

We are currently offering a reduced menu and daily specials.

Please see in store for details.

## Breakfast Choice

Meat items are grilled or oven baked. For a healthier breakfast why not opt for a poached egg and add granary or wholemeal toast.

**Why not try our Delicious full breakfast?** (Ask for bacon fat to be trimmed) **£3.80**  
Bacon, sausage, egg, mushrooms, tomato, beans and toast

**Meat Free Breakfast** **£3.80**  
Vegetarian sausage, egg, mushroom, tomato, beans, hash brown and toast

**Something on Toast** (white, wholemeal or granary bread) **£2.95**  
Choose from cheese, beans, mushrooms; poached, fried or scrambled egg

**Hot Sandwiches** (white, wholemeal or granary bread)  
Choose from:

Bacon or sausage	£2.10
Bacon & tomato	£2.30
Sausage & tomato	£2.30
Bacon & egg	£2.30
Sausage & egg	£2.30
BLT	£2.60
B-E-S-T	£2.60

## BREAKFAST SPECIALS

(Available from 9am - 11.30am)

Toast or cereal or a Buttered	
Teacake with a drink	
Porridge	
Fruit Pots	£2.60

## Cold Drinks

Sugar free available

Water (bottled)	£1.50
Cans of pop	£1.00
Yazoo Milk Shakes	£1.50
(Strawberry or Chocolate)	
Fair Trade (apple or orange juice)	£1.90

We use skimmed Milk in our dispensed hot drinks

## Hot Drinks

Pot of tea (per person)	£1.50
Speciality tea	£1.95
Coffee (cup)	£1.95
Coffee (mug)	£2.35
Hot chocolate	£2.35
Cappuccino/ mocha	£2.35

Smaller portions are available on request



Look out for our  
daily specials  
& homemade soup

## Side Orders

Coleslaw	£1.30
Cheese	£1.30
1 slice bacon	£1.30
1 portion beans	£1.30
Fresh fruit (per item)	£1.00
salad Bowl	£2.00
Bowl of chips	£2.00
Fruit Pot	£1.00

## Lunch Selection

(available from 11.30am) Mushrooms, Baked Beans & Tomatoes can be added to contribute to your 5 a day

**Sandwiches and Toasties** (white, wholemeal, Granary or Gluten free and also NEW healthy wholemeal sandwich thins)

### Super Sandwiches

(served with salad & crisps)

Simply salad	£3.10
Plain egg	£3.10
Egg, cress, & mayo	£3.40
Tuna	£3.40
Tuna & mayo	£3.40
Farmhouse cheese	£3.40
(Low fat cheese available on request)	
Cheese, onion or tomato	£3.60
Corned beef	£3.60
Cottage cheese & pineapple	£3.60
Ham & tomato or mustard	£3.60

We only use light Mayonnaise & Spreads

### Specialities

**Vegetarian Connection** £4.95

2 warm croissants with melted cheese, onion and side salad

**French Connection** £4.95

2 warm croissants topped with ham, melted cheese and side salad

Why not swap chips for salad or vegetables as part of 1 of your 5 a day.  
We only use light mayonnaise and spreads.  
Light salad cream available on request.

**Jacket Potatoes** (served with side salad)

Butter	£3.00
Baked Beans	£3.55
Coleslaw (homemade)	£3.55
Cheese	£3.55
Tuna	£3.75
Cheese & Beans	£3.75
Tuna Mayo	£3.75
Low Fat Cottage cheese & pineapple	£3.75
Cheese & coleslaw	£3.75
Ham & coleslaw	£3.80
Chilli/Veggie Chilli (homemade)	£3.80
Bacon & cheese	£3.80
Chilli & cheese	£3.80

### Tasty Toasties

(served with side salad)

Baked beans	£3.60
Cheese	£3.60
Cheese & onion or tomato	£3.75
Cheese & ham	£3.75
Cheese & bacon	£3.75
Cheese ham & pineapple	£3.80

### Omelettes

Served with homemade coleslaw or fresh bread and side salad

Plain	£4.25
Farmhouse cheese	£4.80
Mushroom	£4.80
Ham (formed)	£4.80
Spanish	£5.50

Our Omelettes are freshly made to order from free range eggs

Also available:	
English muffins	£1.95
Buttered teacakes	£1.70

**SUPER PLATED SALADS**  
**ONLY £5.75**

CHEESE, HAM, TUNA OR  
CREATE YOUR OWN

Fresh fruit  
available only 1.00 each  
Contributes to one of your 5 a day

**WE NOW OFFER A SELECTION  
OF VEGAN SNACKS  
AND DAILY SPECIALS**

**Gluten Free, Low Fat  
and Fair trade Snacks available**  
ALLERGY ADVICE AVAILABLE ON REQUEST

PLEASE ASK AT THE FRONT COUNTER,  
THANK YOU

PLEASE NOTE: ITEMS MARKED IN GREEN  
REPRESENT A HEALTHIER CHOICE



# Kids Menu

up to 10 years - available until 2.00pm

## Step 1 - Please Choose 1 item:

Sausages - Fish Fingers - Chicken Nuggets

Pizza - Chargrilled Chicken Salad Wrap

## Step 2 - Please Choose 1 item:

Jacket Potato - Chips - Potato Wedges

ONLY  
**£3.25**  
PER MEAL

## Step 3 - Choose 1 item:

Side Salad - Baked Beans - Peas - Sweetcorn

## Step 4 - Choose 1 item:

Piece of Fresh Fruit - Sugar Free Jelly - Fruit Pot

Also available

All day Breakfast or Plated salad

All meals include a glass of sugar free squash,  
milk or water

All meals are subject to availability

*"Thank you for choosing the crossing coffee shop,  
we hope to see you again!"*

Issue date January 2020

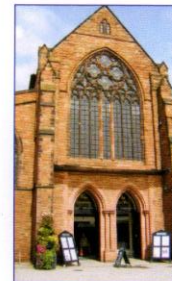
# The Crossing Coffee shop

*Excellent quality food, at a town  
centre venue ....*

## Opening Times

Monday	9.00am - 4.00pm
Tuesday	9.00am - 4.00pm
Wednesday	9.00am - 4.00pm
Thursday	9.00am - 4.00pm
Friday	9.00am - 4.00pm
Saturday	9.00am - 4.30pm
Sunday	CLOSED

Food from the menu is available from  
9.00am - 2.00pm Weekdays and 9.00am - 3.00pm Saturdays



PLEASE NOTE: ALL ITEMS SHOWN ON THIS MENU ARE SUBJECT TO AVAILABILITY