire is to be competent and useful. They usually show this by picking up new skills and pieces of knowledge that can be of benefit. Troubleshooters may withdraw from others to cope with stressful situations, which can tend to make them feel lonely.

### **In summary, 5w6 tend to...**

Be hard-working and analytical problem-solvers  
Withdraw from others when stressed  
Prefer to spend time thinking alone  
Fear being incapable or incompetent  
Make practical and logical decisions

### **Strengths**

Being focused and well-organized  
Passion for learning and growing  
Solving difficult or complex problems  
Remaining calm in times of crisis

### **Weaknesses**

Struggling to relate to and understand others  
Tendency to be private and defensive  
Being perceived as cold or aloof  
Difficulty taking action when uninspired

### **How 5w6 personalities like to work**

Communicating with 5w6  
Avoid emotional expressions and allow 5w6s space to think and process.

Meeting with 5w6  
Keep meetings short and sweet; focus on clearly addressing the purpose.

Emailing 5w6  
Be direct when emailing, allowing 5w6s to share insightful and new ideas.

Giving feedback to 5w6  
Offer constructive criticism and honest feedback; give specific areas for improvement.

Resolving conflict with 5w6  
Focus on logically expressing your perspective; work toward a mutual understanding, allowing them time to think privately, if needed.

### **Motivated and energized by...**

Solving or preventing problems  
Spending time alone to gather their thoughts  
Feeling like they're contributing to society  
Pursuing knowledge in the specific area that sparks their personal interest

### **Stressed and drained by...**

Spending too much time around others  
Needing to be emotionally vulnerable  
Feeling unwanted or rejected by others  
Self-doubt and insecurity

### **Jobs**

5w6s are organized and intellectual. They are great problem-solvers who want to make the world a better place. They thrive in an environment that allows them to pursue knowledge and self-growth, while also encouraging them to be logical and analytical.

### **Common jobs**

Professor, Computer Programmer, Accountant, Mathematician, Biologist, Technician, Physicist, Engineer

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# ENNEAGRAM WINGS

## **6 wing 5 – The Guardian**

People with 6w5 tend to be intellectual, hard-working, and cautious in their behavior. They are independent, but are very loyal to those they support. They are usually more serious and focused than other sixes.

### **Basic Fear**

Sixes with five wings are afraid of losing their guidance and stability. This is often expressed through their skepticism of the world.

### **Basic Desire**

They have a strong desire for security, which they tend to show by protecting themselves and others. They seek close and stable relationships. Guardians tend to defend themselves by projecting their own feelings onto others, which can often enhance their distrust of the world.

### **In summary, 6w5 tend to...**

- Seek support and guidance
- Be hard-working and intellectual
- Fear losing their stability
- Project their feelings onto others
- Think logically and analytically

### **Strengths** associated with 6w5 include...

- Solving problems practically and efficiently
- Focusing on specifics and details
- Ability to work well independently
- Passion for pursuing knowledge

### **Weaknesses** associated with 6w5 include...

- Struggling to control negative thinking
- Tendency to withdraw from others
- Difficulty expressing their own emotions
- Being perceived as cold or aloof

### **How 6w5 personalities like to work**

Communicating with 6w5  
Give them space to recharge and concentrate, while offering them support when needed.

Meeting with 6w5  
Focus on conveying the message clearly and succinctly; listen to any suggestions and ideas.

Emailing 6w5  
Avoid small-talk; instead, be forward and encourage them to share their thoughts.

Giving feedback to 6w5  
Share feedback constructively; help them feel secure, while giving them specific ways to improve.

Resolving conflict with 6w5  
Focus on expressing yourself logically, while offering six wing fives assurance; work together to problem-solve and compromise.

### **Motivated and energized by...**

- Reliable relationships and jobs
- Feeling valued and appreciated by others
- Advocating for the underdog
- Finding a good solution to a complex problem

### **Stressed and drained by...**

- Inconsistency or unexpected change
- Feeling rejected or useless
- Making an unhelpful or misguided decision
- Needing to express themselves emotionally

### **Jobs**

6w5s are cautious and focused. They are hardworking thinkers who know how to put their plans into action. They thrive in safe environments that offer them stability and allow them to continually learn.

### **Common jobs**

Paralegal, Marketing Analyst, Banker, Professor, Administrative Assistant, Financial Analyst, Chemist, Web Developer, Business Consultant

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12/3/19

# ENNEAGRAM WINGS

## **6 wing 7 – The Confidant**

People with 6w7 tend to be engaging, hard-working, and personable in their behavior. They are much more sociable than other six types and love to make new friends.

### **Basic Fear**

Six wing sevens' fear losing their support system. This may be expressed through self-deprecating humor, in which they seek affirmation and assurance from other people.

### **Basic Desire**

Their basic desire is to feel safe and supported. They show this by being loving and supportive to others. They honor their commitments and are very loyal to their friends. Like other sixes, Confidants defend themselves by projecting their feelings, which may lead them to misunderstanding themselves and their relationships.

### **In summary, 6w7 tend to...**

- Love being around people
- Be afraid of losing their security
- Make jokes to deflect and project feelings
- Seek support and assurance from others
- Value reliability and trust in relationships

### **Strengths** associated with 6w7 include...

- Dedicating themselves to a cause
- Caring deeply for other people
- Honoring promises and commitments
- Being naturally sociable and spirited

### **Weaknesses** associated with 6w7 include...

- Difficulty reconciling negative emotions
- Struggling to make life decisions
- Tendency to doubt themselves and others
- Caring too much about material possessions

### **How 6w7 personalities like to work**

#### **Communicating with 6w7**

Listen to and engage with 6w7s; help them to feel supported and valued.

#### **Meeting with 6w7**

Focus on being encouraging and building a personal relationship; designate specific problems for them to solve.

#### **Emailing 6w7**

Include casual conversation with a six wing seven, while sharing the purpose of the email.

#### **Giving feedback to 6w7**

Be gentle and allow them to feel safe when giving constructive feedback.

#### **Resolving conflict with 6w7**

Express your perspective clearly, while encouraging a six wing seven to share how they're feeling; offer them support and assurance, while working toward a solution.

### **Motivated and energized by...**

- New and entertaining experiences
- Meeting and building relationships with new people
- Maintaining close relationships with friends and family
- Helping to solve difficult problems

### **Stressed and drained by...**

- Losing trust in people they love
- Negativity from those around them
- Reconciling their internal conflicts
- Feeling unaccepted or rejected

### **Jobs**

6w7s are dependable and positive. They light up a room and help everyone in it work toward a common goal. They thrive in environments that allow them to work with others while offering them stability.

### **Common jobs**

Real Estate Agent, News Anchor, Professor, Administrative Assistant, Author, Nurse, Actor, Sales Representative, Designer

<https://www.crystalknows.com/enneagram/type-6-wing-7>  
12/3/19

# ENNEAGRAM WINGS

## **7 wing 6 – The Pathfinder**

People with 7w6 are usually enthusiastic, responsible, and adventurous in their behavior. They enjoy pursuing new experiences, but are much more able to stick to prior commitments than other seven types.

### **Basic Fear**

7w6 have a deeply-rooted fear of missing out. They want to be trustworthy and honor commitments, but they also want to leave room to allow for last-minute opportunities.

### **Basic Desire**

Their basic desire is to feel fulfilled and happy. They express this by searching for joy in every small thing that comes their way. Pathfinders defend themselves by rationalizing away negative feelings. They unconsciously convince themselves that they are happy, even when they are not.

### **In summary, 7w6 tend to...**

Justify the actions of others to avoid being upset  
Value happiness and optimism  
Fear missing an exciting opportunity  
Seek satisfaction and gratification  
Pursue relationships with others

### **Strengths** associated with 7w6 include...

Being productive and cooperative  
Sensitivity to the feelings of others  
Remaining optimistic even in stressful situations  
Thinking thoroughly and quickly

### **Weaknesses** associated with 7w6 include...

Being easily affected by others opinions  
Doubting themselves and feeling anxious  
Tendency to become bored in a job or relationship  
Difficulty focusing or remaining organized when stressed

### **How 7w6 personalities like to work**

Communicating with 7w6  
Remain upbeat and optimistic when communicating with a seven; listen to and appreciate their ideas.

Meeting with 7w6  
Clearly communicate what you need from them, while trying to keep meetings lighthearted.

Emailing 7w6

Include casual conversation and allow for dialogue when emailing.

Giving feedback to 7w6

While expressing honest and constructive feedback, remain supportive and encouraging.

Resolving conflict with 7w6

Help them to express difficult feelings; compromise and come up with multiple solutions.

### **Motivated and energized by...**

New ideas and experiences  
Creative or trendy aesthetics  
Multiple choices or options  
Meeting and getting to know new people  
Parties, concerts, and other large gatherings

### **Stressed and drained by...**

Schedules, rules, and limits  
Negativity from those around them  
Too much time alone  
Unnecessary and boring routine  
Lack of choice or freedom

### **Jobs**

7w6s are curious and productive. They seek new experiences and relationships, while remaining loyal to friends and family. They thrive in fast-paced environments that allow them to build community, while encouraging them to be creative and adventurous.

### **Common jobs**

Media Planner, Travel Writer, Photographer, Journalist, Pilot, Publicist, Travel Agent, Pilates Instructor, Tour Guide

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# ENNEAGRAM WINGS

## **7 wing 8 – The Opportunist**

People with 7w8 tend to be enthusiastic, determined, and protective in their behavior. They are generally more tough and work-oriented than other seven types.

### **Basic Fear**

7w8s fear being deprived. They want to pursue new opportunities and avoid being controlled by schedules.

### **Basic Desire**

Their basic desire is to content and satisfied. They love experiencing the world by traveling and going to parties. Opportunists defend themselves by justifying others' negative actions and rationalizing away bad feelings.

### **In summary, 7w8 tend to...**

- Prioritize optimism and gratification
- Seek opportunity and experience
- Be afraid of missing out
- Love the company of others
- Justify negative actions and feelings

### **Strengths** associated with 7w8 include...

- Staying high-energy and positive
- Natural self-confidence and charisma
- Ability to assert themselves
- Remaining calm in situations of crisis

### **Weaknesses** associated with 7w8 include...

- Being perceived as impatient and blunt
- Focusing too heavily on career
- Difficulty following through on plans
- Tendency to focus on material items

### **How 7w8 personalities like to work**

#### Communicating with 7w8

Listen intently and allow 7w8 to feel free to express themselves; engage in conversation or debate.

#### Meeting with 7w8

Keep meetings upbeat and energetic while clearly communicating the purpose.

#### Emailing 7w8

Get right to the point of the matter and encourage them to share their thoughts and ideas.

#### Giving feedback to 7w8

Be direct when sharing feedback; give them specific ways to improve.

#### Resolving conflict with 7w8

Honestly express your perspective and listen closely to theirs; discuss and work together toward a compromise.

### **Motivated and energized by...**

- Experiencing new things in life
- Being the center of attention
- Accomplishing a goal at work
- Parties, traveling, concerts, celebrations, etc.
- Having strong, thriving relationships with others

### **Stressed and drained by...**

- Strict schedules or limits
- Spending too much time by themselves
- Feeling restrained or controlled
- Exerting energy in too many directions
- Unnecessary routine and pattern

### **Jobs**

Sevens with an eight wing are level-headed and energetic. They are good multitaskers with a passion for exploration. They thrive in environments that grant them freedom and independence, while utilizing their practical mind.

### **Common jobs**

Motivational Speaker, Travel Writer, TV Anchor, Promoter, Sales Manager, Publicist, Travel Agent, Firefighter, Paramedic

<https://www.crystalknows.com/enneagram/type-7-wing-8>  
12/3/19

# ENNEAGRAM WINGS

## **8 wing 7 – The Nonconformist**

People with 8w7 tend to be self-confident, sociable, and pragmatic in their behavior. They are ambitious and independent, preferring to follow their own path. They are generally more comfortable with conflict than eights with a nine wing.

### **Basic Fear**

8w7s fear being controlled by others. They dislike authority and prefer to work alone.

### **Basic Desire**

Their basic desire is to remain in control of their own lives. They also want other people to be free, and are often advocates for those less able. Nonconformists defend themselves by denying vulnerability. They don't want to appear weak and therefore avoid situations that may leave them exposed or defenseless.

### **In summary, 8w7 tend to...**

Advocate for the rights of others  
Think practically and creatively  
Be afraid of losing their autonomy  
Dream big and be idealistic  
Struggle to be emotionally honest or vulnerable

### **Strengths** associated with 8w7 include...

Making logical and fair decisions  
Forming connections with others  
Creating optimistic and innovative plans  
Leading others inspirationally and effectively  
Ability to share their thoughts and opinions openly

### **Weaknesses** associated with 8w7 include...

Struggling to remain patient  
Tendency to overindulge themselves  
Difficulty listening to authority figures  
Lacking sensitivity to the feelings of others

### **How 8w7 personalities like to work**

Communicating with type 8w7  
Be logical, balanced, and direct; listen and engage in dialogue.

Meeting with type 8w7  
Allow eights to share new ideas while logically addressing the purpose of the meeting.

Emailing type 8w7  
Be clear and brief when emailing an 8w7; welcome their thoughts and opinions.

Giving feedback to type 8w7  
Be respectful and encouraging when sharing feedback.

Resolving conflict with type 8w7  
Express your perspective clearly and logically; listen to their side and discuss the conflict until you reach an agreement.

### **Motivated and energized by...**

Spending time around groups of people  
Freedom and opportunity from work  
Making practical but optimistic decisions  
Exercising or exerting pent-up energy

### **Stressed and drained by...**

Feeling out of control and insignificant  
Reconciling with their own emotions  
Being perceived as bossy or controlling  
Others' self-pity or lack of action

### **Jobs**

8w7s are action-oriented and powerful people with a passion for pursuing new opportunities. They dream big and have the dedication to achieve their goals. They thrive in environments that encourage their idealism, while granting them the authority to make a difference.

### **Common jobs**

Performer, Politician, Director, Entrepreneur, Financial Advisor, Pilot, Lawyer, Sales Director

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12/3/19

# ENNEAGRAM WINGS

## **8 wing 9 – The Diplomat**

People with 8w9 are confident, patient, and protective in their behavior. They are generally more gentle and subdued than other 8s.

### **Basic Fear**

8w9s fear being hurt by others. They avoid situations in which they have less control, generally preferring to be in positions of leadership.

### **Basic Desire**

Their basic desire is to guard themselves against threats and control their own destiny. They may express this by asserting independence at a young age. Diplomats defend themselves by building emotional walls and denying vulnerability. They seek to appear strong, subconsciously believing that being too emotional will make them seem weak.

### **In summary, 8w9 tend to...**

Dislike taking orders from other people  
Be more calm and laid-back than 8w7s  
Struggle to openly share emotions  
Fear being controlled by others  
Seek autonomy and independence

### **Strengths** associated with 8w9 include...

Ability to see different perspectives  
Naturally energetic and confident  
Leading others through support and guidance  
Protecting those they care about  
Giving attention to the needs of others

### **Weaknesses** associated with 8w9 include...

Struggling to control their temper  
Tendency to be stubborn or rigid  
Disliking rules or orders from authority figures  
Seeming overly confident or emotionally detached

### **How 8w9 like to work**

Communicating with type 8w9  
Be direct and straightforward, while encouraging them to share their ideas.

### Meeting with type 8w9

Listen to suggestions from eight wing nines; remain logical and level-headed when discussing the purpose of the meeting.

### Emailing type 8w9

Keep emails short and sweet when communicating with eight wing nines.

### Giving feedback to type 8w9

Be constructive with feedback and share encouragements, as well.

### Resolving conflict with type 8w9

Address conflict directly and logically; discuss and work together toward the best solution.

### **Motivated and energized by...**

Leading others effectively  
Making their own decisions  
Spending time with loved ones  
Empowering and advocating for others

### **Stressed and drained by...**

Excessive conflict or disagreement  
Rejection and dismissal from others  
Facing emotionally vulnerable situations  
Feeling as though they lack control

### **Jobs**

Eight with a nine wing are supportive and courageous. They are natural-born leaders, attentive to others, and aware of many perspectives. They thrive in environments that allow them autonomy while encouraging them to help other people.

### **Common jobs**

Judge, Paramedic, Director, Counselor, Activist, Business Owner, Professor, Sales Director

<https://www.crystalknows.com/enneagram/type-8-wing-9>  
12/3/19

# ENNEAGRAM WINGS

## **9 wing 8 – The Advisor**

People with 9w8 tend to be social, independent, and routine in their behavior. They are generally more assertive and adventurous than other 9s.

### **Basic Fear**

9w8s are afraid of being separated from the world. They avoid this by preventing conflict; however, their w8 also encourages them to be assertive, which can create an internal tension.

### **Basic Desire**

Their basic desire is to be internally balanced. They seek to be at peace with themselves and others. Advisors defend themselves by numbing their negative emotions through routine and repetitive patterns. They avoid facing their own internal struggles by distracting themselves in this way.

### **In summary, 9w8 tend to...**

Be afraid of loss and separation  
Avoid personal confrontation and conflict  
Be social and adaptable  
Seek balance and peace in life  
Use routine to ignore their problems

### **Strengths** associated with 9w8 include...

Encouraging and supporting other people  
Ability to assert themselves in professional settings  
Adapting to new ideas or circumstances  
Connecting with and effectively leading others  
Seeing multiple perspectives in a situation

### **Weaknesses** associated with 9w8 include...

Struggling to balance assertiveness and passiveness  
Tendency to avoid difficult situations  
Minimizing emotional issues or problems  
Being perceived as blunt or stubborn

### **How 9w8 personalities like to work**

#### Communicating with 9w8

Allow them to share openly; listen intently and engage in dialogue.

#### Meeting with 9w8

Share the objective openly and allow them to give feedback and share their thoughts.

#### Emailing 9w8

Communicate the purpose clearly, while allowing room for small-talk and personal connection.

#### Giving feedback to 9w8

Avoid being overly negative or critical; express growth areas as opportunities rather than flaws.

#### Resolving conflict with 9w8

Encourage them to share their perspective and logically share your own; offer them support and discuss the conflict until you reach a mutual solution.

### **Motivated and energized by...**

Routine and stability in their personal life  
Helping others' sort through their conflicts  
Effectively leading others to success  
Feeling understood, heard, and at peace

### **Stressed and drained by...**

Ignoring personal tensions and conflict  
Making major personal decisions  
Feeling controlled or restricted by others  
Being overlooked and disregarded

### **Jobs**

Nines with an eight wing are strong and supportive. They find a way to be both assertive and adaptable, allowing them to see things from other points of view. They thrive in environments that offer them independence and allow them to work closely with others.

Common jobs, Counselor, Social Worker, Publicity Writer, Veterinarian, Diplomat, Salesperson, Judge, Editor, Religious Worker

<https://www.crystalknows.com/enneagram/type-9-wing-8>  
12/3/19

# ENNEAGRAM WINGS

## **9 wing 1 – The Negotiator**

People with 9w1 are hardworking, creative, and friendly in their behavior. They are generally more idealistic and serious than other nines.

### **Basic Fear**

Nines with a one wing are afraid of being separated from the rest of the world and losing what matters to them.

### **Basic Desire**

They desire peace, both internally and externally. Their Type One wing encourages them to make their idealized, peaceful world a reality. Negotiators defend themselves by participating heavily in routine to distract themselves and avoid negative emotions.

### **In summary, 9w1 tend to...**

Seek routine and moral action  
Fear misfortune and isolation  
Be optimistic and orderly  
Avoid disturbing peace and balance  
Try to numb themselves to their problems

### **Strengths** associated with 9w1 include...

Easily seeing many sides to a situation  
Desire to help and improve the lives of others  
Strong work ethic and focus  
Deeply rooted motivation and purpose  
Ability to remain open-minded

### **Weaknesses** associated with 9w1 include...

Overlooking their own needs  
Tendency to be overly critical of themselves  
Being perceived as cold or aloof when stressed  
Difficulty facing conflict head-on

### **How 9w1 personalities like to work**

Communicating with 9w1  
Help them to feel safe to express their thoughts and feelings; offer encouragements as they do a good job.

Meeting with 9w1  
Be attentive and communicate the purpose of the meeting clearly.

Emailing 9w1  
Create a personal connection while discussing goals and tasks.

Giving feedback to 9w1  
Help highlight their contributions, sharing constructive criticism with care.

Resolving conflict with 9w1  
Express your perspective clearly and support them in sharing their own.

### **Motivated and energized by...**

Consistency and routine in their lives  
Helping bring positive change to their community  
Uniting two groups of people  
Support and acceptance from peers

### **Stressed and drained by...**

Making the wrong choice or disappointing others  
Feeling overlooked and unacknowledged  
Ignoring their own personal needs  
Being unable to accomplish a particular goal

### **Jobs**

Nines with a one wing are modest and open-minded. They are great at peacekeeping and have a deep motivation to help others. They thrive in environments that allow them to contribute on a large scale and utilize their mediation skills.

### **Common jobs**

Counselor, Nurse, Pharmacist, Veterinarian, Diplomat, Environmental Scientist, Museum Curator, Human Resources Director, Religious Worker

<https://www.crystalknows.com/enneagram/type-9-wing-1>  
12/3/19