

NEW Workshop Series:

Ahead of Dementia



Friendship Center is hosting a free workshop series for all family caregivers of loved ones with dementia, with dementia care specialist Luciana Mitzkun.

This 4-part series provides an overview of dementia care with the essential information caregivers need to ensure their loved ones' safety, comfort, and contentment.

Ahead of Dementia Workshop

Tuesdays, 4 to 6:30 pm as follows:

March 14

**First Symptoms of
Dementia**

April 11

**Creating a
Dementia-Friendly Home**

May 9

**Understanding
Difficult Behaviors**

June 13

**Planning for
Late-Stage Care**



At Friendship Center in Montecito, 89 Eucalyptus Lane

There is no cost for this workshop.

Please call Luciana at 805-969-0859 to RSVP.