

Tropical Twist, Saturday, February 8th, 2020

Session 1, XCEL Bronze & Silver (72 gymnasts)

Open Stretch 9:00

March In 9:20

W-up/Compete 9:30

Awards to follow

Flight A (36 gymnasts)

VAULT (9)	BARS (8)	BEAM (10)	FLOOR (9)
GRGA XB-9	GRGA XB-8	GRGA XB-5 GRGA XS-5	N. Dreams XB-2 N. Dreams XS-2 Prestige XB-5

Flight B (36 gymnasts)

VAULT (7)	BARS (10)	BEAM (10)	FLOOR (9)
FFGA XS-7	Twin Ports XB-6 Shooting Stars XS-4	Twin Ports XS-10	Bemidji XS-6 GCG XS-3

Session 2, XCEL Gold, Platinum & Diamond (61 gymnasts)

Open Stretch 11:45

March In 12:05

W-up/Compete 12:15

Awards to follow

Flight A (31 gymnasts)

VAULT (7)	BARS (7)	BEAM (8)	FLOOR (9)
FFGA XG-7	Shooting Stars XP-4 Shooting Stars XD-3	GCG XG-8	GCG XG-4 GCG XP-5

Flight B (30 gymnasts)

VAULT (9)	BARS (7)	BEAM (7)	FLOOR (7)
Shooting Stars XG-9	Bemidji XG-6 N. Dreams XP-1	Twin Ports XG-5 Twin Ports XP-2	Prestige XG-1 GRGA XG-3 GRGA XP-1 Deutsch's XG-2

Session 3, Levels 3-5 (69 gymnasts)

Open Stretch 3:00

March In 3:20

W-up/Compete 3:30

Awards to follow

Flight A (42 gymnasts)

VAULT (9)	BARS (12)	BEAM (7)	FLOOR (14)
GCG 3's-4 GCG 4's-5	Deutsch's 4's-10 Deutsch's 5's-2	GRGA 3's-7	Deutsch's 3's-14

Flight B (27 gymnasts)

VAULT (8)	BARS (7)	BEAM (7)	FLOOR (5)
TCT 4's-6 TCT 5's-2	Gym Nation 4's-1 GCG 5's-4 TGA 5's-2	Twin Ports 4's-5 Twin Ports 5's-2	GRGA 4's-3 GRGA 5's-2

Session 4, Levels 6-9 (57 gymnasts)

Open Stretch 5:45

March In 6:05

W-up/Compete 6:15

Awards to follow

Flight A (31 gymnasts)

VAULT (6)	BARS (9)	BEAM (7)	FLOOR (9)
Deutsch's 6's-1	TGA 8's-9	GRGA 8's-7	GCG 6's-2
Deutsch's 9's-3			GCG 7's-2
Central MN Elites 8's-2			GCG 8's-1
			GCG 9's-4

Flight B (26 gymnasts)

VAULT (5)	BARS (9)	BEAM (6)	FLOOR (6)
Bemidji 6's-2	TGA 6's-3	GRGA 7's-6	MN Flyers 6's-6
Bemidji 7's-3	TGA 7's-2		
	Twin Ports 6's-3		
	Twin Ports 7's-1		
