

March/April 2019
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

March 10, 2019

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Greeting: Sonia and Brian Abrahamson
 Congregational Care Greeter: Linda Fowler
 Prayers: Brian Abrahamson
 PowerPoint: Janet Bjorndahl
 Music ministry: Michelle Dickie
 Last week's attendance: 48
 Last week's offering: \$2194.20

It's our
Finance AGM
 after worship
TODAY!

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday, Wednesday and Thursday, working from home Friday.
 Coffee Shop Office Hours, Wednesday afternoons from 2 to 4:30 pm

PRAYER SERVICES: Russell is inviting anyone who wishes to join him for a short service of prayer. **Tuesdays at 12 noon, Wednesdays at 8:15 am, and Thursdays at 4 pm.**

Scripture Reading: Matthew 18: 15-35

Songs:

Spirit Open our Hearts MV #79
 O God We Call VU #411
 God Weeps MV #78 verses 1 & 3
 There's a Wideness in God's Mercy VU# 271 vs 1,2,5
 Grateful MV #182 (chorus)
 Jesus Christ is Waiting VU #117, vs 1,3,5
 May God's Sheltering Wings MV #214

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10 Worship 11:15 1 Lent Finance AGM Open Hearts Jar	11 Meditation 7 pm AA 8 pm	12 Cards 9:30 Prayer 12 pm TOPS 6:30	13 Prayer 8:15 am Lent Soup and Service 6 pm & 7 pm Eastside hosts	14 Craft/Study 1:30 Prayer 4 pm PIE Day 6 pm	15	16
17 Worship 11:15 II Lent Prayer Candles Special Music by Ken Powers and Sharon David	18 Meditation 7 pm AA 8 pm	19 Cards 9:30 Prayer 12 pm TOPS 6:30	20 Prayer 8:15 am Lent Soup and Service 6 pm & 7 pm	21 Craft/Study 1:30 Prayer 4 pm Community Dinner 6 pm Refounding God's Ppl 7:30pm	22 INI Café (ICF) 6:30 pm	23 ICF Breakfast 9 am
24 Worship 11:15 III Lent Arise! Cong Meeting Potluck	25 Meditation 7 pm AA 8 pm	26 Cards 9:30 Prayer 12 pm TOPS 6:30	27 Prayer 8:15 am Lent Soup and Service 6 pm & 7 pm	28 Craft/Study 1:30 Prayer 4 pm	29 Film & Faith	30
31 Worship 11:15 IV Lent	1 Meditation 7 pm AA 8 pm	2 Cards 9:30 Prayer 12 pm TOPS 6:30	3 Prayer 8:15 am Lent Soup and Service 6 pm & 7 pm	4 Craft/Study 1:30 Prayer 4 pm	5	6
7 Worship 11:15 V Lent Communion	8 Meditation 7 pm AA 8 pm	9 Cards 9:30 Prayer 12 pm TOPS 6:30	10 Prayer 8:15 am Lent Soup and Service 6 pm & 7 pm Eastside hosts	11 Craft/Study 1:30 Prayer 4 pm	12	13 Women's Breakfast 8 am

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

LSC Meditation Group: Join us Monday, March 11, 2019 at 7 pm. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *Daring Greatly: How The Courage To Be Vulnerable Transforms The Way We Live, Love, Parent, And Lead*.

Eastside United Church is no longer collecting money for Mission & Service. We still strongly encourage you to make Mission & Service giving a part of your life! Visit <https://www.united-church.ca/donate> to give to M&S directly.

PIE DAY, MARCH 14, 2019: Affirming Ministries of the United Church is planning its first ever PIE Day and Eastside United and Bread of Life Lutheran are hosting an event at the LSC! Public. Intentional. Explicit. Those are the standards we hold ourselves and our welcome to when we become Affirming or affirming. Join us for displays, a photo booth, face painting and balloon animals, coffee house and of course, PIE! **We will need donations of pies as well as helpers for set up and clean up, booths and decorating.** Sign-up sheet on Eastside bulletin board for pies. Let Russell know if you can help.

Forever... in motion is coming to the LSC, Thursday mornings at 10 am! *Forever... in motion* is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! Wear comfortable clothing, running shoes and bring a water bottle. For more information and to register, please call 306-537-4488 or 306-737-4681.

An Evening for St. Andrew's Gala & Fundraiser, Tuesday, May 14, 2019
Gathering 5 pm Dinner 6:15 pm at Wascana Country Club, Regina
Tickets \$125 (partial tax receipt), ticket deadline May 6, 2019
Contact your United Church or call the college at 1-877-644-8970.
GUEST SPEAKER Archbishop Don Bolen, EMCEE Shauna Powers
PRINCIPAL Dea. Richard Manley-Tannis, ENTERTAINMENT QuarterNotes Flute Ensemble.

Knox-Metropolitan United Church is having its **annual book sale** on April 26 and 27. We are accepting donations of books, vinyl records, CDs, DVDs, games and puzzles. No encyclopedias, text books or magazines please. You can drop them off in the front entrance any time that the church is open.

A **Take Two free clothing program** at Lakeview United Church (3200 McCallum Avenue) is open every second Tuesday from 6:30-8:30 pm. Everyone in the community is welcome to access good used clothing for free. Foster families are especially welcome and can contact us to arrange assistance outside of scheduled hours at taketwofreeclothing@gmail.com.

Can you help? From time to time, we get requests from individuals in the community for donations of non-perishable food items and grocery and gas gift cards. To ensure we can meet these needs in a timely fashion, we would like to have a small pantry of food items on hand, as well as a few gift cards we can leave locked in a safe place. If you would like to help by making a donation, please leave food and gift cards in Suzanne's office. Thank you!

The Board of Directors of Spring Free From Racism and Saskatchewan Association on Human Rights invite you to their **20th Annual Family Day** celebration. This event will take place at the Italian Center on Sunday, March 24 from 11 am to 6 pm. Admission is free for everyone.

G4G Regina 'Fabric, Yarn and More' Sale – Drop off donations of fabric, yarn and notions *any Saturday in March between 10 and 2*, at Lakeshore Mall, corner of 23rd. Ave and Hillsdale. Sale will be held April 27, 2019 between 10 am and 3 pm, Glen Elm Church of Christ, 1825 Rothwell Street. Questions? Please call Charlotte at 306-539-4135 or email g4gregina@gmail.com and check us out on Facebook.

Show and Tell With Pride: Saturday, March 16 2 pm at Western Development Museum Moose Jaw, 50 Diefenbaker Drive, 306-693-5989. You're invited to share a story or object of LGBTQ2+ significance with others. Whether it's a vintage Pride button, a newspaper clipping, a memento from a first date or anything in between, come show your connection to the LGBTQ2+ community and tell others about something that you love! Special guests from the WDM Corporate Office will be on hand speaking about our upcoming Saskatchewan LGBTQ2+ History project. This event is FREE to attend. Regular admission applies for Museum galleries. Refreshments to follow.

Our **March Community Dinner**, Thursday, March 21 at 6 pm We begin with a short service – prayer, candle-lighting, singing – followed by a meal. Please RSVP by March 19 if you can join us. Suggested cost \$7/person; \$20/family. Pay in advance at the office or purchase a ticket at www.Bit.ly/Dinnertickets (NO fees!). We'll need helpers for set up and clean up – come have fun with us! Talk to Russell if interested.

INI Café, Friday, March 22 – Indigenous & Non-Indigenous Café is hosted by Indigenous Christian Fellowship (ICF) and Eastside. Doors open at 6 pm with performances starting at 7 pm. This is an all ages free gathering at ICF. A canteen will be available for light food and refreshments. Volunteers will be needed to manage the canteen. If you have a talent to offer (music, poetry, story, dramatic monologue, etc) or can help out, please talk to Russell.

Our next **ICF Breakfast** is being held Saturday, March 27 from 9 am to 12 noon. The fourth Saturday of each month Eastside volunteers help set up, serve and clean up following breakfast for residents of north-central Regina. Will you join us in offering this family-friendly outreach ministry? Please let Peter Braun know @ peterbraun@myaccess.ca.



Eastside is hosting the meal of soup and buns and the worship service on the evenings of March 13 and April 10. Would you be able to provide a pot of soup? Please let Russell know.

Less Plastic for Lent: It is estimated that the world produces over 300 million tons of plastic yearly. And that 91 percent of those plastics are never recycled, which puts the environment and ecosystem at risk. Will you join us in giving up single use plastics for Lent? Check out the calendar on Facebook (and hard copies at church this morning). We will post tips and information daily on Facebook throughout Lent.

The report on the Review of Eastside United Church has now been received. Thank you to those of you who participated in the process by scheduling a meeting with the reviewer, John Burton.

Here is the process moving forward:

Copies of the report will be made available for you to read at the church at the following times. The small office across the hall from the admin office has been booked for this purpose, and there are 2 copies available.

Tuesday March 5 9 am – 9pm

Wednesday March 6 9 am – 4:30 pm, 5:30 pm – 7pm

Thursday March 7 9 am – 4:30 pm, 7pm – 9:30 pm

Saturday March 9 10 am – 12 pm, 1:30 pm - 7:30 pm

Sunday March 10 9 am – 11 am and 12:15 pm – 1:30 pm

Tuesday March 12 9 am – 3:30 pm

Wednesday March 13 9 am – 3:30 pm

Thursday March 14 9 am – 3:30 pm

They must be read in the building, and individual copies may not be made. If these times do not work for you, please contact Sarah at 306-527-5060 or stkachuk@kpmg.ca or Nicole at 306-515-2678 or haynesnd@gmail.com to make other arrangements. The report will also be available following the 14th by appointment only. Please contact the office to arrange a time.

The Leadership Team will have an opportunity to respond to the report and its recommendations at a meeting of the Commission established by Region 4 to receive the report on March 18. Russell will have an opportunity to respond to the report March 19. If you have comments or questions that arise from your own reading, please pass them along to Sarah or Nicole. The Commission will make recommendations to the Regional Council Commission on March 21. These recommendations will be shared with the congregation of Eastside following worship on Sunday, March 24. If you have questions or concerns about the process, please contact Tracy Murton at tmurton@united-church.ca. A reminder that Cam Fraser from Knox Met has been appointed as a pastoral care provider to the congregation in this process should you need and can be reached at camfraser@knoxmetregina.org.

It is our hope that this will continue to move all of us forward toward health, joy and excellence in ministry as we participate in this ongoing covenant together. Thank you for your faithfulness and patience during this challenging time.

Sincerely,

Sarah Tkachuk & Nicole Haynes

Co-Chairs, Eastside Leadership Team

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