

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Female Overall Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Marry	Long Beach NY	20	151	15	21:39.3	6:59/M

Male Overall Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ronald Joseph	Rockaway Park NY	34	318	1	17:53.1	5:46/M

Female Long Beach Resident Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaclyn Marry	Long Beach NY	20	150	16	21:39.7	6:59/M

Male Long Beach Resident Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mitchell Ostrow	Long Beach NY	29	187	6	18:35.7	6:00/M

Female Physically Challenge Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Accardo	Long Beach NY	35	315	167	30:33.4	9:51/M

Male Military Active Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Pulis	West Hempstead NY	38	247	101	27:13.4	8:47/M

Female Military Veterans Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Freeman	Cornwall NY	50	88	251	38:03.6	12:16/M

Male Military Veterans Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	William Haas	Long Beach NY	54	110	47	24:07.2	7:47/M

Race Date
July 16, 2017

Waterfront Warriors 5K

Age Group Results

Race Division

Male Military Veterans Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Vincent Mascoli	Levittown NY	67	153	228	36:10.4	11:40/M
3	John McCarthy	Long Beach NY	74	157	254	38:11.3	12:19/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Female 14 and Under

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Caleigh Hopkins	Franklin Square NY	11	118	59	25:04.7	8:05/M
2	* Marie Naudus	Island Park NY	14	181	107	27:38.9	8:55/M
3	* Shannon Pulis	West Hempstead NY	10	194	162	30:11.6	9:44/M
4	Nicole Morales	Garden City NY	13	172	248	38:02.1	12:16/M
5	Gabriella Filiano	Long Beach NY	8	84	256	38:13.1	12:20/M
6	Olympia Van Blenis	Garden City NY	14	227	268	39:06.2	12:37/M

Male 14 and Under

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Aidan Hopkins	Franklin Square NY	7	117	42	23:56.0	7:43/M
2	* James Hopkins	Franklin Square NY	13	119	54	24:42.8	7:58/M
3	* Jofferson Eugenio	Howard Beach NY	14	69	77	26:02.3	8:24/M
4	Liam Ahearn	Long Beach NY	11	1	108	27:39.6	8:55/M
5	Patrick Van Blenis	Garden City NY	9	228	128	28:17.4	9:07/M
6	David Barrere	Lynbrook NY	10	13	165	30:26.0	9:49/M
7	Matthew Morales	Garden City NY	10	171	185	32:15.6	10:24/M
8	Sean Mannion	Long Beach NY	11	281	223	35:37.4	11:29/M
9	Anthony Filiano	Long Beach NY	9	83	236	37:11.2	12:00/M

Female 15 to 19

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Audrey Cozine	Long Beach NY	15	45	38	23:35.8	7:36/M
2	* Maggie Thibault	Baldwin NY	17	221	43	23:56.4	7:43/M
3	* Gabrielle Morelli	Old Tappan NJ	19	173	92	26:42.3	8:37/M
4	Chelsea Rotando	Long Beach NY	19	249	117	27:51.0	8:59/M
5	Sydnee Donnelly	Bellmore NY	16	59	196	32:40.7	10:32/M
6	Rylee McCve	Carmel ME	18	276	226	35:54.8	11:35/M

Male 15 to 19

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Francis O'Brien	Long Beach NY	16	251	2	17:53.7	5:46/M
2	* Jake McCarthy	Yorktown Heights NY	19	156	8	19:03.2	6:09/M
3	* Tyler Cossu	Malverne NY	18	44	13	21:34.8	6:57/M
4	Will Feddern	Cary NC	16	79	21	22:05.4	7:07/M
5	Sean Carr	Long Beach NY	18	239	24	22:28.1	7:15/M
6	Samuel Aidelson	Woodmere NY	18	4	96	26:54.2	8:41/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sarah Dennehy	Smithtown NY	23	51	115	27:49.1	8:58/M
2 *	Ashley Donnelly	Bellmore NY	20	57	131	28:25.5	9:10/M
3 *	Kristina Weller	Kings Park NY	22	234	134	28:40.8	9:15/M
4	Alyssa Cicia	Oceanside NY	20	36	150	29:34.8	9:32/M
5	Sarah Tishler	Rockville Centre NY	21	223	171	30:49.4	9:56/M
6	Allyson Barbanell	New York NY	23	12	173	31:02.9	10:01/M
7	Annie Reeves	Whitestone NY	20	198	193	32:32.9	10:30/M
8	Abigail Bongiorno	East Setauket NY	22	259	242	37:43.1	12:10/M
9	Rebecca Cornell	Stony Brook NY	21	43	243	37:43.4	12:10/M
10	Andre Bongiorno	East Setauket NY	22	257	245	37:44.1	12:10/M
11	Annmarie Denney	Whitestone NY	22	52	257	38:19.3	12:22/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kieran Hurley	Long Beach NY	21	124	17	21:42.8	7:00/M
2 *	Joe Murdy	Long Beach NY	22	177	27	22:47.9	7:21/M
3 *	Ryan Failla	Baldwin NY	21	72	36	23:33.7	7:36/M
4	Andrew Hieb	East Meadow NY	21	258	37	23:34.1	7:36/M
5	Michael Falchiere	New York NY	24	74	44	23:58.8	7:44/M
6	Ricky Tishler	Rvc NY	20	327	49	24:19.2	7:51/M
7	Philip Cicia	Oceanside NY	22	37	70	25:46.8	8:19/M
8	Brian Hurley	Long Beach NY	22	122	84	26:12.7	8:27/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joanna Goldfarb	Nyack NY	27	102	33	23:11.6	7:29/M
2 *	Ashley Sherman	Long Beach NY	29	212	41	23:55.3	7:43/M
3 *	Katie Jane Crowley	Long Beach NY	27	273	55	24:43.7	7:58/M
4	Rebecca Soehner	Rockville Centre NY	27	216	85	26:17.7	8:29/M
5	Nicole Balder	East Rockaway NY	28	9	121	27:54.0	9:00/M
6	Chelsea Long	Dublin CA	29	147	130	28:22.0	9:09/M
7	Christina Korzeniowski	Floral Park NY	28	140	132	28:34.6	9:13/M
8	Michelle Lavagnino	Long Beach NY	27	143	159	30:04.0	9:42/M
9	Emma Murray	Farmingdale NY	25	179	192	32:32.4	10:30/M
10	Kristin Glocksien	Long Beach NY	26	99	203	33:35.2	10:50/M
11	Jennifer Jacobs	Massapequa NY	25	128	211	34:06.3	11:00/M
12	Molly Duffy	Massapequa NY	25	63	212	34:32.5	11:08/M
13	Jillian Jones	Long Beach NY	28	133	240	37:33.8	12:07/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Female 25 to 29

Place	Name	City	Age	Bib No	Overall	Time	Pace
14	Molly McLaughlin	Long Beach NY	26	163	241	37:41.2	12:09/M
15	Andrea Garcia	Glen Cove NY	29	299	246	37:49.9	12:12/M
16	Randi Provenzano	Long Beach NY	29	193	294	51:57.7	16:45/M
17	Elizabeth Wehrli	Medford NY	29	232	295	51:58.8	16:46/M

Male 25 to 29

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Travis MacKenzie	Post Chester NY	29	283	3	17:54.4	5:46/M
2	* Jason Sapper	East Setauket NY	27	206	40	23:50.9	7:41/M
3	* Joseph Moncada	Elmont NY	26	170	51	24:34.5	7:55/M
4	Sam Smith	Commack NY	28	303	71	25:52.4	8:21/M
5	David Meloni	Glen Cove NY	29	166	149	29:33.6	9:32/M
6	Conor Reilly	Bethpage NY	25	199	210	34:06.3	11:00/M

Female 30 to 34

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Deanna Pennetta	Glen Cove NY	34	272	28	22:47.9	7:21/M
2	* Tara Senft	Babylon NY	32	211	58	25:04.6	8:05/M
3	* Catherine Klein	Oceanside NY	33	138	66	25:33.0	8:15/M
4	Meylyn Cherry	Brooklyn NY	30	319	82	26:10.2	8:26/M
5	Jaclyn Potapchuk	Long Beach NY	34	285	122	27:54.5	9:00/M
6	Amy Leung	Douglaston NY	32	307	140	29:08.8	9:24/M
7	Brianne Butler	Cincinnati OH	32	26	146	29:30.8	9:31/M
8	Kimberly Vissichelli	Glen Cove NY	33	229	147	29:31.9	9:31/M
9	Lucy Ayoub	East Elmhurst NY	32	287	148	29:31.9	9:31/M
10	Michelle Dowst	Kennesaw GA	30	60	158	30:01.9	9:41/M
11	Katherine Hoey	Garden City NY	32	316	168	30:33.5	9:51/M
12	Kim Alogna	Long Beach NY	31	5	174	31:07.5	10:02/M
13	Aliza Rappel	Long Beach NY	34	196	176	31:17.6	10:05/M
14	Michaela Grant	Farmingdale NY	34	105	180	31:39.1	10:13/M
15	Kate Mugno	Wantagh NY	34	175	181	31:41.9	10:13/M
16	Megan Rodahan	Wantagh NY	33	203	224	35:37.8	11:29/M
17	Tiffany Flynn	Pearl River NY	31	278	227	35:55.9	11:35/M
18	Nicole Lesperance	Long Beach NY	34	264	276	40:37.3	13:06/M
19	Rehanna Hassan	Baldwin NY	31	113	278	42:21.6	13:40/M
20	Suzanne Eigl	Garden City NY	31	65	283	44:52.1	14:28/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Arie Blum	Cedarhurst NY	30	296	4	18:10.8	5:52/M
2	* Tim Salter	Long Beach NY	33	306	10	20:01.6	6:27/M
3	* Scott Burker	Merrick NY	34	250	18	21:50.2	7:03/M
4	Steve Giannotti	Freeport NY	34	98	25	22:33.6	7:16/M
5	Ryan Arca	Long Beach NY	33	328	31	22:55.8	7:24/M
6	Anthony Ingrilli	Long Beach NY	30	126	68	25:37.0	8:16/M
7	Richie Pierce	Waban MA	34	321	79	26:04.8	8:25/M
8	Stephen Heshe	Massapequa NY	30	300	106	27:33.8	8:53/M
9	Matthew Cooney	East Rockaway NY	31	40	118	27:51.4	8:59/M
10	Mike Duda	Rockville Centre NY	31	61	145	29:20.7	9:28/M
11	Timothy Bates	Long Beach NY	30	271	183	32:06.4	10:21/M
12	Davieas Joseph	Long Beach NY	32	266	186	32:18.2	10:25/M
13	Kristoffer Borch	Atlantic Beach NY	33	260	187	32:18.6	10:25/M
14	Robert Mugno	Wantagh NY	33	176	239	37:30.3	12:06/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Beth Burke	Garden City NY	39	24	22	22:16.2	7:11/M
2	* Deidre Carl	RVC NY	37	302	26	22:40.7	7:19/M
3	* Natalia McNamara	Long Beach NY	38	164	45	24:01.6	7:45/M
4	Alicia Rodabaugh	Long Beach NY	39	202	52	24:35.8	7:56/M
5	Janice McIntyre	Long Beach NY	39	162	57	25:02.4	8:05/M
6	Kelsie Clark	Long Beach NY	36	39	64	25:29.6	8:13/M
7	Amanda Abbot	Long Beach NY	35	317	75	26:00.7	8:23/M
8	Christina Gallagher	Long Beach NY	38	93	99	27:09.6	8:45/M
9	Jessica May	Merrick NY	36	246	103	27:16.6	8:48/M
10	Katherine Johnson	Long Beach NY	38	308	114	27:47.3	8:58/M
11	Melissa Hyatt	Long Beach NY	35	125	133	28:38.7	9:14/M
12	Jesica Farrell	Belle Harbor NY	39	301	175	31:12.4	10:04/M
13	Jo Cecil	Long Beach NY	36	292	204	33:36.7	10:50/M
14	Tricia Cooney	East Rockaway NY	39	42	221	35:31.7	11:27/M
15	Susan Casey	Long Beach NY	38	33	234	37:10.2	11:59/M
16	Annette Uvena	Huntington Station NY	38	225	265	38:54.9	12:33/M
17	Christina Gardrvits	Long Beach NY	35	96	273	39:53.4	12:52/M
18	Beth Davis	Oceanside NY	39	49	291	49:58.2	16:07/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
--------------	-------------	-------------	------------	---------------	----------------	-------------	-------------

Waterfront Warriors 5K

Age Group Results

Race Division

Race Date
July 16, 2017

Male 35 to 39

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Thomas McIntyre	New York NY	38	242	5	18:17.4	5:54/M
2	* Adam Jakubowitz	Woodmere NY	35	129	14	21:39.0	6:59/M
3	* Michael O'Brien	Long Beach NY	39	320	20	22:04.9	7:07/M
4	Elliot Jakubowitz	Long Beach NY	38	130	30	22:53.9	7:23/M
5	Christopher Jones	Long Beach NY	35	132	34	23:13.0	7:29/M
6	Christopher Grant	Farmingdale NY	36	104	72	25:53.6	8:21/M
7	Robert Falcone	Long Beach NY	37	75	89	26:27.5	8:32/M
8	Scott Smith	Long Beach NY	37	215	94	26:44.1	8:37/M
9	Daniel Miklos	Long Beach NY	38	167	100	27:13.1	8:47/M
10	Timothy Williams	Long Beach NY	37	294	111	27:43.7	8:56/M
11	Tim Dutra	Long Beach NY	39	64	126	28:12.9	9:06/M
12	Michael Cooney	East Rockaway NY	39	41	222	35:31.9	11:27/M

Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Jennifer Wagner	Island Park NY	44	230	46	24:05.4	7:46/M
2	* Debbie Cacamese	Long Beach NY	43	312	56	24:54.2	8:02/M
3	* Sabrina Kaminsky	Long Beach NY	41	134	65	25:31.5	8:14/M
4	Deidre McDonagh	Long Beach NY	43	160	91	26:40.4	8:36/M
5	Martha Berdote	Baldwin NY	44	310	93	26:42.7	8:37/M
6	Bernadette Mannion	Long Beach NY	44	282	98	27:06.3	8:45/M
7	Jean Duffy	Long Beach NY	43	322	142	29:12.4	9:25/M
8	Danielle Smith	Long Beach NY	43	288	151	29:48.7	9:37/M
9	Kathleen Schalk	Long Beach NY	42	207	179	31:38.9	10:12/M
10	Jeannine Cammarata	Wantagh NY	44	27	182	31:52.0	10:17/M
11	Nicole Marshall	Rockville Centre NY	43	152	189	32:21.7	10:26/M
12	Jennifer Galanga	Mineola NY	41	92	194	32:35.8	10:31/M
13	Kristina Oneill	East Rockaway NY	42	186	197	32:58.6	10:38/M
14	Jill Dabrowski	Mineola NY	41	262	259	38:29.7	12:25/M
15	Christine Casey	Long Beach NY	40	295	272	39:52.9	12:52/M
16	Jamie Guggenheim	Bellmore NY	42	108	290	49:57.5	16:07/M

Male 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Jon Matteo	Long Beach NY	42	253	7	18:59.8	6:07/M
2	* Michael Going	Westbury NY	44	100	35	23:20.4	7:32/M
3	* James Hopkins	Franklin Square NY	41	120	60	25:05.1	8:05/M
4	Andrew Raubuck	Long Beach NY	40	197	95	26:49.5	8:39/M

Waterfront Warriors 5K

Age Group Results

Race Division

Male 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
5	Patrick Groarke	Rockville Centre NY	40	107	113	27:46.6	8:57/M
6	Kevin Farrell	Rockaway Park NY	42	76	123	27:54.8	9:00/M
7	Joseph Vultaggio	Long Beach NY	43	323	154	29:57.4	9:40/M
8	Efrain Burgos	Freeport NY	44	331	157	30:00.6	9:41/M
9	John G Obrien	Dacien CT	43	290	164	30:18.5	9:46/M
10	Charlie Galanga	Mineola NY	43	91	177	31:27.2	10:09/M
11	Jeremy Cecil	Long Beach NY	44	291	198	33:08.0	10:41/M
12	Sean Gerty	Long Beach NY	44	286	205	33:45.9	10:53/M
13	Iqbal Hassan	Baldwin NY	41	112	287	46:54.9	15:08/M
14	Inshan Hassan	South Ozone Park NY	44	111	296	52:37.7	16:58/M

Female 45 to 49

Place	Name	City	Age	Bib No	Overall	Time	Pace
1 *	Sharon Dasilva	Island Park NY	47	48	39	23:40.9	7:38/M
2 *	Robin Lynch	Long Beach NY	48	148	48	24:13.2	7:49/M
3 *	Marie Roethel	Point Lookout NY	46	261	67	25:36.6	8:15/M
4	Patricia Farrell	Long Beach NY	47	77	105	27:25.8	8:51/M
5	Marissa Gallagher	Long Beach NY	47	94	112	27:45.6	8:57/M
6	Maureen Schutta	Long Beach NY	45	208	138	28:59.5	9:21/M
7	Valerie Emerson	Island Park NY	48	67	144	29:17.8	9:27/M
8	Kim Sackaris	East Rockaway NY	46	205	153	29:56.6	9:39/M
9	Patricia Barrere	Lynbrook NY	47	14	166	30:26.3	9:49/M
10	Kathy Boyle	Rockville Centre NY	46	20	188	32:20.7	10:26/M
11	Kelly McCormack	Oceanside NY	47	158	215	35:04.3	11:19/M
12	Dr. Cariann Perretta	Long Beach NY	49	190	216	35:06.0	11:19/M
13	Robyn Schwartz	Bellmore NY	49	210	230	36:43.3	11:51/M
14	Dana Levenberg	Long Beach NY	47	144	231	36:45.2	11:51/M
15	Miluzka Mahler	Long Beach NY	47	149	244	37:43.9	12:10/M
16	Missy Carr	Long Beach NY	49	240	250	38:03.5	12:16/M
17	Karalyn Stracher	Merrick NY	49	245	270	39:38.4	12:47/M
18	Kerry Hughes	Long Beach NY	48	297	271	39:51.1	12:51/M
19	Deborah Aidelson	Woodmere NY	48	3	282	44:31.6	14:22/M
20	Stacey Coletti	Rockville Centre NY	49	293	289	47:30.7	15:19/M
21	Ann Ryan	Oceanside NY	48	204	292	51:30.4	16:37/M

Male 45 to 49

Place	Name	City	Age	Bib No	Overall	Time	Pace
1 *	Robert Devinney	Long Beach NY	46	53	9	19:49.7	6:24/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Male 45 to 49

Place	Name	City	Age	Bib No	Overall	Time	Pace
2	* Steve Davis	Atlantic Beach NY	49	314	11	20:06.4	6:29/M
3	* Darren S Farcilongo	Long Beach NY	46	311	12	21:01.2	6:47/M
4	Joe Campise	Long Beach NY	46	29	29	22:48.8	7:21/M
5	William Rotando	Long Beach NY	49	248	62	25:18.8	8:10/M
6	Bobby Newman	Long Beach NY	49	183	63	25:23.1	8:11/M
7	Sam Morelli	Old Tappan NJ	48	174	80	26:06.9	8:25/M
8	Robert Brennan	West Babylon NY	47	21	90	26:31.7	8:33/M
9	Al Bauer	Long Beach NY	47	268	127	28:14.6	9:06/M
10	John G Karounos	Long Beach NY	46	265	136	28:45.2	9:16/M
11	Joe Lennon	Long Beach NY	48	313	143	29:13.1	9:25/M
12	Michael Van Blenis	Garden City NY	48	226	152	29:49.1	9:37/M
13	Cory Rosenbaum	Long Beach NY	48	267	156	30:00.1	9:41/M
14	Joseph Eugenio	Howard Beach NY	46	70	200	33:17.0	10:44/M
15	Eric Paras	Oceanside NY	47	324	247	37:58.4	12:15/M
16	David Aidelson	Woodmere NY	49	2	253	38:10.4	12:19/M
17	Jonathon Escher	Baldwin NY	46	284	264	38:54.4	12:33/M

Female 50 to 54

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Lesli Hiller	New Hyde Park NY	51	279	23	22:27.8	7:15/M
2	* Cheri Donnelly	Bellmore NY	50	58	73	25:56.4	8:22/M
3	* Cathy Von Schoenemorck	Long Beach NY	53	252	81	26:08.4	8:26/M
4	Kathy Tocci	Long Beach NY	51	224	87	26:25.5	8:31/M
5	Kara Ferrante	Long Beach NY	54	81	202	33:31.8	10:49/M
6	Cindy Giangrande	East Setauket NY	54	97	208	33:59.4	10:58/M
7	Jean Locurto	West Islip NY	54	146	213	34:39.8	11:11/M
8	Nina Kaufman	New York NY	52	135	217	35:09.5	11:20/M
9	Helena Barani	Long Beach NY	50	11	218	35:12.9	11:21/M
10	Christina Pesce	Brooklyn NY	52	192	258	38:27.1	12:24/M
11	Joanne Carlin	Rockville Centre NY	51	31	261	38:47.3	12:31/M
12	Pamela Thibault	Baldwin NY	50	222	267	39:01.7	12:35/M
13	Joan Green	Rockaway Park NY	54	106	279	42:42.4	13:46/M
14	Dawn Cozine	Long Beach NY	51	46	281	44:15.2	14:16/M

Male 50 to 54

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Paul Englehart	Baldwin NY	51	68	19	21:58.8	7:05/M
2	* Patrick Myers	Long Beach NY	52	180	83	26:10.7	8:26/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Male 50 to 54

Place	Name	City	Age	Bib No	Overall	Time	Pace
3	* William Weller	Kings Park NY	52	235	109	27:40.5	8:55/M
4	John Feddern	Cary NC	52	78	110	27:41.2	8:56/M
5	Frank Siblano	Bethpage NY	51	304	120	27:53.5	9:00/M
6	Bud McQuillan	Bellmore NY	50	165	124	27:59.4	9:02/M
7	James Yeoman	Lido Beach NY	50	305	125	28:10.5	9:05/M
8	Chuck Carr	Long Beach NY	51	241	135	28:43.6	9:16/M
9	Brian Hurley	Long Beach NY	50	123	155	29:58.9	9:40/M
10	Matt Emerson	Island Park NY	50	66	191	32:29.9	10:29/M
11	Ben Schwartz	Bellmore NY	50	209	199	33:14.1	10:43/M
12	Pete Meyers	Long Beach NY	53	330	237	37:18.3	12:02/M
13	Dave Wilensky	Long Beach NY	53	237	255	38:13.0	12:20/M
14	Sean O'Brien	Baldwin NY	52	185	280	42:56.1	13:51/M
15	Brisn Freeman	Cornwall NY	50	87	293	51:57.0	16:45/M

Female 55 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Jane Blackburn	Long Beach NY	59	18	69	25:45.3	8:18/M
2	* Deirdre Bambrick-Oriani	Baldwin NY	59	10	104	27:20.0	8:49/M
3	* Jane Morga	Long Beach NY	55	244	137	28:54.0	9:19/M
4	Linda Mandel	Long Beach NY	59	254	139	29:02.3	9:22/M
5	Amy Spodick	Lido Beach NY	55	255	172	31:00.5	10:00/M
6	Caryn Zilka	Long Beach NY	56	238	206	33:49.3	10:55/M
7	Laurie Terken	East Setauket NY	56	220	209	34:00.0	10:58/M
8	Nance Henwood	Oceanside NY	56	114	219	35:14.9	11:22/M
9	Lori Dolan	Long Beach NY	56	56	225	35:46.7	11:32/M
10	Joan Berger	Syosset NY	55	16	232	36:45.4	11:51/M
11	Ellen Feldman	Long Beach NY	56	80	233	36:47.2	11:52/M
12	Carolyn Singer	Long Beach NY	58	213	260	38:32.7	12:26/M
13	Lori Skonberg	Oceanside NY	59	214	262	38:48.1	12:31/M
14	Elizabeth Needham	Long Beach NY	55	182	269	39:22.6	12:42/M

Male 55 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Patrick Engle	Bellmore NY	59	263	32	23:01.2	7:25/M
2	* Francis Moriarty	Long Beach NY	55	329	50	24:28.5	7:54/M
3	* Duane Shank	Saint James NY	59	270	53	24:38.8	7:57/M
4	Scott Sparr	Long Beach NY	58	217	76	26:01.0	8:24/M
5	Peter May	RVC NY	59	309	78	26:03.2	8:24/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Joseph Carr	New York NY	55	32	86	26:23.0	8:31/M
7	Paul Murdy	Long Beach NY	57	178	88	26:26.5	8:32/M
8	Douglas Renoud	Long Beach NY	57	201	97	26:56.9	8:41/M
9	Donald Hines	New Hyde Park NY	55	115	102	27:15.3	8:47/M
10	Thomas Whelan	Long Beach NY	59	236	116	27:51.0	8:59/M
11	Glen Shaw	Long Beach NY	58	325	119	27:52.7	8:59/M
12	Bernard KilKelly	Point Lookout NY	57	277	129	28:18.6	9:08/M
13	Ed Chiarello	Wantagh NY	59	34	160	30:09.3	9:44/M
14	Glenn Guidone	Floral Park NY	55	109	161	30:09.3	9:44/M
15	Thomas Garcia	Long Beach NY	59	280	169	30:41.2	9:54/M
16	Jim De Alto	Long Beach NY	58	289	178	31:28.1	10:09/M
17	Irwin Weiss	Long Beach NY	58	233	190	32:28.5	10:28/M
18	James Goldfarb	Harris NY	59	101	249	38:02.9	12:16/M
19	Richard Barrios	Bellmore NY	58	275	266	38:56.3	12:34/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Kirk	Branchburg NJ	62	137	195	32:38.3	10:32/M
2 *	Joan Chiarello	Wantagh NY	60	35	207	33:58.8	10:57/M
3 *	Judy Aponte	Long Beach NY	60	7	238	37:22.9	12:03/M
4	Celeste Duffy	Massapequa NY	62	62	274	39:53.4	12:52/M
5	Jill Friedman	Oceanside NY	60	89	275	40:18.3	13:00/M
6	Joan Lanzone	Point Lookout NY	61	269	284	46:06.5	14:52/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Butler	Long Beach NY	63	25	61	25:06.6	8:06/M
2 *	Tom McNeely	Island Park NY	61	274	184	32:10.9	10:23/M
3 *	Patrick Kinnier	Long Beach NY	60	136	214	34:55.7	11:16/M
4	Rick Garde	Long Beach NY	61	95	220	35:28.1	11:26/M
5	Salvatore Cino	Lynbrook NY	62	243	229	36:29.6	11:46/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Judy Cutaia	Port Washington NY	65	47	201	33:22.5	10:46/M
2 *	Helen Rados	Harris NY	66	195	252	38:04.9	12:17/M

Waterfront Warriors 5K

Age Group Results

Race Date
July 16, 2017

Race Division

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Jackie McGinty	Rockaway Park NY	69	161	263	38:51.6	12:32/M
4	Liz Britz	Sayville NY	65	23	288	47:29.9	15:19/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joseph Alusick	Long Beach NY	67	6	141	29:10.7	9:25/M
2 *	Shawn Momtahn	Bay Shore NY	68	169	163	30:17.0	9:46/M
3 *	Bill Britz	Sayville NY	69	22	170	30:48.3	9:56/M
4	Jeffrey Falchiere	New York NY	65	73	235	37:10.6	11:59/M
5	Lee Jacob	East Rockaway NY	67	127	286	46:52.3	15:07/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Gaglio	Bayside NY	74	90	74	25:57.1	8:22/M
2 *	John Koehler	Rockville Centre NY	71	139	277	42:01.8	13:33/M
3 *	Paul Buckley	The Villages FL	70	298	285	46:10.6	14:54/M

Female 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elisabeth Hlawaty	Elmont NY	82	116	297	53:51.6	17:22/M