



Coach: John Von Klopp
Club: Academy
Role: Coach
Qualf: USSF Youth (United States)

4v2 In Three Channels



Date: 6/Jan/2022

Measurement: 20 x 30

Time: N/A:N/A

Players: 12

Duration: N/A

Level: U8 - U18

Objective:

Description:

3 areas, 3 teams. Coach has the soccer balls. If a ball goes out, the coach adds a ball. 4v2 in the two outside grids. Teams try and make 5 passes without losing the ball and send the ball over to the opposite grid. Players are able to split pass or chip pass. Defenders may only enter the grid when the attacker makes their first touch on the ball. Teams keeping the ball become defenders if they lose the ball before 5 passes or the ball is intercepted in the middle grid. Defensive players who are chasing go to middle grid when ball changes sides.

Coaching Points:

Progression: