

class schedule



august 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5 Heritage Day	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

No regular classes during summer.

See you in September!



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太极拳

year of
earth
pig



I have great faith;
The unknown does not
frighten me;
Fate is my destiny;
I am intrepid and confident;
Assured of divine protection;
As I give what I have freely;
I need no accolades as proof;
I am one with all;
What I offer is without
prejudice;
I am pure of heart and trust
in myself;
I AM THE PIG.

class schedule



september 2019



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labour Day	3	4	5	6	7
8	9	10	11  7:00pm OPEN HOUSE MH Cultural Centre <i>Everyone welcome</i>	12	13  Chinese Mid-Autumn Festival	14
15	16 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	17 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	18 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	19	20	21
22	23 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	26	27	28
29	30 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4	5



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october 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	2 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	3	4	5
6	7 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	8 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	9 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	10	11	12
13	14 Thanksgiving No classes	15 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	16 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	17	18	19
20	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	23 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	24	25	26
27	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	30 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	31 Hallowe'en	1	2



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november 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
10	11	12	13	14	15	16
	Remembrance Day (no classes)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
		8:00-9:00pm CHEN (SHORT)				
17	18	19	20	21	22	23
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
24	25	26	27	28	29	30
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				



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december 2019



Beginners

Intermediate

Advanced

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1	2 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	5 Happy Holidays! See you in January!	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27	28
29	30	31 New Year's Eve	1	2	3	4



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