**LUNCH**  **Cedar Hills**

**May 2019**

**Reduced Price .40 (child) Full Price $2.92 (Child) Adult Price $2.92**

|  |  |  |  |
| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIRMENTS:**  **Fruit ½ cup daily**  **Veggie ¾ cup daily**  **Meat/Alt 1.75/ 2oz daily**  **Grains 1.75/ 2 oz. daily**  **Milk 1 cup daily** | **WEEKLY AVERAGE:**  **Calories: 400-500**  **Sodium: <540**  **Sat. Fat: <10**  **Trans Fat: 0g. /Serving** |  | **Please advise Mr. Steve**  **24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
|  |  | **1**  **Spaghetti w/ meat sauce**  **W/G Noodles**  **Garlic Toast**  **Fresh Baked Asparagus**  **Applesauce Cups**  **Milk Variety** | **2**  **Chicken Strips**  **Tater Tots**  **Corn**  **Diced Peaches**  **Milk Variety** |
| **6**  **Bean and Cheese Burrito**  **W/G Tortilla Shell**  **Corn**  **Fresh Peaches**  **Milk Variety** | **7**  **TACO TUESDAY**  **Turkey Taco Meat**  **W/G Taco Shell**  **Pinto Beans**  **Diced Pears**  **Milk Variety** | **8**  **Cheeseburger**  **W/G Hamburger Bun**  **Lettuce, Tomato**  **Fresh Steamed Carrots**  **Milk Variety** | **9**  **Sliced Turkey**  **Mashed Potatoes w/**  **White Gravy**  **W/G Roll**  **Mixed Fruit**  **Milk Variety** |
| **13**  **W/G Sausage or Pepperoni Pizza**  **Green Beans**  **Fresh Pineapple**  **Milk Variety** | **14**  **Grilled Turkey and Cheese Sandwich on W/G Bread**  **Veggie Beans**  **Diced Pears**  **Milk Variety**  **School Board Meeting** | **15**  **Beef & W/G Noodles**  **Fresh Garden Salad with Cucumbers**  **Diced Peaches**  **Milk Variety** | **16**  **Cooked Ham**  **Diced Red Roasted Potatoes’**  **W/ Fixings**  **Pinto Beans**  **Mixed Fruit**  **Milk Variety** |
| **20**  **Sloppy Joes**  **W/G Hamburger Bun**  **Green Beans**  **Fresh Red Grapes**  **Milk Variety** | **21**  **Last Day of School**  **Minimum Attendance**  **No Lunch** | **22C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PNTDZXXG\happy_summer[1].jpg** | **23** |
| **27** | **28** | **29** | **30** |

**This institution is an equal opportunity provider.**

**Menu is subject to change without notice.**

**Milk Variety: Low Fat 1% White or Non Fat Chocolate or Non Fat Strawberry**

**BREAKFAST Cedar Hills**

**May 2019**

**Breakfast in Classroom Adult Price $2.85**

|  |  |  |  |
| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIREMENTS:**  **Fruit/Veggie 1 cup daily**  **Grain 1.75/2 oz. daily**  **Milk 1 cup daily**  **Meat/Alt Optional** | **WEEKLY AVERAGE:**  **Calories: 400-500**  **Sodium: <540**  **Sat. Fat: <10**  **Trans Fat: 0g. /Serving** |  | **Please advise Mr. Steve**  **24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
|  |  | **1**  **W/G French Toast**  **Sausage Patty**  **Fresh Oranges**  **1% White Milk** | **2**  **W/G Apple Muffins**  **Diced Pears**  **1% White Milk** |
| **6**  **Granola Bar**  **Cheese Stick**  **Fresh Banana**  **1% White Milk** | **7**  **W/G Biscuits w/ White Gravy**  **Sausage Links**  **Fruit Cocktail**  **1% White Milk** | **8**  **W/G Honey Nut Cheerios Cereal**  **Fresh Cantaloupe**  **1% White Milk** | **9**  **W/G Raisin Bread**  **Hard Boiled Egg**  **Fruit Cocktail**  **1% White Milk** |
| **13**  **Oatmeal**  **W/G Bagel**  **Fresh Blueberries**  **1% White Milk** | **14**  **Scrambled Eggs**  **Sausage Patty**  **Diced Pears**  **1% White Milk**  **School Board Meeting** | **15**  **W/G English Muffin**  **w/ Peanut Butter**  **Fresh Pineapple**  **1% White Milk** | **16**  **W/G Pancakes**  **Yogurt**  **Fruit Cocktail**  **1% White Milk** |
| **20**  **W/G French Toast**  **String Cheese**  **Fresh Green Grapes**  **1% White Milk** | **21**  **Cheese Breakfast Pizza on W/G Crust**  **Diced Peaches**  **1% White Milk**  **Last Day of School**  **Minimum Attendance** | **22** | **23** |
| **27** | **28** | **29** | **30** |

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**Milk: Low Fat 1% White Milk**