

# Madison County Senior Citizens Center

Golden Times

August 2017

Issue VIII

Find the



hidden inside this newsletter. When you find the crayon call the center at 740-852-3001 by Friday, August 11th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the melon was found on page 5.

Congratulations to Carl Fladt, the lucky winner!

## CLOSED

Monday, Sept. 4th

In Observance

Of



2017 Governing

Board Members

Larry Gessel-President

Sharon Manion-Vice President

Shirley Witwer-Secretary

Jean King Ron Cress

Donna Sheridan

Jerry Tompkins

Loretta Anthony

Eilene Duncan



Good gracious, it is HOT and humid! 92° today, it is July 19<sup>TH</sup> as I am writing this and it appears that summer has arrived. Come to the center and hang out, it is nice and cool. Come in and play some cards, do a little exercise, enjoy a nice lunch from the senior café, play some billiards and then Friday you can come in and enjoy a free movie with popcorn, in our nice air conditioned room. Come on in and chill with your friends or make new friends.

Mark your calendar for the euchre tournament, Saturday, October 21<sup>st</sup>. We will start signing people up to play the first of September. Please spread the word, the more people playing the more money to be won, plus this is a fundraiser for the center. Also, I plan to do the OSU/Michigan game here at the center on November 25<sup>th</sup> it is an away game, at the big house and a noon game. I may have the ladies in the office make a list for the day to see if we have enough folks interested in coming in to the center to watch the game, it is the Saturday after Thanksgiving. It is weird talking about fall events, but it is August already, it will be here before you know it.

I have been busy working on grant applications, quarterly grant billing and all the fun stuff that helps the center continue to provide the great services our seniors need. Sorry if you haven't seen me as much, I basically hibernate when working on these things, it takes a lot of time and concentration, the grant funding is very important to us.

Al and his Grandson Justin have been working very hard sprucing up the place, painting curbs, posts and doors, all the things we need to do to keep our center looking tip, top, for our members and guests of the center. It all looks very nice, first impressions are so important.

Thank you to all the members for the laughter I hear every day and to everyone that helps at the center every day!

*Misty*

Some of the quilters took on a project where they all had the same pattern but used different fabrics and their own personal touches to their finished quilt. They all did an amazing job! We also had a visitor, Lilly, who came with her grandmother, Helen Studebaker. She was making an American Girl doll quilt and a stuffed animal quilt. She was doing a great job for only being 8 years old!



We really enjoyed touring the flower gardens at the Governor's Mansion in Bexley. Our tour guide was a Master Gardener from Madison County who volunteers at the mansion and could tell us all about the landscaping and how it pertains to different regions of Ohio.



The Adult Day Center celebrated Fred's 90th birthday this month!!



**Avada Audiology & Hearing Care**

A representative will be at the senior center once a month from 9 a.m. to 12 p.m.

Free hearing tests available.

Call 1-937-323-6129 for an appointment.

**Lions Club**

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

**High Euchre Score**

6-26-17 Roy Haggitt 73

7-3-17 Charles Peters 74

7-10-17 Dave Maharrey 81

7-17-17 Wanda Fout 68

**High Bridge Score**

6-28-17 Doug Pyles 5520

7-5-17 Bob Majka 4160

7-12-17 Kay Majka 4410

7-19-17 Mary Andrix 4150

## Rays of Hope for Seasons of Life Support Group

Seems the summer has gone by so fast. Each month brings memories of the past, some good and some we would like to forget. Maybe you are still wondering what Rays of Hope is all about, here is the answer. A place you can be yourself and nothing is told out of group. We meet every Tuesday at 1:30 p.m. unless it is a holiday. Questions contact:

Donna Wharton, BCBC Lay Care Counselor

dmwharton342@yahoo.com 740-490-5936

**Monday:**

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

1:00 p.m.- Photo Group

**Tuesday:**

7:00 a.m.—Walking Club on the Bike Path, Note New Time

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:00 p.m.- Beginner Line Dancing

6:00 p.m. - Advanced Line Dancing

**Wednesday:**

9:00 a.m. - Chair volleyball

9:30 a.m. - Woodcarvers

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:00 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group Aug. 16, 23, and 30

7:00 p.m. - Public Bingo (over 18 years of age.) 1st & 3rd Weds.

**Thursday:**

7:00 a.m. - Walking Club on the Bike Path, Note New Time

9:00 a.m. - Chair volleyball

9:00 a.m.- Fun Bingo 2nd and 4th Thursdays

**Friday:**

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes 1st and 3rd Friday

10:00 a.m.-Choir No practices until fall

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

\*\*Fitness Room open Mon.-Fri. 8 a.m. to 4 p.m. and Tuesdays until 7:30 p.m.

## SCHOOL SUPPLY DRIVE

For Fairhaven School

Bring in your supply donations to the center office by August 22nd.

Items needed are 24 ct. crayons, wide rule notebook paper, backpacks, children's scissors, tissues, quart & gallon freezer bags, baby wipes, disinfectant wipes, pencil boxes, Velcro dots, antibacterial gel. Thank You!!



Crafters and Vendors Mark Your Calendars!

Madison County Senior Center

Holiday Craft Bazaar

Saturday, November 4, 2017

9 a.m. to 2 p.m.

Call the center at 740-852-3001 to have a contract and information sent to you.

Sign up soon, tables and space are limited!



**Welcome**

**New Members!!**

Janet Amlin

Bessie Jackson

Debbie Beekman

Paula Burton McClaskie

Carolyn Garver

Celia Browning

David and Vickie Forrest

## Medicare Questions??

The Ohio Department of Insurance (OSHIPP) will be here Wednesday, September 27th at 1 p.m. to help. Call the center at 740-852-3001 to sign up.



**Free  
Popcorn!**

## Friday Cinema



August 4th-The African Queen starring Humphrey Bogart, Katharine Hepburn 1951 Action

August 11th-Beauty & the Beast starring Emma Watson, Dan Stevens 2017 (not animated)

August 18th-RV starring Robin Williams, Cheryl Hines 2006 comedy rated PG

August 25th-The Lake House starring Keanu Reeves, Sandra Bullock

2006 romantic drama, rated PG

**\*\*Movies subject to change due to availability**

## Adult Day Center news

**Greetings to everyone!**

**First off we want to thank Sandy Darlington and Louise Holbrook for the delicious treats they provided for snacks this past month. Also thank you to all for Bingo donations.**

**We are trying to come up with some “new” and “fun” activities. Hopefully some ideas will work out if the weather would cooperate with us. We just celebrated Fred McClaskie’s 90th Birthday.**

**The tomatoes are coming on nicely and we can hardly wait for green tomatoes to be ready. Thanks again to Cricket Lindsey for the tomato plants!**

**Have a great rest of the summer!**

***Beth, Pam, Jeanna and all of our wonderful volunteers***



### In The Kitchen With Joanna

With fresh vegetables coming in already and weather getting hotter and more humid, I have another cold soup for you.

#### Cold Cucumber Soup

2 cups of cucumbers (I like using English cucumbers because you can leave the skin on)

1 cup plain yogurt

1/2 cup of milk

1/2 cup of water

2-4 cloves fresh garlic, minced (more if you like a lot of garlic)

1/4 cup lemon juice

Fresh chopped dill weed

Blend all ingredients either in a food processor or blender until smooth. Add a few thin slices of cucumber and a sprig of fresh dill for garnish. Serve chilled and enjoy.



#### Small request.....

We always try hard to provide a good meal in the Senior Café. However, if you have an issue with what you are served, please come to myself or Steve, not the café volunteers. We will do our best to make it right for you. *Thank you, Joanna and Steve.*



## UPCOMING DAY TRIPS!!



**CIRCLEVILLE QUILT SHOW**—Thursday, August 3rd. Van fee-\$5. You will pay your \$6 entry fee at the door. Lunch available at the quilt show. We will leave the center at 9 a.m.

**AUGUST MYSTERY LUNCH (FAVORITE!)**—Wednesday, August 16th. Fee-\$5, leaves at 10:30. Clue: wings.

**MAMA MIA AT LACOMEDIA!!** - Thursday, August 24th. Fee includes van transportation, huge buffet lunch, and the show! Server tips not included. Please be at the center by 9:15 a.m., leaving by 9:30 a.m.

**OHIO STATE UNIVERSITY “HORSESHOE” STADIUM TOUR AND MYSTERY LUNCH**—Thursday, September 7th. Deadline is August 30th. Fee for this trip is \$15 which includes van transportation and tour admission. Walk the sidelines, visit the Yassenoff Recruit Center, see the press boxes and the Huntington Club level suites, also the Steinbrenner Band Center, explore other areas of the “Horseshoe” for a unique Buckeye experience. The vans will leave the center at 8 a.m. to be sure to be on time for our 9:30 a.m. tour. If the vans are full you may drive yourself but you will have to pay \$10 at the center for the tour fee. Tour fees are non refundable after September 5th. Keep in mind there will be A LOT of walking!

**SNOOTY FOX UPSCALE THRIFT STORES**— Friday, September 15th. \$25 per person which includes motor coach transportation. Bus driver tip and lunch is on your own. Leaving the center at 9:00 a.m. sharp! Returning approximately 6-6:30 p.m. Deadline to sign up is August 11th unless the bus fills up!

**HONDA OF AMERICA TOUR**—Thursday, September 28th. Deadline to sign up is Monday, September 11th. Trip fee is \$5 and lunch is on your own. Leaving the center at 8 a.m. This is a great tour that we have done before. We will go through the Heritage Center and the Auto Plant. There is a lot of walking involved. Shoes must cover foot and heel. Skirts and shorts must be knee length or longer. You will need a government issued ID for check in. The entire tour will be 2.5 hours.

**AMERICAN SIGN MUSEUM AND JUNGLE JIM’S**-Wednesday, October 11th. Deadline to sign up is September 8th. Fee-\$25 for motor coach transportation. You will pay \$10 senior fee at the museum and fast food lunch is on your own. At the museum we will see over 100 years of sign history (mostly neon) from 1800’s to the 1970’s. After lunch we will travel to Jungle Jim’s International market. We will bring coolers in case you buy something cold or you can bring your own cooler. It’s a fascinating place.! We will return home between 4 and 5 p.m.

**\*\*\*\*Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

### Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip’s departure. If you have questions please contact Janisse at 740-852-3001.

## Delightful Dining

Don't forget to sign up for Delightful Dining so we can make accurate reservations!

Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

**Monday, August 7, 2017**

**Colliers**

**2800 West 1st Street**

**Springfield, OH 45504**

We will leave the Center at 5:00 p.m. and arrive at the restaurant around 5:30 p.m.

**Monday, September 11, 2017**

**City Barbeque**

**2261 Stringtown Road**

**Grove City, OH 43123**

We will leave the Center at 5:00 p.m. and arrive at the restaurant around 5:30 p.m.

## Overnight Trips

**Mountain Maryland Trip, October 17-19, 2017**—With a train ride, casino (with \$25 in free slot play), shopping and history this trip should be a whole lot of fun. There is still room on the motor coach! This trip is \$549 per person double. Please pay your balance due as soon as possible. If you have a question about your balance call the center 740-852-3001. \*\*\*We are having a final meeting on October 5th at 10:00 a.m.

**Christmas in Tennessee, November 28-December 1, 2017**—Capture the holiday spirit! Featuring Christmas shows, dining and shopping at Opryland Nashville and Pigeon Forge. One night stay at the Opryland Resort Hotel in Nashville, panoramic highlights of Nashville Tour, 2 nights at The Inn on the River in Pigeon Forge, 3 hot breakfasts and 3 dinners included.

Includes the following: Diamond Rio Country Christmas Dinner Show at Opryland, ICE! Opryland's Christmas ice themed sculptures, Christmas at Dixie-Dolly Parton's Dixie Stampede Dinner Show, Titanic Pigeon Forge, Music Mansion Theater, Dollywood Smoky Mountain, Smith Morning Variety Show. Price for this trip is \$875 per person double, \$815 per person triple. Save your spot with \$50 registration per person (fully refundable until August 31, 2017. Final payment due by October 1, 2017. Travel insurance available. Call the Senior Center office at 740-852-3001 or stop in for registration forms and more details. ***Still seats available!***

**The Ark Encounter— May 17-18, 2018** See your insert for details!

**Philadelphia Freedom Tour— September 5-8, 2018** Three nights, 4 days, admission to Independence Hall, The Liberty Bell, American Revolution Museum, Gettysburg Battlefield tour, tour of Philadelphia and Amish Country, QVC Studio Tour, Flight 93 Memorial. Save your spot with \$50 deposit by December 1, 2017. After December 1, deposit is \$100. Half of balance due needs to be paid by April 1 and the final payment is due by July 1, 2018. Double-\$749 per person, single-\$899 per person and triple-\$699 per person. Travel insurance available. Pick up a brochure at the Senior Center front office.

**T O U R N A M E N T****WHEN: SATURDAY, OCTOBER 21ST****WHERE: MADISON COUNTY SENIOR CENTER!**

**Watch for more details  
in next month's news-  
letter!**

**Putting Health****in Motion: Eat!**

Thursday, August 17, 2017

9:30 a.m.

Find out if you are at risk for nutritional problems. Includes simple steps for healthy eating. Presented by Sally Henkaline from Central Ohio Area Agency on Aging. Call the center by August 8th to register for this informative class at 740-852-3001.

**Ox Roast Parade!!**

We are planning to have a float in the Ox Roast Parade on Saturday, September 2, 2017. It starts at noon, so we will probably meet at the center at 10:00 a.m. and you will be able to ride to West Jefferson in the vans.

**Please call the center office by August 20th if you are interested in riding on our float.** We will be trying to get the one we have used before that is covered.

The theme this year is African Safari.

<b>B</b>	Judy Hastings	122	Bill Link	127	Skip Fout	120	Carolyn Garver	137
<b>O</b>	Karen King	137	Larry Threlkeld	120	Beverly Evans	136	Barb Florence	89
<b>W</b>	Carl King	162	Paul Hackworth	155	Dave Anders	120	Carol Nafzger	124
<b>L</b>	Barb Gordin	121	Charlie Johnson	151	Barb Cooper	81	Ray Sheridan	170
<b>I</b>	JR Venrick	155	John Conn	147	Cecil Herman	101		
<b>N</b>	Barb Andrix	109	Gene Noble	120	Jim Harden	120		
<b>G</b>	Gary Sollars	120	Duane Glass	187	Valerie Mabra	136		

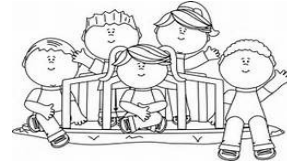


## August Birthdays

Patron	Birthday	Patron	Birthday
Norris, Reba	08-02	Chapman, Debra	08-16
Walker, Susan	08-02	Miller, Levi	08-17
Robison, Lois	08-03	Darlington, Sandy	08-17
Pyles, Doug	08-03	Bates, James R.	08-17
Penwell, Bennie	08-03	Thompson, Betty	08-18
Wickline, Carolyn	08-04	Devore, Martha	08-18
Sessler, Virginia	08-05	Neff, Linda K.	08-18
Stewart, Shirley	08-05	Salley, Robbye	08-18
Geesling, Bob E.	08-05	Hout, Jo	08-19
Reinhard, Mary	08-06	Feyh, Glenn	08-19
Ray, Mary E.	08-08	Schickedantz, John	08-21
Goff, Cathy	08-08	Denen, Gladys	08-22
Kelly, Phyllis	08-08	Dyson, Susan	08-22
Peart, Mary	08-09	Thomas, Juanita	08-24
McMunn, Charles	08-10	Mitchell, Donnie	08-25
Lloyd, Joyce	08-10	Laird, Terry	08-25
Gordon, Ruthanne	08-11	Hill, Virginia	08-26
Conrad, Dwight	08-11	Leach, John	08-26
Gossard, Lamar	08-12	Pickens, Ann	08-26
Yoakum, Diane L.	08-12	Visser, Jack	08-26
Hartley, Patricia	08-12	Feyh, Grace	08-27
Evans, Teri	08-12	Peters, Charlie	08-27
Baird, Leah M.	08-13	Hawkins, Alene	08-28
Funk, Patricia	08-14	Hastings, Judy	08-30
Wisecup, Dolores	08-16	Boerger, Mike	08-31
Robinson, William	08-16	Underhill, Marilyn	08-31
Van Horn, Richard	08-16		



## Kids will say the darnedest things.....



She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and started to leave, the little one said, "But Grandma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye.

\*\*\*\*\*

After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three year old say with a trembling voice, "Who was THAT?"

\*\*\*\*\*

I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was always correct. It was fun for me, so I continued. At last she headed for the door, saying, "Grandma, I think you should try to figure out some of these colors yourself!"



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**Public**

**Welcome!**

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 Center, Inc.**

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**Wednesday 7:00 p.m.**

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## Madison County Senior Citizens Center

280 West High Street

London, OH 43140

Phone: 740-852-3001

Fax: 740-852-3052

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We're on the Web!

[mcsenior.org](http://mcsenior.org) or on Facebook at

[Madison County Senior Citizens Center](#)

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Dated Material

### August 2017



**Misty Bradley, Executive Director**

**Ramalingam Selvarajah, M.D., Medical Director**

**Janisse Williams, Activity Coordinator/Marketing**

**Marilyn Lowery, Front Office/ Substitute Driver**

**Ruth Kennedy, Staff Nurse/Wellness Coordinator**

**Beth Dillion, Daycare Aide**

**Pam Chenos, Daycare Aide**

**Jeanna Bernard, Daycare Aide**

**Bonnie Radcliff, Daycare Aide/Substitute**

**Sandy Darlington, Daycare Aide/Substitute**

**Jackie Cain, Homemaker**

**Joanna Sadler, Chef**

**Steven Wehrs, Cook**

**Al Perry, Maintenance**

**Brenda Castle, Transportation Coordinator**

**Carolyn Wilson, Driver**

**Wayne Bricker, Substitute Driver**

**Betty Lawrence, Substitute Driver**

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

#### **COAAA Advisory Council Meetings Open to Public**

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

#### **Mission Statement**

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.