

MINISTRY DEVELOPMENT SERVICES  
6100 Sardis Road  
Charlotte, NC 28270

HEALTH HISTORY

Information to be Furnished by the Client

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Address \_\_\_\_\_  
Occupation \_\_\_\_\_

I. FAMILY HISTORY:

	<u>Age</u>	<u>Living</u> <u>Health</u>	<u>Deceased</u> <u>Age at Death</u>	<u>Cause of Death</u>
Father	—	—	—	_____
Mother	—	—	—	_____
Brothers (B) and Sisters (S)	—	—	—	_____
	—	—	—	_____

If there is a family history of any of the following, please indicate how that person is related to you.

	<u>Relationship</u>		<u>Relationship</u>
Cancer	_____	High Blood Pressure	_____
Diabetes	_____	Heart Disease	_____
Kidney Disease	_____		

II. HEALTH HISTORY:

1. Operations, hospitalizations (type and date) \_\_\_\_\_  
\_\_\_\_\_
2. Other illnesses (nature and date) \_\_\_\_\_  
\_\_\_\_\_
3. Have you consulted a physician within the past five years? If so, when and for what reason? \_\_\_\_\_  
\_\_\_\_\_
4. Have you ever consulted a psychiatrist, psychologist, or counselor? If so, when and for what reason? \_\_\_\_\_  
\_\_\_\_\_

III. PERSONAL HISTORY:

(a) Family:

1. Spouse: Birthdate \_\_\_\_\_ State of Health: \_\_\_\_\_
2. Children: Birthdate(s) and State of Health: \_\_\_\_\_
  - (a) \_\_\_\_\_ (d) \_\_\_\_\_
  - (b) \_\_\_\_\_ (e) \_\_\_\_\_
  - (c) \_\_\_\_\_ (f) \_\_\_\_\_

(b) Personal health habits:

1. Exercise and recreation (indicate frequency) \_\_\_\_\_  
\_\_\_\_\_

2. Medications \_\_\_\_\_

3. Do you smoke? No \_\_\_\_. Yes \_\_\_\_. Amount \_\_\_\_\_

4. Do you drink alcoholic beverages? No \_\_\_\_. Yes \_\_\_\_. Amount \_\_\_\_\_

IV. Do you have any of the following symptoms regularly or severely enough to cause you concern?

	<u>Yes</u>	<u>No</u>		<u>Yes</u>	<u>No</u>
Chest Pain	—	—	Abdominal Pain	—	—
Shortness of Breath	—	—	Nausea or Vomiting	—	—
Ankle Swelling	—	—	Diarrhea or Constipation	—	—
Rapid or Irregular Heart Beat	—	—	Nervousness	—	—
Dizziness	—	—	Headaches	—	—
Fainting spells	—	—	Difficulty Concentrating	—	—
Cough productive of Phlegm	—	—	Allergies	—	—
Cough productive of Blood	—	—	Sexual Concerns	—	—
Frequent Urination	—	—	Other health worries	—	—
Painful Urination	—	—	Mental Illness	—	—

V. WOMEN ONLY

1. Menstrual history \_\_\_\_\_

2. Number of pregnancies \_\_\_\_\_

3. Number of living children \_\_\_\_\_

4. Age at menopause \_\_\_\_\_

VI. ADDITIONAL COMMENTS:

\_\_\_\_\_