# Our Presenter



# Dr. Janine Shelby, PH.D., RPT-S

is a trauma psychologist and Registered Play Therapist- Supervisor with expertise dedicated to the study, assessment and treatment of trauma survivors. Dr. Shelby is an Associate Clinical Professor at UCLA's Department of Psychiatry and Biobehavioral Sciences in the David Geffen School of Medicine and was honored to serve as the 2017-18 Drake Guest Professor and Distinguished Fellow at Kobe College in Hyogo, Japan.

In addition to her trauma-focused academic and clinical work, Dr. Shelby has considerable experience as a forensic consultant and expert witness in areas related to child sexual and physical abuse and psychological assessment. She is widely sought as a speaker at national conferences presenting on trauma, crisis interventions and play therapy.

# **Conference Venue**

## Pagoda Hotel

1525 Rycroft St, Honolulu, HI 96814 Worldwide Reservations: 808.954.7423 Toll-Free US/Canada Reservations: 866.536.7977 Hotel Direct: 808.941.6611 Email: reservations@pagodahotel.com



## Force Majeure

HAPT reserves the right to cancel this conference in the event of unforeseen circumstances or natural disasters. If there is a cancellation, HAPT will make every attempt to notify registrants as expeditiously as possible. In this event, HAPT's reasonable expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.



# 22nd Annual Conference

Psychological First-Aid Trauma Interventions and Play Therapy: Healing our clients, Healing Ourselves

Dr. Janine Shelby, PhD., RPT-S

Friday, February 21, 2020 Saturday, February 22, 2020

Pagoda Hotel 1525 Rycroft Street Honolulu, Hawai`i 96814

## **Conference Schedule**

8:00am ~ Check-in/Continental Breakfast 8:30am ~ Welcome and Information 9:00am ~ Presentation 10:30am ~ Morning Break 10:45am ~ Presentation Continues 12:00pm ~ Lunch (Included) 1:00pm ~ Presentation Continues 2:30pm ~ Afternoon Break 2:45pm ~ Presentation Continues 4:00pm ~ Presentation Ends

#### **Continuing Education**

This event is co-sponsored by the HAPT and The Institute for Continuing Education. Each day's program offers 6.00 contact hours, with full daily attendance required. CE credit is offered for: Psychology (APA); Social Work (ASWB Provider 1007); Nursing (CA Board Nursing provider CEP

12646); Play Therapy (APT provider 98-040); Counseling: This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, No. 5643. The Institute for Continuing Education is solely responsible for this program, including the awarding of NBCC credit. All applicants will need to pay a \$25 CE processing fee, due with each CE application submitted. If you have questions regarding continuing education, program, speaker, grievance issues, please contact The Institute for Continuing Education at: <u>instconted@aol.com.</u>

## Join APT & HAPT

Joining HAPT now gets you a discount on this conference and other trainings. It also enables you to grow professionally through association newsletters, journals, networking, and peer consultation. Go to <u>www.hawaiiplaytherapy.net</u> to download the membership application, or join online at the Association for Play Therapy (APT) website at <u>www.a4pt.org</u>.

#### Description

#### Day 1 Crisis and Acute Play Therapy Interventions following Tragic Events

Large-scale traumatic events befall many children and adolescents, and play therapists are often called upon to assist survivors and indirectly exposed children. Prepare yourself to respond by learning practical tips for disclosing disastrous events to children, providing parenting interventions, offering developmentally and culturally sensitive interventions, and using play therapy coping and psychoeducation activities that correspond to Psychological First Aid modules.

## <u>Day 2:</u>

#### Too Tired to Play: How Play Therapists Can Overcome Secondary Traumatic Stress

In recent decades, a body of evidence has emerged on the indirect effects of repeated exposure to traumatic events as part of one's work. Day after day, play therapists' passion for their work drives them to their play therapy rooms, where they vicariously share the painful experiences of young clients and their families. Play therapists, who often work with vulnerable and traumatized children may be at particular risk for developing distress, traumarelated reactions, or a sense of powerlessness as a function of their work. Another emerging body of research suggests that vicarious exposure to trauma may also promote some professionals' posttraumatic growth. If you adore your work but want practical tips to remain energized for your work, this presentation is for you! The seminar is designed to provide an uplifting perspective, promote posttraumatic growth, bring a sense of closure through didactic and experiential activities, unite play therapists in their shared mission, and replenish and renew play therapists' strength for the important work of play.

## **Registration Information**

Early Registration deadline: January 31, 2020. Submit your registration before February 7, 2020 by registering online at <u>www.hawaiiplaytherapy.net.</u>

Online transactions are secured through PayPal. Written notification of cancellation must be received by January 31, 2020 for a full refund. A 75% refund is available until February 7, 2020. No refund will be given after this date.

Those attending Day 1 are eligible for becoming Autplay Certified. Additional details available on the conference website. Registration includes: beginner, foundational to advanced training to Understanding Neurodevelopmental Disorders through a Play

Therapy Lens; daily continental breakfast; and, networking lunch. Vegetarian/gulten-free options will be available upon request. All handouts will be provided electronically.

Questions? Contact Gina Eustaquio at ginakay@me.com

#### **Registration Rates**

Nonmember rate \$170 for 1 day \$300 for 2 days

Member rates \$140 for 1 day \$250 for 2 days

#### Non-member group rate

(5 or more people from same organization) \$170 for 1 day \$280 for 2 days

**Student rate** \$75 for one day / \$100 for two days

\* All rates increase by <u>\$50</u> after 1/31/2020 \*