**LUNCH**  **Cedar Hills![C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PWIVF8DK\5612802943_c9039f6dd4[1].jpg]()**

**May 2019**

**Reduced Price .40 (child) Full Price $2.92 (Child) Adult Price $2.92**

|  |  |  |  |
| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIRMENTS:****Fruit ½ cup daily****Veggie ¾ cup daily****Meat/Alt 1.75/ 2oz daily****Grains 1.75/ 2 oz. daily****Milk 1 cup daily** | **WEEKLY AVERAGE:****Calories: 400-500****Sodium: <540****Sat. Fat: <10****Trans Fat: 0g. /Serving** |  |  **Please advise Mr. Steve****24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
|  |  | **1****Spaghetti w/ meat sauce****W/G Noodles****Garlic Toast****Fresh Baked Asparagus****Applesauce Cups****Milk Variety** | **2****Chicken Strips****Tater Tots****Corn****Diced Peaches****Milk Variety** |
| **6****Bean and Cheese Burrito****W/G Tortilla Shell****Corn****Fresh Peaches****Milk Variety** | **7****TACO TUESDAY****Turkey Taco Meat** **W/G Taco Shell** **Pinto Beans****Diced Pears****Milk Variety** | **8****Cheeseburger****W/G Hamburger Bun****Lettuce, Tomato****Fresh Steamed Carrots****Milk Variety**  | **9****Sliced Turkey****Mashed Potatoes w/** **White Gravy****W/G Roll****Mixed Fruit****Milk Variety** |
| **13** **W/G Sausage or Pepperoni Pizza****Green Beans****Fresh Pineapple****Milk Variety** | **14** **Grilled Turkey and Cheese Sandwich on W/G Bread****Veggie Beans****Diced Pears****Milk Variety****School Board Meeting** | **15****Beef & W/G Noodles****Fresh Garden Salad with Cucumbers** **Diced Peaches****Milk Variety** | **16****Cooked Ham****Diced Red Roasted Potatoes’****W/ Fixings****Pinto Beans****Mixed Fruit****Milk Variety** |
| **20****Sloppy Joes****W/G Hamburger Bun****Green Beans****Fresh Red Grapes****Milk Variety** | **21****Last Day of School****Minimum Attendance****No Lunch** | **22C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PNTDZXXG\happy_summer[1].jpg** | **23** |
| **27** | **28** | **29** | **30** |

**This institution is an equal opportunity provider.**

**Menu is subject to change without notice.**

 **Milk Variety: Low Fat 1% White or Non Fat Chocolate or Non Fat Strawberry**

**BREAKFAST Cedar Hills![C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PWIVF8DK\flowers-45786_640[1].png]()**

**May 2019**

**Breakfast in Classroom Adult Price $2.85**

|  |  |  |  |
| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIREMENTS:****Fruit/Veggie 1 cup daily****Grain 1.75/2 oz. daily****Milk 1 cup daily****Meat/Alt Optional** | **WEEKLY AVERAGE:****Calories: 400-500****Sodium: <540****Sat. Fat: <10****Trans Fat: 0g. /Serving** |  | **Please advise Mr. Steve****24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
|  |  | **1** **W/G French Toast****Sausage Patty****Fresh Oranges****1% White Milk** | **2** **W/G Apple Muffins****Diced Pears****1% White Milk** |
| **6****Granola Bar****Cheese Stick****Fresh Banana****1% White Milk** | **7****W/G Biscuits w/ White Gravy****Sausage Links****Fruit Cocktail****1% White Milk** | **8****W/G Honey Nut Cheerios Cereal** **Fresh Cantaloupe** **1% White Milk** | **9****W/G Raisin Bread****Hard Boiled Egg****Fruit Cocktail****1% White Milk** |
| **13****Oatmeal****W/G Bagel****Fresh Blueberries****1% White Milk** | **14****Scrambled Eggs****Sausage Patty****Diced Pears****1% White Milk****School Board Meeting** | **15** **W/G English Muffin****w/ Peanut Butter****Fresh Pineapple****1% White Milk** | **16****W/G Pancakes****Yogurt****Fruit Cocktail****1% White Milk** |
| **20** **W/G French Toast****String Cheese****Fresh Green Grapes****1% White Milk** | **21****Cheese Breakfast Pizza on W/G Crust****Diced Peaches****1% White Milk****Last Day of School****Minimum Attendance** | **22** | **23** |
| **27** | **28** | **29** | **30** |

**This institution is an equal opportunity provider.**

**Menu is subject to change without notice.**

**Milk: Low Fat 1% White Milk**