

LUNCH

BREAKFAST for LUNCH

BREAKFAST BURRITO

Two scrambled eggs with bacon, ham, or sausage, cheddar cheese, and housemade pico de gallo wrapped in a flour tortilla, served with housemade chips\$10

Sub fries, potato salad, or fruit...\$1.5

BREAKFAST SANDWICH

Croissant or biscuit with choice of bacon, ham, or sausage folded in fluffy eggs topped with American cheese and served with housemade chips......\$10

Sub fries, potato salad, or fruit...\$1.5

SCRAMBLED EGGS

2 eggs served with bacon strips and toast.....\$7 Add two sausage links...\$2 grilled ham...\$3

OMELET

3-egg omelet served with toast and housemade chips...\$8 \underline{V} Sub fries, potato salad, or fruit...\$1.5

Add: American, cheddar, provolone, or Swiss cheese...\$1ea mushrooms, onions, peppers, or tomatoes...\$1ea diced ham, bacon, or sausage...\$2ea

QUICHE of the DAY Made from scratch and served with mixed greens with a balsamic drizzle.....\$14

STARTERS

TRUFFLE or OLD BAY® FRIES

BRUSCHETTA

Toasted rustic bread topped with garlic marinated tomatoes, fresh basil, and olive oil.......\$9 $\underline{\mathsf{V}}$

Add melted mozzarella cheese...\$1

SEARED YELLOWFIN TUNA

PORTOBELLO MUSHROOM TOWER

Balsamic marinated Portobello mushroom cap, layered with fresh mozzarella, tomatoes, and roasted red peppers on a bed of baby spinach with toasted rustic bread......\$13 V

HOUSEMADE MEATBALLS

Two large meatballs in tomato sauce, topped with melted mozzarella cheese and served with rustic garlic toast.....\$8

SALADS

LOBSTER CAKE SALAD

BABY SPINACH

Baby spinach, mushrooms, red onions, hard-boiled egg, crispy bacon, pine nuts, tomatoes, and honey mustard dressing...\$13

CAESAR

CHICKEN or TUNA SALAD

GREEK

Romaine lettuce, beets, cucumbers, tomatoes, Kalamata olives, red onions, pepperoncini, and feta cheese in housemade Greek dressing......\$12 V

McGREGOR

MEDITERRANEAN TUNA

Chunks of albacore tuna on romaine lettuce, with tomatoes, cucumbers, onions, black olives, and hard-boiled egg, drizzled with herbed olive oil and lemon juice......\$14

QUINOA and KALE POWERHOUSE

Tri-color quinoa, baby kale, tomatoes, cucumbers, green onions, mint, parsley, and housemade citrus vinaigrette....\$13 \underline{V}

WEDGE

ADDITIONS

Blackened or grilled: chicken breast...\$6 | cod, salmon, shrimp, or seared tuna.....\$8 | lobster cake or fish of the day, when available.....\$10

DRESSINGS

Balsamic Vinaigrette, Blue Cheese, Caesar, Citrus Vinaigrette, Greek, Honey Mustard, Ranch, 1000 Island
Extra dressing 20z...\$0.5 40z...\$1

SANDWICHES Served with housemade chips and dill pickle. Sub fries, potato salad, or fruit...\$1.5

FRENCH DIP 1/2 pound of housemade roast beef served cold on toasted baguette, with melted provolone and rich, made from scratch, au jus for dipping\$15	BLT Crispy bacon, lettuce, tomato, and mayonnaise served on white toast\$9
REUBEN Housemade corned beef or turkey, Swiss cheese, sauerkraut, and 1000 Island dressing on grilled rye	HOT CHICK Grilled or blackened chicken breast served with lettuce, tomato, and onion on a roll\$11
	Add: American, cheddar, provolone, or Swiss cheese\$1 bacon\$1.5
WILD THING Thinly sliced housemade roast beef, herbed garlic cream cheese spread, lettuce, and red onion served on a croissant\$12	CHICKEN CAESAR WRAP Blackened chicken breast with romaine lettuce and tomato, tossed with Caesar
LITTLE ITALY Sopressata salami, capocolla, mortadella, and provolone topped with arugula, housemade pickled red onions, and lemon vinaigrette, served cold or grilled	dressing, and wrapped in a tomato basil tortilla
on a sub roll\$13	Portobello mushrooms and tomatoes, grilled and served on
TURKEY CLUB Turkey breast roasted in house stacked with crispy bacon, lettuce, tomato, and mayonnaise on white toast	a sub roll with herbed garlic cream cheese spread\$12 JUICY BURGER 1/2 pound of ground beef cooked to order
	and served with lettuce, tomato, and red onion\$12
McGREGOR CATCH Blackened or grilled cod filet topped with our housemade relish and served on a roll\$13 Fish of the day, when available\$16	Add: American, cheddar, provolone, or Swiss cheese\$1 blue cheese\$2 bacon\$1.5 sautéed mushrooms\$1 Sub vegetarian pattyadd \$2 <u>V</u>
CHICKEN or TUNA SALAD Always housemade and served with lettuce and tomato on a buttery croissant\$11	PATTY MELT 1/2 pound of ground beef cooked to order and topped with grilled onions, Swiss cheese, and 1000 Island
TUNA MELT White albacore tuna salad, sliced tomato, and Swiss cheese, served warm on grilled rye\$12	dressing on grilled rye\$13 Sub vegetarian pattyadd \$2 <u>V</u>
CREATE your own PASTA Served with rustic garlic toas	
Choice of: Fettuccine, spaghetti, or whole wheat penne Gluten-free fettuccineadd \$2	Add: One housemade meatball\$4 Blackened or grilled chicken breast\$6
Choice of sauce: Alfredo\$12 V Bolognese\$13 Tomato\$10 V	Cod or salmon filet, or shrimp\$8 Fish of the day, when available\$10
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	Peppers, mushrooms, or spinach\$1 ea
PICK TWO Choose a half sandwich, accompanied by eit	
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SIDE SALAD <u>V</u> Arugula dressed with olive oil and lemon juice, with tomatoes	her our soup or salad options. No substitutions please\$10
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We are proud to offer a large selection of scratch made items cooked to order fresh for you. REAL FOOD TAKES TIME; PLEASE ALLOW A FEW EXTRA MINUTES FOR YOUR ORDER.

Warning: Consuming raw or undercooked meats, poultry, seafood, or eggs may increase the risk of foodborne illness. 20% gratuity is automatically added to parties of 6 or more | Vegetarian