

Soper Public Schools January 2019 Lunch 4 day/week



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2	3	4
7 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	8 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk Salad Bar	9 Pizza Pasta Garlic Knot Green Beans Fruit Milk Salad Bar	10 Ranch Chicken Flatbread Caesar Salad Carrot Sticks Fruit Milk Salad Bar	11
14 Ham and Cheese Sub Baby Carrots Italian Salad Fruit Milk Salad Bar	15 Beef Soft Taco Chips and Salsa Refried Beans Fruit Milk Salad Bar	16 Pineapple Glazed Ham Corn Green Beans Dinner Roll Fruit Milk Salad Bar	17 Waffles Sausage Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar	18
21 Spaghetti with Meat Sauce Breadstick Caesar Salad Fruit Milk Salad Bar	22 Popcorn Chicken Mashed Potatoes and Gravy Green Beans Dinner Roll Fruit Milk Salad Bar	23 Nacho Bar (Beef, Chips, Queso, Chili Beans) Salsa Fruit Milk Salad Bar	24 Stromboli Marinara Sauce Baby Carrots Rice Krispie Treat Fruit Milk Salad Bar	25
28 Corn Dog Mac and Cheese Green beans Fruit Milk Salad Bar	29 Mexican Flatbread Refried Beans Chips and Salsa Fruit Milk Salad Bar	30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Milk Salad Bar	31 Cheeseburger Tater Tots Garden Salad Fruit Milk Salad Bar	1