|  |  |
| --- | --- |
| April | 2019 |
|  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  | B: cereal & fruit  L: PB&J  S: yogurt & fruit | B: eggs & toast  L: mac & cheese  S: veggies & hummus | B: cereal & fruit  L: Spaghetti  S: cheese & crackers | B: waffles  L: grilled cheese  S: trail mix |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  |  | B: cereal & fruit  L: Burritos  S: cheese & crackers | B: bagel & cheese  L: chicken & rice  S: apples & PB | B: pancakes  L: Nuggets & Fries  S: Yogurt & fruit | B: cereal & fruit  L: Muffin Pizzas  S: PB & Crackers |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  |  | B: cereal & fruit  L: mac & cheese  S: Trail Mix | B: oatmeal & fruit  L: Quesadillas  S: Grahams & Fruit | B: cereal & fruit  L: turkey chili/ muffins  S: cheese & crackers | B: pancakes  L: turkey sandwiches  S: apples & PB |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  |  | B: waffles  L: Grilled cheese  S: PB & crackers | B: cereal & fruit  L: Hot Dogs & Fries  S: Muffins & Fruit | B: cereal & fruit  L: PB&J  S: yogurt & fruit | B: oatmeal & fruit  L: Muffin Pizzas  S: fruit & grahams |  |
| 28 | 29 | 30 |  |  |  |  |
|  |  | B: bagel & cheese  L: Quesadillas  S: apples & PB |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**\*\* All meals are served with fresh fruit/ veggies, milk or juice. Water offered throughout the day\*\***