

**JESUP INVITATIONAL**

Jesup, IA  
 Jesup Golf and Country Club  
 Weather: Sunny, Wind ESE 10-20mph & 85  
 Host: Jesup  
 Tuesday, September 28, 2021

**MEET OFFICIALS**

**Meet Director:**  
 Joe Smeins  
**Meet Referee:**  
 Mike Bengen  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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**Race #3**  
**Varsity Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	68	4-10-12-16-26(27)(28)	1:43:02	20:37	2:24.0
2 Jesup	111	5-7-9-41-49(80)(91)	1:45:34	21:07	3:04.6
3 Center Point-Urbana	125	6-18-19-38-44(50)	1:47:20	21:28	2:50.1
4 Waverly-Shell Rock	179	15-23-36-47-58(77)(86)	1:50:35	22:07	2:19.7
5 Hudson	181	2-33-42-48-56(79)(89)	1:49:59	22:00	3:48.3
6 Union La Porte City	224	1-13-30-84-96(106)(125)	1:50:27	22:06	5:44.5
7 Benton Community	233	14-29-35-73-82(105)(111)	1:52:37	22:32	3:25.2
8 Newman Catholic Mason C	264	25-45-54-69-71(87)(94)	1:54:16	22:52	1:48.0
9 North Linn Troy Mills	284	8-20-83-85-88(112)	1:53:51	22:47	4:15.4
10 Dike-New Hartford	287	11-34-65-74-103(119)	1:55:11	23:03	4:49.4
11 Central Elkader	289	17-39-53-78-102(104)	1:55:30	23:06	4:11.0
12 North Fayette Valley	316*	46-51-52-67-100(137)	1:57:02	23:25	2:05.0
13 Kee Lansing	316*	3-37-76-92-108	1:55:56	23:12	6:21.5
14 New Hampton	323	21-24-61-95-122(130)(141)	1:57:18	23:28	5:30.5
15 Starmont	331	40-62-63-68-98(117)(133)	1:57:01	23:25	2:16.7
16 Waukon	373	57-64-70-75-107(109)(131)	1:59:13	23:51	2:32.2
17 Aplington-Parkersburg	381	32-60-93-97-99(101)(118)	1:59:28	23:54	2:48.5
18 Wapsie Valley Fairbank	397	22-31-113-115-116(136)	2:01:35	24:19	4:55.9
19 GCGR Grundy Center	427	43-59-81-120-124(138)(142)	2:03:14	24:39	4:13.0
20 Independence	512	55-90-110-128-129(134)(139)	2:09:00	25:48	4:43.9
21 MFL MarMac	519	66-72-123-126-132	2:08:57	25:48	4:54.7
22 Oelwein	637	114-121-127-135-140	2:19:26	27:54	4:18.2
DNP Columbus Catholic Waterloo					
DNP Alburnett					
DNP Isaac Newton Christian Ac					
DNP Don Bosco Gilbertville					
DNP East Buchanan Winthrop					

**\*Tiebreakers**

North Fayette Valley	46	51	52	67	100	137
Kee Lansing	3	37	76	92	108	

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 RATHE, Ellie	SR	Union La Porte City	1	18:57.7	6:07.0	3:48.0
2 GRADY, Addison	SR	Hudson	2	19:16.9	6:13.2	3:51.8
3 MEYER, Haley	SR	Kee Lansing	3	19:20.5	6:14.4	3:52.6
4 RISTAU, Reeve	FR	Denver	4	19:21.7	6:14.7	3:52.8
5 WILSON, McKenzie	FR	Jesup	5	19:49.0	6:23.5	3:58.3
6 KATCHER, Kora	SR	Center Point-Urban	6	19:50.8	6:24.1	3:58.6

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**Varsity Girls 5K**
**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
7 TREPTOW, Amanda	SR	Jesup	7	19:51.5	6:24.4	3:58.8
8 WHEATLEY, Meghan	SO	North Linn Troy Mill	8	20:00.9	6:27.4	4:00.7
9 WRIGHT, Clare	SO	Jesup	9	20:29.8	6:36.7	4:06.4
10 HOMAN, Amber	JR	Denver	10	20:32.3	6:37.5	4:06.9
11 KVALE, Taylor	SR	Dike-New Hartford	11	20:33.4	6:37.8	4:07.2
12 RISTAU, Chloe	SR	Denver	12	20:35.0	6:38.4	4:07.5
13 YOUNGBLUT, Lauren	SO	Union La Porte City	13	20:42.4	6:40.8	4:09.0
14 LYONS, Jaida	SO	Benton Community	14	20:42.7	6:40.9	4:09.0
15 BOCHMANN, Sydney	SO	Waverly-Shell Rock	15	20:47.1	6:42.3	4:09.9
16 HOMAN, Hailey	FR	Denver	16	20:47.3	6:42.3	4:09.9
17 ASCHE, Hannah	JR	Central Elkader	17	20:58.5	6:45.9	4:12.2
18 WILKERSON, Emma	SO	Center Point-Urban	18	21:09.6	6:49.5	4:14.4
19 MCCORMICK, Sydney	FR	Center Point-Urban	19	21:11.4	6:50.1	4:14.8
20 COLLUM, Bryn	FR	North Linn Troy Mill	20	21:11.4	6:50.1	4:14.8
21 NOSBISCH, Natalie	FR	New Hampton	21	21:11.9	6:50.3	4:14.9
22 VANDAELE, Ava	SO	Wapsie Valley Fairb	22	21:12.4	6:50.4	4:15.0
23 BODENSTEINER, Brenna	SO	Waverly-Shell Rock	23	21:30.3	6:56.2	4:18.6
24 JACKSON, Emily	SR	New Hampton	24	21:32.6	6:56.9	4:19.0
25 MCBRIDE, Maggie	SR	Newman Catholic M	25	21:39.7	6:59.2	4:20.4
26 EVEN, Laci	JR	Denver	26	21:45.7	7:01.2	4:21.7
27 MULERT, Anna	FR	Denver	(27)	21:49.5	7:02.4	4:22.4
28 DECKER, Aubrey	SO	Denver	(28)	21:53.3	7:03.6	4:23.2
29 RINDERKNECHT, Abby	SR	Benton Community	29	21:53.5	7:03.7	4:23.2
30 CONDON, Amilia	FR	Union La Porte City	30	21:55.1	7:04.2	4:23.5
31 BELLIS, Brylee	JR	Wapsie Valley Fairb	31	21:59.5	7:05.6	4:24.4
32 SCHULTZ, Quinlynn	FR	Aplington-Parkersb	32	22:07.4	7:08.2	4:26.0
33 SCHNEIDER, Savannah	SO	Hudson	33	22:09.4	7:08.8	4:26.4
34 HOUTS, Izzy	SO	Dike-New Hartford	34	22:13.9	7:10.3	4:27.3
35 KING, Gwen	JR	Benton Community	35	22:17.6	7:11.5	4:28.0
36 DAHLQUIST, Ramey	SO	Waverly-Shell Rock	36	22:19.1	7:12.0	4:28.3
37 MUDDERMAN, Reagan	SR	Kee Lansing	37	22:26.2	7:14.2	4:29.8
38 BOWE, Emily	FR	Center Point-Urban	38	22:27.2	7:14.6	4:30.0
39 DETTMAN, Jaydin	SO	Central Elkader	39	22:27.5	7:14.7	4:30.0
40 PLAGMAN, Makenzie	SR	Starmont	40	22:29.4	7:15.3	4:30.4
41 O'CONNOR, Natalie	SR	Jesup	41	22:30.1	7:15.5	4:30.6
42 HANSEN, Maddie	SR	Hudson	42	22:35.7	7:17.3	4:31.7
43 DOLE, Bella	SR	GCGR Grundy Cent	43	22:38.6	7:18.3	4:32.3
44 BOCKENSTEDT, Madison	FR	Center Point-Urban	44	22:40.9	7:19.0	4:32.7
45 HEMANN, Kenna	SO	Newman Catholic M	45	22:45.7	7:20.5	4:33.7
46 MEYER, Braelyn	FR	North Fayette Valle	46	22:51.7	7:22.5	4:34.9
47 KENT, Jailyn	FR	Waverly-Shell Rock	47	22:51.9	7:22.5	4:34.9
48 BROWN, Sofia	SO	Hudson	48	22:51.9	7:22.5	4:34.9
49 TOMSON, Maddie	SR	Jesup	49	22:53.6	7:23.1	4:35.3
50 TAYLOR, Leah	SR	Center Point-Urban	(50)	22:54.0	7:23.2	4:35.3
51 BILDEN, Ava	SO	North Fayette Valle	51	22:55.9	7:23.8	4:35.7
52 BOHR, Alyssa	SR	North Fayette Valle	52	22:56.7	7:24.1	4:35.9

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53 GALLEN, Adrianna	SR	Columbus Catholic	-	22:56.9	7:24.1	4:35.9
54 SCHERF, Delaney	JR	Central Elkader	53	22:59.1	7:24.8	4:36.4
55 PETREE, Ella	SO	Newman Catholic M	54	23:01.2	7:25.5	4:36.8
56 LARSON, Alyssa	SR	Independence	55	23:03.0	7:26.1	4:37.1
57 WILLAND, Madison	FR	Hudson	56	23:05.2	7:26.8	4:37.6
58 HELGERSON, Madelyn	SR	Waukon	57	23:06.3	7:27.2	4:37.8
59 SMITH, Emma	FR	Waverly-Shell Rock	58	23:06.7	7:27.3	4:37.9
60 STAHL, Taylor	SR	GCGR Grundy Cent	59	23:07.1	7:27.4	4:38.0
61 SCHIPPER, Ashley	SO	Aplington-Parkersb	60	23:07.8	7:27.7	4:38.1
62 KOLBET, Campbelle	JR	New Hampton	61	23:09.1	7:28.1	4:38.4
63 THOMAS, Morgan	SR	Starmont	62	23:10.6	7:28.6	4:38.7
64 VASKE, Mya	SR	Starmont	63	23:13.3	7:29.4	4:39.2
65 HANSMEIER, Paige	JR	Waukon	64	23:14.5	7:29.8	4:39.4
66 WARDELL, Rosie	SO	Dike-New Hartford	65	23:14.5	7:29.8	4:39.5
67 SCHELLHORN, Abby	SR	MFL MarMac	66	23:15.2	7:30.1	4:39.6
68 COWLEY, Justine	SR	North Fayette Valle	67	23:21.1	7:32.0	4:40.8
69 VASKE, Anita	JR	Starmont	68	23:21.3	7:32.0	4:40.8
70 GABRIEL, Grace	JR	Newman Catholic M	69	23:22.0	7:32.2	4:40.9
71 KURTH, Mia	SO	Waukon	70	23:23.6	7:32.8	4:41.3
72 WEINER, Emma	SR	Newman Catholic M	71	23:27.6	7:34.0	4:42.1
73 GRAU, Clare	SO	MFL MarMac	72	23:30.1	7:34.9	4:42.6
74 JONES, Abbie	FR	Benton Community	73	23:35.3	7:36.5	4:43.6
75 CALLAN, Zoie	SR	Dike-New Hartford	74	23:45.8	7:39.9	4:45.7
76 JOHNSON, Cameron	SO	Waukon	75	23:50.0	7:41.3	4:46.6
77 WALLESER, Jaylyn	JR	Kee Lansing	76	23:53.9	7:42.5	4:47.4
78 CHERRY, Leah	SR	Waverly-Shell Rock	(77)	23:55.1	7:42.9	4:47.6
79 MOSER, Taylor	SO	Central Elkader	78	23:55.7	7:43.1	4:47.7
80 OLESON, Jasmine	JR	Hudson	(79)	23:57.1	7:43.6	4:48.0
81 NESBIT, Olivia	FR	Jesup	(80)	23:57.5	7:43.7	4:48.1
82 HELLMAN, Madison	SO	Columbus Catholic	-	24:01.4	7:44.9	4:48.8
83 HAYES, Kate	FR	GCGR Grundy Cent	81	24:04.1	7:45.8	4:49.4
84 MOORE, Haiden	FR	Benton Community	82	24:07.9	7:47.0	4:50.1
85 BRIDGEWATER, Mackenzie	FR	North Linn Troy Mill	83	24:09.5	7:47.6	4:50.5
86 LORENZEN, Lily	FR	Union La Porte City	84	24:09.7	7:47.6	4:50.5
87 BILDSTEIN, Kyla	SR	North Linn Troy Mill	85	24:12.8	7:48.6	4:51.1
88 BITTINGER, Jaide	JR	Waverly-Shell Rock	(86)	24:13.9	7:49.0	4:51.4
89 BERDING, Baileigh	SR	Newman Catholic M	(87)	24:14.0	7:49.0	4:51.4
90 MYERS, Carly	SO	North Linn Troy Mill	88	24:16.2	7:49.7	4:51.8
91 REGENWETHER, Greta	JR	Hudson	(89)	24:17.9	7:50.3	4:52.2
92 RESSLER, Reaghan	FR	Independence	90	24:24.2	7:52.3	4:53.4
93 ALBERT, Mckenna	SO	Jesup	(91)	24:25.4	7:52.7	4:53.7
94 CLAYBERG, Danielle	SR	Isaac Newton Christ	-	24:26.5	7:53.1	4:53.9
95 WAGNER, Alison	JR	Kee Lansing	92	24:32.9	7:55.1	4:55.2
96 HOVENGA, Lia	JR	Aplington-Parkersb	93	24:34.5	7:55.6	4:55.5
97 HEINSELMAN, Hailey	FR	Newman Catholic M	(94)	24:38.1	7:56.8	4:56.2
98 COX, Bailey	JR	New Hampton	95	24:42.0	7:58.0	4:57.0

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<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
99 ANTON, Sydney	SO	Union La Porte City	96	24:42.1	7:58.1	4:57.0
100 WILLIAMSON, Adison	JR	Aplington-Parkersb	97	24:42.3	7:58.1	4:57.0
101 HAMLETT, Natalie	FR	Starmont	98	24:46.0	7:59.3	4:57.8
102 JOHNSON, Hannah	SR	Aplington-Parkersb	99	24:55.8	8:02.5	4:59.8
103 CHAPMAN, Addison	JR	North Fayette Valle	100	24:56.6	8:02.8	4:59.9
104 LUEBBERS, Ella	JR	Aplington-Parkersb	(101)	24:59.9	8:03.8	5:00.6
105 RICHMOND, Keira	FR	Isaac Newton Christ	-	25:01.1	8:04.2	5:00.8
106 WILEY, Kaitlyn	SR	Central Elkader	102	25:09.4	8:06.9	5:02.5
107 TYLER, Miranda	SO	Dike-New Hartford	103	25:22.7	8:11.2	5:05.1
108 BERNS, Reese	FR	Central Elkader	(104)	25:23.6	8:11.5	5:05.3
109 DEMOSS, Jessa	SO	Benton Community	(105)	25:27.5	8:12.7	5:06.1
110 BEYER, Lindsay	FR	East Buchanan Win	-	25:31.1	8:13.9	5:06.8
111 HOOKHAM, Elle	SR	Union La Porte City	(106)	25:32.9	8:14.5	5:07.2
112 STEWART, Breckan	SO	Waukon	107	25:38.5	8:16.3	5:08.3
113 BAKEWELL, Alaina	JR	Kee Lansing	108	25:42.0	8:17.4	5:09.0
114 KRAMBEER, Katelyn	SO	Waukon	(109)	26:00.8	8:23.5	5:12.8
115 RESSLER, Bella	JR	Independence	110	26:01.6	8:23.7	5:12.9
116 CRAWFORD, Jessica	SR	Benton Community	(111)	26:03.1	8:24.2	5:13.2
117 SUTCLIFFE, Cady	JR	North Linn Troy Mill	(112)	26:05.2	8:24.9	5:13.7
118 HYDE, Ashlyn	JR	Wapsie Valley Fairb	113	26:06.2	8:25.2	5:13.9
119 GRAUBARD, Isabelle	SO	Alburnett	-	26:07.0	8:25.5	5:14.0
120 ROGERS, Merissa	FR	Oelwein	114	26:07.5	8:25.6	5:14.1
121 MAY, Jaylin	FR	Wapsie Valley Fairb	115	26:08.2	8:25.9	5:14.3
122 BODENSTEINER, Mary	SR	Wapsie Valley Fairb	116	26:08.2	8:25.9	5:14.3
123 MOSES, Lakota	JR	Don Bosco Gilbertvi	-	26:08.5	8:26.0	5:14.3
124 SWALES, Marissa	SR	Starmont	(117)	26:09.6	8:26.3	5:14.5
125 PRICE, Ellie	FR	Aplington-Parkersb	(118)	26:10.8	8:26.7	5:14.8
126 PETERSEN, Drew	SO	Dike-New Hartford	(119)	26:22.9	8:30.6	5:17.2
127 KNUTSEN, Avery	FR	GCGR Grundy Cent	120	26:32.4	8:33.7	5:19.1
128 PROUTY, Claire	FR	Oelwein	121	26:34.1	8:34.2	5:19.4
129 VETTER, AJ	SR	New Hampton	122	26:42.4	8:36.9	5:21.1
130 WALCH, Kaylee	SO	MFL MarMac	123	26:46.8	8:38.3	5:22.0
131 ERSLAND, Vanessa	FR	GCGR Grundy Cent	124	26:51.6	8:39.9	5:23.0
132 SORENSEN, Reagan	SO	Union La Porte City	(125)	27:08.6	8:45.3	5:26.4
133 FISHER, Mary	SO	Isaac Newton Christ	-	27:12.0	8:46.4	5:27.0
134 SINNWELL, Alissa	SR	Columbus Catholic	-	27:12.4	8:46.6	5:27.1
135 KOELLER, Ruby	SO	MFL MarMac	126	27:15.0	8:47.4	5:27.6
136 PROUTY, Jillian	SR	Oelwein	127	27:32.1	8:52.9	5:31.1
137 TOALE, Gabby	SO	Independence	128	27:43.9	8:56.7	5:33.4
138 MARTIN, Ashlyn	SR	Independence	129	27:46.8	8:57.7	5:34.0
139 PETHOUD, Catherine	JR	New Hampton	(130)	28:01.1	9:02.3	5:36.9
140 TESLOW, Hannah	SR	Waukon	(131)	28:06.9	9:04.2	5:38.1
141 NUEHRING, Kaylee	SO	MFL MarMac	132	28:09.9	9:05.1	5:38.6
142 HAYNES, Kristen	FR	Starmont	(133)	28:16.1	9:07.1	5:39.9
143 SMITH, Laura	SR	Independence	(134)	28:27.3	9:10.7	5:42.1
144 HOVELAND, Emmah	FR	Oelwein	135	28:46.5	9:16.9	5:46.0

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145 HOSPODARSKY, Lyndsey	JR	Alburnett	-	28:51.3	9:18.5	5:46.9
146 EAST, Dakota	SO	Wapsie Valley Fairb	(136)	28:53.5	9:19.2	5:47.4
147 NEY, Madi	SO	North Fayette Valle	(137)	28:58.5	9:20.8	5:48.4
148 DIRKS, Avery	JR	GCGR Grundy Cent	(138)	29:10.3	9:24.6	5:50.8
149 KREMER, Elizabeth	FR	Independence	(139)	29:33.6	9:32.1	5:55.4
150 MORTENSON, Jory	JR	Oelwein	140	30:25.7	9:48.9	6:05.9
151 GEHRING, Evie	JR	Alburnett	-	30:44.3	9:54.9	6:09.6
152 RIUS TARREGA, Marta	SO	New Hampton	(141)	30:50.6	9:57.0	6:10.9
153 ENGELDOW, Jaqui	FR	Alburnett	-	33:33.4	10:49.5	6:43.5
154 CAITLIN, Wayson	FR	Don Bosco Gilbertvi	-	34:18.6	11:04.1	6:52.5
155 PATRICK, Olivia	SO	GCGR Grundy Cent	(142)	34:19.1	11:04.2	6:52.6
156 MAST, Awbree	SR	Columbus Catholic	-	34:36.7	11:09.9	6:56.2