

AREA 68 AA-SWTA DISTRICT 2 NEWSLETTER NOVEMBER 2021

DCM REPORT

Greetings to Our Fellowship,

The Fall Voting Assembly went well. Mrs. Barbra R. was elected as Delegate and Amanda B. was elected as Area Chairperson for Panel 72, Area 68. I look forward to seeing great service from these

Recently the District held elections. Your new DCM for Panel 72, Area 68, District 2, will be George T., the Alternate DCM elect is Cheryl B., the Treasure elect is Casey H., the Secretary elect is Holli W., the Webmaster elect is David P., the CFC elect is Pegge K., the PI/CPC is Jeanine W. and the Grapevine elect is Karen U.. We still have three other Committee Chairs available for Nomination or Volunteer Newsletter, Treatment and Archives.

I encourage everyone to get involved in service, it has been an important element to my personal sobriety and growth of character. Please do not think to yourself, "I don't know anything about fill in committee, I can't possibly do that". Some time ago I volunteered to take over the treasure position and I knew nothing about accounting. I quickly found out there were many past treasures willing to help and catch me up on how to do such a thing. I have watched this very action among other service positions. So do not let a lack of knowledge stand in your way to volunteer or a lack of time, these positions are committee positions, meaning a committee is to be formed and the chairperson's job is to delegate responsibilities out to members of their

committee. I would like to remind my fellows that there is no such thing as a one person committee.

I hope I have been successful in encouraging members to volunteer for the positions we have open. Our next meeting is Sunday, November 14, at 2:00 pm, at the 24 Club, 1142 Eikel St., New Braunfels. I can't wait to see you there.

Your favorite service nut (or just nutz)

Tony Crossett, DCM District 2, Area 68
737-600-1249

District 2 Trusted Servants: 2020-2022

DCM: Tony C.
Alternate DCM: Danny H.
Treasurer: George T.
Secretary: Cheryl B.
Webmaster: Rusty C.
Newsletter: Sunshine C.
CFC: Pegge K.
PI/CPC: Jeanine W.
Treatment: Brandie J.
Archives: Monika H.
Grapevine: Holli W.

DISTRICT 2 NEWSLETTER FOCUS

To Inform the AA community of information pertaining to District 2, Area 68, and to enhance group participation

www.area68district2.org

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District 2 Trusted Servants: FILLED AND OPEN POSITIONS FOR 2022-2024

DCM: George T.
Alternate DCM: Cheryl B.
Treasurer: Casey H.
Secretary: Holli W.
Webmaster: David P.
Newsletter: OPEN
CFC: Pegge K.
PI/CPC: Jeanine W.
Treatment: OPEN
Archives: OPEN
Grapevine: Karen U.

EVENTS NOVEMBER - DECEMBER

District 2 Meeting
November 14, 2021

In Person

District 2 Meeting
2:00 p.m. – 4:00 p.m.

Location:

New Braunfels Group Two Four Club
1142 Eikel St. New Braunfels, TX
78130

Action Items:

Old Business

Open Positions for Dist. 2 2022-2024
Spanish Guidelines Version Progress
SWTA 68 2022 Winter Workshop

New Business - TBD

District 2 Meeting
December 12, 2021

In Person

District 2 Meeting
2:00 p.m. – 4:00 p.m.

Location:

New Braunfels Group Two Four Club
1142 Eikel St. New Braunfels, TX
78130

WOMAN'S JOURNEY 2021

Sunlight of the Spirit

December 3-5, 2021

Mo Ranch
2229 FM1340

Hunt, TX

Workshop topics:

Spirituality

Walking in the Sunlight of the
Spirit

Emotional Sobriety

Practicing These Principles in All
Our Affairs

Letting Go Forgiving

Ourselves and Others

Panel Discussion on Sponsorship

Woman's Journey is women in
AA and Al-Anon sharing their
journey toward recovery and
spiritual renewal.

Scholarship accepted/Flyer Information

**[https://www.womansjourneytx.
com/p/scholarships.html](https://www.womansjourneytx.com/p/scholarships.html)**

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TRADITION ELEVEN

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

DAILY REFLECTIONS

November 28

ATTRACTION, NOT PROMOTION

Through many painful experiences, we think we have arrived at what that policy ought to be. It is the opposite in many ways of usual promotional practice. We found that we had to rely upon the principle of attraction rather than of promotion.

— TWELVE STEPS AND TWELVE TRADITIONS, pp. 180-81

While I was drinking I reacted with anger, self-pity and defiance against anyone who wanted to change me. All I wanted then was to be accepted by another human simply as I was and, curiously, that is what I found in A.A. I became the custodian of this concept of attraction, which is the principle of our Fellowship's public relations. It is by attraction that I can best reach the alcoholic who still suffers.

I thank God for having given me the attraction of a well-planned and established program of Steps and Traditions. Through humility and the support of my fellow sober members, I have been able to practice the A.A. way of life through attraction, not promotion.

AS BILL SEE'S IT

Page 120

Word Of Mouth

“In my view, there isn't the slightest objection to groups who wish to remain strictly anonymous, or to people who think they would not like their membership in A.A. known at all. That is their business, and this is very natural reaction.

“However, most people find that anonymity to this degree is not necessary, or even desirable. Once one is fairly sober, and sure of this, there seems no reason for failing to talk about A.A. membership in the right places. This has a tendency to bring in other people. Word of mouth is one of our most important communications.

“So we should criticize neither the people who wish to remain silent, nor even the people who wish to too much about belonging to A.A., provide they do not do so at the public level and thus compromise our whole Society.”

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TWELVE STEPS AND TWELVE TRADITIONS – LONG FORM P. 192

Eleven—Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

GRAPEVINE November 2020 Edition

TRADITION ELEVEN: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Just the Right Moment

How soon do you tell you're date an alcoholic? Do you tell your friends, coworkers, neighbors? One member has some thoughts.

I first attended AA when I was 20. My family pleaded with me to go. I had just moved back in with them after my drinking caused me to drop out of college.

Sitting in that meeting room in Miami for the first time, I felt like all the eyes were on me. The people there passed around a microphone, and since everyone was announcing themselves as alcoholics, I thought I needed to do that as well or they would kick me out of the meeting.

When it was my turn, I grabbed the mic, took a moment to look around the room sheepishly, and said, "My name is David and I'm an alcoholic."

With that, I tossed the microphone to the next person like it was on fire. I had no idea what being an alcoholic meant or what was going on around me. My mind was so clouded from being drunk all day long. But people were smiling at me, and that was something different. I was used to folks being repulsed by my behavior or just my presence. I was also used to the looks of anger and disappointment I got from my family and friends. People tried to talk to me on my way out of the AA meeting, so I ran down the street.

I wouldn't get sobriety then. I spent the next two and a half years in and out of treatment and Twelve Step rooms, while my life and mind rapidly deteriorated. I experienced numerous periods of rebuilding my life, only to watch it fall apart in days. Finally, after reaching a bottom that terrified me, I began to surrender bit by bit to the program of AA.

I finally got sober at 22 and in the two years I've been sober, I've gained a life I always wanted. I went back to school and am graduating in December with my degree in counseling psychology. I have a car, and apartment and a group of friends who I can depend on no matter what. I feel that I've had a psychic change, that I've reworked my insides to give me freedom from alcohol.

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However, as I've stayed sober longer and begun to reintegrate into my community, I've sometimes run into the obstacle of how to relate to other young people who aren't in the program.

In my college classes, we often talk about the effects of substance used on people's lives. My instinct is to tell them all about my recovery and what worked for me and how I got this far. But I restrain myself. I've learned that some of my experiences can alienate me from my peers. I understand now that this impulse to break my anonymity is function of my ego. That's not to say I keep my history a secret. When I feel I've found a moment to productively share my experience, strength and hope, I will take advantage of it.

Most of my friends are alcoholics and I spend plenty of time in fellowship with them. That being said, I don't want to be identified solely by my alcoholism. To me, this would put constraints on my ability to connect with others and be recognized as a dynamic person with numerous important qualities that have little to do with the fact that I'm an alcoholic. I'm intelligent and well-read. I cook and I like to talk about art. While being able to take advantage of these qualities is a result of being in recovery, I hope that I can form relationships with others on the basis of being a well-rounded, good person who's easy to be around, regardless of the fact that I don't drink.

As a young man, I go on dates with women, many of whom are not in the program. I have many friends who make their recovery known right off the bat when they meet someone. I choose to let the subject come up naturally in conversation and, since it's such a large part of my life, it invariably does.

Since alcohol is such a central part of connecting with others, particularly within my age group, sometimes things don't work out because of it. But I know that any woman I would want to spend my time with wouldn't mind that I don't drink, and I assure them I'm better company for it.

That all being said, I know that my sobriety is the most important thing in my life. That's because it's the crux around which the good life I have today revolves. I wouldn't have the computer I'm writing this essay on without it. I shouldn't have the apartment I'm sitting in. Probably, most importantly, I wouldn't have the self-esteem to believe that anyone would want to read anything I wrote. And it's truly a miracle that I could go from a parasitic waste of space to a functioning member of society who believes he has something to offer to others.

And there's so much more to come. I really feel fortunate when old-timers who got sober in middle age tell me they wish they had gotten it this young. I feel that the rest of my life is this blank slate, this enormous gift that I get to open every single day when I wake up sober again. And I project my goals and aspirations, of which I have many onto it. I know that inevitably life will surprise me, and I will get what I need, not what I want. And that's all right with me.

I've stopped fighting; I've settled into my place in the universe. When I look back on that first AA meeting, I'm able to smile and not be ashamed of myself because I now it got me to where I'm supposed to be.

*David P.
Prescott, Arizona*

www.grapevine.org

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WHAT'S NEW

www.aa.org

- ▶ [Revised and reformatted Conference-approved A.A. Service Manual, now available in PDF](#) – Added November, 2021

A.A.W.S. is pleased to announce publication of the revised and reformatted General Service Conference-approved *A.A. Service Manual combined with Twelve Concepts for World Service, 2021-2023*, now available in PDF format in English, French and Spanish. Print edition coming soon. [Click here](#) to view the new *A.A. Service Manual combined with Twelve Concepts for World Service*.

ABOUT THE GSO

The General Service Office in New York serves the A.A. groups in the U.S. and Canada as a clearinghouse and exchange point for the wealth of A.A. experience accumulated over the years, coordinates a wide array of activities and services, and oversees the publication, all translations of, and distribution of A.A. Conference-approved literature and service materials.

For more information:

www.aa.org/pages/en_us/about-gso

STARTING A NEW AA GROUP

Reasons for starting a new group vary, but the ways to go about it are basically the same.

Important to establishing an A.A. group is the need for one as expressed by at least two or three alcoholics; the cooperation of other A.A. members; a meeting place; a coffeepot; A.A. literature and meeting lists; and other supplies.

Once the group is off to a good start, it would be helpful to announce its presence to neighboring groups; your local Intergroup (central) office, if there is one; your district and area committees; and the General Service Office. These sources can provide much support.

To list your A.A. group with G.S.O., click on the New Group Form below. Complete and return the form to G.S.O., Box 459, Grand Central Station, New York, NY 10163.

Please see below for or suggested reading. We suggest you pay particular attention to the section "Naming an A.A. Group" in the pamphlet "The A.A. Group"

Each new group receives a complimentary handbook and a small supply of literature at no charge when it registers with the G.S.O (one of the many services made possible by the regular support of other A.A. groups and individual members).

Go to Link below:

www.aa.org/pages/en_us/about-gso

Click on:

AA GROUP LIFE

STARTING A NEW AA GROUP

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RESOURCES FOR ONLINE MEETINGS

Alcoholics Anonymous: GSO

https://aa.org/pages/en_US/update-on-covid-19-coronavirus

Online Intergroup:
Alcoholics Anonymous

<http://www.aa-Intergroup.org>

AA Grapevine: They are providing **FREE** Access to most of Grapevine 2020

<https://www.aagrapevine.org/we-are-here-to-help>

Hill Country Intergroup

<https://austinaa.org/>

Deaf Intergroup of Central Texas

<https://centexdeafintergroup.org/>

San Antonio Central Service Office

<http://www.aasanantonio.org/local-virtual-meetings>

Coastal Bend Intergroup Association

<http://www.cbiasa.org/>

OTHER AA RESOURCES

**San Antonio Central Service Office
Information:**

www.aasanantonio.org

The NightCap Newsletter

**To be on the NightCap email list
contact below.**

csosamanager@aasanantonio.org

**WHERE TO SEND YOUR
GROUP'S 7TH TRADITION
CONTRIBUTIONS**

DISTRICT LEVEL SUPPORT

DISTRICT 2 TREASURER

P.O. BOX 1202

San Marcos, TX 78667

AREA LEVEL SUPPORT

SWTA68 TREASURER

P.O. BOX 716

BASTROP, TX 78602

WORLD SERVICE SUPPORT

GENERAL SERVICE OFFICE

BOX 459

GRAND CENTRAL STATION

NEW YORK, NY 10163

**District 2 website has a wealth of
information you have access to.**

**GSR's if you have any meeting
updates go to link below:**

www.area68district2.org

If you have any short articles or
helpful AA information please email
me at:

walkingon_motherearth@yahoo.com

Thank You for letting me be of
service!

Sunshine

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