

**Building Blocks Pediatrics** 109 North Smith Street- Pleasanton, Texas 78064 Office: 830-281 -8367 Fax: 830-569-8626 www.buildingblockspeds.com

Where God Guides God Provides

## ADD/ADHD Management Protocol

- **TOVA/IVA2** testing
  - o Patients for ADHD Evaluation and Management will need testing once a year
    - One (1) test while on medications At least 2 hours after taking medication.
    - One (1) test while off medications
    - If patient prescription is unstable, further testing may be required
- **Monthly Prescription Management appointments** 
  - This time will be used to document stability and progress on the prescription's current 0 dose, discuss adjustments needed and other diagnosis-specific issues.
  - Parents/guardians with multiple children under this care will only need to schedule a single appointment prior to refills. Review/evaluation for all children needing refills will be taken care of at that single appointment.
  - If child's prescription is NOT stable (current dose needs to be adjusted), the child will need to be present for vitals.
  - If child's prescription is stable (current dose is working), the child will not have to be present.
  - Length of appointment will vary but will average 10-20 minutes.
  - Completed prescriptions will be available (after a physician's signature) a few days after this appointment.
- Stable prescription patients: Monthly appointments NOT NECESSARY for 3 months
  - Complete 2 TOVA/IVA2 tests (without medication(s) dosage changes)
  - Prescriptions for 3-months will be written.
  - Prior to completion of the 3-months of prescriptions, make refill appointment for additional 3-months of refills .
- Unstable prescription patients: Monthly appointments NECESSARY
  - Complete 2 TOVA/IVA2 tests
  - Monthly appointments with Leigh Ann to discuss dosage adjustments needed as well as other diagnosis-specific issues.
  - Leigh Ann will issue 1 month prescription at a time.
  - Once prescription is stabilized, patient may request 3-month prescription (as above).
- Telemedicine Appointments are available and recommended for refill appointments. Telemedicine appointments are done by using the SPRUCE APP on smart phones. Please check with Receptionist for further information.
- Medications will not be refilled if protocol is not followed.
- Prescriptions must be filled within 21 DAYS of the FILL Date. Failure to do so will require additional appointments. Any Lost Prescriptions will require additional appointment and lost prescription form must be completed before medicine can be refilled.

I agree to follow the above protocol and have received a written copy.

GUARDIAN'S NAME: \_\_\_\_\_\_ PATIENT'S NAME: \_\_\_\_\_

Date:

**BBP STAFF:**