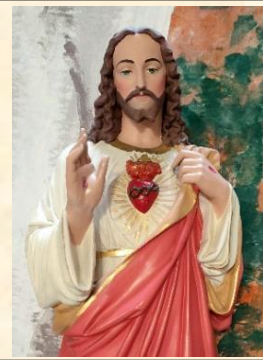




Sacred Heart Parish Preston



322 Bell St, Preston 3072
Phone (03) 9480 3398 or (03) 9484 2124
Email: preston@cam.org.au
Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest: Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD 0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officer: Robert Dullard

Safeguarding Committee Members:

Mary Harb, Teresa Dang, Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Mark Tierney,

Ben Fortuna, Natalie Baran, Judeline

Wadhvani and Joanne Verga

Liturgy Committee:

Chair – Judeline Wadhvani

Secretary – (To Be Announced)

Co-ordinators:

Lectors and Audio Visual – Jessy Thambiraj

Music – Carolina Constable

Ministers of Communion – Tony Eley

Hospitality, Altar & Environment – Jessica

Stanley and Teresa Bernardini

Safeguarding – Pauline O'Day

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (*Italian*), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February,

May, August & November at 1:30pm

Next Healing Mass: Friday 1 Nov. 2024

Anointing Mass: Sat 17 Aug at 11am

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)



Holy Rosary: Thurs after the 9:10am Mass

Reconciliation: Every Saturday at 5:15pm

Baptisms & Weddings: By appointment only

Breakfast with Fr Aloysius

1st Monday of the month, the next one is on

Monday 6 August in the presbytery after

9:10am Mass.

Bulletin printed: 26/7/2024

17th Sunday in Ordinary Time (Year B)

Sunday 28 July 2024

The Miracle of the Loaves

The Miracle of the loaves or feeding of the five thousand in the Gospel story today is told in all four of the Gospels with some slight variations. John's version that we read today is the only Gospel that includes a young boy with just five loaves and two fish who shares all that he has out of kindness to others and through the blessing of Jesus changes the lives of many. As is often found in John's Gospel, a story of Jesus' interaction with His disciples or with the people who come to seek Him out is more than a miracle story drawing focus on Jesus as a wonderworker. The incident is to remind us that the Saviour and Liberator in whose life we share as we celebrate the Mass, is concerned for the welfare of God's people at every level. We must have a concern for our brothers and sisters that is more than words and pious thoughts, if we are to show in our lives the true fruits of the Eucharist we are gathered to celebrate.

In both stories about the Eucharist in John's Gospel-the multiplication of the loaves and fish and Jesus' washing of the disciples' feet at the last Passover meal, we are taught that Eucharist implies action. The word "Eucharist" means "to give thanks". In the Eucharist we are fed - served - by Jesus Himself and are sent to put our thanksgiving into action by serving the poorest among us.

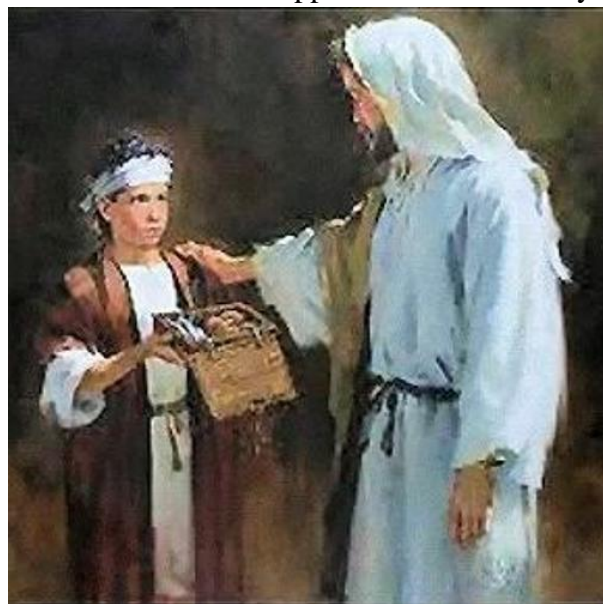
John's account of the loaves and fish recalls a particular aspect of the Mass. The miracle, it could be said, was enabled by the smallest selfless action of a young boy. Jesus, with a prayer and a blessing, transformed the boy's meagre offering of five barley loaves and two fish into food for thousands. In the offertory at Mass, we present the fruits of our labours represented by bread and wine. These gifts, first given by God as grain and fruit are returned in our offering of bread and wine. We who share also offer ourselves to be bearers of God's love and kindness to a suffering world. Blessed by God, one timely act of kindness and gesture of encouragement and trust can be the beginning of a miracle in the life of another who had till then appeared to have totally given in.

In summary Jesus lived what He prayed and urged us similarly drawing on the power of God's love abiding with us to be messengers of God's love, mercy and healing to our broken world. "The kingdom of God is within you!" - as the hymn goes:

"May we who eat be bread for others,

May we who drink pour out our Love."

(Bread for the World - Farrell)



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00pm Mass Lectors	Saturday 6:00pm Mass - Ministers of Communion
27-Jul	Marlene Vergou Celia Lemos	Mary Harb
3-Aug	Teresa Dang Terry Murphy	Charlotte Bainy
10-Aug	Mary Harb Rohan Lemos	Terry Murphy

	Sunday 10:30am Mass Lectors	Sunday 10:30am Mass Ministers of Communion	Slide Projectionist
28-Jul	Jessy Thambiraj Hannah Thambiraj	Tony Eley	Jessy
4-Aug	Jessica Suppiah Marilene Fortuna	Eileen Stevens	Jessy
11-Aug	Jessica Suppiah Ophelia Swai	Giovanna D' Intino	Jessica

	Sunday 6:00pm Mass Lectors	Sunday 6:00pm Mass Ministers of Communion
28-Jul	Snehita Antony Shanthi Antony	Robert Dullard
4-Aug	Shanthi Antony Tim Rankin	Damian Casamento
11-Aug	John Gafney Snehita Antony	Robert Dullard

A Heartfelt
Thanks
To our volunteers!

WE PRAY FOR:

The elderly and the sick

Charlene Apollos, Sandra Bishop, John Storrie, Joan Bonwick,
Our Sacred Heart School student Samantha Corsi
Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

We Commemorate:

Michela Gandolfo – 9am Mass
Michelina Rossi (1 month) – 9am Mass
Maria Rosa Bertucci and Domenico Caputo – 9am Mass
O Lord may perpetual light shine upon them.
May they rest in peace. Amen.

Last Week's Collection: 21.7.2024

1st Collection for our Church: \$1,695
2nd Collection for support of clergy: \$602
Sea Sunday \$108
Thank you for your kind generosity!

Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston. It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer.
Many thanks for your continued generosity and support to Sacred Heart parish.



ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



✠ ✠ ✠

✠ Solemnities / Feasts / Memorials of the Week ✠

Monday 29 July *Sts Martha, Mary and Lazarus*
Tuesday 30 July *St Peter Chrysologus, Bishop, Doctor*
Wednesday 31 July *St Ignatius Loyola, Priest*
Thursday 1 August *St Alphonsus Mary de'Liguori, Bishop, Doctor*
Friday 2 August *St Eusebius of Vercelli, Bishop, St Peter Julian Eymard, Priest*
Saturday 3 August *St Dominic, Priest*

✠ ✠ ✠

THOUGHTS FROM POPE FRANCIS



We need a new bond between the young and the elderly. May those with more life experience water the shoots of hope of those who are still growing. May we come to know the beauty of life and build a fraternal society.

✠ ✠ ✠



St Vincent de Paul Winter Warm-up Appeal

- Weekend of 27 and 28 July

"What you did for one of the least of my brothers and sisters you did to me".

Our sincere thanks to the ongoing support you have given our Conference over the years.

Every day we witness the dire impact of the current housing crisis, job loss and rising costs of living on families, children, and others.

Your commitment to helping those experiencing disadvantage in various ways, is still very much needed and appreciated.

You can donate in one of the following ways:

- *Fill out envelope that you can find on the pews and place into basket after Mass. or
- *Return your envelope and enclosed donation by post. or
- *Donate online at www.vinnies.org.au or by phone 13 18 12, quoting Conference no 940.

✠ ✠ ✠

Sacred Heart School Confirmation, Friday 26 July

Congratulations to the following Sacred Heart School children who received the Holy Spirit on Friday 26 July.

Adam, Aleisha, Allie, Fortunato, Gail, Glendon, Harper, Isabella, Ishe, Jacob, Jasmine, Katelin, Lauren, Maxie, Onella, Roman



Heavenly Father, We pray for all the children who are preparing for the Sacrament of Confirmation. May your Holy Spirit help them to grow in faith, hope and love and may they come to know you as the one true God who loves them without limit.

✠ ✠ ✠

Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.



TREASURES OF TIME – CHERISHING OUR ELDERLY
“Age is an issue of mind over matter. If you don’t mind, it doesn’t matter.” Mark Twain

Grandparents, and all the elderly for that matter, are treasures of our lives. They hold stories of the past, teaching us through their many experiences.

Their hands, though worn with age, have cared for us and helped us grow. Their wisdom, born from a life full of ups and downs, guides us in making better choices.

Spending time with them gives us a sense of comfort and reminds us to appreciate the small things in life. Our grandparents in particular, connect us to our roots, sharing traditions, offering wisdom and values that shape who we are. The love they give is endless and their patience shows us the beauty of taking life slowly. Their memories and lessons are gifts, making every moment with them precious and meaningful. So, don’t forget our elderly, make the time to visit them, as it is guaranteed to bring joy and warmth to their hearts.

*Heavenly Father,
bless our grandparents and all the elderly with health and happiness. May their wisdom guide us and their love surround us. Grant them peace and joy, and may we honour and cherish them always. Amen.*

Sourced from www.majellan.media



WORLD DAY FOR GRANDPARENTS AND THE ELDERLY 2024
On Sunday July 28 we celebrate the fourth World Day of Grandparents and the Elderly.

The date is chosen to coincide with the Feast of Saints Joachim and Anne (grandparents of Jesus) during the week.

Pope Francis has chosen the theme **“Do not cast me off in my old age”** (cf. Psalm 71:9)



Prayer for the Fourth World Day for Grandparents & the Elderly
28 July 2024

Lord, faithful God,
You who created us in Your image, You who never leaves us alone and who accompanies us through every season of life, Do not abandon us, take care of us, And grant us, once again, The ability to discover ourselves and recognise that we are Your children. Renew our hearts with your Word And do not allow anyone to be cast aside. May your Spirit of love fill us with Your tenderness And teach us to say: “I will not abandon you!” To those we meet on our journey. With the help of your beloved Son, may we not lose the taste for fraternity And may we not conform to the sadness of loneliness. Help us to look to the future with renewed hope, And make the World Day for Grandparents and the Elderly A day without loneliness, and a day abundant with the first-fruits of Your peace. Amen.



THE CATHOLIC LANDSCAPE

Introduction to the Catechism of the Catholic Church

Presented by Anna Krohn ANIMA Education

St Gabriel's Parish Centre

(rear St Gabriel's Church) Reservoir

Thursdays 7pm August 1, 8, 15, 22, 29

Ideal introduction to the Catechism and the Catholic Faith for RCIA inquirers, team leaders and members, parents, teenagers and young adults, adult formation.

Enquiries: Parish Office Reservoir 9460 6036 or

reservoir@cam.org.au



Sacred Heart Church Social Planning Committee – NEWS

Save the Date

- July Cuppa: Sunday 21 July 2024 postponed
- Trivia & Karaoke Night: Friday 9 August 2024
- Mass for Anointing of the Sick & Cuppa: Saturday 17 August 2024
- Mission Sunday Talent Show: Sunday 20 October 2024



Radio Maria Australia

Radio Maria Australia is a Catholic radio station bringing Christ into your every day!

We broadcast 24/7, with interesting and inspiring shows and podcasts, daily masses and Rosary prayers, and a variety of positive music - all to foster faith, hope and God's love.

You can tune in live via:

www.RadioMaria.org.au

Digital Radio: 202.928

Apple or Google Play App: Radio Maria Play

We hope you enjoy!



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



Theology @ the Pub: an introduction to Theology of the Body

Theology @ the Pub is an opportunity for those aged 18–35 (of all religious backgrounds) to meet, have great conversations over a meal and a drink, and listen to interesting talks by engaging Catholic speakers. August's guest speakers: Matt MacDonald and Steph De Niese are counsellors and psychotherapists whose professional work is informed by contemporary human science and the Catholic Church's teaching about human dignity, love and sexuality.

Talk: As St John Paul II taught, we cannot live without love, but finding love and maintaining healthy romantic relationships are not easy. Come and hear why they believe our Christian faith—and, in particular, St John Paul II's Theology of the Body—can bring light and life to our pursuit of authentic love.

Doors open for dinner at 6pm. Talk starts at 7.30pm.

EVENT DATE: Monday 5 August 2024, 6.00pm–8.30pm

VENUE: The Crafty Squire, 127 Russell Street. Melbourne

😊 Joke Corner 😊

A 95-year-old woman at the nursing home received a visit from her local parish priest.

“How are you feeling?” the priest asked.

“Oh,” said the woman, “I’m just worried sick!”

“What on earth are you worried about, dear?” the priest asked. “You look like you’re in good health. You are being well looked after, aren’t you?”

“Yes, they are taking good care of me,” the woman replied.

“Well, then what are you worried about?” said the priest, a tad confused.

The woman leaned back in her chair and slowly explained. “Every close friend I’ve ever had has already died and gone to heaven. I’m afraid they’re all wondering where I went.”



Age had taken its toll on an elderly woman’s body so when the parish centre began offering stretch and limbering up classes, she quickly signed up. But after one class she quit.

When asked what the problem was, she said, “I bent, twisted my body, gyrated, jumped up and down and perspired for more than an hour. By the time I got my leotard on, the class was over.”

ENTRANCE ANTIPHON

God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

FIRST READING

2 Kings 4:42-44

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear.' 'Give it to the people to eat', Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some left over, as the Lord had said.

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 144(145):10-11,15-18

The Response Is:

The hand of the Lord feeds us; he answers all our needs.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.

They shall speak of the glory of your reign and declare your might, O God.

The hand of the Lord feeds us; he answers all our needs.

The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live.

The hand of the Lord feeds us; he answers all our needs.

The Lord is just in all his ways
and loving in all his deeds.

He is close to all who call him,
who call on him from their hearts.

The hand of the Lord feeds us; he answers all our needs.

SECOND READING

Ephesians 4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, over all, through all and within all.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel

Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

A great prophet has appeared among us;
God has visited his people.

Alleluia!

GOSPEL

John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked

them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

APOSTLES' CREED

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

