

ACADEMY PROGRAM

BALLET / POINTE CLASSES

Classes include Ballet Technique, Pointe and Pointe Prep.

**This class is a full class for all dancers, even those not on Pointe.*

*** Pointe 1 are required to take 3 Ballet classes per week.*

-Minimum of 2 pointe classes per week required for Pointe Levels 2 & 3.

^^ This class is for Company members Ballet Level 6+.



Ballet 5 Technique	Monday	6:00-7:30	Nicholson	E
Ballet 5 Technique	Tuesday	5:00-6:30	Nicholson	B
Ballet 5 Technique	Wednesday	5:30-7:00	Shipman	B
Ballet 5 Technique	Saturday	10:00-11:30	McCann	B
Ballet 6 Technique	Wednesday	6:15-7:45	Rose	D
Ballet 6 Technique	Thursday	6:15-7:45	McCann	B
Ballet 6 Technique	Saturday	10:00-11:30	Rose	D
Ballet 7 Technique/Pointe*	Tuesday	6:30-8:30	McCann	D
Ballet 7 Technique	Thursday	6:15-7:45	Rose	D
Company Ballet Technique/Pointe^^*	Saturday	11:30-1:30	Rose	D
Pointe Prep	Wednesday	4:15-4:45	Rose	E
Pointe Prep	Thursday	4:00-4:30	Cihlar	D
Pointe 1**	Saturday	11:30-12:15	Nicholson	E
Pointe 2 (Ballet 5)	Monday	7:30-8:15	Nicholson	E
Pointe 2 (Ballet 5)	Tuesday	6:30-7:15	Nicholson	B
Pointe 2 (Ballet 5)	Wednesday	7:00-7:45	Shipman	A
Pointe 3 (Ballet 6)	Wednesday	7:45-8:30	Rose	D
Pointe 3 (Ballet 6)	Thursday	7:45-8:30	McCann	B
Pointe 2/3 (Ballet 5 & 6)	Saturday	11:30-12:15	McCann	B