



## 2019 YOUTH CROSS COUNTRY MEET

SUNDAY OCTOBER 13, 2019

Westminster High School

1225 Washington Road Westminster, MD 21157

Contact Barb Kocher at [barb@westminstertrackclub.com](mailto:barb@westminstertrackclub.com)

**MEET DIRECTORS:** Barb Kocher and Jen Goffena

**PARTICIPATION FEE:** \$5 per athlete

**REGISTRATION:** 11:30 am

**COURSE WALK:** 12:45 pm

**AWARDS:** Ribbons through 15<sup>th</sup> place

**AGE GROUPS:** Determined AS OF DECEMBER 31, 2019

### RACE SCHEDULE:

6 & Under	1K (0.62 miles)	1:30 PM
7 & 8	2K (1.24 miles)	
9 & 10	3K (1.86 miles)	
11 & 12	3K (1.86 miles)	
13 & 14	4K (2.48 miles)	

Girls will start 2 minute after the start of the boys in each race. Meet Director may combine boys and girls where possible.

### HOSTING SITE NOTES:

Parents permitted to pace runners **ONLY** in 6 & Under

Separate Boys/Girls Finish Line Chute (Times posted on Results Boards are accurate, no deductions needed)

Photo of Results Boards will be shared with Club Directors

Restrooms available

**Concessions By:**  **Come Hungry!**

[www.westminstertrackclub.com](http://www.westminstertrackclub.com)

