

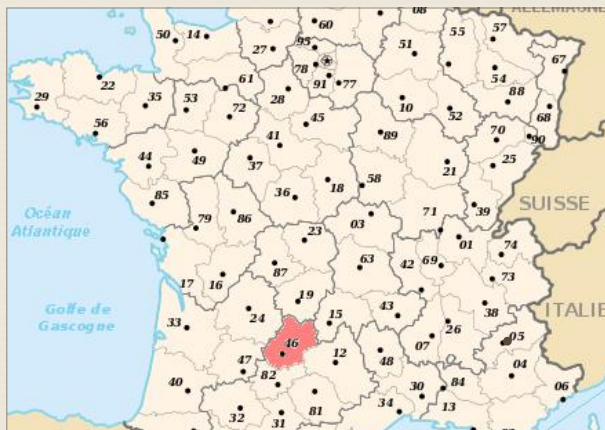
What our previous guests have
told us about their trips to
France with Z Bistro:

“We expected great food, and we got great food – and so much more. We had very high expectations for this trip, especially the opportunity to go somewhere we never imagined that we would ever go, the romance of the rustic farm house, the castles on hillsides – and it met every expectation, and was unexpectedly relaxing.” Collie 2012

“I have to say that last week was a truly wonderful experience. I enjoyed the great company, great food, and the exploration of a beautiful piece of France.” Paul 2016



THE LOT DISTRICT



The department of the Lot is located in the region of Midi-Pyrénées. The department is number 46 and is composed of 3 districts (arrondissements) which are Cahors, Figeac and Gourdon.

The North-East corner of the Lot, where we stay, is a short distance from the medieval center of Saint-Céré, Grottes de Presques caves and the beautiful Montal chateau, a National Monument. Join us as we travel the district and share its history with you!

Z BISTRO

725 Basque Way #1, Carson City, NV 89706
(775) 885.2828 / email to Tina: atzbistro@gmail.com
www.atzbistro.com

VISIT THE SOUTH OF FRANCE



Join Z Bistro as we introduce you to the Lot District in rural, southern France. This is where Chef Gilles was born and raised, let us share it's rich history and joie de vivre with you!

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STAYING AT THE BARN JUNE 2017

Price quoted is per person based on double occupancy. If you are traveling alone there will be an additional charge, based on the week. Each room has 2 single beds or a double bed, a window, cupboards for your belongs and a private bathroom across the hall from your room.

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What's Included:

- 7 nights accommodations at the "Barn"
- Daily French style breakfast
- Evening Apéro hour with drinks and snacks
- Dinner each night prepared with Chef Gilles
- Informal cooking classes - you chose the level of involvement
- Visits to local farmers markets
- Local walking tours from the barn
- Tours of the region with historical info

What's NOT Included:

- Your air fare to and from France
- Your ground transportation, tolls and gasoline
- Lunches - since we will be "sightseeing" during the day, lunches will be "on-your-own." You are invited to join us as we try new restaurants and revisit our old favorites.
- Entrance fees into sightseeing exhibits etc.
- Sodas, hard alcohol, snack foods (except apéro snacks) and toiletries
- Spending money



WEEK 1: JUNE 10TH TO 17TH: \$2,600

Cooking Week - Students* Welcome!

Join us as we visit farmers markets in nearby towns, building our daily menu based on what is freshest and most tempting. We will spend more time at the barn this week enjoying long walks in nature and visits to Terrou and (some lunches at) La Forge.

*Student pricing and housing is available this week only, details are listed on the website www.atzbistro.com.



One of the bedrooms with 2 single beds.



The meeting area with space to read, relax, nap and enjoy each other's company.

WEEK 2: JUNE 17TH TO 24TH: \$2,600

Sightseeing Week

This week will be "on the road" visiting an artisan villages, the historical town of Figeac, the caves of Pech Merle and many other adventures. Of course we will visit farmers markets too - we have to have market fresh goodies for dinner! There will be lots of walking!



Bathroom with tub and shower combo.



Family sized bedroom with 3 single beds and a crib.

WEEK 3: JUNE 24TH TO JULY 1ST: \$2,700

Combined Cooking & Sightseeing Week

This week we will do some sightseeing and some cooking, a well balanced week aimed at giving you just enough of each adventure to keep you happy but not foot weary! You'll see some stunningly beautiful historic towns and help to create amazingly memorable culinary dishes.



Bedrooms have windows that open to let the country air and cool breezes in.



The bathroom sinks are stand alone with room for your toiletries etc.