



Heather LaFever

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Personal Experience: USFS Senior/Gold Freeskate, Figures and Moves in the Field, Bronze Dance. CFSA Senior/Gold Freeskate and Figures. ISI Freeskate and Figure 9. Skated competitively for 12 years at Regionals through the Senior level; National synchronized competitor. 8 years of classical ballet training

Coaching Experience: Coaching since 1993 beginner/Learn to Skate skaters through Senior level Moves in the Field and Freeskate along with Regional competitors.

Accreditation and Education: PSA Certified rating in Moves in the Field and Freeskate.

Coaching Disciplines: Enjoys teaching test and competitive skaters of all levels. Moves in the Field, Freeskate and Stroking.

Coaching Facility(ies): Onyx in Rochester and Suburban Ice Macomb