



# Snapkick

Dojo student newsletter

**WEST VALLEY MARTIAL ARTS**



"The biggest adventure you can take is to live the life of your dreams." ~ Oprah Winfrey

*October, 2018*

## Keep Your Dream

I have a friend named Monty Roberts who owns a horse ranch in San Ysidro. He has let me use his ranch to put on fundraising events for youth at risk programs.

The last time I was there he introduced me by saying:

"I want to tell you why I let Jack use my ranch. It all goes back to a story about a young man who was the son of an itinerant horse trainer, going from stable to stable, race track to race track, farm to farm, and ranch to ranch, training horses. As a result, the boy's high school life was continually interrupted. When he was a senior, he was asked to write a paper about what he wanted to be when he grew up."

"That night he wrote a seven-page paper describing his goal of someday owning a horse ranch. He wrote about his dream in great detail including a diagram of a 200-acre ranch, locations of all the buildings, the stables and the track. Then he drew a detailed floor plan for a 4,000-square-foot house that would sit on a 200-acre dream ranch."

"He put a great deal of his heart into the project and the next day he handed it in to his teacher. Two days later he received his paper back. On the front page was a large red F with a note that read, 'See me after class.'"

"The boy with the dream went to see the teacher after class and asked, 'Why did I receive an F?'"

"The teacher said, 'This is an unrealistic dream for a young boy like you. You have no money. You come from an itinerant family. You have no resources. Owning a horse ranch requires a lot of money. You have to buy the land. You have to pay for the original breeding stock and later you'll have to pay large stud fees. There's no way you could ever do it.' Then the teacher added, 'If you will rewrite this paper with a more realistic goal, I will reconsider your grade.'"

"The boy went home and thought about it long and hard. He asked his father what he should do. His father said, 'Look, son, you have to make up your own mind on this. However, I think it is a very important decision for you.' Finally, after sitting with it for a week, the boy turned in the same paper, making no changes at all.

## Mat Chats

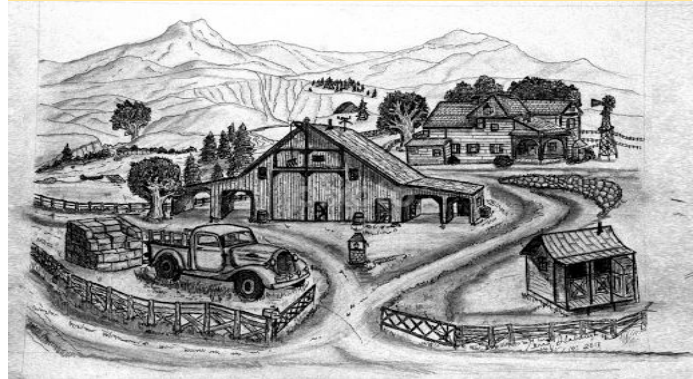
### Good Manners

Week 1. Polite Greeting

Week 2. Showing respect

Week 3. Playground manners

Week 4. The magic words and how to say them



He stated, 'You can keep the F and I'll keep my dream.'" Monty then turned to the assembled group and said, "I tell you this story because you are sitting in my 4,000-square-foot house in the middle of my 200-acre horse ranch. I still have that school paper framed over the fireplace."

He added, "The best part of the story is that two summers ago that same school teacher brought 30 kids to camp out on my ranch for a week. When the teacher was leaving, the teacher said, 'Look, Monty, I can tell you this now. When I was your teacher, I was something of a dream stealer. During those years I stole a lot of kids' dreams. Fortunately you had enough gumption not to give up on yours.'"

"Don't let anyone steal your dreams. Follow your heart, no matter what."

- Author Unknown

# Kata Competition!!!

Saturday, November 10th

**10:00am**

Rod Sanford's Traditional Martial Arts

4626 Soquel Drive, Soquel, CA 95073

831-475-9676



**Competitors will be judged on all aspects of their kata. So, select your favorite kata and practice!**

The cost to participate is \$20.00 for the first division and \$5.00 for each additional division.

All competitors will receive a trophy or a medal!

Please bring your full gi and belt.

*Pay the day of the competition at Rod Sanford's Traditional*

## Theme of the Month: Jiu-Jitsu!!!



**KEEP  
CALM  
AND  
TRAIN  
JIU JITSU**

This month we will continue with our Jiu Jitsu curriculum. We will teach more advanced techniques and drills in all of our classes. The goal is to help students feel more confident when dealing with an opponent on the ground.

On Saturday, October 20th, there will be Zen Bei Butoku Kai (ZBBK) exams held at Rod Sanford's Traditional Martial Arts located at 4626 Soquel Dr. Soquel, CA 95073.

Many of our students will be invited to attend. This is a great opportunity to earn an international certificate from the ZBBK.

These exams are only held twice a year. The organization recognizes ranks from Green belt and up. So if you or your child have that rank look for an invitation soon.



# OCTOBER 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Adult Advanced Class	2	3	4	5	6
7 Practice at home!	8 Leadership Class	9	10	11	12	13
14 Practice at home!	15 Adult Advanced Class	16	17	18 <b>Testing</b> Regular class times Thurs & Fri	19	20 ZBBK EXAMS
21 Practice at home!	22 Leadership Class	23	24	25	26	27
28  (You know what to do!)	29	30	31 Closed for Halloween		wvmadojo.com (408) 871-8180	