

2018 Mountain Division Schedule

Sept 1/2		
York	@ Marshwood	Sun 1 PM
Noble	@ Falmouth	Sun 9 AM
Kennebunk	@ Gorham	Sat 1 PM
Wells	@ Biddeford	Sat 6 PM

Sept 8/9		
Marshwood	@ Wells	Sat 6 PM
Falmouth	@ Kennebunk	Sun 3 PM
Gorham	@ York	Sun 10 AM
Biddeford	@ Noble	Sat 6 PM

Sept 15/16		
Biddeford	@ York	Sat 10 AM
Wells	@ Noble	Sat 6 PM
Falmouth	@ Gorham	Sat Noon
Kennebunk	@ Marshwood	Sun 1 PM

Sept 22/23		
Marshwood	@ Falmouth	Sat Noon
Noble	@ Kennebunk	Sun 3 PM
Wells	@ York	Sun 10 AM
Biddeford	@ Gorham	Sat 2:30 PM

Sept 29/30		
Gorham	@ Wells	Sat 6 PM
Falmouth	@ York	Sun 10 AM
Marshwood	@ Noble	Sat 6 PM
Biddeford	@ Kennebunk	Sun 11 AM

Oct 6/7		
York	@ Noble	Sat 6 PM
Falmouth	@ Biddeford	Sat 2:30 PM
Kennebunk	@ Wells	Sat 6 PM
Gorham	@ Marshwood	Sun 1 PM

Oct 13/14		
Wells	@ Falmouth	Sat Noon
Noble	@ Gorham	Sat 2:30 PM
Marshwood	@ Biddeford	Sat 2:30 PM
Kennebunk	@ York	Sun 10 AM

2018 Atlantic Division Schedule

Sept 1/2		
S. Portland	@ Windham	Sun 1 PM
Bonnie Eagle	@ Portland	Sat 6 PM
Sanford	@ Scarborough	Sun 1 PM
Saco	@ Massabesic	Sat 5:30 PM

Sept 8/9		
Windham	@ Saco	Sun 1 PM
Portland	@ Sanford	Sun 1 PM
Scarborough	@ S. Portland	Sat 1 PM
Massabesic	@ Bonnie Eagle	Sun 1 PM

Sept 15/16		
S. Portland	@ Massabesic	Sat 5:30 PM
Saco	@ Bonnie Eagle	Sun 1 PM
Portland	@ Scarborough	Sun 1 PM
Sanford	@ Windham	Sun 1 PM

Sept 22/23		
Windham	@ Portland	Sat 6 PM
Bonnie Eagle	@ Sanford	Sun 6 PM
Saco	@ S. Portland	Sat 1 PM
Massabesic	@ Scarborough	Sat 6 PM

Sept 29/30		
Scarborough	@ Saco	Sun 1 PM
Portland	@ S. Portland	Sun 1 PM
Windham	@ Bonnie Eagle	Sun 1 PM
Massabesic	@ Sanford	Sun 1 PM

Oct 6/7		
S. Portland	@ Bonnie Eagle	Sun 1 PM
Portland	@ Massabesic	Sat 5:30 PM
Sanford	@ Saco	Sun 1 PM
Scarborough	@ Windham	Sat 4 PM

Oct 13/14		
Saco	@ Portland	Sat 6 PM
Bonnie Eagle	@ Scarborough	Sun 1 PM
Windham	@ Massabesic	Sat 5:30 PM
Sanford	@ S. Portland	Sat 1 PM

Preseason practices may begin August 6

Preseason practices will have no contact. Footballs may be used at these practices.

Regular season practices may begin August 13

Highlighted game times may change due to field availability

Teams may have a maximum of 5 days of practice a week prior to the first SMYFL scheduled game of the season.

After the first game, a maximum of 5 practices a week may be held at the head coach's discretion.

No double session practices are allowed. Practices are limited to a two hour maximum length

Scrimmages are counted as a practice in regards to the maximum number of practices allowed during the week.