



WESTCHESTER TRAILS ASSOC.

SUMMER HIKING SCHEDULE JULY, AUGUST and SEPTEMBER, 2021

Covid-19 Policy

Hikers should have their own Personal Protective Equipment (PPE) with them at all times. This includes a mask or other face covering and hand sanitizer/soap.

For the safety of all concerned, anyone who answers “yes” to any of these questions cannot be allowed on the hike:

1. Do you currently have any symptoms of a respiratory infection (including cough, fever, sore throat, shortness of breath, or loss of taste/smell)?
2. Have you had any of the above symptoms in the past 10 days?
3. Have you tested positive for COVID-19 in the past 10 days?
4. As far as you know, have you had contact with any confirmed or suspect COVID-19 case within the last 10 days?
5. Have you traveled outside of the U.S. in the last 10 days?

Face masks should be worn in crowded areas and when indoors or sharing vehicles, regardless of vaccination status. Participants who are not from the same household should maintain social distancing at all times.



Hiking boots and sufficient water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without enough water, or who are otherwise unprepared, may be refused or turned back by the leader. In fairness to yourself and others, please be honest about your hiking experience and choose a hike within your abilities. Check with the leader if you have any questions about pace, terrain, or any other aspect of the hike.

Ratings are based on terrain (mileage is stated separately in the description). An “easy” hike is one with relatively flat terrain. A “moderate” hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A “strenuous” hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather; bad weather may lead to poor footing and increase a hike’s difficulty.

Carpooling arrangements are entirely voluntary and entail no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

Saturday, July 3 - TWO HIKES TODAY:

Saturday, July 3 - Within the County: OCA, SCT and Nearby Parks. Part 11: Yonkers Finale. 9 miles, easy terrain. We’ve been following the Old Croton Aqueduct and the South County Trailway since the winter of 2020 and throughout our travels these trails have been roughly a mile or two apart. But they do converge in Yonkers, and today we will connect the paths and check out some

other attractions as well. Starting in Untermyer Park, we'll head down towards the Hudson and enjoy a sweeping river view before accessing the OCA. We'll take that south into the heart of Yonkers, then diverge for a while to stroll on some local streets, passing by Philipse Manor Hall (a national historic landmark) and along a portion of the RiverWalk. While there we will enjoy lunch on the Hudson waterfront and learn about the daylighting of the Saw Mill River. Then we return to the Aqueduct and take it due east, meet up with the South County Trailway, and continue into Tibbetts Brook Park. We'll hike a bit on both the OCA and SCT, walk along the shore of two lakes, and end in the Park Hill section of Yonkers where today's hike, and the current "Within the County Series", will conclude. This hike involves a short shuttle (masks on, windows open). PPE required as per Covid policy. Leader: Eileen West, eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican. Qualifies for the Westchester 100 (Nos. 41 and 75 (if done with part 10 of this series)).*

Saturday, July 3 - Silver Lake Preserve and Heritage Trail in White Plains and Harrison. 5 miles, easy to moderate terrain. Celebrate Independence Day weekend by hiking to a site from the Battle of White Plains in the American Revolution and a cemetery from a free African American community from the 1770's through the post Civil War period, and along a lake. PPE required as per Covid policy. Leader: Carolyn Hoffman, carohof2@gmail.com, cell (914) 420-5778. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 40).*

Sunday, July 4 - Pound Ridge Reservation. 5-6 miles, easy terrain. This is a pleasant "walk in the woods" on gentle terrain on the Reservation's red ski trails. Bring lunch or a snack and plenty of water. PPE required as per Covid policy. To register, contact Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Saturday, July 10 - A HIKE AND A PADDLE TODAY:

Saturday, July 10 - Muscoot Farm. 4-5 miles, easy to moderate terrain. Starting from the farm, we'll traverse some meadows and then hike along shady woodland trails, making a couple of loops with gentle ups and downs. PPE required as per Covid policy. Leader: Sheila Sarkar, shechris6@gmail.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 58).*

Saturday, July 10 - Canoe/Kayak Bantam River. We will explore both the inlet and the outlet of the Bantam River. They enter and exit the lake at the north end, providing superb quiet water paddling through an extensive tract of land protected by the White Memorial Foundation. We will put in at the inlet paddling upstream on this gently twisting river for a mile to Little Pond; then downstream reaching the north end of the lake; explore along the shoreline and the outlet. Meet at 10:00 at the Bantam Market on the right near the junction of Rt. 202 and Rt. 209. Bring boat, paddle, lifejacket, lunch, and a willingness to explore. Call leader to register. PPE required as per Covid policy. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, July 11 - Gentleman's Farm. 7 miles, easy to moderate terrain. Join the leader in a hike in Fahnestock Park with only one significant climb. We will walk through several open fields, pass three lakes and walk along a stream. Bring a lunch and 1.5 liters of water. Hiking boots and poles are recommended. PPE required as per Covid policy. Leader Steve Klepner, (845) 297-7066, spk010@yahoo.com. Email preferred with 'hike' in the subject line. *Joint with ADK Mohican.*

Saturday, July 17 - Shady Side of the Hook. 6 miles, moderate terrain. We will climb north on the Long Path, which offers Hudson River views filtered by foliage and ample shade. The ridge provides many ups and downs, and then a steep, rocky descent to walk south for an easy return on the lower path, which is shared with bicycles. We will get an early start to secure parking spaces and do most of our climbing before the heat of the day, but we will climb back at the end to return to our cars. PPE

required as per Covid policy. Leader: Catharine Raffaele, Raffaele.Catharine@yahoo.com. *Joint with ADK Mohican.*

Sunday, July 18 - **Cool Trails for a Warm Day: Croton's Brinton Brook Sanctuary.** 3-4 miles, easy to moderate terrain. Distance and climbing depends on the day's heat and humidity. No matter what, we'll trek along shaded, civilized, soft-earth trails at a sensible pace. Lots of history here; as always, what the leader doesn't know, he will make up. Park on Scenic Drive West between Baltic Place and Furnace Dock Road. Park, on the shoulder at a large sign that says: "Scenic Ridge at Amberlands, Buildings 21 -25." We'll use a side entrance known only to the cognoscenti to enter the sanctuary. PPE required as per Covid policy. Leader: Howard Millman, howardmillman@runbox.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 22).*

Saturday, July 24 - **Oscawana Park and Graff Sanctuary.** 4 miles, easy to moderate terrain. Ruins, River and Woodlands are in store on this visit to the Graff Audubon Sanctuary and Oscawana County Park in the town of Cortlandt. A highlight is hiking through the remains of the 100-acre McAndrews Estate, including the mansion, horse racing track, and gazebo. PPE required as per Covid policy. Leader: Debbie Farrell, debfarpr@gmail.com. or (914) 282-9942. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 13).*

Sunday, July 25 - **TWO HIKES TODAY:**

Sunday, July 25 - **Seven Hills/HTS "Lollipop" in Harriman.** 9-10 miles, moderate to strenuous terrain. Starting at the Sebago boat launch, we'll ascend the Seven Hills trail to Diamond Mountain and walk along the ridge with its multiple views. On the loop back, we'll take the HTS trail past the Russian Bear and Cascade of Slid before returning to the Seven Hills trail for our descent to our cars. PPE required as per Covid policy. Leader: Alice Benash, ajrb3@verizon.net. Rain cancels. *Joint with ADK Mohican.*

Sunday, July 25 - **Manitoga.** 3-4 miles, easy terrain. We will meet at Manitoga off Route 9D (584 Route 9D, Garrison) and explore the trails within the preserve for an easy hike with some ups and down for about two or three hours. This historic property was once owned by Russell Wright, an industrial designer. PPE required as per Covid policy. Contact Carol Harting at c.harting@verizon.net to register. *Joint with ADK Mohican.*

Wednesday, July 28 (Note: midweek paddle) - **Canoe/Kayak Mohansic Lake and Crom Pond.** We will meet at the boat launch on Mohansic Lake in FDR State Park. After exploring the marsh at the south end of the lake we will look for the tiny connector into Crom Pond: truly a wilderness retreat. Bring own canoe or kayak, lifejacket, and lunch. Maybe a short walk at lunch on the path next to the pond. There may be a \$10.00 charge for boat access. There are no rentals nearby. PPE required as per Covid policy. Call Jane Smalley for information and to register. (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Saturday, July 31 - **Three Lakes/AT Loop.** 6.8 miles, moderate terrain. Enjoy a circular hike through the woods of Fahenstock State Park with some ups and downs on the Appalachian and Three Lakes Trails. PPE required as per Covid policy. Contact the leader to register: Minu Chaudhuri (914) 391-5918 or minuch50@gmail.com. *Joint with ADK Mohican.*

Sunday, August 1 - **Black Rock Forest Hike and Swim at Sutherland Pond.** 5-7 miles, moderate terrain. Great views, "Jupiter's boulder," hopefully a waterfall, and possibly wild blueberries. Contact leader for time and place. PPE required as per Covid policy. Leader: Carolyn Hoffman, carohof2@gmail.com, cell (914) 420-5778. *Joint with ADK Mohican.*

Saturday, August 7 - **TWO HIKES AND A PADDLE TODAY:**

Saturday, August 7 - **To the Croton Dam and Back from Teatown.** 8-9 miles, easy to moderate terrain. Using the Teatown-Kitchawan, Briarcliff-Peekskill and Lakeside trails and the dirt road adjacent to the Croton Reservoir, we will walk along Teatown Lake and the Reservoir and visit the spectacular waterfall at the Croton Dam. This mostly-shaded hike is perfect for a summer day. Please note that Teatown has a \$5 per car parking fee. PPE required as per Covid policy. Leader: Liz O'Brien, lizobrien63@hotmail.com or (917) 214-7170. *Qualifies for the Westchester 100 (No. 62).*

Saturday, August 7 - **Marshlands Conservancy.** 3-4 miles, easy. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. PPE required as per Covid policy. Leader: Leslie Millman, ooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 9).*

Saturday, August 7 - **Canoe/Kayak Croton River.** This is a favorite; an easy and relaxing flatwater paddle on the Croton River. We will meet at 10:00 at the Croton RR station and paddle under 9A heading into the river on the incoming tide as this is a tidal river. We will take advantage of high tide to explore the river, its side channels and estuaries. Lunch and swimming at the gravel beach. Rentals at the launch site will be available through www.kayakhudson.com. PPE required as per Covid policy. Call leader to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com. *Joint with ADK Mohican.*

Sunday, August 8 - **Angle Fly Preserve.** 6 miles, easy to moderate terrain. We'll explore the central and western sections of this 654 acre preserve in Somers, hiking through shady woods and over streams and wetlands. PPE required as per Covid policy. Leader: Sheila Sarkar, shechris6@gmail.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 53).*

Saturday, August 14 - **TWO HIKES TODAY:**

Saturday, August 14 - **Lillinonah Trail.** 6 miles, moderate terrain. Let's get ready for our hiking week in Connecticut by hiking in...Connecticut. This is a circular hike within the Paugussett State Forest in Newtown. The second half of the route, almost entirely along and above Lake Lillinonah, is considered a "designated scenic trail" because of its waterside vistas. As a bonus, we will just happen to pass the Holy Cow Ice Cream Shop on the way back to the highway, where we can stop and enjoy some homemade treats after the hike. PPE required as per Covid policy. Leader: Eileen West, eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican.*

Saturday, August 14 - **NYC Central Park Walk.** 10 miles, easy terrain. We have finally entered a time we can call "after the pandemic" so let's visit NYC to walk up, down and all around Central Park. This mostly flat walk in a huge beautiful space stretches 51 blocks through the middle of helter-skelter Manhattan. There is a lot to see and I will compile a varied and interesting list. For me, tops on the list is the newest sculpture - Three Suffragists. There are options to shorten the walk at any point along the way. PPE required as per Covid policy. For questions and to register, contact the leader, Linda Wildman, at lindawildman88@verizon.net or text/call (914) 316-5674.

Sunday, August 15 - **TWO HIKES TODAY:**

Sunday, August 15 - **Mt. Taurus Short Loop.** 4-5 miles, moderate terrain. We will do a steady ascent of the Washburn trail for beautiful views of the Hudson, then take the Undercliff trail along a

ridge for more views of West Point, Breakneck Ridge and Storm King Mountains. After descending into a valley we pass the ruins of the Cornish estate before returning to our cars. PPE required as per Covid policy. Please register with the leader, Carol Pamm, at CarolJoyce2@aol.com, or cell (646) 346-0371. *Joint with ADK Mohican.*

Sunday, August 15 - Cranberry Lake. 3-4 miles, easy to moderate terrain. Come out and enjoy a hike around this County owned preserve through a forest, past a quarry (the quarry climb is optional) and of course along Cranberry Lake. Bring plenty of water and snacks. PPE required as per Covid policy. Leader: Elspeth Kramer, (347) 262-4802 or elspethjkramer@gmail.com. *Qualifies for the Westchester 100 (No. 51).*

Saturday, August 21 - Hogencamp Loop in Harriman. 6.8 miles, moderate to strenuous terrain. We will be making a figure 8 loop around Hogencamp and Black Rock Mountains on this hike, using the Nurian Trail, the Dunning Trail, the White Bar Trail, the Long Path, and the Ramapo-Dunderberg. On the way we can take in some good mountain views, old mine sites, and interesting rock features. We will take our time, but the group should be prepared for hot weather. Please register by email with the leader before Friday, August 20. PPE required as per Covid policy. Leader: Lauren Linkowski, llinkowski@gmail.com. *Joint with ADK Mohican.*

Sunday, August 22 - Mianus River Gorge, Bedford, NY. 5 miles, easy to moderate terrain. The river is always lovely but August may not be great for waterfalls. No matter what this hike, in a shady forest, is always enjoyable. PPE required as per Covid policy. E-mail the leader, Jane Restani by Friday at 5:00 p.m. at irabjanea@aol.com to register. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 56).*

Saturday, August 28 - TWO HIKES TODAY:

Saturday, August 28 - Seven Hills/ HTS/ Raccoon Brook Loop. 8 miles, moderate to strenuous terrain. This hike traverses the southeastern corner of Harriman State Park, climbing to several viewpoints and following the Stony Brook. PPE required as per Covid policy. For further information or to register, contact Bob Fiscina at fis6973@tutamail.com. Rain cancels. No beginners please. *Joint with ADK Mohican.*

Saturday, August 28 - Hidden Valley Loop and Teatown Lake. 4 miles, easy to moderate terrain. Come enjoy a nice invigorating hike at Teatown. Bring plenty of water and snacks. PPE required as per Covid policy. Leader: Elspeth Kramer, (347) 262-4802 or elspethjkramer@gmail.com. *Qualifies for the Westchester 100 (No. 62).*

Sunday, August 29 - TWO HIKES TODAY:

Sunday, August 29 - Blue Disc/RD Circular in Harriman. 8 miles, moderate to strenuous. This hike, in the southwest portion of Harriman State Park, uses several trails including the Blue Disc and Ramapo Dunderberg to form a loop that passes Almost Perpendicular, Claudius Smith Den and other highlights of the park, with sweeping views along the way. PPE required as per Covid policy. Leader: Kevin McGahren, kmcgc@optonline.net or (914) 772-0600. *Joint with ADK Mohican.*

Sunday, August 29 - Turkey Mountain Preserve, Yorktown Heights. 3 miles, easy to moderate terrain. This delightful two hour hike is easy with one steady climb and one descent, and is a perfect way to get outdoors for a few hours with one of the best viewpoints in Westchester. The entrance to the preserve is directly across the street from the entrance to Peter Pratt Restaurant on Route 118. You can Google the Preserve or Peter Pratt for directions. PPE required as per Covid

policy. Contact Carol Harting at c.harting@verizon.net to register. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 42).*

Saturday, September 4 - **Hudson Highlands Gateway Park**. 4-5 miles, easy to moderate terrain. This is a pleasant three hour hike with gentle ups and downs. Take Bear Mountain Parkway north to Highland Avenue to Sprout Brook Road (street sign may be down – turn at the Gulf Station), and the parking lot is on the right designated by a sign for the Gateway Park. PPE required as per Covid policy. To register, email Carol Harting at c.harting@verizon.net. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 31).*

Sunday, September 5 - **Audubon Center, Greenwich, CT**. 3 miles, easy terrain. We will have a relaxing hike in this less-visited preserve near the Connecticut-New York border. If the visitor's center has reopened you may want to take a look at it after the hike. PPE required as per Covid policy. E-mail the leader, Jane Restani by Friday at 5:00 p.m. at irabjanea@aol.com to register. *Joint with ADK Mohican.*

Saturday, September 11 - **TWO HIKES TODAY:**

Saturday, September 11 - **Popolopen Gorge and Torne**. 6 miles, moderate to strenuous terrain. We will do the scramble up Popolopen Torne and a hike along the gorge. Rain cancels; contact leader for meeting time and other information. PPE required as per Covid policy. Leader: Mike Jablonski, mjab5749@gmail.com.

Saturday, September 11 - **Walkway-over-Hudson**. 6 miles, easy to moderate terrain. We will cross the Hudson on the Walkway, do a loop in Franny Reese State Park, and re-cross the river on the Mid Hudson Bridge. Beautiful views on this unique "hike" that is a perfect blend of urban and rural terrain. For those interested, we will stop for Italian ice and pastries at the end of the hike. PPE required as per Covid policy. Call leader Steve Singlak to register and for questions, (845) 628-1812 or srshudson@verizon.net. *Joint with ADK Mohican.*

Sunday, September 12 - **Garrison Metro North to Sugarloaf (and Beyond?)**. 5-7 miles, moderate terrain. Join the leader in a hike from the Garrison Metro North station to Sugarloaf Hill and possibly beyond. We'll have at least 750 ft. of elevation gain and plenty of views. Bring a lunch and 1.5 liters of water. Hiking boots and poles are recommended. PPE required as per Covid policy. Leader Steve Klepner, (845) 297-7066, spk010@yahoo.com. Email preferred with 'hike' in the subject line. *Joint with ADK Mohican.*

Saturday, September 18 - **TWO HIKES TODAY:**

Saturday, September 18 - **Kakiat, Cobus and Pine: Southeast Harriman, Part 1**. 7-8 miles, moderate to strenuous terrain. Starting from the Kakiat County Park on Route 202, we'll hike to Pine Meadow and back via an elongated figure 8. The leader has wanted to walk the trails in this part of the park for awhile, and next time he'll lead a complementary hike from another nearby trailhead. PPE required as per Covid policy. Leader: Mike Kaplan, kaplanm2001@yahoo.com. No first time hikers please. *Joint with ADK Mohican.*

Saturday, September 18 - **Sterling Lake Circular**. 5 miles, easy to moderate terrain. We'll do a counterclockwise circular around this lovely lake in Sterling Forest, and wander past the ruins of the Lakeville Ironworks on our way back to the cars. PPE required as per Covid policy. Leader: Eileen West, eileenw1000@gmail.com. Rain cancels. *Joint with ADK Mohican.*

Sunday, September 19 - **TWO HIKES TODAY:**

Sunday, September 19 - **North Redoubt Trail to Manitoaga.** 6-7 miles, moderate terrain. Great view of West Point from the South Redoubt and lots of interesting terrain as we head south. We will meet at Manitoaga and shuttle to the start of the hike (masks on, windows open). No first time hikers, please. Rain cancels. Bring lunch and water. PPE required as per Covid policy. For information and to register, contact Steve Singlak at (845) 641-4132 or srshudson@verizon.net. *Joint with ADK Mohican.*

Sunday, September 19 - **Croton Gorge Park and the Old Croton Aqueduct.** 4-6 miles, easy terrain. We will walk along the Croton River and the OCA, with one short climb to enjoy the view at the top of the Croton Dam. Bring lunch and water. Start time for the hike is 10.30 a.m. Directions: Take Route 9/9A to Route 129 in Croton on Hudson. Follow Route 129 East for about 1.5 miles until you reach the Croton Gorge park sign; then turn right and go down to the parking lot. PPE required as per Covid policy. Leader Sue Soni, surekhadoni1968@gmail.com.

Saturday, September 25 - **Island Pond Circular.** 6-7 miles, moderate terrain. This hike, which has some challenging rocky trails, begins with a climb up the AT from the Elk Pen, and then circles Island Pond and passes through the Valley of Boulders on a variety of trails and unmarked woods roads. PPE required as per Covid policy. Leader: Catharine Raffaele, Raffaele.Catharine@yahoo.com or (914) 260-0343. *Joint with ADK Mohican.*

Sunday, September 26 - **TWO HIKES TODAY:**

Sunday, September 26 - **The Rocks Trail in Ward Pound Ridge.** 8 miles, moderate terrain. Meeting at the Kimberly Bridge parking lot, we will go clockwise up the Blue trail to the old fire tower. Then we will follow the Rock Trail to Castle Rock, up "The Stairs", to Spy Rock with a spectacular view. We will then continue along the Rock Trail back to the cars. \$10 parking fee. PPE required as per Covid policy. Leader: Frank Lee, fleessa@yahoo.com. *Joint with ADK Mohican. Qualifies for the Westchester 100 (No. 63).*

Sunday, September 26 - **Twin Lakes/Nature Study Woods (Eastchester to New Rochelle loop).** 4.6 miles, easy terrain. Enjoy shady woodlands, waterfalls and a walk around Twin Lakes. This is a circular hike with gentle ups and downs. While it is a mostly smooth hike, stretches on the Nature Study path can be rocky. The entrance to the parking area is 960 California Road at the Twin Lakes Farm Stable northern entrance. Park in the lot to the left, available to hikers. There is also street parking off California Road. Rain cancels. PPE required as per Covid policy. Leader: Lynn McBride, almcb@aol.com or (914) 439-0879. *Qualifies for the Westchester 100 (No. 43).*