



# February 2019



## COLEMAN, EARLY HEAD START & BLENDED SITES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Spring/Cap &amp; Gown CHS Students</i>	5 <i>Wee Babies</i>	6 <i>CHS Students</i>	7	8	9 <i>Snow Flake Fairy Tale Prom</i>
10	11 <i>Chiropractic Mr. Richardson CHS Students</i>	12 <i>Parent Meeting</i>	13 <i>CHS Students</i>	14 <i>Valentine's Day</i>	15	16
17	18 <i>President's Day CHS Students</i>	19	20 <i>CHS Students</i>	21	22	23
24	25 <i>CHS Students</i>	26	27 <i>CHS Students</i>	28 <i>Daytime Activity Dental Health</i>		

- 2-04 Spring/Cap & Gown Pictures starts at 9:00am
- 2-05 Learn & Play with Instruments, Music & Movement
- 2-06 CHS Student Program
- 2-09 A night to remember/Food, Fun and Entertainment
- 2-11 Employees Screening.
- 2-15 Life Skills: Self Esteem
- 2-19 President Day (school close)
- 2-28 Dental Activity/ Dr. Curtis' staff



- OUR EARTH**
- Science
- Our Green Earth
- The Ocean/The Sea
- Rocks and Minerals
- Weather
- Rain/Rainbow

# Happy Valentine's Day

## Upcoming Events

- Picture Day  
02/04/19
- Wee Babies  
02/05/19
- CHS Students  
02/7/19
- A Fairytale Prom/Gala  
02/09/19
- Parent Meeting  
02/12/19
  
- 02/18/19
- S. T. E. P.  
02/23/19
- MultiCultural Experience  
02/28/19
- Daytime Activity/  
Dental Health  
02/28/19

Parents,

Don't forget to incorporate "Black History Month" into your activities with your children. There are many African Americans to discuss, some included and some that have not been included in our history books. Discuss our historical moment of Barack Obama becoming our 44th U.S. president on January 20, 2009.

The life of American hero, Martin Luther King Jr. offers many teaching opportunities. Please take advantage of the opportunity to teach about the King's legacy of tolerance, equality, and respect. Explain, on your child's level, the meaning of these words and their importance.

There are many activities that you and your children can do that relate to Martin Luther King such as:

Art- collages

Songs- Lift Every Voice & Sing

Language- Discuss the meaning of I Have A Dream

Poems- Recite I Have A Dream

Books- Children's Literature & Games- Picture Lotto

**Parent Alert:**

Picture Day At Coleman Center  
Capture the Moment  
Spring & Graduation Pictures  
Wednesday, February 04, 2019

**February is Dental Health**

## HEALTH AND FAMILY SERVICES

### Unit Topic

- 
- Friends Around the World
  - Science
  - Our Green Earth
  - Rain and Rainbows
  
  - Ocean
  - Rocks and Minerals
  - Weather

Recruitment for 2019 - 2020 is still in progress. If you have a child that will be 3 or 4 years old before September 1, 2019, you may sign him/her up for Head Start.

For Early Head Start children that are between the ages of 8 weeks to 2 years old, you can sign him/her up for our Early Head Start Program.

Don't forget to get follow - ups completed. Please make sure your child returns to their doctor for any health concerns or problems related to anemia/ lead, lab work etc. Also we need updated phone numbers in case of any emergency that may occur at the center.

Needs:

- Birth Certificate
- 121 Shot Records
- Proof of income
- Insurance card



Be sure to develop a family disaster plan and do practice drills often.

Being prepared can save lives and reduce injuries.



Love can be a simple smile, love can be the extra mile, love can be the chance to say, love made me think of you today!

At Risk After School Meals Program

Project Southside, Inc. will sponsor the At Risk After School Meals Program a component of the Child and Adult Meals Program (CSCFP) that serves a nutritious meal and/or snack to children in low-income areas. Meals will be offered Monday-Friday. from 3:00p.m. to 5:30p.m.

Location: 100 Nashville Ferry Road E. Suite 1 Columbus, MS 39702

Contact: Vanessa Walker, E.D. @ (662) 328-0356 (office) (918) 991-9981 (cell)

Free Meals!!

This program offers free meals to all children, 18 years old and under. Adult meals are \$3.23

SEVERE WEATHER PREPAREDNESS WEEK

February 19-24 is Severe Weather Awareness Week in Mississippi.

The purpose of Mississippi Severe Weather Awareness Week is to provide people with the knowledge necessary to protect their lives when weather threatens. Remember, Early Head Start and Head Start centers abide by the school district's decision to keep schools open or to close them due to inclement weather conditions.

If the local school district cancels school, the Early Head Start and Head Start center will also be closed. Constantly listen to the radio and watch TV

for updated information. The bottom line:

Our best defense is to be both prepared and informed. Know the local warning systems; Invest in a NOAA Weather Radio; Stay informed: Take action – indoors or out!!

ICS has an "Emergency Broadcasting System." This is an automated call to inform you of center closings due to inclement weather and other emergency situations.



Emergency Broadcasting System/ Inclement Weather

If you see the 1-800-679-0847 number on your caller identification service, this is a message from ICS.

Parents, you are cordially invited to come out and take part in all activities. Give your child an hour of your time.



Safety Alert\*\*Volunteers/In-kind

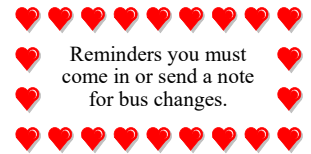
Parent and community friends, please be mindful of bus traffic when visiting the center. Thanks for all you do to make our center the best it can be.



Also parents, to receive important updates from

Coleman Head Start via text, please text @colemanhs to (609) 372-2745. This App is called Reminder101. This is a

free effective way for us to communicate with our parents. We will announce important reminders such as school closings, inclement weather, early dismissal, activities, bus announcements (not running, broken down, ect.). After subscribing, this service will ask you to reply with your first and last name. You will be added to our list so that you may receive all updates. If you are having trouble please stop by the office and we will be happy to assist you!



Parents and friends of the community, your time and donations are always needed and appreciated. Volunteers are a vital part of our Head Start Program. Please continue to come out and support our center by volunteering in any department you wish at any time and any day.

Social Learning

Some of the greatest sources of learning for young children are what they know best: their families and the people and places in their neighborhoods. Social learning begins the moment a mother and child gaze into each other's eyes at birth and continues through out the early childhood years as children from new relationships, learn to communicate and explore the world around them.

With almost every new experience, children form understandings that relate to geography, civics and history. To preschoolers, geography lessons come in the form of walking around town which will teach them about where the post office is located in relation to home.

Beginning civics education happens in the sandbox at the

playground where children learn to take turns and be mindful of others feelings. History is often as simple as the telling of the story of the day they were born or adopted, pointing out how much they have grown or what they can do.