

## CURRICULUM VITAE

Kelly L. Drake, Ph.D.

### DEMOGRAPHIC AND PERSONAL INFORMATION

#### Current Appointments

2014 – Present Co-Founder/Director, Private Practice, Anxiety Treatment Center of Maryland  
2012 – Present Assistant Professor, Department of Psychiatry and Behavioral Sciences, Division of Child and Adolescent Psychiatry, The Johns Hopkins University School of Medicine  
2014 – Present Independent Contractor, Clinical Researcher, University of Connecticut Health Center

#### Personal Data

Licensed Psychologist, Co-Founder/Director  
Anxiety Treatment Center of Maryland  
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Assistant Professor  
The Johns Hopkins University School of Medicine  
Division of Child and Adolescent Psychiatry  
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### EDUCATION AND TRAINING

Year	Degree	Institution	Discipline
1996	BA	North Carolina State University	Psychology
1999	MS	University of Baltimore	Psychology
2002	MA	University of Nevada	Psychology
2006	PhD	University of Nevada	Psychology
2005-2006	Internship	Norfolk Regional Center	Psychology
2006-2010	Fellowship	The Johns Hopkins University SOM	Psychology

### PROFESSIONAL EXPERIENCE

Dates	Positions	Institutions
2002 - 2003	Therapist	School Refusal & Anxiety Disorders Clinic, UNLV
2002 - 2005	Neuropsychological Testing Asst.	International Neuroscience Laboratory
2003 - 2005	Instructor	University of Nevada, Las Vegas
2005 - 2006	Predoctoral Clinical Psych Intern	Norfolk Regional Center, Norfolk, NE
2006 - 2008	Senior Research Prog. Coord. II	The Johns Hopkins University School of Medicine
2008 - 2009	Ruth L. Kirschstein National Research Service Award Postdoctoral Fellow (T-32)	The Johns Hopkins University School of Medicine
2009 - 2010	Postdoctoral Fellow	The Johns Hopkins University School of Medicine
2010 – 2012	Instructor	The Johns Hopkins University School of Medicine
2012-Present	Assistant Professor	The Johns Hopkins University School of Medicine
2014-Present	Private Practice	Anxiety Treatment Center of Maryland
2014-Present	Independent Contractor	University of Connecticut Health Center

## RESEARCH ACTIVITIES

### *Peer-Reviewed Publications*

- Drake, K. L.**, Conzola, V. C., & Wogalter, M. S. (1998). Discrimination among sign and warning label signal words. *Human Factors and Ergonomics in Manufacturing*, *8*, 289-301.
- Ginsburg, G. S., & **Drake, K. L.** (1999). State of the Art (and Science) for OCD in youth. *Journal of Clinical Child Psychology*, *28*, 564-565.
- Ginsburg, G. S., & **Drake, K. L.** (2002a). School-based treatment for anxious African-American adolescents: A controlled pilot study. *Journal of the American Academy of Child and Adolescent Psychiatry*, *41*, 768-775.
- Ginsburg, G. S., & **Drake, K. L.** (2002b). Anxiety sensitivity and panic attack symptomatology among African-American adolescents. *Journal of Anxiety Disorders*, *16*, 83-96.
- Ginsburg, G. S., Lambert, S. F., & **Drake, K. L.** (2004). Attributions of control, anxiety sensitivity, and panic symptoms among adolescents. *Cognitive Therapy and Research*, *28*, 745-763.
- Drake, K. L.**, & Kearney, C. A. (2007). Child anxiety sensitivity and family environment as mediators of the relationship between parent psychopathology, parent anxiety sensitivity, and child anxiety. *Journal of Psychopathology and Behavioral Assessment*, *30*, 79-86.
- Ginsburg, G. S., Kingery, J. N., **Drake, K. L.**, & Grados, M. (2008). Predictors of treatment response in pediatric obsessive compulsive disorder. *Journal of the American Academy of Child and Adolescent Psychiatry*, *47*, 868-878.
- Ginsburg, G. S., Burstein, M., Becker, K., & **Drake, K. L.** (2011). Treatment of obsessive-compulsive disorder in young children: An intervention model and case series. *Child and Family Behavior Therapy*, *33*, 97-122.
- Drake, K. L.**, & Ginsburg, G. S. (2011). Parenting practices of anxious and non-anxious mothers: A multi-method multi-informant approach. *Child and Family Behavior Therapy*, *33*, 299-321.
- Drake, K. L.**, & Ginsburg, G. S. (2012). Family-based cognitive-behavioral treatment of chronic pediatric headache and comorbid anxiety disorders: A case study. *Child and Youth Care Forum*, *41*, 579-598. DOI 10.1007/s10566-012-9174-x.
- Drake, K. L.**, & Ginsburg, G. S. (2012). Family factors in the development, treatment, and prevention of childhood anxiety disorders. *Clinical Child and Family Psychology Review*, *15*, 144-162.
- Keeton, C., Ginsburg, G. S., **Drake, K. L.**, Sakolsky, D., Kendall, P. C.,....Walkup, J. T. (2013). Benefits of child-focused anxiety treatments for parents and family functioning. *Depression and Anxiety*, *00*, 1-8. DOI 10.1002/da.22055.
- Teetsel, R. N., Ginsburg, G. S., & **Drake, K. L.** (2014). Anxiety-promoting parenting behaviors: A comparison of anxious mothers and fathers. *Child Psychiatry and Human Development*, *45*, 133-142. DOI 10.1007/s10578-013-0384-8
- Nail, J., Christofferson, J., Ginsburg, G. S., **Drake, K. L.**, Kendall, P., C., McCracken, J.T.... (2014). Academic impairment and impact of treatments among youth with anxiety disorders. *Child and Youth Care Forum*, *44*, 327-342. DOI 10.1007/s10566-014-9290-x
- Ginsburg, G. S., **Drake, K. L.**, Tein, J. Y., Teetsel, R., & Riddle, M. A. (2015). Preventing the onset of anxiety disorders in offspring of anxious parents: A randomized controlled trial of a family-based intervention. *The American Journal of Psychiatry*. DOI 10.1176/appi.ajp.2015.14091178

- Ginsburg, G. S., **Drake, K. L.**, Winegrad, H., Fothergill, K., & Wissow, L. W. (2015). An open trial of the Anxiety Action Plan (AxAP): A brief pediatrician-delivered intervention for anxious youth. *Child and Youth Care Forum*, 1-14. DOI 10.1007/s10566-015-9320-3
- Drake, K. L.**, Stewart, C., Muggeo, M., & Ginsburg, G. S. (2015). Enhancing the capacity of school nurses to reduce excessive anxiety in children: Development of the CALM intervention. *Journal of Child and Adolescent Psychiatric Nursing*, 28(3), 121-130. DOI: 10.1111/jcap.12115
- Pella, J., **Drake, K. L.**, Tein, J. Y., & Ginsburg, G. S. (2016). Child Anxiety Prevention Study: Impact on functional outcomes. *Child Psychiatry & Human Development*, 1-11. DOI: 10.1007/s10578-016-0667-y
- Schleider, J. L., Ginsburg, G. S., & **Drake, K. L.** (2017). Perceived peer victimization predicts anxiety outcomes in a prevention program for offspring of anxious parents. *Journal of Clinical Child & Adolescent Psychology*. doi.org/10.1080/15374416.2016.1270831
- Muggeo, M.A., Stewart, C. E., **Drake, K. L.**, & Ginsburg, G. S. (in press). A School Nurse Delivered Intervention for Anxious Children: An Open Trial. *School Mental Health*.

### Extramural Sponsorship

#### Current grant support:

- 2014-2017 Enhancing the capacity of school nurses to reduce child anxiety  
IES  
PIs: Drake & Ginsburg  
Role: Co-PI
- 2012-2016 Modular CBT for reducing anxiety and improving educational outcomes  
Institute of Education Sciences (IES)  
PIs: Ginsburg & Drake  
Role: Co-PI

#### Previous grant support:

- 2008-2014 Child Anxiety Prevention Study (CAPS)  
R01MH077312-01; NIH/NIMH  
PI: Ginsburg  
Role: CBT Therapist, Independent Evaluator
- 2010-2012 A pilot study of family-based cognitive-behavioral therapy for treating chronic pediatric headache and comorbid anxiety  
Migraine Research Foundation  
PIs: Drake & Ginsburg  
Role: PI and therapist
- 2006-2008 Child and Adolescent Anxiety Multimodal Treatment Study (CAMS)  
UO1MH64089-03; NIH/NIMH  
PI: Walkup  
Role: Project Coordinator, CBT Therapist
- 2007-2008 Psychosocial treatment of obsessive compulsive disorder in young children  
The OC Foundation  
PI: Ginsburg  
Role: CBT Therapist
- 2006-2008 Comprehensive Behavioral Intervention for Childhood Tics & Tourette's (C-BIT)  
R01MH070802-01; NIH/NIMH

PI: Piacentini  
Role: CBT Therapist

## EDUCATIONAL ACTIVITIES

### *Educational Publications*

### *Invited review articles*

**Drake, K. L.**, & Ginsburg, G. S. (2012). Family factors in the development, treatment, and prevention of childhood anxiety disorders. *Clinical Child and Family Psychology Review*, 15, 144-162.

### *Book Chapters, Monographs*

- Kearney, C. A., & **Drake, K. L.** (2002). Social Phobia. In M. Hersen (Ed.), *Clinical behavior therapy: Adults and Children*. (pp. 326-344). NY: Wiley.
- Kearney, C. A., & **Drake, K. L.** (2005). Case study in childhood anxiety. In C. W. LeCroy & J. M. Daley (Eds.), *Case studies in child, adolescent, and family treatment* (pp. 3-10). Belmont, CA: Wadsworth.
- Kearney, C.A., **Drake, K. L.**, & Linning, L. (2005). Somatic control strategies. In M. Hersen, A.M. Gross, & R.S. Drabman (Eds.), *Encyclopedia of behavior modification and cognitive behavior therapy (Vol. 2): Child clinical applications* (pp. 1046-1050). Thousand Oaks, CA: Sage.
- Kearney, C.A., Vecchio, J., & **Drake, K. L.** (2005). Ritual prevention. In M. Hersen, A.M. Gross, & R.S. Drabman (Eds.), *Encyclopedia of behavior modification and cognitive behavior therapy (Vol. 2): Child clinical applications* (pp. 1009-1010). Thousand Oaks, CA: Sage.
- Drake, K. L.**, Keeton, C. P., & Ginsburg, G. (2013). *Cognitive Behavior Therapy*. The Johns Hopkins Point of Care Information Technology (POC-IT): The Johns Hopkins Psychiatry Guide.
- Drake, K. L.**, Christofferson, J., & Keeton, C. P. (2013). *Social Anxiety Disorder*. The Johns Hopkins Point of Care Information Technology (POC-IT): The Johns Hopkins Psychiatry Guide.
- Keeton, C. P., **Drake, K. L.**, & Ginsburg, G. (2013). *Selective Mutism*. The Johns Hopkins Point of Care Information Technology (POC-IT): The Johns Hopkins Psychiatry Guide.
- Ginsburg, G., **Drake, K. L.**, & Keeton, C. P. (2013). *Separation Anxiety Disorder*. The Johns Hopkins Point of Care Information Technology (POC-IT): The Johns Hopkins Psychiatry Guide.
- Drake, K. L.** (2014). Childhood Anxiety. In: Michalos A. C. (Ed.). *Encyclopedia of Quality of Life and Well-Being Research*. Springer, Dordrecht, Netherlands: Springer, pp 761-765.

### *Newsletters*

Ginsburg, G., Becker, K. D., Burstein, M., & **Drake, K. L.** (2009, August). The treatment of obsessive compulsive disorder in young children: The role of the family. *Obsessive Compulsive Foundation OCD Newsletter*.

### *Teaching*

### ***Classroom Instruction***

- 2003-2004 Introduction to Psychology, Instructor, University of Nevada, Las Vegas  
2004-2005 Child Behavior Disorders, Advanced Instructor, University of Nevada, Las Vegas

### ***CME Instruction***

- 2006 Intern Lecture Series, Behavior Modification for Inpatient Adults, Norfolk Regional Center  
2006 Intern Lecture Series, Behavior Modification in a Geriatric Psychiatric Population, Norfolk VA  
2008–present Research Seminar, JHU Division of Child & Adolescent Psychiatry; Fellow and Faculty Presenter  
2008–present Divisional Conference, JHU Division of Child & Adolescent Psychiatry; Fellow and Faculty Presenter  
2008–present Seminar in Cognitive Behavioral Therapy, JHU Adult Psychiatry; Resident Seminar Series; Fellow and Faculty Lecturer  
2010–present Crash Course in Child Anxiety, JHU Child Psychiatry Resident Seminar series; Faculty Presenter  
2012–present Annual Seminar in Cognitive Behavioral Therapy, JHU Child Psychiatry Resident Seminar Series; Faculty Lecturer

### ***Invited Presentations, Workshops, & Seminars***

- 2008- Baltimore County Public Schools, Invited seminar series, “Identifying and Treating Childhood Anxiety Disorders,” Baltimore, MD  
2010 Grand Rounds, Mercy Medical Center, Department of Pediatrics, “Pediatric Anxiety Disorders: Identification and Treatment in Medical Settings,” Baltimore, MD  
2011 Maryland Independent Schools, Invited Seminar, “Child Anxiety Disorders in the School Setting,” Baltimore, MD  
2012 Annual Pediatric Trends, Invited Lecture, “Identifying and Treating Pediatric Anxiety Disorders in the Medical Setting,” Johns Hopkins Medicine, Baltimore, MD  
2013 Pediatric Medical Psychology, Invited Lecture, “Functional Assessment and Prescriptive Treatments for School Refusal Behavior,” Johns Hopkins Medicine, Baltimore, MD  
2015 Professional Education Workshop Series, Invited Workshop, “Identifying and Treating Childhood Anxiety Disorders,” Foundations Community Partnership, Doylestown, PA  
2015 Faculty In-service Training Series, Invited Seminar, “Childhood Anxiety,” Loyola Blakefield, Baltimore, MD

### ***Expert Panel / Advisory Boards***

- 2013-2014 Expert panel member assisting in development of parenting guidelines to prevent childhood depression and anxiety {Parenting Strategies Program (2014). *How to reduce your child’s risk of depression and clinical anxiety: Strategies for parents*. Melbourne: beyondblue.}

2014 Ad hoc initiative to establish an international expert consensus regarding the definition of treatment response, remission, recovery and relapse in OCD for use in clinical trials.

## CLINICAL ACTIVITIES

### Certification / Professional licensure

2010-Present Maryland #04848

## OTHER PROFESSIONAL ACCOMPLISHMENTS

### Conference Presentations

### Symposia and Lectures:

- Ginsburg, G. **Drake, K. L.**, Olley, R., Williams, S., Pella, J., Hale, A., & Muggeo, M. (2015, February). STARS: School-based Treatment of Anxiety Research Study Update. Symposia conducted at the annual meeting of the National Association of School Psychologists, Orlando, FL.
- Drake, K. L.** Ginsburg, G. S., Teetsel, R., & Christofferson, J. (2014, March). The Child Anxiety Prevention Study: Parenting Mediators of 12-Month Outcomes. In Hughes, M. E. (Chair), *Enhancing Interventions for Anxious Youth: Parenting Behaviors as Mediators of Treatment Response*. Symposia conducted at the annual meeting of the Anxiety Disorders Association of America. Chicago, IL.
- Drake, K. L.** Ginsburg, G. S., Keeton, C. P. (2014, March). Comparing anxious and non-anxious parents' responses to their children's fears. In Wei, C. (Chair), *Family factors in the development, maintenance, and treatment for childhood anxiety*. Symposia conducted at the annual meeting of the Anxiety Disorders Association of America. Chicago, IL.
- Olley, R., **Drake, K. L.**, & Ginsburg, G. (2014, February). School-based Assessment and Treatment of Childhood Anxiety Disorders. Symposia conducted at the annual meeting of the National Association of School Psychologists, Washington, DC.
- Nail, J., **Drake, K. L.**, & Ginsburg, G. S. (2013, November). Child, parent, and therapist predictors of client involvement in a family-based anxiety prevention study. In Southam-Gerow, M. A. & McLeod, B. D. (Chairs), *Factors that influence client involvement and client adherence*. Symposia conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Keeton, C., Ginsburg, G. S., & **Drake, K. L.** (2013, November). Benefits of child-focused anxiety treatments for parents and family functioning. In Caporino, N. (Chair), *Factors that influence client involvement or client adherence*. Symposia conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Drake, K. L.**, Nail, J., & Ginsburg, G. S. (2013, April). Comparing modular CBT and usual care for pediatric anxiety disorders in urban schools. In D. Chavira (Chair), *Novel Settings and Modes of Delivery of CBT for Children with Anxiety Disorders*. Symposia conducted at the annual meeting of the Anxiety Disorders Association of America, La Jolla, CA.
- Drake, K. L.** (2007, March). Child anxiety sensitivity and family environment as mediators of the relationship between parental psychopathology/anxiety sensitivity and child anxiety. In C. A. Kearney (Chair), *Advances in underserved youths with anxiety-related disorders*. Symposia

conducted at the annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.

- Ginsburg, G. S., & **Drake, K. L.** (2003, June). *Cognitive-behavioral interventions in child and adolescent anxiety*. Lecture given at the annual meeting of the International Society for Research in Child and Adolescent Psychopathology, Sydney, Australia.
- Silver, N. C., **Drake, K. L.**, Niaghi, Z., & Brim, A. (2002, September). *The effects of product, signal word, and color on warning labels: Differences in perceived hazard*. Lecture given at the annual meeting of the Human Factors and Ergonomics Society, Baltimore, MD.
- Drake, K. L.** (2001, April). Family factors associated with anxiety sensitivity in youth: Preliminary results. In C. A. Kearney (Chair), *Advances in child anxiety disorders*. Symposia conducted at the annual meeting of the Rocky Mountain Psychological Association, Reno, NV.

### **Select Poster Presentations:**

- Pikulski, P. J., Casline, E. P., Pella, J. E., Hale, A., **Drake, K. L.**, & Ginsburg, G. S. (2017). *School Connectedness and Pediatric Anxiety*. Poster to be presented at the annual meeting of the Anxiety Disorders Association of America, San Francisco, CA.
- Loeb, F., Ginsburg, G., & **Drake, K. L.** (2016, October). *Anxious modeling and child anxiety: The role of parent gender*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapy, New York, NY.
- Muggeo, M., Stewart, C., Wilson, T., Webermann, A., Gonzalez, J., **Drake, K.**, & Ginsburg, G. (2016, April). *Enhancing the capacity of school nurses to reduce anxiety in children: An open trial of the CALM intervention*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Philadelphia, PA.
- Casline, E., Pella, J., **Drake, K.**, & Ginsburg, G. (2016, April). *Parental response to child avoidance in fearful situations: Relation to child anxiety and intervention outcomes*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Philadelphia, PA.
- Loeb, F., Papadakis, A. A., **Drake, K. L.**, Ginsburg, G. S. (2015, April). *Parenting efficacy moderates the association between parental anxiety and parenting*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Pella, J., Hale, A., Williams, S., **Drake, K. L.**, & Ginsburg, G. S. (2015, April). *Children's perceptions of barriers to session attendance in school-based treatment for anxiety*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Nail, J., Christofferson, J., Ginsburg, G., **Drake, K. L.**, Piacentini, J., Langley, A., Albano, A. M., and the CAMS Team. (2013, April). *Academic impairment among anxious youth*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, La Jolla, California.
- Drake, K. L.** & Ginsburg, G. S. (2012, April). *Do Somatic Symptoms Uniquely Predict Functional Impairment among Clinically Anxious Youth?* Poster presented at the annual meeting of the Anxiety Disorders Association of America, Arlington, VA.
- Affrunti, N., **Drake, K. L.**, & Ginsburg, G. S. (2011, March). *Perceived competence mediates the relationship between parental overcontrol and child anxiety*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.
- Drake, K. L.**, Ginsburg, G. S., Domingues, J., Griffin, M. (2007, May). *Parenting practices and family environment of anxious and non-anxious parents*. Poster presented at the annual meeting of the Society for Prevention Research, Washington, DC.

- Ginsburg, G. S., Lambert, S. F., & **Drake, K. L.** (2003, November). *Attributions of control and panic symptoms among adolescents*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Drake, K. L.**, & Kearney, C. (2002, April). *Predicting anxiety sensitivity in youth: The role of the family*. Poster presented at the annual meeting of the Western Psychological Association, Irvine, CA.
- Ginsburg, G. S. & **Drake, K. L.** (1999, November). *Gender role orientation as a predictor of anxiety symptoms among African-American adolescents*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Ginsburg, G. S. & **Drake, K. L.** (1999, November). *Anxiety sensitivity and panic attack symptomatology among African-American adolescents*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Hills, L., Ginsburg, G. S., **Drake, K. L.**, & Vandenbosch, D. (1998, November). *Relations between anxiety and self-perceptions among African-American adolescents*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Drake, K. L.**, Ginsburg, G. S., Hills, L., & Vandenbosch, D. (1998, November). *Attributional style among high and low anxious African-American adolescents*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Drake, K. L.**, Conzola, V. C., & Wogalter, M. S. (1996, September). *Signal words: Do definitions correspond with connoted hazard?* Poster presented at the Human Factors and Ergonomics Society 40<sup>th</sup> Annual Meeting, Philadelphia, PA.

### **Refereed Published Proceedings**

- Silver, N. C., **Drake, K. L.**, Niaghi, Z., & Brim, A. (2002). The effects of product, signal word, and color on warning labels: Differences in perceived hazard. *Proceedings of the Human Factors and Ergonomics Society*, 46, 735-739.
- Drake, K. L.**, Conzola, V. C., & Wogalter, M. S. (1996). Signal words: Do definitions correspond with connoted hazard? *Proceedings of the Human Factors and Ergonomics Society*, 40, 1281.

### **Measures & Manuals**

- Ginsburg, G. S., & **Drake, K. L.** (1998). *Anxiety-specific Attributions of Control*. Unpublished measure. University of Baltimore.
- Ginsburg, G. S., Becker, K., & **Drake, K. L.** (2007). *Pediatric OCD Program and Study (POPS): Intervention manual and session materials*. Unpublished treatment manual. Johns Hopkins University School of Medicine.
- Drake, K. L.** & Ginsburg, G. S. (2008). *Family-based cognitive behavioral therapy for youth with chronic headaches and comorbid anxiety*. Unpublished treatment manual. The Johns Hopkins University School of Medicine.
- Ginsburg, G. S. & **Drake, K. L.** (2010). *School-based treatment of anxiety: A CBT manual for school clinicians*. Unpublished treatment manual. The Johns Hopkins University School of Medicine.
- Drake, K. L.** & Ginsburg, G. S. (2014). *Child Anxiety Learning Modules (CALM): A brief intervention for school nurses to reduce child anxiety*. Unpublished treatment manual. The Johns Hopkins University School of Medicine.