

ART-FUL

EXPRESSIVE MOVEMENT to develop expressive sensitivity

- **Move It: Beethoven's Fur Elise** (3 minutes)

Directions: A Main idea: gently near lap then hands out crossing body; circles palms out getting larger and higher

B Hands palms together weaving right and left; fingers wiggling-both arms then each alone

C Arms out together going "over" each time a little higher then each arm gathers in [VIDEO help](#)

When: To start the day; After free play to pull everyone back together; After gym/outdoor play or clean up time to prepare for story/language; After story/language time to relax for quiet time

Connections: Imagine leaves in the Fall, snow in the Winter, seeds growing in Spring, swimming in the Summer

Do this one piece all year long—once or twice a month. Next year I'll teach you another, & the next...& the next 😊

FINGER PLAYS (only arms needed—small motor) ACTION SONGS (standing-whole body needed—large motor)

- A Pumpkin for the Pie/ The Wise Man/Here Is the Church/Under the Spreading Chestnut Tree
- Toes, Knees, Chest, Nut/Hang About

Directions: 1) teach the motions 2) teacher speaks/sings as children mimic motions (children silent)

3) children join in the speaking/singing with the movement (teacher silent)

When: During Gathering/Circle Time; During Story/Language Time; During Music/Movement Time

Do these multiple times in one sitting—change a little something each time for your own sanity 😊

CIRCLE GAMES

- In and Out the Windows (stationary); Cut the Cake (chasing) Oats, Peas, Beans and Barley Grow (2 parts) / Shoo Turkey (all moving)

BEAT-FUL

NURSERY RHYMES

- Little Miss Muffet/Hey Diddle Diddle

Ideas: Beat movements; Teacher/student solo instrument (teacher vs child beat)

BEAT MOTIONS SONGS & CHANTS

- Father Abraham/ The Horse Stood Around
- Who Stole the Cookie?/ Neighbor Neighbor

"HERE AND THERE" WITH CLASSICAL MUSIC

- 2's Mozart's Allegro from Eine Kleine Nachtmusik/ 3's Handel's Menuet II from Royal Fireworks Music

VOCAL EXPLORATION

- Books
- Inspired by Nursery Rhymes, Themes or Songs
- Animals! (cows/ whales/ owls you name it 😊)

TUNE-FUL

CALL & RESPONSE SONGS AND ECHO

- (Shoo Turkey & Hang About) Dem Bones Gonna Rise Again/No More Pie

INDIVIDUAL RESPONSES

- Ask anything!



Notes