

# Preceptor Newsletter

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## Capital Health KNIGHT Scholar<sub>x</sub> Program Knowledge-Networking-Innovation Graduate Health-System Training

**By:**  
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It is common knowledge that health-system pharmacy budgets are shrinking in the midst of a loud call to expand direct patient care services provided by pharmacy departments. The American Society of Health-System Pharmacists (ASHP) Pharmacy Practice Model Initiative (PPMI) identifies pharmacy students as key assets in expanding clinical services.<sup>1</sup> As postgraduate training becomes a prerequisite to enter health-system pharmacy practice and the competitiveness of seeking residency/fellowship programs increases, there is a need to better prepare students for practice after pharmacy school.<sup>2</sup> And, as entry-level practitioners, students should be competent in direct patient care for patients in hospitals, ambulatory clinics, and the community.<sup>3</sup> The Accreditation Council on Pharmaceutical Education (ACPE) state that advanced pharmacy practice experiences (APPE) must be of sufficient quality, length, and diversity (of patients and disease states) to prepare students for direct patient care roles.<sup>4</sup>

To address the needs of our students, patients, our profession, the Capital Health Department of Pharmacy collaborated with the Ernest Mario School of Pharmacy (EMSOP) to create a longitudinal experiential program with elements similar to a PGY1 pharmacy residency, the first of its kind in the state of New Jersey. It is intended to train P4 students in critical thinking, communication, teamwork, and leadership. These skills will serve as a foundation for future development during a post-graduate training program and vital for a successful career in health-system pharmacy practice. The Capital Health KNIGHT Scholar program will develop scholarship,

service, and leadership in motivated P4 students through a diversified block of APPEs in a health-system environment.

Students participating in the KNIGHT Scholar will complete four of their eight required APPEs at Capital Health: EMSOP Faculty (Internal Medicine), Clinical Other (Infectious Disease), Elective (Critical Care), and Hospital Practice, beginning Cycle 1 of the EMSOP 2014-2015 academic year. During the APPE block, students will actively participate in our Antimicrobial Stewardship and Care Transitions pharmacy services. Upon completion of the program, it is expected that the KNIGHT Scholar will have gained: knowledge and skills necessary to function as an active member of the healthcare team, a network of preceptors, practitioners, and P4 students who can support his/her student and professional career, and innovative experiences that will prepare him/her for success in a postgraduate training program.

In accordance with the EMSOP experiential education requirements, students will complete: one formal journal club, case presentation and drug information activity during each clinical APPE; and, one seminar to pharmacy, medical or nursing staff during the Internal Medicine APPE. They will also contribute to the education and training of concurrent IPPE students. But, to be called a KNIGHT Scholar, students must successfully complete a clinical or practice-based research project suitable for publication or poster presentation AND lead a service project in collaboration with other Capital Health KNIGHT Scholars.

Students participating in the KNIGHT Scholar program are evaluated as per EMSOP Experiential Program guidelines. Additionally, each student will be evaluated longitudinally utilizing an Ability Based Outcome (ABO) map as established by the Accreditation Council for Pharmaceutical Education (ACPE). Students will be awarded a certificate upon successful completion



Students in KNIGHT Scholar Program: (left to right): Ami Shah, Jillian Cavallari, Amna Jamil, and Brian Thomas

of all KNIGHT Scholar APPEs and requirements.

To attract motivated students, an application process was created in partnership with the School of Pharmacy. Students are eligible for the KNIGHT Scholar program if they successfully complete the P3 year and submit the following: transcript (unofficial acceptable), CV or resume, and a letter of interest. This past year, candidates who submitted requested materials by the due date were interviewed in late February 2014 and notified of their acceptance in March.

Student involvement in scholarly activities breeds future scholarship.<sup>5</sup> At the micro level, we hope to foster research and leadership skill development that will fuel a student's desire to innovate and advance the profession throughout his/her career. At the macro level, our goal is to serve as a model for other health-systems who partner with EMSOP and create a network of KNIGHT Scholar programs throughout the state.

Please see page 3 for article references.

# Experiential Program Software Announcement

## RxPreceptor

By the Experiential Program Team

The most recent news surrounding our Experiential Program is that we have just completed the transition from E\*Value to RxPreceptor rotation software system. Hopefully all preceptors have received a login & password directly from the RxPreceptor Communication System. However, if you did not receive your notification email containing your login and password, please send an email to [support@rxinsider.com](mailto:support@rxinsider.com) (with a cc to me at [dmfeudo@pharmacy.rutgers.edu](mailto:dmfeudo@pharmacy.rutgers.edu)) and Ms. Elizabeth Newell ([elizabeth.newell@rxinsider.com](mailto:elizabeth.newell@rxinsider.com)) or Ms. Heather McDermott ([heather.mcdermott@rxinsider.com](mailto:heather.mcdermott@rxinsider.com)) from RxPreceptor who will follow up directly with you to resolve. Please be sure to check your spam and junk folders in case your site's

server has blocked the email. Once you have your login and password you may use the link provided in the notification and log in. You will be asked to reset your password. You will be able to view your schedule as well. To be of assistance we are posting instructional slides to assist you in using the new system.

We have successfully scheduled and conducted 3 webinar training sessions that encompassed how to use the system, complete online grade evaluations for students, updating your profile to include a description of your rotation and attaching documents you wish students to have access to and much more. This system has many options for students, preceptors and the Experiential Team to utilize to streamline

processes and increase communication. Most of all, having the opportunity for preceptors to complete online grading evaluations and eliminating the need to fax or email paper forms has surpassed our expectations. We appreciate everyone's patience and cooperation during this transition. Stay tuned for more updates and communication through the software system. We have posted a slide set of capabilities of the new system for your reference on the Preceptor website at: <http://pharmacy.rutgers.edu/content/preceptors>.

If you have any feedback to share or have any difficulty receiving messages please contact Donna M. Feudo,

## Community Brown Bag a Success

By Puja Amin, Pharm.D., Diana Lin, Pharm.D., and Brian Yu, Pharm.D.

Pharmacists and pharmacy students from Princeton HealthCare System (PHCS) were invited to participate in a Brown Bag Event hosted by St. Andrew's Episcopal Church in Mount Holly on April 6, 2014. The event was a great opportunity for church members to have their medication questions answered in a familiar environment. Participants had the option of creating a list of their medications prior to the event or bringing in their

medication vials. The pharmacists and pharmacy students assessed the medications that participants presented for possible drug-drug interactions, side effects and inappropriate dosing regimens. The event allowed for a very interactive counseling session that encouraged participants to ask questions.

Pharmacy students at each station recorded the medications on a worksheet, documented any interventions made during each session, and assisted the pharmacist with counseling on

prescription and OTC medications. In addition to the medication counseling services, there was a station for blood pressure readings set up by parish nurses.

Overall, it was a successful event that we hope to continue to be actively involved with in the future. We would like to thank Simi Chandy, R.Ph., one of the pharmacists at PHCS, for organizing this event and allowing us to take a part in it.

**Have an idea for a future newsletter item or have a question you would like addressed in a future issue?**

Email Tim Reilly at [tjreilly@pharmacy.rutgers.edu](mailto:tjreilly@pharmacy.rutgers.edu). We are always looking for new ideas!

# Preceptor Spotlight: Polly Jen

By Marcus Lawson, Pharm.D.

Polly Jen, Pharm.D.,BCPS, AAHIVP is an Infectious Disease Clinical Pharmacy Specialist at University Hospital. She completed her pharmacy education in 2007 at Rutgers ESMOP, followed by a PGY-1 residency at Robert Wood Johnson University Hospital and a PGY-2 Infectious Diseases residency at SUNY Downstate Medical Center, New York.

**Why does she precept?** It is incredibly important to ensure that pharmacy students are prepared with the skills and knowledge necessary to succeed as independent practitioners. My career was shaped by the experiences I had and the relationships I developed with my preceptors on rotation. I want to give the next generation of future pharmacists the same opportunities to learn and grow.

During my 5<sup>th</sup> cycle of rotation as a pharmacy student, I had the experience of an Infectious Disease rotation in University Hospital with Dr. Polly Jen. Like most clinical rotations, the backbone of this rotation was rounding with the medical team. We would spend the mornings working up patients. In the afternoon, we would round with the Infectious Disease (ID) team. This rotation was honestly one of my favorites and what I really liked was how Dr. Jen was there every step of the way. I saw how well respected Dr. Jen was to the physicians as she attended every meeting and daily rounds. I

witnessed the true role of a clinical pharmacist and the mastery that comes with being one. My preceptor knew doses, dose adjustments, indications, side effects, etc. all off the top of her head, and was able to aid the physicians at the drop of a dime. Even the medical students were marveled with Dr. Jen's immense knowledge of medications. My one friend never knew that a pharmacist could



have such a role on rounds and excel at it none the less. I can think of several instances where the team would be stuck and Dr. Jen was the one who came up with the solution; including one time where we needed a Spanish translator (yes, it was Polly to the rescue).

Another thing I loved about this rotation was the diverse patient population. I managed some of the most complicated patients with the most resistant bugs in the ID world.

Another thing I enjoyed was the physicians' respect for the pharmacists and pharmacy students. The attending physician did a great job of incorporating me, as a pharmacy student, in medical rounds. There were plenty of drug questions and topics directed to us students.

Infectious disease was my favorite subject while in pharmacy school and if I had to choose a clinical career it would be in Infectious Disease. I think it is really interesting and rewarding how the Infectious Disease team deciphers the cause of the infection, the organism involved, and the required treatment for the full recovery of the patient. I love this field and antibiotics because they produce rapid results compared to any other field or drug class. If we are able to select the right drug for the right patient at the right dose, the patient should not only recover but be completely cured (for the most part).

Overall, I had a great time during this rotation and learned a lot of information, but, most importantly, I got to witness the absolute role of a clinical pharmacist and how they truly are involved in the medical team. If we are to progress the field of pharmacy, it must be done through our clinical abilities. Rounding, counseling, recommendations, etc. are no longer just an added bonus but a necessity and Dr. Polly Jen is certainly leading that charge in University Hospital in Newark.

## Preceptor CE Program

Each NJ pharmacist adjunct preceptor is eligible to receive **3 Live continuing education credits per student (max of 6 credits in a biennial renewal period)**. EMSOP Faculty, Residents and Fellows are not eligible for this program. CE certificates will be issued via email twice a year in December & July; however, for 2014, there will be a delay and certificates will be issued in the early Fall due to realignment within the business and CE offices at EMSOP. At the current time, CPE Monitor does not have the technical capacity for the school to report any Preceptor CE credits online. We have been informed by NABP that there are plans to move forward on the capability of online reporting when Phase 2 of the CPE Monitor implementation is complete but no timeline was shared on the subject.

### References for "Capital Health KNIGHT Scholarx Program" (page 1):

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4. American Council on Pharmaceutical Education. Accreditation standards and guidelines for the professional program in pharmacy leading to the doctor of pharmacy degree, version 2.0, adopted January 23, 2011. Available at: [https://www.acpe-accredit.org/pdf/CPE\\_Standards\\_Final.pdf](https://www.acpe-accredit.org/pdf/CPE_Standards_Final.pdf) (accessed 11 June 2014).
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## Important Dates for the 2014-2015 Academic Year

### 2014-2015 APPE Rotation Schedule (includes holidays and breaks)

Cycle 1:	5/26/2014– 6/27/2014 Memorial Day	(IPPE Rotations End 6/20/14)
Cycle 2:	6/30/2014 – 8/1/2014 July 4 <sup>th</sup>	(IPPE Rotations End 7/25/14)
Cycle 3:	8/4/2014 – 9/5/2014 Labor Day	(IPPE Rotations End 8/29/14)
Cycle 4:	9/8/2014– 10/10/2014	
	<b>Residency Showcase October 3rd, 2014</b>	
Cycle 5:	10/13/2014 – 11/14/2014	
	<b>Community Interview Day November 6th, 2014</b>	
Cycle 6:	11/17/2014-12/19/2014	

#### **ASHP Midyear Clinical Meeting December 7th to 11th, 2014**

\*Cycle 6 rotation will end on Dec. 24<sup>th</sup> for students that have attained permission from preceptor for the allocated 3 days off to attend the ASHP Midyear Meeting

#### **Winter Break is OFF Dec. 19<sup>th</sup> to Jan. 5<sup>th</sup>**

**Winter Break is OFF Dec. 24<sup>th</sup> to Jan. 5th if taking 3 days off for Midyear Meeting**

Cycle 7:	1/5/2015 – 2/6/2015
Cycle 8:	2/9/2015 – 3/13/2015
	<b>EMSOP PREP Week: March 17th, 18th &amp; 19th</b>
	<b>Spring Break for P4 Students: March 23<sup>rd</sup> - 27th</b>
Cycle: 9	3/30/2015 – 5/1/2015

*\*Holidays: Students are instructed to have personal discussion with preceptor on scheduling & are not to assume they are NOT to report to rotation site on specific holiday date*

**\*\* Stay Tuned for Preceptor Development CE Date in Fall 2014!! \*\***