



BREAKING NEWS» Attempt to reject Kula Ridge development fails

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Free Ebb & Flow concert toni...»

AHEAD of the CLASS

August 1, 2010

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- Open house today. Maui Academy of Healing Arts presents an open house from 3 to 4 p.m. today at 310 Ohukai Road, #318 in Kihei. It will give an overview of its massage classes. A new series of Level I classes starts Aug. 17, 6 to 9 p.m. Tuesdays and Thursdays and 2:30 to 6:30 p.m. Saturdays. The classes are now approved for Veterans G.I. educational benefits. Call 879-4266 for more information.
- Swing dance classes. SwingMaui is bringing in national instructors Anna Whitmire from Houston and Kevin Clark from Albuquerque for a swing and lindy hop workshop from 11 a.m. to 6 p.m. today at the Wailuku YMCA. Cost is \$60 per person. Sign up at workshops@swingmaui.org or call 442-2533 for more information.
- Living Well With Arthritis. The County Office on Aging launches this health management program designed for people living with arthritis and their caregivers. Beginning from 9 a.m. to 11:30 a.m. Monday at Kaiser Permanente's Maui Lani Clinic at 55 Maui Lani Parkway in Wailuku, it will offer one class per week for six weeks. The cost for the workshop series is \$10 for those 60 years and older, and \$35 for those under 60. Scholarships are available. Advance registration is required, with space limited to 14 participants per class; caregivers are encouraged to attend. Transportation may be available upon request; more information is available at 281-0094.
- Writing class. Author/columnist Jasmyne Boswell is launching six-week classes in Kihei and Haiku on Wednesday, Thursday and Friday. The classes are open to writers working on personal or professional projects; writing experience is helpful but not necessary. Tuition is \$187.20. For details or to register, call 268-5807 or visit www.jasmyneconsulting.com.
- Music master class. Ebb & Flow Arts is offering a free master class for area music students from 9 a.m. to noon Thursday at Maui Music Conservatory at Queen Ka'ahumanu Center. Jerry Kuderna and Sarn Oliver, guest musicians from San Francisco, will lead the class. For more information, call 876-1854 or visit www.ebbandflowarts.org.
- Lomilomi yoga retreat. Kumu Maka'ala Yates will lead this seven-day intensive workshop Friday through Aug. 13 at Hale Ho'omana in Upcountry Maui. Participants will become proficient in the ancient Hawaiian lomilomi treatment and lomi 'ili hot-stone massage treatment as well as other cultural practices. Cost is \$1,150 for the full week, with kama'aina and student discounts available along with nightly accommodations. Call 283-4767 or e-mail jeana@lomimassage.com for more information.
- **University of Hawaii Maui College. The UH-MC VITEC program offers courses in adult education at its Kahului campus. To register or for details, call 984-3231.**
 - * Lilian Huang Langston will teach "Introduction to Mandarin Chinese" 6 to 8 p.m. Mondays and Wednesdays, beginning this week through Aug. 25. Cost is \$184.
 - * Catherine Blake will teach "Self Care With Herbs and Natural Remedies" from 6 to 9 p.m. Monday. Cost is \$44.
 - * Rayo's Latin Fitness will present "Zumba Party Workout" from 4:30 to 5:30 p.m. Mondays through Aug. 23. Cost is \$49.
 - * Thom Zalesky will teach "Astrology: An Introduction to Understanding Your Own Unique Cosmic Footprint" 6 to 8 p.m. Mondays through Aug. 23. Cost is \$94.**
- Art & Soul Journaling. Artist Beth Marcil will present a four-Saturday workshop in Art & Soul Journaling from 10 a.m. to 3 p.m. Aug. 14 to Sept. 4 in the Makawao Union Church Hall. The mixed-media workshop will instruct participants in artistic techniques and artistic play to tap into intuition and express the self. Tuition is \$235. For details or to register, call 572-9362 or e-mail beth@bethmarcil.com.
- Glass art classes. Ventimiglia Studios is offering beginner and intermediate glass fusing, slumping and sculpture with customized

Kahului, HI



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Fact Box

- To have your class, workshop or presentation listed, e-mail information 10 days prior to publication to kehaul@mauinews.com. You may also submit it to The Maui News Virtual Newsroom at www.mauinews.com; mail it to The Maui News, Ahead of the Class, 100 Mahalani St., Wailuku 96793; or fax it to 242-9087. Inclusion does not mean programs are endorsed by The Maui News. Items will be listed on a space-permitting basis.