



LUCAS BECKER
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
WATER POLO PROGRAM

The NVHS Athletic Booster Club is proud to present the featured athlete of this, water polo player LUCAS BECKER. Lucas was voted athlete of the month by his teammates and his coach. Before voting the coach described the winner as someone who should be a good leader, a hard worker at all times (even when no one is looking), someone who values the team and those on it and most importantly, a good representative of the team, the high school, and the sport in and out of the pool. The coach was not surprised to see Lucas win this vote since he, too, holds this outstanding young man in high regard as athlete and individual.

Booster Club Reporter: How did you get involved in water polo?

Lucas: I used to play football and swim. One of my teachers during freshman year was Mr. Hoffer and he encouraged me to try out for water polo.

Booster Club Reporter: And you have been playing it happily ever after...

Lucas: Well, there is also the tough moments. At one point during that year I realized how poor of a shot I had. No matter how hard I tried to improve it, nothing worked. What really helped me was coach Hoffer pulling me aside and recording me shooting on goal. It was eye opening. He explained what I was doing wrong and I found ways to improve.

Booster Club Reporter: What have you learned from that experience?

Lucas: To listen and be respectful. What coach Hoffer says shouldn't go in one ear and out the other. Everything that he says is only trying to help improve us and if we want to improve, we have to listen.

Booster Club Reporter: What do you like most about competitive sports? How do you deal with losing or winning?

Lucas: Everyone wants to win and there is a pressure in everyone who competes to win. I use a loss as a learning experience and take what I did wrong and improve it.

Competition makes me want to be better, improve every aspect of my game, and out-do my competition with hard work. I love the satisfaction that comes with winning.

Booster Club Reporter: How do you manage your school load?

Lucas: I do homework at lunch and right when I get home. And I don't let anything distract me like my phone or the computer.

Booster Club Reporter: That is smart! What would you say to someone who is just starting in water polo?

Lucas: Shoot the ball. You make some and you miss some but you won't make any if you don't shoot. And use your off season to get better at your game.

Booster Club Reporter: What are you going to miss most when you graduate from HS?

Lucas: I hope to attend Indiana University and at that point I think I'll be done with competitive sports. Now, the idea of a team and what it means to be on a team will be with me forever. I can say that one thing I learned from all the years of competing in water polo is the ability to work with other people. When I leave HS I will definitely miss the water polo team. A lot of these guys are my best friends-, people I see every day-, and graduating will make me miss all of them.

Booster Club Reporter: Who is your role model and why?

Lucas: My oldest brother because he is an extremely hard worker and when he puts his mind to something he always manages to achieve it.

Booster Club Reporter: Tell me something about you that people don't usually know.

Lucas: I like to cook, I hate swimming even though I've done it since I was 5, and I'm fluent in German . I also dream of living somewhere warm because I'm tired of the constant cold weather and snow that we experience here in Naperville.
my goals in life.