

March 2019



# Heartland LakeShores Bytes

## MARCH PHLOCKING

Isabella Stefania is our planned entertainment. Come get lucky at our next Phun Phlocking! It will be held on March 24th, from 3-6 PM at Dock 633. Cornhole tournament, trivia and 50/50 raffle. We will be building Easter Baskets for Kids in foster care. Please bring chocolate bunnies or eggs, candy, peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, toothbrushes.



## ISABELLA STEFANIA

Isabella Stefania is a Singer-Songwriter and independent recording artist working out of Chicago, Nashville and Southern Florida. Her music is a mix of Trop-Rock and country that she calls "Island Country". Isabella's original songs deal with topics ranging from modern love relationships to beach life and the perfect summer. Her songs are in steady rotation on traditional as well as internet radio stations and heard all across the USA, Caribbean and the Tropics.



When Isabella isn't writing songs, collaborating with other writers, working with top notch producers in Nashville or simply gaining inspiration on a sunny beach, she can be found at cozy local venues as well as at fundraisers and on stages of all types and sizes.

Through her music, Isabella Stefania wants to be an inspiration to young musicians with the message of following your dreams, setting goals, working hard, reducing negative influences and never forgetting to "Live Today!"



# LakeShark Bytes

A Publication of the Heartland  
LakeSharks Parrot Head Club  
Lake Placid, Florida



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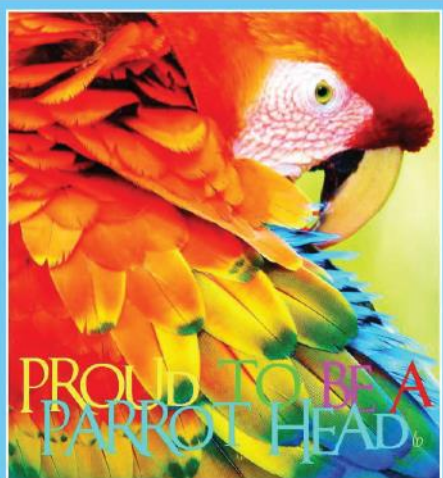
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## FEBRUARY WAS ANOTHER PHUN PHLOCKING WITH FRIENDS

We had a great crowd and all of us “Partied with a Purpose” for our first Phlocking to be held at the Placid Lakes Country Club’s 863 Bar and Grill. Thanks to them for donating Jell-O shots that raised \$103.00 for our Vets! You certainly made us feel welcome and we’ll be back again for our April Phlocking! Kenny Rose Trop rocked and rolled us through the afternoon. How fun to have maracas, tambourines, mini bongos, etc., so we could Trop Rock right along with you! Thanks, Kenny! We all celebrated our February Parrot Head Birthdays with a German Chocolate cake and a Strawberry Poke cake (thanks again, Marilyn!) Members only drawing winners were Linda Haves who received a fleece Margaritaville blanket, and Lisa Allen who received ear buds. Jean Shergalis won a koozie for the correct answer to our trivia question; and Mary Jo Pennington won the Sweetheart Boozie Basket, donated by Trisha. We collected over 500 lbs. of non perishable items for the Veteran’s Services Administration Food Drive, proving once again that we certainly know how to “Party with a Purpose.” Thanks to one and all.





## GOLF TOURNAMENT BEFORE THE FEBRUARY PHLOCKING

The teams got off to a great start at noon. Amy (the photographer) and Nancy (Julie's sister –the driver) had their own cart so they also made margarita runs. Erv and John agreed that their goals were not to embarrass themselves and to make the rest of the teams look good. They did really good on the last one. What a great time! Winners were:

3rd place: Erv and John who received a bottle of Celtic Honey Irish Liqueur and 2 Dock onion appetizers, compliments of Dock 633

2nd place: Clay and Julie who received a bottle of Sky Vodka, compliments of Linda and Greg

1st place: Greg and Linda who won the coveted green jacket, compliments of Marilyn

We are already looking forward to the next tournament this fall.



## WELCOME NEW MEMBERS

We welcomed ELEVEN new members in February!



Alison and Bob  
Eckblad



Cathy and Dennis  
Coffin



Rick and Lisa Allen



Tinker Hauck



Tonyia and Nick  
Cartos



Wendy and James  
Rodriguez

We are so happy to have all of you as part of our Heartland LakeSharks Parrot Head Club!

## APRIL PHLOCKING

Mark you calendar for April 28.

Singer/songwriter our friend Rick Lamb will be entertaining us at the 863 Bar & Grill in Lake Placid., FL.

More information will follow in the April newsletter.

## BIRD BUSINESS

Want to know what's happening in "your club?"

Have suggestions to share? Then come and join us at our next business meeting, 5:30 pm on Tuesday, March 12 at the Mid-Florida Community Center, Stuart Ave., Lake Placid. We always welcome any new ideas to help with our future Parrot Head Club planning. Snacks and/or margaritas are always welcome. Board members who are unable to attend should contact John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com)

## MARCH PARROT HEAD BIRTHDAYS

5th Debbie Haselmire

5th Richard Sothen

6th Marilyn Cliff

26th Alan Rizer

28th Patsy Stamm

30th Allen Ridgdill

## TRIVIA CONTEST

This question will be asked at the Phlocking and you'll have the answer ready to win.

Q: At the onset of the 90's, Buffett was key in helping a friend of his be elected Mayor of Key West. What was his name?

A: Phil Clark



## BASKET AND SPECIALTY ITEMS FOR FUTURE RAFFLES

This years baskets and specialty items have all been committed but we will have openings for next year and still need items to be given for member's only raffles. Have something to donate? Please contact Sherida at [coachridgdill@gmail.com](mailto:coachridgdill@gmail.com) or Amy at [ahoward7411@gmail.com](mailto:ahoward7411@gmail.com) to reserve your month or to donate an item for future raffles! Thanks, everyone.

## PARTICIPATION ALWAYS WELCOME

We are asking all members to help us out by contributing Phlocking or other event pictures, suggesting events they would like to see, and/or submitting articles for future newsletters and the website. Together, we can only get better! Email John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com) with your pictures, or if you have any questions or suggestions.

## NINE MEMBERS ALREADY REGISTERED FOR MEETING OF THE MINDS 2019

This is great news and there is still time to register early and get in on the drawing to win 2 tickets for the concert of your choice! See all the details on page 8 of this newsletter.



## BUFFETT SCHEDULE

Want to know where to go to see our favorite entertainer in concert? Just visit Jimmy's official website at : <https://www.margaritaville.com>

## MESSAGE FROM YOUR EDITOR

Happy March, fellow Parrot Heads! This month brings us **Mardi Gras** and **St. Patrick's Day** to celebrate! Check the recipe section for some Irish and New Orleans specialties. It was another successful "Party with a Purpose" Phun Phlocking in February. See the last page of this newsletter for an ongoing list of the charities we help, and donations collected month by month. We look forward to seeing everyone at the March Phlocking. Details in this issue. Thanks again to everyone for always going above and beyond with your generous donations. The Heartland LakeSharks PHC rocks! If you have any questions, please don't hesitate to contact John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com)



**DRINK GREEN! O'TRISHA**

## A SPECIAL NOTE FROM KENNY ROSE (our February artist)

"I love to see people have fun with the music and sing a long. I remember seeing Jimmy one time and he was talking about how much he loved the fact that there's dr.'s and lawyers and nurses and judges and everything else, but at a parrot head party, everyone is all good with that moment of escape, letting your hair down and just being silly and foolish and having fun. I get such a natural high being part of that, and then you throw in raising over 400 pounds of food for our Vets, and it's just pure magic. Thanks again for letting me be a part of it!"



## Five O'Clock Cruise II

Amy and I agree that this was the most fun we have ever had on a cruise!  
The seven day cruise left Miami on Feb 16 and returned on the 23rd. We had six evenings of live entertainment in a private venue with 260 new Parrot Head friends.

The lineup:

Sat - Blues Brothers tribute duo

Sun - Alan Jackson Tribute Band

Mon - 50's and 60's night

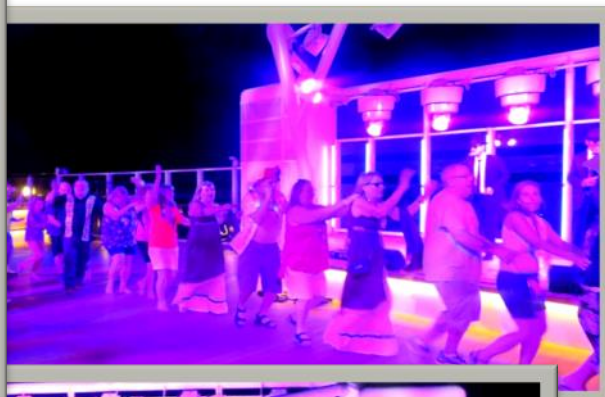
Tue - Brooks and Dunn Tribute Band

Thu - Jimmy Buffet Tribute Night

Fri - Gary and The Landsharks with Pirate dress attire

Enjoy the pictures!

John





## Speaking of the

### Five O'Clock II Cruise

There were a few unexpected situations. The first night we joined a pub crawl and met some real interesting folks. Part way through the crawl, I mentioned to Amy that I didn't see any Five O'Clock Cruise lanyards on any of the participants. Yep – we joined the wrong group! We had a great time anyhow and got a bunch of party beads. Then there were several “Man Bikini” sightings – nuff said. Guess we didn't read the itinerary close enough, so we had no pirate attire for the Friday night party. We went on a scavenger hunt in Nassau and found what we were looking for, including a temporary tattoo that really made me look the part of a bad ass pirate. Got the tattoo applied then noticed the label – “Lady Pirate”. What a buzz kill.

John

### NEW LAKESHARKS BYTES FEATURE Fun Website of the Month

Here you will see a unique fun website each month that one of our Phlock has spotted.

This month it's a worldwide radio station site where you can select streaming stations by rotating the globe and clicking on a station. Really interesting to select a site in a faraway country or maybe your old home town and see what's playing. It takes a few seconds to load so be patient.

<http://radio.garden/live/toulouse/radiopresence>

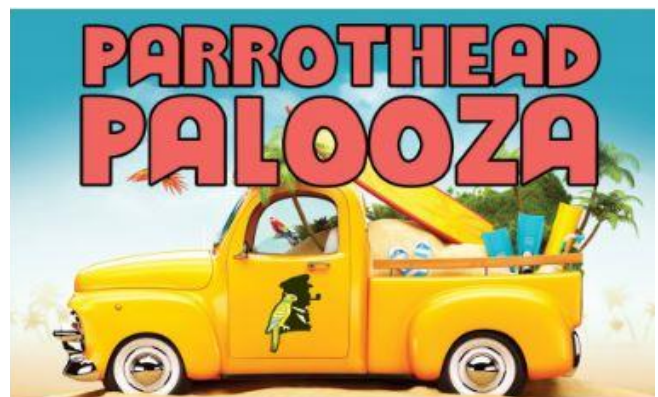


## MIGRATIONS

### PARROT HEAD PALOOZA MEMORIAL DAY WEEKEND

The Events Planning Committee is pleased to announce our 1st annual LakeSharks “Migration” (kind of like a remote mini Phlocking with other Parrot Head clubs.) Our new PHC member Deb Hasselmire, is our lead coordinator. Deb has procured a block of rooms at a reduced rate. **Be sure to book now for the best room choices.** Any rooms in the block not used will be released 30 days prior to the event. Cancellation policy is 48 hours prior to check in. If we need more rooms, and there is availability, they usually work with her. Contact Deb at [fun45insun@yahoo.com](mailto:fun45insun@yahoo.com) or Amy at [bladegoddess2003@yahoo.com](mailto:bladegoddess2003@yahoo.com) if you have any questions or problems booking.

At least sixteen club members are currently signed up along with members of several other clubs.



# Meeting of the Minds Update

**Here is an update from Andrew Talbert  
Parrot Heads in Paradise, Inc.  
PHiP Director of Conventions**



Hello Everyone!

Here is a quick update on **PHiP's Meeting of the Minds 2019 "License to Chill"** in Key West, Florida!

The 2019 Meeting of the Minds schedule will be online in a couple of weeks! The schedule is almost complete!! The ink is drying on some contracts and the phone bank is still working overtime. This year will deliver some awesome entertainment!! Standby for full details!!

The host hotel is over two thirds full already and room types will start getting scarce very soon. Do not delay to get a Casa reservation if you are planning to stay at the host hotel!

Remember if you book a room at the Casa Marina you need to go register for PHiP's Meeting of the Minds. ***YOU MUST BE REGISTERED FOR MOTM TO STAY AT THE CASA MARINA!*** Only credentialed guests will be allowed into the Casa Marina property during the event.

## **A GREAT DRAWING FOR EARLY REGISTRATION!! GREAT ODDS OF WINNING!!**

**IF** you register before April 1st, 2019 **YOU** will be put in a drawing to **WIN 2 tickets to see JIMMY BUFFETT AND THE CORAL REEFER BAND** in a city of your choice in the USA or Canada during the 2019 tour courtesy of **MARGARITAVILLE FOODS!!** All you have to do is register and pick your choice of a city on the 2019 tour. If you are the lucky winner **YOU** will win a pair of concert tickets and access to a pre-show VIP party for any 2019 regularly scheduled Jimmy Buffett tour date within the U.S. or Canada.

The concert date must be selected at least 8 weeks prior to the show or as soon as possible if the concert is announced with less than 8 weeks notice. The winner will be drawn on April 2, 2019. You must be registered prior to midnight April 1<sup>st</sup> to be in the drawing and I can tell you your odds of winning are very good...much better than any lottery you will play!

**Here is the link to register for the 28th edition of PHiP's ANNUAL MEETING OF THE MINDS 2019:** <http://www.phip.com/motmregistration>

## **WANT A ROOM AT THE CASA MARINA FOR MOTM 2019?**

Want to stay at the CASA MARINA RESORT during PHiP's Meeting of the Minds? The link is live and the registration staff at the Casa Marina are ready to take your call.

You should book your room at the Casa Marina!! Why? Because it is a great deal for a hotel in Key West! It is ground zero for MOTM!! If you book your room by April 1st, 2019 you will be put in a drawing to win a **FOUR NIGHT STAY DURING MOTM 2019 IN A TWO BEDROOM OCEAN VIEW SUITE FREE!!** Only the people who are on the Casa Marina reservations list and registered for MOTM 2019 by April 1 will be eligible for the drawing. This is the seventh year in a row this prize has been offered. Ask some of the previous winners how cool this is to have this awesome suite right on the water in Key West during Meeting of the Minds for FREE!

Here are the ways to book a reservation for MOTM #28 at the Casa Marina, A Waldorf Astoria Resort:

The online link: <http://group.waldorfastoria.com/28thAnnualMeetingMinds>

Booking code: **ZZPAR2**

Central Reservations: [1-888-303-5717](tel:1-888-303-5717)

Casa Marina In House Reservations: [1-305-296-3535](tel:1-305-296-3535)

The 2019 MOTM dates are on the PHiP web site for use in booking your rooms right now!

<http://www.phip.com/meeting>

Until next time I'll see you, down the road!

**Remember: All special rates are for PHC members only.  
All you have to do is join our club to be eligible for this fun event!**





## **MARDI GRAS SLOW COOKER LOUISIANA RED BEANS AND RICE**

Always a popular dish the day of, and the day after!

### **Ingredients**

4 - 16 oz. cans kidney beans, rinsed and drained  
 1 - 14 1/2 oz. can diced tomatoes with juice  
 1 - 14 oz. smoked turkey sausage, sliced  
 3 celery ribs, chopped  
 1 large onion, chopped  
 1 C. chicken broth  
 1 medium green pepper, chopped  
 1 small sweet red pepper, chopped  
 6 garlic cloves, minced  
 1 bay leaf  
 1/2 teaspoon crushed red pepper flakes  
 2 green onions, chopped  
 Hot cooked rice

### **Instructions**

In a 4 or 5 qt. slow cooker, combine all ingredients except rice and green onions. Cook, covered, on low until vegetables are tender, 3-4 hours. Stir before serving. Remove bay leaf. Serve over rice with green onions on top.



## **IRISH BAILEYS AND WHISKEY COCKTAIL**

Try this for your St. Patrick's Day celebration!

### **Ingredients**

1 oz. Jameson Irish whiskey  
 1/2 oz. peach schnapps  
 1/2 oz. Baileys Irish Cream  
 2 oz. orange juice  
 Half an orange slice  
 Maraschino cherry

### **Instructions**

Pour all ingredients into a shaker glass and shake. Strain into a chilled martini glass. Garnish with an orange fruit flag (half an orange slice with a cherry in the middle, held together with a skewer).



## **ST. PATRICK'S DAY GUACAMOLE**

This is deliciously different with an Irish twist.

### **Ingredients**

3 avocados  
 Juice from 1/2 a lemon  
 Salt and fresh ground black pepper, to taste  
 1/2 c. carrots, very finely diced  
 1/4 c. red onions, very finely diced  
 1/4 c. jalapeño, very finely diced (optional)  
 1 clove garlic, crushed  
 3 slices cooked bacon, chopped  
 1/4 c. parsley, very finely chopped  
 2 oz. Irish cheddar cheese, crumbled

### **Instructions**

In large bowl, mash avocados with lemon juice, salt and pepper. Stir in carrots, onion, jalapeño, garlic, bacon, parsley and cheese.

For a beautiful presentation, reserve a small portion of the mix-ins for garnish. Serve with fresh veggies, tortilla chips, Fritos scoops, and/or kettle cooked potato chips.

Beverage pairing:  
 Irish Stout



# Congratulations Everyone!

For 2018, we collected \$6,747 worth of food, clothing, pet supplies, school supplies and toiletries for ten different charities. We are off to a great start again in 2019! Below you will see a calendar for the charities designated for the first half of 2019.

## 2019 Party with a Purpose First Half Donations

Su	Mo	Tu	We	Th	Fr	Sa	<b>JAN</b> "Peace River Women's Shelter" Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books. Collected \$950 worth of clothing, toiletries and toys!
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

Su	Mo	Tu	We	Th	Fr	Sa	<b>FEB</b> "Veterans Services Admin Food Drive" Need: Non perishable food items. Collected 500 lbs. of non-perishables!!
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28			

Su	Mo	Tu	We	Th	Fr	Sa	<b>MAR</b> "Easter Baskets for kids" Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

Su	Mo	Tu	We	Th	Fr	Sa	<b>APR</b> "R.C.M.A." Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

Su	Mo	Tu	We	Th	Fr	Sa	<b>MAY</b> "Toiletries for Vet's Ditty Bags" Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder, small packages of treats, Kleenex, pens/notepads.
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

Su	Mo	Tu	We	Th	Fr	Sa	<b>JUN</b> "School Supplies" Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

**Note:**  = PHLOCKING DATES