

## 36<sup>th</sup> Annual Shawsville 5K

July 4<sup>th</sup>, 2017

At the start of the race, the sky was just becoming overcast, which proved to be a harbinger for the torrential rains that struck Shawsville just as its evening festivities were about to begin. But the morning temperature was in the mid 70s, so, despite the humidity, weather conditions were favorable for a morning run through Old Town Shawsville.

Approximately 180 runners turned out for the race this year, which was slightly less than average, but which included nine family teams. With perennial family contenders, such as the Edwards, Dominy and Fortner clans, not in attendance this year, the stage was set for the emergence of a new Fastest Family.

This race marked the end of an era for the event as long-standing race director, Marvin Ballard, announced his retirement. He had begun directing the event in its fifth year and provided stability for what is now the longest, continuously-held 5K race in all of Southwest Virginia. Look for updated registration and payment procedures next year, as well as more sophisticated timing and scoring procedures, as a more techno-savvy generation takes on the responsibility for staging the event.

### Overall Winners

Men	Time	Women	Time
1. Jason Weitzel (20)	16:21	1. Emma Kozlowski (29)	19:46
2. Tyler Kuchan (18)	16:30	2. Erin O'Sullivan (13)	19:47
3. Andrew Parkins (33)	16:59	3. Bailey Knowles (19)	20:37

## Women's Results

Names shown in ***bold*** won this age category last year also.

Overall winners—who received trophies and not medals—are nonetheless shown within their respective age groups for the purpose of correctly scoring the *Fastest Family* competition. They are then lined-out, so that the age-group medal winners remain.

### 11 & under

1. Amalia Moore	24:17	4. Keely Semtner	30:17
2. Elayna Weatherspoon	26:39		
3. Madison Bruce	27:19		

### 12 - 15

1. <del>Erin O'Sullivan</del>	<del>19:47</del>	8. Ashley Dodson	26:30
2. Rachel Millirons	21:30	9. Ellie Underwood	26:41
3. Carly Wilkes	21:51	10. Lilly Underwood	26:42
4. Alyssa Ingerson	22:21	11. Sarah Weatherspoon	27:13
5. Zoe Belshan	22:56	12. Danielle Dodson	28:46
6. Sarah Belshan	25:37	13. Adrianna Hall	31:34
7. Ella Semmer	26:03	14. Kaylee Shiflett	31:59

### 16 - 19

1. <del>Bailey Knowles</del>	<del>20:37</del>	6. Alexis Andrews	26:21
2. Maddie Yancey	21:33	7. Lauren Dodson	26:50
3. Kenna Knowles	21:41	8. Karly Poff	31:31
4. Abigail Belshan	22:41	9. Emily Copenhaver	32:41
5. Olivia Beegel	24:16		

### 20 - 24

1. Ruth Trochim	22:59		
2. Rose Kohinke	26:35		
3. Ashleigh Lovelace	28:29		

### 25 - 29

1. <del>Emma Kozlowski</del>	<del>19:46</del>		
2. Mary Adams Bode	27:30		
3. Megan Roland	53:00		

30 - 34

1. Virginia Adams	20:43	4. Coren Tucker	30:04
2. Kate Stewart	28:47	5. Adrienne Smith	31:12
3. Catherine Cotrupi	29:56		

35 - 39

1. Amanda Gwinn	24:06		
2. Sarah Milton	25:49		

40 - 44

1. <b>Kim Parker</b>	22:58	4. Julie Wagner	28:15
2. Kelly Sutphin	26:07	5. Beth Joyner	29:20
3. Lisa Bond	26:51	6. Malin Fjallstrom-Hosack	34:51

45 - 49

1. Diane Preece	25:40	4. Sheri Edwards	27:55
2. Kim Mecom	26:09		
3. Lorie Newlon	27:07		

50 - 54

1. Rachel Keller	24:53	6. Julie Jeavons	33:46
2. Monica Gibson	25:21	7. Sheila Lynch	35:53
3. Lori Callahan	25:57	8. Amy Greer-Knowles	36:51
4. Penny White	30:44	9. Penny Cavendish	52:31
5. Molly Prater	32:40		

55 - 59

1. Pam Rickard	22:57	4. Karen Hicks	31:11
2. Diane McRorie	27:26	5. Yolanda Burrier	36:51
3. Sharon Walters	30:51		

60 - 64

1. Ann Kohinke	27:24		
2. Sandy Andrew	34:44		

## 65 - 69

None			
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## 70-74

None			
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## 75 & Over

1. <b>Maxine Drewry</b>	39:01		
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## Men's Results

Names in ***bold*** won this age category last year also.

Overall winners—who received trophies and not medals—are nonetheless shown within their respective age groups for the purpose of correctly scoring the *Fastest Family* competition. They are then lined-out, so that the age-group medal winners remain.

*Because of our clock's printer malfunction, men's times were not available to be reported at the results ceremony. However the clock recorded them internally and they have been recovered. The order of finishers was never in question.*

## 11 & under

1. Louis Semtner	22:48	6. Liam Smith	31:18
2. Kyle Roach	24:38	7. Kellan Stewart	32:41
3. "DM" Gilbert	26:09	8. Andrew Webster	35:58
4. Connor Wilkes	27:02	9. Austin Tate	45:17
5. Talan Bruce	29:23	10. Marshall Tate	46:40

## 12 - 15

1. Nate Gilbert	20:06	7. Alec Elkins	24:22
2. Brady Semtner	20:07	8. Andrew Roland	26:41
3. Cassaday Marion	21:24	9. Manuel Marrufo	29:30
4. Sebastian Marrufo	21:41	10. "BS" Gilbert	30:03
5. Lance Elkins	22:33	11. "SH" Gilbert	30:40
6. Lawson Mecom	24:15	12. Derrick Hall	32:47

16 - 19

1. <del>Tyler Kuchan</del>	16:30	7. Mason Connor	20:38
2. Ethan Mills	18:01	8. Jacob Lowe	21:50
3. Noel Preece	18:42	9. Garrett Baffato	22:34
4. Dustin Wade	19:41	10. Trey King	25:55
5. Mitch Parvin	20:18	11. Damian Claxton	26:51
6. Tyler Harris	20:29	12. Ryan Wilkes	26:58

20 - 24

1. <del>Jason Weitzel</del>	16:21	4. Tyler Barrett	17:46
2. Bryce Altizer	17:15	5. Daniel Harless	18:51
3. Zane Moran	17:41	6. Julian Stewart	27:09

25 - 29

1. Aaron Trochim	20:37	4. Jesse Dinger	32:28
2. Scott Warren	22:28	5. Adam Roland	49:30
3. Cole Wilder	23:37		

30 - 34

1. <del>Andrew Parkins</del>	16:59	4. Kevin Shepherd	25:54
2. Kirby Walke	18:29	5. Brennan Stewart	34:08
3. Justin Hayth	21:07		

35 - 39

1. Pawel Nazarewicz	18:34	4. Brad Sutphin	24:34
2. Jeffrey Clark	19:25	5. Joseph Milton	25:05
3. Damian Wilson	21:52		

40 - 44

1. <b>Andy Norton</b>	17:34	4. Manuel Marrufo	23:05
2. Lynnne Doughton	19:09	5. John Shumate	24:25
3. Rob Semtner	20:57	6. Mark Ingerson	25:42

## 45 - 49

1. Ignacio Moore	17:17	7. "HS" Gilbert	23:57
2. Todd Reighly	18:26	8. Neil Swanson	26:11
3. Michael Stove	19:03	9. Zachary Hosack	27:23
4. Erik Olsen	19:34	10. Tim Fuhrer	31:05
5. James Penven	20:21	11. Ben Tate	45:22
6. Barry Light	23:08	12. John Lowe	49:16

## 50 - 54

1. Michael Klemba	23:15	4. Glenn Mathews	27:53
2. Danny Dodson	25:34	5. Pete Jewett	29:39
3. Andy Haldren	27:51	6. Gary Pierce	36:22

## 55-59

1. <b>Brent Lynch</b>	21:02	5. Darryl Gillespie	26:38
2. Randy Burrier	21:55	6. Tom Rickard	32:00
3. Rob Prom	22:31	7. Francis Cavendish	44:15
4. John Bode	25:09		

## 60-64

1. Paul Beers	19:22	6. Lynn Callahan	25:53
2. Steve Bast	22:42	7. Greg Stick	26:58
3. Tom Inzana	23:02	8. George Morgan	27:17
4. John Giesen	23:45	9. Joe Larocco	28:37
5. Norm Hawks	24:29	10. Jack Steehler	37:06

## 65-69

1. Doc Weiss	23:26	4. Fernando Vissani	33:03
2. John Gregory	24:13	5. Graham Zollman	42:04
3. Tom Roth	29:56		

## 70-74

1. <b>Harold Ingram</b>	24:56	4. John Hillison	35:45
2. George Silber	27:01		
3. Walt Eanes	34:32		

## 75 & Over

1. Charley Coleman	31:54		
2. Jim Gregory	48:35		

## Fastest Family Results

Nine families competed in this year's race. As previously mentioned, this year's field was missing nearly all of the recent former winners, so the family race was wide open from the beginning.

The event is scored by adding the age-group place for each of the three family members. Lowest score wins. Any ties are supposed to be resolved by examining the cumulative time for the team, lower total wins.

In fact there was a tie at the top this year, but the absence of the men's times immediately after the race confounded the system. There were no times for the male family members! Hence, for the first and only time (we hope) the tie will not be broken and co-champions have been declared. Each will receive the coveted plaque. **The co-champs are the Semtner and the Hagood/Milton families.** For the historical record it is significant to note that Sarah and Virginia Hagood, plus their other sister, Elizabeth, previously won the Fastest Family back in 1999.

Family	Name	Age	Score	Time
1. Semtner	Louis	10	1	---
	Rob	44	3	---
	Keely	8	4	---
			<b>Total 8</b>	
1. Milton/Hagood	Virginia	30	1	---
	Sarah	37	2	---
	Joseph	35	5	---
			<b>Total 8</b>	
3. Altizer/Belshan	Bryce	20	2	---
	Abigail	17	4	---
	Zoe	13	5	---
			<b>Total 11</b>	
4. Stewart	Kate	33	2	---
	Brennan	33	5	---
	Kellen	7	7	---
			<b>Total 14</b>	