

# BUENA GIRLS TRACK AND FIELD TOP 10 MARKS

## 100 METERS

1	SHARON HANSON	12.31	1982
2	KAYLA WASHINGTON	12.52	2019
3	KAREN WISE	12.3	1977
3	AMANDA FALLS	12.3	1991/92
5	AMY KLOPE	12.5	1979/80
5	JOSEPHINE JOHNSON	12.5	1981/83
7	SHANNON SMITH	12.75	2007
8	SUZANNE TENNEY	12.76	1988
9	XIALEA MCLEAN	12.78	2018
10	KARINN WASHINGTON	12.80	2019

## 200 METERS

1	KAREN WISE	25.3	1977
2	KAYLA WASHINGTON	25.79	2019
3	SHARON HANSON	25.9	1982
3	AMANDA FALLS	25.9	1992
3	ASHLEIGH GARMON	25.9	2000
6	JOSEPHINE JOHNSON	26.0	1981
7	HEATHER ARNOLD	26.1	1988
8	XIALEA MCLEAN	26.38	2018
9	AMY KLOPE	26.2	1979
10	MELISSA MUNTZEL	26.71	2007

## 400 METERS

1	KAREN HALLER	57.5	1981
2	KAREN WISE	58.0	1977
3	KELLIE MEYERS	58.6	1986
4	CRYSTAL NUTTING	58.7	1989
4	AMELIA MATHIS	58.84	2008
6	ALISA HOUSTON	59.35	2013
7	GILLIAN BARKALOW	59.6	1995
8	TESSA CALAHAN	59.78	2006
9	HEATHER ARNOLD	59.9	1987
10	TERRI LAGRANGE	60.0	1974
10	COREY DUGAN	60.14	2006

## 800 METERS

1	AMELIA MATHIS	2:14.67	2006
2	KAREN HALLER	2:15.4	1981
3	ALIYA SHAH	2:17.32	2011
4	MEAGAN DUNNE	2:17.9	1996
5	TAMMY MCCARTY	2:18.1	1985
5	EMILY BERNATH	2:18.1	2000
7	FANYA BRYANT	2:18.8	1990
8	SCHATZI VANDEHEI	2:18.9	1983
9	MICHELLE MASON	2:19.3	1981
10	CAROL SAILER	2:19.5	1978

## 1600 METERS

1	MICHELE LEWIS	4:57.65	1986
2	MICHELLE MASON	4:57.7	1981
3	TAMMY MCCARTY	5:01.5	1985
4	KIM GONZALES	5:07.20	1982
5	KIMBERLY DONATELLI	5:08.92	2004
6	JALEN BURNS	5:09.30	2016
7	NATALIE COOPER	5:10.79	2015
8	AMY VAN ATTA	5:11.3	1993
9	FANYA BRYANT	5:12.4	1990
10	AMELIA MATHIS	5:14.16	2005

## 3200 METERS

1	MICHELLE MASON	10:26.74	1981
2	KIMBERLY DONATELLI	11:02.14	2006
3	JALEN BURNS	11:07.20	2017
4	KIM GONZALES	11:10.5	1981
5	TAMMY MCCARTY	11:11.6	1984
6	MICHELE LEWIS	11:15.9	1986
7	ALIYA SHAH	11:20.28	2010
8	KAREN HINKLE	11:20.7	1991
9	MARY DIETZ	11:21.6	1985
10	VIRGINIA FEYH	11:25.9	1981

## 100 M HURDLES

1	LAUREN RAMIREZ	15.35	2008
2	STACY HEBERT	15.4	1995
3	MEGHAN ROARTY	16.19	1996
4	ERIN PANKEY	16.0	1993
5	ANNIKA GARRETT	16.25	2010
6	SHANNON MORTEN	16.39	1999
7	JENNIFER SMITH	16.2	1995
8	ZOEY BRAR-AVELAR	16.53	2021
9	MARGARET BOEHME	16.4	2001
10	KALEAH MESA	16.65	2015

## 300 M HURDLES

1	SHARON HANSON	43.91	1981
2	STACY HEBERT	43.97	1995
3	CARLA BESAMAT	46.4	1990
4	DEBBY HANSON	46.9	1985
5	ZOEY BRAR-AVELAR	47.42	2021
6	JILL TURNER	47.2	1986
7	MEGHAN ROARTY	47.5	1996
8	MELISSA MUNTZEL	47.90	2006
9	LAUREN RAMIREZ	47.94	2006
10	JULIE SMITH	48.1	2002

# BUENA GIRLS TRACK AND FIELD TOP 10 MARKS

## HIGH JUMP

1	ERINN BEATTIE	5' 10"	2014/15
2	BETSY VON ESSEN	5' 6"	1980
2	MIA PALKIE	5' 6"	1991
4	ELAINE TAYLOR	5' 2"	1978
4	HEATHER ROSE	5' 2"	1987
4	LAUREN BEVAN	5' 2"	2009/10
7	ANDREA HILSMAN	5' 1"	1992
8	DONNA STAPLETON	5' 0"	1974
8	JILL WILLIAMS	5' 0"	1975
8	PHEBE NIKOLAKIS	5' 0"	1977
8	MARY REILLEY	5' 0"	1982
8	MICHELLE DUNCAN	5' 0"	1982
8	DEBBY HANSON	5' 0"	1983
8	TERESA PALMISANO	5' 0"	1985
8	MISSEY PROPES	5' 0"	1985/86
8	AUDRA PROBASCO	5' 0"	1993
8	BETH MCGILL	5' 0"	1994
8	SARAH BANGS	5' 0"	1995
8	COLLEEN MCCONVILLE	5' 0"	1997/98
8	ABBY COLLINS	5' 0"	2001/03
8	LAUREN RAMIREZ	5' 0"	2006
8	YVONNE ANTUNEZ	5' 0"	2009
8	ANNIKA GARRETT	5' 0"	2010

## LONG JUMP

1	ROBIN RIENDEAU	17' 9.5"	1988
2	SHARON HANSON	17' 7.75"	1981
3	ASHLEIGH GARMON	17' 7"	2001
3	COREY DUGAN	17' 7"	2006
5	MISSEY PROPES	17' 1.5"	1987
6	NANCY BOYER	17' 0.75"	1985
7	MIA PALKIE	16' 11.5"	1991
8	PEARL BROOKS	16' 11"	2016
9	AALIYAH STAPLES-WEST	16' 10.75"	2017
10	KIM MERRITT	16' 10"	1975
10	LIZ HARRIS	16' 10"	1986

## TRIPLE JUMP

1	PEARL BROOKS	35' 11.75"	2016
2	DEBBY HANSON	35' 7"	1984
3	LIZ HARRIS	35' 6"	1986
4	JENNIFER SMITH	35' 4"	1995
4	RENEE MCCURTIS	35' 4"	1996
6	DANI STENCKE	35' 1"	1991
7	MISSEY PROPES	34' 4"	1987
8	LAUREN BEVAN	34' 3"	2011
9	KASTEEN MCCORMICK	34' 2.5"	1992
9	HALIE BROWNELLER	34' 2.5"	2017

## SHOT PUT

1	SHELAINA LARSON	42' 8.5"	2000
2	ELIZABETH MATTHEWS	37' 2.75"	2000
3	ALYSE QUIROZ	36' 11"	2004
4	XENA KISTLER	36' 7.5"	1979
5	MICHAELA SWEATT	35' 5.5"	1981
6	TERRI JOHNSON	35' 2.25"	1974
7	JULIE MURPHY	35' 1.5"	1990
8	AMANDA HENRY	35' .75"	1995
9	TERESA PALMISANO	34' 2.5"	1987
10	EILEEN RIENDEAU	33' 9.5"	1991

## DISCUS

1	SHELAINA LARSON	135' 2"	2000
2	XENA KISTLER	127' 2"	1979
3	ALYSE QUIROZ	120' 1"	2005
4	SARA GOLDEN	118' 1"	1995
5	AALIYAH ROWE	113' 10"	2012
6	JULIE MURPHY	110' 10"	1990
7	COURTNEY HORN	110' 7"	1988
8	ERIELLE MANHART	108' 8.5"	2012
9	AMBER WALTON	107' 8"	2014
10	KATIE OLIVA	105' 8"	2017