Upstream surveys patients to ensure they are making their own decisions about choosing their birth control.

- 99% of Delaware patients made their own choices about birth control.
- 98% of Delaware patients did not feel pressured to choose a specific method of birth control.
- 98% of Delaware patients feel that health center staff listen to them and their preferences.
Title X is the Federal funding stream that pays for family planning services for low-income individuals – these patients are at very high risk for unplanned pregnancy.

Across Delaware, Title X sites that provide care to low-income women who are at the highest risk for unplanned pregnancy have seen an **increase** in women leaving with an IUD or implant* since our work began.

*% of female Title X clients age 15-44, excluding those reporting abstinence or pregnant/seeking pregnancy
A 2018 report by Child Trends, using their FamilyScape simulation model, estimates a 24% decrease in unplanned pregnancies among Title X patients in Delaware between 2014 and 2017 compared to a 3% decrease nationwide during the same period.
According to a 2019 Guttmacher Institute report, Delaware had the largest decline in abortion out of all 50 states and DC between 2014 to 2017. Upstream’s baseline year in Delaware was 2014.
The impact of Upstream's work continues long after project completion.  

**Haven Health**: Amarillo, TX

Cumulative number of IUDs and implants provided:
- **INTERVENTION BEGINS** in 2014
- **INTERVENTION ENDS** in 2015
- **Practice change sustained post-intervention**
- **2,600+ LARCs provided**
Trend in Quarterly Birth Rates, 2012-2018 among Delaware Women on Medicaid and among US Women Overall

Rate per 1,000 Women 15-44 in each population

Q1 2012  Q1 2013  Q1 2014  Q1 2015  Q1 2016  Q1 2017  Q1 2018
Birth Rate, DE Women on Medicaid  
Birth Rate, US Women


Medicaid birth rates reflect the number of deliveries recorded in each quarter divided by the number of Medicaid members in that quarter, among women age 15-44. US Birth rates reflect the number of births in each quarter divided by the U.S population in the second month of each quarter, among women age 15-44. Quarterly birth rates will differ from those reported elsewhere as they are not annualized.
Interested in learning more?

Contact Mark Edwards at mark@upstream.org