



## **Endovenous Ablation Pre-Procedure Instructions**

Please **arrive 30 minutes prior** to your procedure. You will be in the office for approximately two (2) hours. The procedure itself will take approximately one (1) hour. Additional time pre-procedure is required for checking-in, prepping and post procedural care.

Women, please shave your legs the night before the procedure-**not** in the morning. Men who do not routinely shave their legs are not required to do so. You may shower the morning of your appointment. Please **DO NOT** apply any oil, lotion or cream to the procedure leg.

You should have a small meal prior to coming in for the procedure. You will receive local anesthetic, so there is no need to arrive with an empty stomach.

Please arrange for **someone to drive you home**. The pain will be minimal, however, a bulky dressing on the leg will make driving unsafe. In addition, you may be prescribed medications to take prior to the procedure which may affect your ability to drive.

For your comfort, please **wear loose-fitting clothing** following your procedure. Slip-on shoes or sandals are also recommended.

Please be sure to bring your **compression stockings** with you the day of your procedure. We will apply them at the completion of the vein procedure.

We look forward to serving your needs and will do everything possible to ensure a pleasant experience.