

# REGISTER NOW!

MAY 22ND, 2019 - MAY 23RD, 2019

GLENDALE COMMUNITY COLLEGE



## 2019 SEEDS CONFERENCE

#NextGen: B4STAGE4



Mental Health America of Arizona (MHA AZ) is pleased to announce its upcoming **25th Annual SEEDS conference** to take place on May 22nd, during National Mental Health Awareness Month. This year's conference theme, **#NextGen:B4STAGE4** will build collaborative partnerships that promote the mental health, resilience and self-determination of young adults. We hope to provide parents, caregivers, professionals and young adults with advocacy strategies to navigate the criminal justice and behavioral health system; highlighting the importance of mental health screenings for early identification and intervention. Through stigma reduction, community collaboration and peer involvement, #NextGen:B4STAGE4 seeks to normalize help seeking behaviors of young adults and promote constructive conversation.

### REGISTER AT:

[www.mhaarizona.org/2019-seeds-conference.html](http://www.mhaarizona.org/2019-seeds-conference.html)

#### TWO DAY ATTENDEE OPTIONS:

(LIMITED SCHOLARSHIPS AVAILABLE, VISIT [WWW.MHAARIZONA.ORG](http://WWW.MHAARIZONA.ORG))



#### SEEDS Conference - #NextGen:B4STAGE4

- Early Bird Registration (ends March 15, 2019) = **\$39** w/o CEU, **\$59** w/ CEU
- Regular Registration (begins March 16, 2019) = **\$49** w/o CEU, **\$69** w/ CEU



#### (Optional) Mental Health First Aid OR Youth Mental Health First Aid Training

- Free for all SEEDS Conference registrants