

# Fluffy Dog Wellness & Rescue

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October 2015

**Enhancing Your Pet's Health** 

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## Fluffy Dog Rescue

Puppies, puppies everywhere, or at least at my house. We had the Beach Litter, the Breakfast Club and the hotels just arrived this morning. Next Sat. we will have eight Labradoodle pups coming and then we have Mitzie's itty bitty kids at Bobbie's in Alabama. A big thank you to Bobbie for growing our pups at her house until they are old enough to travel. From experience I can tell you this can be a dirty job, but one of the most rewarding.

As you may have seen on facebook, Jack was lost and then found. Thank you Stephanie for using your military skills slithering on your stomach for four hours on Sunday to catch him while many of us were watching a Packers win.

Car stickers will be ordered this week. Some people had suggested them vs. the magnets, and I think that's a good idea. Just email me if you are interested. Hoping to get them for \$2.

I am also looking for a volunteer graphic designer. I promise I won't take up much of your time. There are many things I can do, but without graphic programs I am limited.

Speaking of this....Go Daddy is requiring that we upgrade our site and shop page. The site converted quite well. The shop page converted without photos. I had hoped to do more before launching it, but it needs to be launched to get the newsletter out, so please excuse my mess.

Jordan is working on the calendar and I would like to have them out

mid-October. If you have a good quality photo you would like in the calendar he will need it by Sept. 30th. If you would like a calendar just send him an email and let him know. eblucas I @gmail.com. (It is a one after eblucas)

Just a couple more requests. We need a driver to Green Bay on Sat. and one to Fox Lake. Also, looking for short-term fosters in II

> Enjoy our Indian Summer! Lori and Bailey



# Fluffy Dog Wellness

Check out our new Barkworthies Products on the last page of this newsletter. Really nice, healthy, all meat treats and chews at great prices. They are all available in the store, or let me know what you would like and I can deliver if you are in the Milwaukee area or ship if you are further away.

If you dog is a barker, a client told me about the CLIX collar. I have not tried it yet, but it might be a nice option.

Why not buy your pet food from Fluffy Dog?

- Support Rescue, Free Delivery
- Hartland Store
- Quality Products and Education on them
- Fresh Stock, Great Prices

The last week of each month Fluffy Dog Wellness has a Food Drive. This is when I

deliver pet food and treats with no delivery charge and 10% of the profits go back to the rescue. We carry most pet foods and products and all you have to do is send me an email. There are thousands of products available. Just ask if you need something.

Crates, beds, invisible fencing, bark collars, and of course, food, treats and wellness products. You name it.

Food Drive Order Deadline SUNDAY, Sept. 20th Delivery or pickup Thurs. Sept. 24th

Next delivery Sept. 24th

Please let me know if you have any questions.

Thank you for your support. Lori and the Fluffy Dogs

PS You can also order any day of the month.



### 4 Sneaky Signs That Your Dog Suffers from Separation Anxiety

By Dr. Becker

Separation anxiety is a common problem for many dogs and their guardians. To the uninitiated, it may not sound like a big deal, but it's actually a very serious issue.

Dogs who at first seem just exceptionally eager to see their humans are often brewing a full-blown case of separation anxiety just below the surface. Behaviors to watch for in your dog include:

He needs to be within a few feet of you at all times

She gives you a frenzied greeting every time you come home, whether you've been gone 5 days or 5 minutes

His mood changes noticeably as you go about preparing to leave the house

She engages in behaviors while you're gone that she doesn't do when you're home

Many people tend to confuse some of the more subtle symptoms of separation anxiety for signs of love from their dog. In fact, if she hasn't yet had a significant anxiety episode, you might think her over-the-top greeting each time you return from the mailbox is just a sign of her extreme devotion to you.

Another mistake owners of dogs with separation anxiety often make is to assume their pet's destructiveness in their absence is simple misbehavior. They believe their dog is acting out of boredom or anger at being left behind.

#### Signs of Separation Anxiety

If your dog has genuine separation anxiety, he feels extreme nervousness when you're away. What he's experiencing is the equivalent of a human

panic attack he has no control over, and he's likely exhibiting one or more of the following inappropriate coping behaviors in your absence:



Vocalizing. This is typically barking, whining, or howling that starts before you leave or soon after, and continues for most of the time you are away. Chances are your neighbors already have or will soon let you know there's a problem.

**Drooling.** Excessive salivation is considered by experts to be a red flag for separation anxiety when the excess drool only occurs when a dog is alone or believes she's alone.

Accidents in the house. Your dog has pee and/or poop accidents in random locations around your house rather than in one consistent spot, and this only happens when he's alone or believes he's alone.

**Destructive behavior.** Dogs with separation anxiety typically cause damage to doors or windows (exit points), or personal items such as clothing, pillows, or the TV remote control. Confining these dogs to a kennel or carrier often causes an escalation of the behavior and can result in self-injury.

It's often easy to know if your dog is having a problem when he's home alone because there's evidence of it – a

scratched-up door, a puddle of drool, or a pile of poop on the floor, or perhaps a nasty note from an annoyed neighbor taped to your door.

If you're confused about whether your dog is suffering separation anxiety or simple boredom, keep in mind that the behaviors that result from separation anxiety occur only when you're not around and every time you're not around

#### **Behavior Modification Tips**

The goal in treating your dog's separation anxiety is to reduce her dependence on you so that she can feel safe when you're temporarily away from home. Some of the following suggestions may seem unkind when you're faced with an anxious dog who doesn't want to be away from you, but it's important to remember the agony she's feeling each time you leave. Your intention is to reduce or eliminate her suffering, for her sake.

Helping your canine companion feel more independent can be accomplished with a variety of behavior modification techniques and other strategies.

# **Curbing Your Dog's Attention- Seeking Behaviors**

Don't respond in any way to her attempts to get your attention by barking, whining, jumping up, or pawing. Don't look at, talk to, or touch your dog when she's engaging in attention-seeking behaviors. Expect the behaviors to get worse initially. Ignore your dog for 30 minutes before leaving home. Holding yourself to that half-hour window will prevent you from inadvertently reinforcing your dog's anxious behavior as you're preparing to leave. A few minutes before you walk out the door, give her

### 4 Serious Signs-Continued

a toy stuffed with food or treats to distract her from your actual departure.

When you arrive home, ignore your dog until he's relaxed. Don't interact with or acknowledge him until he's no longer in a welcome-home frenzy.

Don't yell at or use physical punishment with your dog if you arrive home to destruction or a mess on the floor. It's very important to remember that these are not signs of misbehavior, but clinical anxiety, and your dog isn't in control when he's doing them. Punishing him, especially after the fact, will only increase his anxiety level.

#### **Desensitization to Departure Cues**

Make a list of activities you perform before leaving home that signal to your dog that your departure is imminent and result in her becoming more and more anxious as the time draws near (collecting your keys, coat, purse, etc.). Perform this activity sequence at times when you aren't leaving the house to disassociate the activities with your impending departure.



At home while going about your day or evening, train your dog to assume a calm, relaxed demeanor during "separations" when you're in one room and he's in another. First, move a short distance from your dog (while you're in the same room) and then return and reward him with a treat.

Repeat this step at the same distance

until you're sure your dog is very relaxed, then gradually increase the distance until you're almost out of the room, making sure to give praise and treats when your dog stays relaxed and in place.

Once you've increased the distance until you're out of your dog's sight, you can begin to gradually increase the time he's in one room and you're in another. If the minute you're out of sight your dog comes running, he needs more time to work up to that level of separation.

If this seems like a long, tedious process, it can be – but it's often very effective. From start to finish can take eight weeks, sometimes much longer. If you don't feel your dog is making good progress or you feel you need guidance, I recommend you talk with your veterinarian, positive dog trainer or a specialist in canine behavior.

#### **Additional Recommendations**

Leave your dog with an article of clothing or blanket with your scent on it.

Leave a treat-release toy(s) for your dog to focus on in your absence. Place small treats around the house for her to discover, along with her favorite toys.

Add a flower essence blend like Separation Anxiety by Spirit Essences, Anxiety by Green Hope Farms, or Separation Anxiety Formula from Opti-Balance to your dog's drinking water. This works wonders for some dogs. And put on some soothing doggy music before you leave. Homeopathic Aconitum may also help.

Invest in an Adaptil collar or diffuser for your dog. Adaptil is a pheromone and is designed to have a calming affect on

dogs. The collar seems to work well for many dog owners with pups suffering from separation anxiety and other stress-related behaviors.

Make sure your dog gets plenty of heart pumping exercise, playtime, mental stimulation, and TLC. The more full her life is when you're around, the calmer she'll be when you're not.

If your dog's separation anxiety is severe enough that she is very destructive when left alone or you're concerned she might hurt herself, you'll need to make other arrangements for her while you work to resolve her issues.

A few suggestions:

Take your dog with you, if possible

Leave him with a caretaker -- maybe a friend who works from home or a retired neighbor or relative

Hire a dog sitter to stay in your home with your dog

Take him to a doggy day care

Discuss homeopathic, nutraceutical, and herbal relaxants with your holistic Veterinarian

With time, patience and persistence, most dogs with separation anxiety can be relieved of the worst of their troubling symptoms.



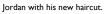
Dr. Becker is the resident proactive and integrative wellness veterinarian of HealthyPets.Mercola.com. You can learn holistic ways of preventing illness in your pets by subscribing to Mercola-HealthyPets.com, an online resource for animal lovers. For more pet care tips, subscribe for FREE to Mercola Healthy Pet Newsletter.

# **Fluffy Dog Photos**



**Patience** 

Shortcake now Dandelion



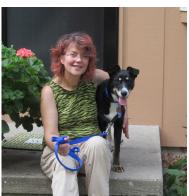




Emma recovering from her eye surgery

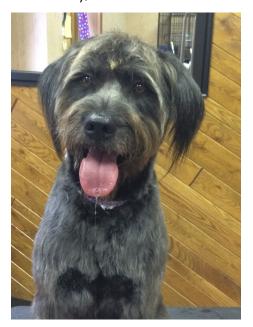


Sandy, now Violette





Levi and his mom



Elmo



Buttermilk, now Sandy

Braden, now Barley



Ally, now Lorelai



Tango, now Seymour

We would love to see your Fluffy Dog here. Send photos to Lori at fluffydogrescue@gmail.com.

# **Fluffy Dog Photos**



Faith, now Olive. Patience's pup



Genna, now Carlita



Hip Hop, now Lambeau



Newton and his new sister Daisy





Happy, now Sugar and Jack, now Spikey double Fluffy Dog Adoptions

We would love to see your Fluffy Dog here. Send photos to Lori at fluffydogrescue@gmail.com.



# Happy Tale—Scottie

Hi! My name is Terri Koch and my husband and I are happy to be "owned" by Fluffy Dog Scottie. I had been searching shelter and rescue websites in hopes of finding a new friend for our Scottish Terrier Gilly. Gilly had been my Dad's best friend until he passed away in 2011, at which time she came to live with us and quickly stole our hearts as well.

On a Sunday morning in May of 2014, I stumbled across the Fluffy Dog Rescue website, and staring back at me was the sweetest little face that I had ever seen. After some discussion, my husband and I agreed that we should submit an adoption application. Once the application was accepted and we were approved, it was time to take a road trip to De Pere, Wisconsin, which is where Scottie was living with his foster mom Lydia Parlow and her family. Dave likes to tell the story that "we just went to LOOK.... with a new cage, new collar (with engraved name tag), leash, treats, toy and a check for the adoption fee!" 3 He clearly knew that we would not be leaving Lydia's home without Mr. Scottie! As soon as we sat down in Lydia's living room, Scottie jumped into my lap and gave me a kiss. It was a done deal!

When we first brought Scottie home, Gilly seemed quite enthused and excited to have a "houseguest". Around day two

and three, she couldn't figure out why he was still here, and her hospitality started to wear thin. By day four or five, she began to accept that she had a new little brother, and now, I5 months later, they are the best of friends, very bonded and it's a match made in heaven!

Scottie had a rough start in life as a stray in Alabama. He ended up at Chilton County Animal Shelter after being picked up off the street. Luckily, he was pulled from the shelter and spent two months with his Alabama foster Bobbie Fletcher and her family. He then got his freedom ride to Wisconsin and went directly to Lydia's home in De Pere. He was blessed to have these two amazing foster families and I feel lucky to have had the opportunity to get to know Lydia (in person) and Bobbie through emails and Facebook. I consider them both to be friends and so appreciate that they loved Scottie first until he could find his way home to us.

Scottie loves his squeaky toys just about more than anything else in the world. He does a happy little dance before each and every meal, which includes the constant squeaking of whichever toy is his choice for that moment in time. He also loves to run, and run and run some more. Thankfully, we have a large fenced in yard which he puts to good use. Truck rides are also at the top

of his list of favorite things. Having his head out the window and the wind in his face is a requirement. The best kind of truck ride is when we head to the lake. That's the perfect day in Scottie's world.

Adopting this sweet soul has been such a blessing. He is so loving and gentle and the best word that I can come up with is that he is grateful. We truly believe that he knows that he was saved and wants nothing more than to show us how much he loves us. Because of him, we have become involved with and spend time volunteering for Fluffy Dog Rescue. We have met so many truly kind people through this rescue and have had our hearts filled up by all of these wonderful dogs. All of this has come to us because of that sweet little face staring back at me from the computer screen on that Sunday morning.

Adopting through Fluffy Dog Rescue has been a wonderful and positive experience and has opened our eyes to how many animals are truly in need of good homes. We want to thank everybody that played a part in bringing Scottie home to us. You are an AMAZING group of people!!







# **Grain-Free Dog Food**

#### It's that important!

Dogs were not meant to eat grain. They are Carnivores and should eat an all meat diet. Grain grows yeast in the body and will cause ear and skin issues. Eventually this will lead to a shortened life, after years of vet bills. The following are grains:

- \* Wheat
- \* Oats
- \* Barley
- \* Millet
- \* Rice

Read your labels.

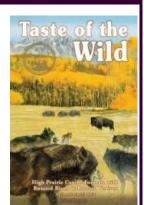
Whether you buy your food from me or not, buy grain-free. There is a listing of grain-free RAW foods, Dry Kibble and Treats below with protein content, price and weight. Grain-free might be a little more expensive, but not that much more. You will save the difference in future vet bills.

This Grain-Free section will appear monthly in our newsletter and will be a growing list.

Let me know if you find a food or treat out there that is grainfree and I will add it to the list. I know grain-free is not easy to find, so keep your eyes and ears open and we can all help each other.

Don't forget that you can make your own treats by dehydrating meat, liver or sweet potatoes. Also give your dog a raw peeled sweet potato as a chew.

Your dog thanks you for going Grain-Free.



# Foods You Should Use-Available From Fluffy Dog

#### **RAW Foods**

#### Vital Essentials

Stella & Chewy's

•

Nature's Variety

Primal

Bravo

Northwest Naturals

Nature's Logic

OC Raw

Honest Kitchen

Tucker's

Raw Bistro

Answers

Sojos

Grandma Lucy's

### **Dry Kibble**

#### Taste of the Wild

Nature's Variety—Instinct

Canidae-Grain Free Pure Elements

Orijen

Open Farm

Acana

Natural Balance Venison & Sweet Potato

Evo

Fromm-Four Star

Wellness Core

Petcurean-NOW

Earthborn Holistic

Blue -Wilderness

Nutrilife

Pioneer

Back to Basics

K-9 Natural

Dr. E's Great Life

Natures Logic

Addiction

Against the Grain-Merrick

Zignature

Wysong

#### **Treats**

Vital Essentials Nibblets (Chicken, Beef, Turkey or Tripe)

(Our #1 selling treat)

Jones Lamb Lung

Stella & Chewy's

Tucker's

Sam's Yams Sweet Potato Chews Kennelmaster Chicken Chips

Dog Gone Jerky

Merrick Texas Toothpicks

**Bully Sticks** 

Mutt Naked Chews

Wellness Pure Rewards

Ark Naturals Sea Mobility Strips Evanger's Freeze Dried Treats

Natural Balance Venison & Sweet

Potato Treats Primal Treats Sojos Grain-Free

Herbsmith-Smiling Dog



**Fluffy Dog Rescue** A Special Place for Special Dogs

Fluffy Dog Wellness Enhancing Your Pet's Health

# Wisdom Panel Insights DNA Kit



Find out what breed your dog is. Explaining your mixed breed dog's unique behaviors, personality traits, and wellness needs.
\$75.69
www.fluffydog.net

### Visit our Fluffy Dog Store:

**Tail Waggin' Doggy Daycare**647 Industrial Ct., Hartland
262-369-8252

We always welcome your comments and suggestions.

Rescue Email: fluffydogrescue@gmail.com

Wellness Email: Lori@fluffydog.net

### **Fluffy New Products**

#### CLIX No-Bark Collar

The Clix No-Bark Collar helps you stop your dog's excessive barking effectively without hurting him with a shock collar. It has a microphone which detects barking and automatically emits either a sound or a vibration to interrupt the dog's barking. The collar has two deterrent settings-either to vibrate or to emit a high pitched sound. Choose the one that the dog responds to best. CLIX No-Bark collars also feature different levels of sensitivity, so you can adjust the noise threshold. The small No-Bark collar has 2 levels of sensitivity - low and high. Small size for dogs between 6 and 22 pounds.

\$ 26.99 small, \$31.99 large



#### Barkworthies!!!!

For a few years we've carried the Barkworthies bully sticks, as they are a great value and dogs love them. So now we brought in more of their line.

6" Odor Free Thick Bully Sticks \$3.99

Knotted 6" Bully Sticks \$3.49

12" Odor Free Thick Bully Sticks \$7.99

12" Pretzel Bully Sticks \$7.99

Mega Cow Tails \$7.99

Rabbit Rolls .99

Rabbit Bon Bon package 8oz. \$9.99

Cow Tail package 6 oz. \$10.99

Crocodile Bone package 5oz. \$9.99

Chicken Neck package Ilb. \$14.99

Tripe Stick package 7oz. \$11.47



### Tucker's Grab & Go Just Chicken

Was \$1.49 Now .79 while supplies last.

Expired in August.

