

HOW TO MAKE A BALLET BUN

Materials List:

- Hair spray or hair gel
- Hair pins or bobby pins (lots)
- Elastic ponytail holder/ hair band
 - Brush (soft bristle type)
- Hairnet (fine net with elastic edges...should match hair color)

Follow these steps to make the perfect bun:

1. To Start the process, wet your hands and the hair with water. This will give you better control over the hair. Gather the hair and pull it back. Apply hair gel if you need more control over the hair.
2. Use a hairbrush to smooth out the rough or uneven areas. Form a ponytail by brushing the hair up from the jawline to the top part of the back of the head. This will form a high bun. The placement of the ponytail determines the placement of the bun. Mid and low buns are sometimes used for short hair.
3. Use an elastic ponytail holder to secure the ponytail. A tidy ponytail with hair drawn snugly back is the key to making a good ballet bun.
4. Apply more water or gel to keep the hair neat and twist the ponytail.
5. Coil the ponytail into a tight circle around the hair band.
6. Use bobby pins all around the coil to secure it to the rest of the hair. Slide each pin through the outer part of the coil and then into the base of the bun.
7. Wrap a hairnet around the bun. Add a few more pins to secure the bun cover and hairnet.
8. With long, thick hair, you may end up with a bun that will protrude too much. A flatter bun is preferable and easier while dancing. To flatten, remove all pins while leaving the hairnet. The hairnet will hold the bun while you flatten the hair and re-pin all around the bun.
9. For extra hold, use hairspray now that the hair is secure in the bun.