

Provide information on Critical Incident Stress and Behavioral Health support resources available in Oregon Provide information on how those resources are accessed Provide information on actions taken in response to the UCC shooting Recommendations

Introductions and Background

- ▶ Southern Oregon Critical Incident Response Team and Faith Community (SOCIRT)
 - ▶ Fred M. Saada, Executive Chaplain
- American Red Cross
 - ▶ Carol Gross MS LMHC, Cascades Region Disaster Mental Health Advisor
- ▶ Faith Community
 - ▶ Hugh Heinrichsen, Pastor of Spiritual Formation, Redeemer's Fellowship
- Douglas County Public Health
 - Eugene Regan REHS, Former Public Health Preparedness Coordinator, Douglas County Health and Social Services

Southern Oregon Critical Incident Response Team (SOCIRT)

- ▶ Who we are
 - ▶ A Critical Incident Response Team(CIRT) that is trained to work with First Responders using Critical Incident Stress Management (CISM) tools. Team is made up of Peers, Mental Health and Chaplains.
- What we do
 - Facilitate CISM responses to traumatic events, utilizing Defusings, Debriefings, Crisis Management Briefings and other CISM tools
- ▶ How are we accessed
 - ▶ Generally an agency will contact us either directly or through their dispatch

Faith Based Community

- ▶ Who we are...
 - ► Douglas County Evangelical Fellowship (DCEF)
 - ▶ Other Churches
 - ▶ Local Faith Based Agencies
 - ▶ Outside Faith Based Responder Coordination
- ▶ What we do...
 - Non-Denominational group of pastors and Christian ministries coming together for support, counsel, training, resources and relationships.

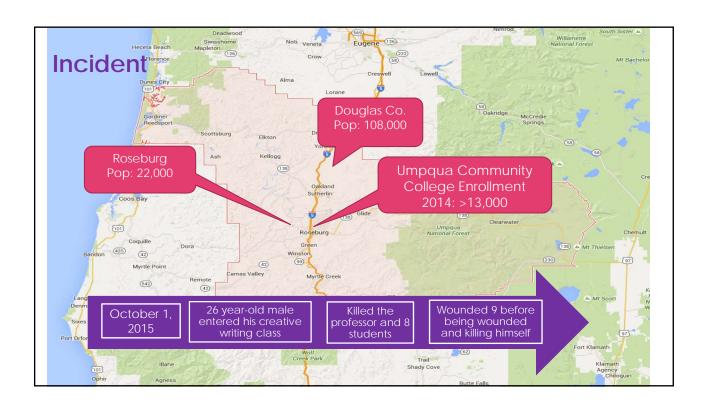
American Red Cross



- ▶ A national humanitarian organization with an extensive network of donors, volunteers and employees who share a mission of preventing and relieving suffering
- What we do
 - Disaster Relief
 - ► Health and Safety Training and Education
 - ▶ Lifesaving Blood
- How are we accessed
 - ▶ As part of Volunteer Organizations Assisting in Disasters, we may be activated through VOAD
 - ▶ Request of local Red Cross volunteer
 - ▶ Request of local emergency management
 - Request of other local organizations (businesses, cities, college, school district, community mental health program)



- Who we were
 - ▶ The local governmental public health services program
- What we did
 - Many services: family planning, Women Infant and Children, Immunizations, Communicable Disease Investigation
 - ▶ In regard to this topic, Public Health Emergency Preparedness
- What was our role
 - Improving the health of the community at-large, to include improved response and recovery from emergencies and disasters



SOCIRT - UCC Response Actions

- ► Notification/Activation
 - Notified of the event by OSP SOCOMM Dispatch while the event was still happening.
 - ▶ Dual Activation by Oregon State Fire Marshall's Office & OSP CIRT
- ▶ Focused on First Responders that where on scene within hotzone
- ► Activation still on-going (long term commitment to First Responders)
 - ► Continued peer and mental health interaction
 - ▶ Continued building of CIRT and Chaplain component for Douglas County
- Summary of activities
 - ▶ 4 Defusings Fire and EMS personnel within first 3 hours
 - ▶ Assisted Law Enforcement at Fairgrounds Death Notification Coordination
 - ▶ 6 Debriefs Fire and EMS personnel within 72 hours at High School

SOCIRT - UCC Response Actions

- Summary of activities
 - ▶ Asked to vet Chaplains that had arrived at Fairgrounds
 - ▶ Debriefed Law Enforcement personnel with OSP CIRT approx. 10 debriefs
 - ▶ Peer, Mental Health & Chaplain crisis interventions to this day

American Red Cross

- ▶ Notification/Activation
 - ▶ Received call from local Red Cross volunteer jogging near UCC at the time
- Focused on
- ▶ Length of activation
 - ▶ 21 days, 15 days for the bulk of ARC BH volunteers
- Summary of activities
 - ▶ 1283 total contacts
 - ▶ 4 Town hall type "Tips for Coping" meetings
 - Assisted at drop-in centers
 - Assisted with limited financial assistance for immediate needs of survivors and families
 of those killed

Faith Based Community



- ▶ Notification/Activation
- Focused on
 - ▶ Community healing through network of diverse churches
- ▶ Length of activation
 - ▶ 15 days, but additional activities scheduled later
- Summary of activities
 - ▶ Community worship gatherings at Douglas County fairgrounds
 - ▶ GriefShare trauma workshops

Douglas County Public Health

- ▶ Notification/Activation
 - ▶ DCPH staff person with scanner application on their smart phone
- Focused or
 - ▶ Supporting Community Health Alliance the community mental health program
- ▶ Length of activation
- Summary of activities
 - Assisted in support of operational briefings, PsyStart data entry

Oregon Health Authority - Actions

- ► Healthcare System
 - ▶ Alerted by Douglas County Emergency Management
 - ▶ Activated Incident Management Teams at Mercy and PeaceHealth Riverbend
 - ▶ Began Emergency Department and Operating Room Decompression
 - Peace Health had time to develop 3 specific areas designed to accommodate non-patient, yet incident specific needs:
 - 1) Family Assistance (Re-unification)
 - 2) Media
 - 3) Law Enforcement

Oregon Health Authority - Actions

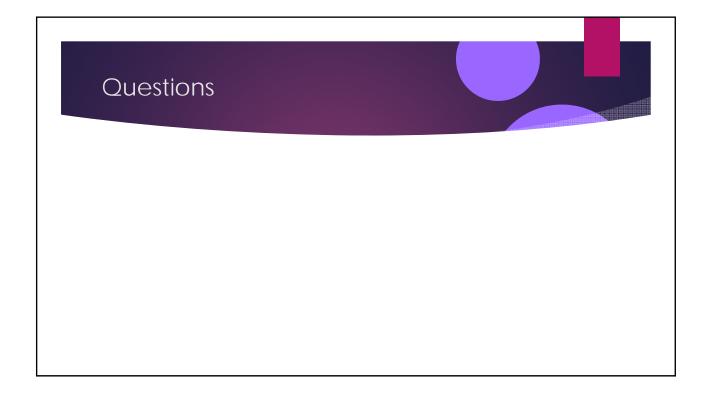
- ► Healthcare Preparedness Program
 - ▶ Information gathering (Initial Casualty Numbers were high)
 - Request to all I-5 Hospitals to update HOSCAP (Hospital Capacity) website or to phone in their updates
 - ▶ Larger hospitals began Emergency Department Decompression
 - Through OHA-FBI Victims Assistance Team were connected to both Mercy Medical Center and Peace Health Riverbend Hospital

Oregon Health Authority - Actions

- ► PHEP-worked with DCPH to support organizing the key behavioral health players with the local Community Mental Health Program-Community Health Alliance (CHA)
- Notified by the local public health preparedness coordinator
- Focused on supporting the behavioral health needs in the community and at UCC in particular
- OHA, Public Health Preparedness staff were supporting CHA from October 2 thru the end of November

Oregon Health Authority - Actions

- Summary of activities
 - Organizing and facilitating the behavioral health operations briefing meetings and schedule
 - ▶ Sharing information with behavioral health response partners
 - ▶ Providing technical staff to CHA for UCC behavioral response activities
 - Opening the Umpqua Wellness Center to expand capacity for serving more highly impacted individuals
 - ▶ Staffed almost entirely by SERV-OR volunteers
 - ▶ Open for 16 weeks



Fred M. Saada Executive Chaplain Rogue Valley Chaplain's Association Southern Oregon Critical Incident Response Team (SOCIRT) <u>fsaada@roguevalleychaplain.com</u> Carol Gross MS LMHC American Red Cross Cascades Region Disaster Mental Health Advisor g.cgross@comcast.net

