

Wellness Center Central

March 2019

**Calendar is subject to change*

401 S. Tustin Street # C
 Orange, CA 92866
 Phone: (714)361-4860
 www.wellnesscenteroc.com

Hours of Operation
 Monday-Thursday 9:00am– 5:00pm
 Friday 9:00am-8:00pm
 Saturday 9:00am-5:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Translators are available upon request in: Spanish, Vietnamese, Farsi, Chinese and Korean</p> <p>Collaborative Bingo March 1, 2019 (Friday) Wellness Center West <u>12:00p.m.-3:00p.m.</u></p> <p>Multicultural Celebration March 8, 2019 (Friday) Wellness Center South <u>12:00p.m.-3:00p.m.</u></p>	<p>Peer Partnering Support Program (Wednesdays) <u>10:00 a.m.-11:00 a.m.</u></p> <p>Community Meeting (Wednesdays) <u>12:00 p.m.-12:30 p.m.</u></p> <p>Ambassadors Meeting (Fridays) <u>12:00 p.m.-12:30 p.m.</u></p>	<p>Health Fair</p> <p>March 20, 2019 (Wednesday) <u>1:00p.m.-3:00p.m.</u></p>	<p>Member Advisory Board (MAB) Meeting March 15, 2019 <u>11:00 a.m.-12:30 p.m.</u></p> <p>Chat With The MAB (Wednesdays) <u>12:30 p.m. -1:00 p.m.</u></p>	<p>1</p> <p><u>9:15-10:00</u> Morning Ice Breaker Social Time <u>10:00 -11:00</u> Gardening OS <u>10:00-11:30</u> Floral Design 113 <u>10:30-11:30</u> Enlightenment 108 <u>11:30 -12:30</u> Social Time <u>12:30-1:30</u> Men's Group 108 Women's Group 111 Living in the Now 114 <u>12:30-2:30</u> TAY Social OS Walkabout F Choir 107 <u>1:30-2:30</u> Brain Health 108 Meditation 111 <u>2:00-4:00</u> Water Colors 113 <u>2:30-4:00</u> Chess Club 114 <u>3:00-4:00</u> Open Discussion 108 Self Empowerment 111 <u>3:30-4:30</u> Social Dance LR <u>5:00-8:00</u> Social Hour 107, 108, 113, LR</p>	<p>2</p> <p><u>9:15-10:00</u> Morning Ice Breaker Social Time <u>10:00 -11:00</u> Video Dance 107 <u>10:00-11:30</u> Fundamentals of Drawing 113 Cooking Class K <u>10:30-4:00</u> Social Outing: Noguchi Garden F <u>11:00-3:00</u> Movie Club: Main Place Mall F <u>11:30-12:30</u> Social Time <u>12:30-2:00</u> Jewelry Design II 113 <u>1:00-2:00</u> Topic of the Day 108 <u>1:00-3:00</u> House Movie LR <u>2:00-3:00</u> Meditation 111 <u>2:00-3:30</u> NAMI Connection 113 <u>3:30-4:30</u> Fun with Games LR</p>

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