THE JOHN GALLIONE MEMORIAL BERGEN COUNTY
FRESHMAN TRACK AND FIELD CHAMPIONSHIP

Dear Coach:

Enclosed are the entry form and meet information for the **47th** Annual Bergen County Freshman Track Championships to be held at **Ramsey High School** on **Wed. May 24, 2017**. The meet has been renamed as "The John Gallione Bergen County Freshman Track and Field Championships" to honor John Gallione, long time track coach, official and participant in track in Bergen County.

The starting time for the meet will be 4:00pm. Hope to see you on the 24th .

Regards,
Tom Zaccone
Meet Director

Meet Information

1.   Awards
   a. Medals to the top 6 in all events, both divisions.
   b. Trophy to the top runner and the top field event performer at the meet.
   c. Team trophy to the top Group 1 and 2 and the top Group 3 and 4 school.
   d. Trials and finals in all field events.

2.   **Entries must be received by May 17, 2017**. If you have any questions, call Tom Zaccone at 201-529-8217.

Order of Events

4:00pm   400 Int. Hurd.
                100m Dash – trials and semis
                400m Dash – Final
                1600m Run
                110m High Hurd. – Trials and finals
                100m Dash – Finals
                800m Run   (Groups 1 & 2 first, then 3 & 4)
                200m Dash – Final
                3200m Run
                1600m Relay

JOHN GALLIONE FRESHMEN COUNTY CHAMPIONSHIPS
ENTRY FORM – FROSH COUNTY MEET – BOYS

Information:

1. The entry fee for this meet will be **$5.00 per athlete, per event**, and **$20.00 for the relay.**
2. Entry fee or school voucher must accompany this entry.
3. Make check payable to: **Bergen Track & Field LLC**

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School_____Coach_____Tel.#_____
                                                                                                         (home)

                                                                                       Tel.#_____
                                                                                                       (school)

Group_____

EVENT

100M Dash _____		Shot Put _____
200M Dash _____		Discus _____
400M Dash _____		Javelin _____
800M Run _____		High Jump _____
1600M Run _____		Long Jump _____
3200M Run _____		Trip. Jump _____
High Hurd. _____		Pole Vault _____
Int. Hurd. _____		
1600M Rel. _____		

Unlimited entries in all events.   **Total entry fee_____**

Entries close May 17, 2017

Mail entry to: Tom Zaccone   Checks Payable To: **Bergen Track & Field LLC**
                        143 McIntosh Road   (FED ID # 45—0600026)
                        Mahwah, NJ 07430   Fax # (201) 252-2060