



Belts & Time		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons (Age 3-6)	<b>Beginner</b> No Belt / White / Yellow / Green	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	5:50 - 6:30 PM	11:50 - 12:30 PM
	<b>Intermediate</b> Orange / Blue / H.Blue		5:00 - 5:40 PM		5:00 - 5:40 PM		11:00 - 11:40 AM
Child (Age 6 & Up)	<b>Beginner</b> No Belt / White / Yellow / Green	6:40 - 7:20 PM	5:50 - 6:30 PM	6:40 - 7:20 PM	5:50 - 6:30 PM	6:40 - 7:20 PM	11:50 - 12:30 PM
	<b>Intermediate</b> Orange / Blue / H.Blue		5:00 - 5:40 PM		5:00 - 5:40 PM		11:00 - 11:40 PM
	<b>Advanced</b> Brown / Purple / Red	5:00 - 5:40 PM	6:40 - 7:20 PM	5:00 - 5:40 PM	6:40 - 7:20 PM	5:00 - 5:40 PM	10:10 - 10:50 AM
	<b>Deputy Black Belt</b>	7:20 - 8:00 PM	5:00 - 5:40 PM	7:20 - 8:00 PM	5:00 - 5:40 PM	7:20 - 8:00 PM	
	<b>Black Belt</b>	5:00 - 5:40 PM	6:40 - 7:20 PM	5:00 - 5:40 PM	6:40 - 7:20 PM	5:00 - 5:40 PM	
Teen & Adult (Age 12 & Up)	<b>Beginner</b>	7:20 - 8:00 PM		7:20 - 8:00 PM		7:20 - 8:00 PM	11:50 - 12:30 PM
	<b>Intermediate</b>						11:00 - 11:40 AM
	<b>Advanced</b>						10:10 - 10:50 AM
Family	Children / Teen / Adult All Belts	4:20 - 5:00 PM	7:20 - 8:00 PM	4:20 - 5:00 PM	7:20 - 8:00 PM	4:20 - 5:00 PM	
<b>Sparring (Orange Belt &amp; Up)</b>			5:50 - 6:30 PM		5:50 - 6:30 PM		
<b>Special Classes</b> <i>(Please Ask Masters)</i>							
Student Leader Class					6:40 - 7:20 PM		
Self Defense (D/B & Up or 13 years & Up)				7:20 - 8:00 PM			11:00 - 11:40 AM
Spiritual Class			6:40 - 7:20 PM				
Preparation Class		Ask Masters	8:00 - 8:40 PM	Ask Masters	8:00 - 8:40 PM		
Competition Team		8:00 - 8:40 PM		8:00 - 8:40 PM		Ask Masters	
JL Demo Team		8:00 - 8:40 PM		8:00 - 8:40 PM			

1. Parents are encouraged to watch classes. Please respect the class by remaining quiet and turning all cell phone ringers to "silent"

2. "Test Skills Private Lesson" is for only testing students who want to improve their Forms, Self-defense and Breaking technics. *Please ask Masters.*

3. If you have any questions, please also visit [www.jltaekwondo.com](http://www.jltaekwondo.com) or contact Master B.Y. Yoon anytime at (919) 467-1234 or [jltaekwondo2015@gmail.com](mailto:jltaekwondo2015@gmail.com)