

Plateau Gobbler Gallop 11K, Nov. 28, 2020
Cumberland Mountain State Park, Crossville
Frostbite Running Club

107 finishers, Dan Smithhisler, Race Director

| Place | First | Last Name | Age | Home Town (TN) | Overall | Time |
|---------------|-------|-----------|-----|----------------|---------|--------------|
| Winner | John | Woodman | 33 | Clarksville | 1 | 40 27 |
| Winner | Kiera | Woodman | 25 | Clarksville | 4 | 43 15 |

Age Groups

F 10-19

| | | | | | | |
|----------|------|-----|----|--------|----|----------------|
| 1 | Abby | Hix | 16 | Monroe | 44 | 1 06 14 |
|----------|------|-----|----|--------|----|----------------|

F 20-29

| | | | | | | |
|----------|----------|-----------|----|--------------|----|----------------|
| 1 | Olivia | Fanning | 20 | Lebanon | 16 | 54 53 |
| 2 | Kendall | Powell | 21 | Cookeville | 27 | 58 47 |
| 3 | Hannah | Bollen | 23 | Franklin | 34 | 1 00 20 |
| 4 | Samantha | Palko | 26 | Baltimore MD | 39 | 1 04 35 |
| 5 | Amber | Hellstrom | 25 | Murfreesboro | 54 | 1 09 52 |
| 6 | Rachel | Crouch | 29 | Murfreesboro | 62 | 1 13 36 |

F 30-39

| | | | | | | |
|----------|---------|----------|----|------------|----|----------------|
| 1 | Leia | Amos | 37 | Crossville | 25 | 57 34 |
| 2 | Whitney | McDuffee | 32 | Crossville | 48 | 1 07 20 |
| 3 | Ruth | Thompson | 37 | Dickson | 94 | 1 51 18 |

F 40-49

| | | | | | | |
|-----------|----------|---------|----|--------------|-----|----------------|
| 1 | Lindsay | Hawkins | 41 | Mount Juliet | 30 | 59 00 |
| 2 | Jeanie | Fanning | 49 | Lebanon | 47 | 1 07 01 |
| 3 | Kristy | Shumake | 44 | Martin | 52 | 1 08 53 |
| 4 | Amy | Carlota | 49 | Savannah | 56 | 1 10 57 |
| 5 | Christal | Wells | 46 | Sevierville | 60 | 1 13 01 |
| 6 | Rhonda | Carr | 48 | McMinnville | 63 | 1 14 39 |
| 7 | Connie | Haxby | 44 | Lebanon | 65 | 1 15 40 |
| 8 | Dolores | Betz | 47 | Lebanon | 95 | 1 55 57 |
| 9 | Keevy | Hight | 42 | Lebanon | 96 | 1 56 06 |
| 10 | LaTamera | Woodley | 44 | Antioch | 100 | 2 00 40 |

F 50-59

| | | | | | | |
|----------|---------|-----------|----|--------------|----|----------------|
| 1 | Marie | Palko | 59 | Nashville | 17 | 54 54 |
| 2 | Jaimi | Bradley | 50 | Clarksville | 26 | 58 17 |
| 3 | Sharon | Cruse | 53 | Pocahontas | 35 | 1 01 24 |
| 4 | Laura | Goodwin | 50 | Hermitage | 40 | 1 04 36 |
| 5 | Jullie | Meyer | 56 | murfreesboro | 61 | 1 13 03 |
| 6 | Marcia | Curtis | 53 | Ooltewah | 67 | 1 17 24 |
| 7 | Cynthia | Dunn | 56 | Chattanooga | 68 | 1 17 26 |
| 8 | Nikki | Lockhart | 51 | New Tazewell | 69 | 1 18 18 |
| 9 | Kimmi | Patterson | 51 | Chattanooga | 71 | 1 21 02 |

| | | | | | | |
|-----------|---------|----------|----|--------------|-----|-----------------|
| 10 | Bonnie | Elam | 56 | McKenzie | 75 | 1 28 25* |
| 11 | Amy | Cox | 59 | Mount Juliet | 83 | 1 33 31 |
| 12 | Melissa | Sager | 59 | Murfreesboro | 93 | 1 51 15 |
| 13 | carlene | beasley | 56 | Murfreesboro | 97 | 1 56 34 |
| 14 | Ivette | Gonzalez | 53 | Antioch | 98 | 1 56 40 |
| 15 | Faith | Kovall | 57 | Dallas TX | 102 | 2 09 50 |
| 16 | Angel | Bullock | 58 | Dallas TX | 103 | 2 10 00 |
| 17 | Dorothy | Galloway | 58 | Woodlawn | 107 | 2 14 02 |

F 60-69

| | | | | | | |
|----------|----------|-----------|----|-------------|-----|-----------------|
| 1 | Vickie | Spickard | 63 | Nashville | 21 | 55 41 |
| 2 | Sherry | Smith | 60 | McKenzie | 74 | 1 28 25* |
| 3 | Reina | Sheffield | 62 | Smyrna | 85 | 1 35 41 |
| 4 | Diane | Taylor | 64 | Seymour | 87 | 1 37 00 |
| 5 | Carla | Snodgrass | 67 | White House | 92 | 1 44 25 |
| 6 | Alice | Thompson | 64 | Dickson | 99 | 2 00 38 |
| 7 | Mary Kay | Fisher | 62 | Clarksville | 106 | 2 13 25 |

F 70+

| | | | | | | |
|----------|---------|----------|----|--------------|-----|-----------------|
| 1 | Amelia | Wallace | 79 | Clarksville | 70 | 1 20 43 |
| 2 | Helen | Fussell | 71 | Fayetteville | 76 | 1 28 25* |
| 3 | Phyllis | Sizemore | 74 | Knoxville | 77 | 1 28 25* |
| 4 | Jan | Woods | 72 | Savannah | 84 | 1 34 19 |
| 5 | Doris | Brown | 72 | Cookeville | 88 | 1 37 33 |
| 6 | Linda | Brewer | 72 | Florence AL | 89 | 1 41 44 |
| 7 | Janet | Lowe | 77 | Cookeville | 101 | 2 00 42 |

M 10-19

| | | | | | | |
|----------|--------|---------|----|------------|----|----------------|
| 1 | Andrew | Farber | 19 | Mt Juliet | 3 | 43 14 |
| 2 | Thomas | Johnson | 17 | Livingston | 15 | 54 00 |
| 3 | Caleb | Duncan | 11 | Maryville | 58 | 1 12 12 |

M 20-29

| | | | | | | |
|----------|-----------|--------|----|--------------|----|--------------|
| 1 | Brennan | Barlow | 29 | Biloxi MS | 6 | 46 08 |
| 2 | Christian | Lomax | 28 | Cookeville | 14 | 53 47 |
| 3 | Steven | Looby | 27 | Baltimore MD | 22 | 56 02 |
| 4 | Nathaniel | Barnes | 22 | Cookeville | 28 | 58 49 |

M 30-39

| | | | | | | |
|----------|---------|----------|----|------------|----|----------------|
| 1 | Thomas | Palko | 31 | Colorado | 2 | 42 30 |
| 2 | Russ | Mitchell | 39 | Knoxville | 18 | 55 16 |
| 3 | Justin | Bell | 34 | Crossville | 20 | 55 38 |
| 4 | Raymond | Morrow | 33 | Waynesboro | 29 | 58 59 |
| 5 | Gabe | McDuffee | 35 | Crossville | 43 | 1 06 06 |
| 6 | John | McGee | 39 | Lebanon | 50 | 1 08 02 |
| 7 | Zachary | Duncan | 35 | Maryville | 79 | 1 31 36 |

M 40-49

| | | | | | | |
|----------|---------|---------|----|-------------|----|----------------|
| 1 | David | Bullion | 41 | Paris | 12 | 52 42 |
| 2 | Ben | Fleer | 42 | Crossville | 23 | 56 10 |
| 3 | Chris | Cope | 43 | McMinnville | 64 | 1 14 40 |
| 4 | Matthew | Ferrier | 47 | Clarksville | 90 | 1 43 06 |

M 50-59

| | | | | | | |
|-----------|--------|-----------|----|--------------|-----|----------------|
| 1 | Scott | Fanning | 50 | Lebanon | 5 | 44 27 |
| 2 | Nick | Bollen | 53 | Franklin | 7 | 48 38 |
| 3 | Mark | Farber | 53 | Mt Juliet | 9 | 49 12 |
| 4 | Terry | Quillen | 58 | Tullahoma | 10 | 49 47 |
| 5 | Will | Runion | 51 | Limestone | 13 | 53 12 |
| 6 | Dave | Stacey | 52 | Brentwood | 19 | 55 36 |
| 7 | Bobby | Lockhart | 53 | New Tazewell | 24 | 56 56 |
| 8 | Bob | Shumake | 54 | Martin | 31 | 59 49 |
| 9 | Steve | Amos | 54 | Crossville | 32 | 59 56 |
| 10 | Kem | Cruse | 56 | Pocahontas | 36 | 1 02 07 |
| 11 | Tom | Hoagwood | 50 | Franklin | 37 | 1 04 08 |
| 12 | Terry | Daum | 55 | Hixson | 38 | 1 04 16 |
| 13 | Steven | Davenport | 50 | Hermitage | 45 | 1 06 17 |
| 14 | Tom | Palko | 58 | Nashville | 57 | 1 11 03 |
| 15 | Tim | Sager | 53 | Murfreesboro | 72 | 1 25 24 |
| 16 | Jim | Galloway | 57 | Woodlawn | 105 | 2 13 20 |

M 60-69

| | | | | | | |
|-----------|-----------|------------|----|----------------|-----|----------------|
| 1 | Jeff | Stracener | 64 | Soddy Daisy | 8 | 48 49 |
| 2 | Lee | Piccirillo | 64 | Murfreesboro | 11 | 51 06 |
| 3 | Guy | Giles | 69 | Knoxville | 33 | 59 59 |
| 4 | Richard | Hokirk | 65 | Estill Springs | 42 | 1 05 40 |
| 5 | Paul | Vondohlen | 68 | Ashland City | 49 | 1 07 31 |
| 6 | Paul | Evans | 66 | Jackson | 51 | 1 08 19 |
| 7 | Alexander | Leithner | 62 | Nashville | 53 | 1 09 04 |
| 8 | Daniel | Walker | 60 | Knoxville | 55 | 1 10 20 |
| 9 | Steve | Smalling | 60 | Jasper | 73 | 1 26 55 |
| 10 | David | Hajdik | 64 | Algood | 78 | 1 29 31 |
| 11 | Tony | Cox | 60 | Mt Juliet | 86 | 1 36 12 |
| 12 | Wayne | Bullock | 60 | Dallas TX | 104 | 2 10 01 |

M 70+

| | | | | | | |
|----------|--------|-----------|----|----------------|----|----------------|
| 1 | Sergio | Bianchini | 79 | Chickamauga GA | 41 | 1 05 29 |
| 2 | Bob | Hardin | 74 | Elizabethton | 46 | 1 06 40 |
| 3 | Joe | Fussell | 73 | Fayetteville | 59 | 1 12 34 |
| 4 | Larry | Nelson | 76 | Hixson | 66 | 1 16 40 |
| 5 | Gerald | Goodwin | 70 | Cookeville | 80 | 1 32 20 |
| 6 | Tomas | de Paulis | 77 | Hermitage | 81 | 1 32 31 |
| 7 | Robert | Pierce | 76 | Readyville | 82 | 1 32 52 |
| 8 | Andrew | Tolley | 74 | Whitehouse | 91 | 1 44 20 |

*Exceeded walkers limit of 13 minutes per mile