



Kol HaNeshamah

Celebrating 20 Years as a Sacred Community



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**This Week at KH...**

**Shabbat Services**

<b>Shabbat</b>	<b>Fri. 02/09</b>	<b>Candle lighting</b>	<b>5:05 pm</b>
	<b>Sat. 02/10</b>	<b>Shaharit MISHPATIM</b>	<b>9:45 am</b>
		<b>Shabbat ends</b>	<b>6:07 pm</b>
<b>Shabbat morning services take place at St Pauls, 113 Engle St, Englewood. Children's services start at 10:45 a.m.</b>			

**UPCOMING KH EVENTS**

**ש Kabbalat Shabbat and Potluck Dinner: Friday night, February 9, 6:30 p.m. at the home of Miriam and Bruce Pomeranz. Visiting rabbi Ilan Glazer will be leading services both Friday evening and Saturday morning. The meal as usual will be dairy. Those who maintain kosher kitchens are invited to bring homemade dishes. All other food and beverages must be purchased either from**

providers under RCBC supervision or packaged with an appropriate Hecksher. To RSVP, get directions, or volunteer to bring food, beverages, email Steve Haber at [shaber85@verizon.net](mailto:shaber85@verizon.net)

⚭ **Torah Inspired Yoga:** It is not too late to sign up. Kol HaNeshamah and Freedom Within Yoga collaborate to bring a 4 week series of Torah Inspired Yoga. Location: Freedom Within Yoga Studio located at 211 Chadwick Ave., Teaneck NJ. Wednesday evenings 8:15 pm on 2/14, 2/21 and 2/28. The cost for the remaining sessions is \$60. Half of all proceeds will go to Kol HaNeshamah. RSVP by email to Phyllis Gordon by email at [pg.ot.rated@gmail.com](mailto:pg.ot.rated@gmail.com). Checks should be made out to Kol HaNeshamah and brought to the class.

⚭ **Purim Wednesday, February 28.** Megillah reading 7:00 p.m. followed by a KH Talent showcase. If you have a talent and want to participate, contact Steve Haber at [shaber85@verizon.net](mailto:shaber85@verizon.net) to sign up by Friday, Feb 23. To sign up for Megillah reading, email Cliff Stein at [stein.clif@gmail.com](mailto:stein.clif@gmail.com)

⚭ **KH Book Club:** The next book discussion will be on Sunday, Feb. 25 at 10:30 am at the home of Alice Twombly. We will discuss Rashi's Daughter, Book 1: Yocheved, by Maggie Anton. Please reply to [rsvp@khnj.org](mailto:rsvp@khnj.org) by Sunday, Feb 22.

⚭ **Cabaret Night! Saturday Night, March 3, 7:30 p.m.** Cabaret Night with the Tiger Lilies, Princeton University's premier all female a cappella singers featuring KH's own Melanie Berman. Cover \$60 per person/\$18 per student includes wine tasting, food, entertainment and fun!

⚭ **Visit to the Englewood Actors' Home:** On Saturday, March 10 immediately after kiddush, KH young people and adults will walk over to the Englewood Actors' home to visit with seniors and play Bingo. If you would like to participate, contact Miriam Pomeranz.

⚭ **Special Pre-Pesach Program, Tuesday, March 13, 7:30 p.m.** at the Solomon Schechter Day School of Bergen County. Join Dr. Murray Spiegel for a presentation on 300 ways to create an unforgettable Seder. Please RSVP by Friday March 9 by email to [RSVP@KHNJ.org](mailto:RSVP@KHNJ.org).

⚡ Save The Date! Celebrate Israel Parade "70 and Sababa!" June 3, 2018. For the first time ever, KH is sending a delegation to the Celebrate Israel parade. To help prepare for the event, our shul is sponsoring a contest to design the commemorative T-shirt to be worn by our delegation in the parade. Details for the contest and parade to follow soon!

**Divrei Torah:**

**If you would like to sign up to give a dvar, send an email to Toby Reifman at [tobyreifman@gmail.com](mailto:tobyreifman@gmail.com)**

**Kiddushim**

⚡ February 3: Thanks to the Haber family for sponsoring last week's kiddush lunch in honor of Steve's birthday.

**If you would like to sponsor or co-sponsor a kiddush in honor of a birthday, yahrzeit or any special occasion, send an e-mail to [kiddush@khnj.org](mailto:kiddush@khnj.org).**

**KH News**

⚡ It is with great sadness we announce the passing of Lisa Beth Hughes z"l beloved sister of Debbie Berman. On behalf of the Kol HaNeshamah community we extend our deepest condolences to Debbie and her family. Hamakom Yinahem.

⚡ **New! KH Kosher Dessert Cookbook!** In honor of our 20<sup>th</sup> year we are creating a custom cookbook featuring favorite dessert recipes from our members. We are looking for your tastiest recipes from the following categories: Dairy—Pareve—Gluten Free—Holiday—"Light"  
The cookbook will be professionally published and we are using the Morris Press Cookbook's website to make it very easy to submit your recipes. If you do not want to use the website, you can submit hard copies of your recipes directly to Lucy Katzen. It is our hope that EVERY family will participate and submit at least 1 recipe—and more are certainly welcome! (We are required to list 50 different contributors so feel free to attribute the recipe to a family member who especially loves it!) We are also looking for short personal reflections—about your recipes or about desserts in general. These should be submitted directly to Lucy. The cookbook will also need a name—suggestions are invited!

**Deadline for submissions is February 28. Please contact Lucy Katzen at [katzens@ptd.net](mailto:katzens@ptd.net) for more information.**

**To Submit Recipes Online:**

- **Go to [www.typensave.com](http://www.typensave.com) and click 'Login.'**
- **Enter the User Name: khcooks**
- **Enter the password: (carrot700) and click 'Submit.'**
- **Enter your name and click 'Continue.'**
- **Click 'Add Recipes' to begin adding your recipes.**

**⚡ Food Drive: The Center for Food Action in Englewood needs the following items:** Canned Meat (tuna, chicken, etc.), Canned Hearty Soups, Canned Vegetables, Macaroni & Cheese, Peanut Butter & Jelly, Tomato Sauce, Cold Cereal (low sugar) and Oatmeal, Powdered Milk and/or Boxed Milk, such as Parmalat, Canned Fruits, Instant Potatoes, 100% Juice, Baby Formula & Diapers sizes 4, 5 & 6, Bar or Bottled Soap, Toothpaste, Toothbrush & Dental Floss. Please bring any items to the food donation box in the KH davening space.

**⚡ Yahrzeits: Kol HaNeshamah remembers the following members of our greater community whose yahrzeits occur during the Hebrew month of Shevat:**

Herbert Cohen remembered by Susan Cohen DeStefano

Mollie David remembered by David Katzen

Ester Deroff remembered by June Kaplan

George Gorog remembered by Gigi Brown

Sandi Lesser remembered by Eric Lesser

Marlon Liberman Fishbein remembered by Toby Reifman

Sol Lieberman remembered by Sharon Morganstern

Jane Maier remembered by Bruce Maier

Kokab Dahlia Rastegar remembered by Farah Farhadian

Abraham Stone remembered by Barbara Soffer

## **SIMCHA CORNER**

**The ART CENTER OF NORTHERN NEW JERSEY has awarded Alice Twombly second prize in its juried winter show for her photograph "FISHING NETS IN CAMOLGI." The photograph will be on display as part of the show entitled, CELEBRATING THE DIVERSITY OF BERGEN COUNTY."**

**The opening reception and awards ceremony is on Feb 11, 2018, from 2-4 pm. All are invited to attend. 250 Center Street, New Milford, NJ 07646**

**If you have a simcha you would like to share with the community, please send information to Steve Haber.**

## **KH PROJECTS**

**℥ Chumashim: Dedicate an Etz Hayim book of Torah and Commentary in memory of a loved one or in honor of a simcha. Just send your donation of \$72 to Kol HaNeshamah, PO Box 8002, Englewood, NJ 07631. Please indicate on your check that the donation is for the Chumashim Project. Your name, as donor, and the name of your loved one or honoree will be inscribed in a new volume.**

**℥ KH Scrip--** You can buy scrip cards at any time, or set up a monthly easy pre-payment plan. Shop at **ShopRite, Stop & Shop & Peapod (online shopping & delivery)**. **5% of all purchases go to KH!** To order scrip, contact Ellen Kaplan at [info@KHNJ.org](mailto:info@KHNJ.org).

⚡ **KH Chesed Cards:** Chesed cards are a meaningful way to send congratulation notes or sympathy messages to friends and family and help support KH at the same time. To purchase, contact Ellen Kaplan at [EKaplan01@aol.com](mailto:EKaplan01@aol.com) or 201—816—8794 or Fran Spiegel at [Swah2u@gmail.com](mailto:Swah2u@gmail.com) or 201—207—3565.

⚡ **Mi Sheberach List:** If you know of someone in need of our prayers and thoughts, please email [Rebecca Ivry](mailto:RebeccaIvry) with that person's name in English and Hebrew. If you had given a name which you wish to remove, please email that information as well.

⚡ **Memorial Board:** KH maintains a Memorial Board as a way to honor the memory of our loved ones. Plaques are available. For more information, please contact [Gigi Brown](mailto:gigiwb@aol.com) at gigiwb@aol.com.

### **Tikkun Olam Opportunities/Community Announcements**

⚡ **Birthright: If you are between the ages of 18 and 26, now is the time to plan your free summer adventure with Birthright or Israel Outdoor Adventures. For information, dates and registration, go to <https://www.birthrightisrael.com/countries>**

⚡ **The Hebrew Home at Riverdale is accepting applications for their L'Dor V'Dor Summer Internship, an innovative, fun and meaningful four week program for Jewish teenagers. Interns volunteer at the Hebrew Home, connect with residents, and attend educational seminars & workshops. To request an application or for more information email: [LDorVDor@hebrewhome.org](mailto:LDorVDor@hebrewhome.org)**

⚡ **Onward Israel 2018: Spend summer 2018 living and working in the center of Tel Aviv! Build your resume • Experience Israel June 6 - July 31, 2018. Apply Today. [www.onwardisrael.org/nnj](http://www.onwardisrael.org/nnj) Deadline - March 15, 2018. \$500 Cost includes housing, food stipend and program costs. Participants are responsible for arranging their own flights. Accommodations, modern building in the heart of Tel Aviv. Live with Onward Israel participants from across the US. Open to students, ages 19-27, from northern New Jersey. For more information, please contact Ethan Behling | [ethanb@jfnnj.org](mailto:ethanb@jfnnj.org) | 201-820-3955**

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