

Region 4A West Indoor Track and Field Meet - 2/18/2017

Liberty University, Lynchburg, Va.

Results

Women 55 Meter Dash

Heat winners plus next fastest to finals for 8 lanes

National: 6.68 @ 1996 A. Latimer (Co.) & A. Williams (Ca)
Meet: 7.26 M 2014 Zakiya Bateman
State 4A: 7.42 S

Name	Yr	School	Prelims
Preliminaries			
1	Jeffries, Nicolia	9 William Flem	S 7.39Q
2	Blakeney, Janae	10 Salem (Roano	7.45Q
3	Birle, Susannah	10 Charlottesvi	7.56Q
4	Scott, Jacelyn	10 Rock Ridge H	7.45q
5	Jackson, Janay	12 John Champe	7.56q
6	Simon, Kennedy	10 Rock Ridge H	7.57q
7	Donlon, Emmy	10 Loudoun Vall	7.62q
8	Moreau, Alison	12 Jefferson Fo	7.70q
9	Summers, Ania	12 Sherando	7.71
10	Lewis, Shanece	10 Pulaski Coun	7.71
11	Jauch, Gracie	10 Liberty Chri	7.74
12	Tillman, Jaihla	10 Rock Ridge H	7.75
13	Berg, Donzailya	11 Sherando	7.80
14	Hunt, Tawni	12 Salem (Roano	7.81
15	Stoute, Aliah	11 John Champe	7.85
16	Harper, Sydney	11 Harrisonburg	7.86
17	Kenny, Kristeena	9 Liberty (Bea	8.02
18	Kelly, Ann Marie	11 Sherando	8.04
19	Penrod, Sara	12 Harrisonburg	8.10
20	Abshire, Melissa	12 Kettle Run	8.11
21	Bucci, Aliza	11 Loudoun Vall	8.37
---	Lane, Jade	9 E.C. Glass	FS
---	Sams, Lauren	12 Liberty (Bea	FS

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Meet: 7.26 M 2014 Zakiya Bateman
State 4A: 7.42 S

Name	Yr	School	Finals
Finals			
1	Jeffries, Nicolia	9 William Flem	7.37S 10
2	Scott, Jacelyn	10 Rock Ridge H	7.43 8
3	Blakeney, Janae	10 Salem (Roano	7.46 6
4	Simon, Kennedy	10 Rock Ridge H	7.48 5
5	Birle, Susannah	10 Charlottesvi	7.52 4
6	Jackson, Janay	12 John Champe	7.53 3
7	Donlon, Emmy	10 Loudoun Vall	7.55 2
8	Moreau, Alison	12 Jefferson Fo	7.72 1

Women 300 Meter Dash

Sections on Time

Lanes all the way
National: 36.96 @ 2006 Francena McCorory (Virginia)
Meet: 40.34 M 2014 Taylor Watkins
State 4A: 42.00 S

Name	Yr	School	Finals
Finals			
1	Boone, Grace	10 Pulaski Coun	41.35S 10
2	Staton, Lacy	12 Liberty Chri	41.47S 8
3	Johnson, Autumn	11 Liberty (Bea	41.57S 6
4	Birle, Susannah	10 Charlottesvi	41.93S 5
5	Donlon, Emmy	10 Loudoun Vall	42.84 4
6	Johnson, Jordan	11 Rock Ridge H	43.29 3
7	Tillman, Jaihla	10 Rock Ridge H	43.39 2
8	Fiel, Payton	10 Kettle Run	43.51 1
9	Lewis, Shanece	10 Pulaski Coun	43.52
10	Jackson, Janay	12 John Champe	43.80
11	Sandidge, Claire	12 Liberty Chri	44.23
12	Bryant, Aniah	11 John Champe	44.24
13	Simon, Kennedy	10 Rock Ridge H	44.31
14	Duckworth, Claire	9 Liberty (Bea	44.57
15	Mintsechenko, Mya	12 John Handley	45.05
16	Hunt, Tawni	12 Salem (Roano	45.11
17	Scott, Jacelyn	10 Rock Ridge H	45.12
18	Roberson, Ahmirah	10 Woodgrove	45.18
19	Dickens-Bowman, Olivia	12 John Handley	46.16
20	Casto, Bailey	11 Amherst Coun	46.31

Women 500 Meter Dash

Sections on Time

Break after 2 turns
National: 1:10.30 @ 2008 Chanelle Price (Pennsylvania)
Meet: 1:17.00 M 2015 Taylor Watkins
State 4A: 1:20.97 S

Name	Yr	School	Finals
Finals			
1	Boone, Grace	10 Pulaski Coun	1:16.06M 10
2	Majied, Raniyah	11 Salem (Roano	1:18.54S 8
3	Holland, Kyra	9 Fauquier	1:19.85S 6
4	Johnson, Jordan	11 Rock Ridge H	1:20.36S 5
5	Hayes, Madeleine	10 Fauquier	1:20.51S 4
6	Bolen, Caroline	10 Loudoun Vall	1:21.17 3
7	Wigboldy, Amanda	11 E.C. Glass	1:22.45 2
8	Fernandez, Elise	11 Fauquier	1:22.92 1
9	Dunlap, Annie	12 John Champe	1:23.68
10	Dennis, Randi	11 John Champe	1:24.44
11	Coles, Vanasia	10 John Champe	1:25.19
12	Polk, Allison	11 Jefferson Fo	1:25.77
13	Williams, Nya	10 William Flem	1:25.89
14	Simon, Kennedy	10 Rock Ridge H	1:27.07
15	Woodson, Kathryn	11 William Byrd	1:28.16
16	Roberts, Carissa	11 Harrisonburg	1:29.19
17	Budd, Kylie	9 Woodgrove	1:31.55
18	Bucci, Aliza	11 Loudoun Vall	1:31.69

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Results

Finals ... (Women 500 Meter Dash)

Name	Yr	School	Finals
19 Ubert, Camryn	10	Sherando	1:32.06
20 Ellington, Kathryn	11	John Handley	1:34.85
21 Burke, Hailey	11	John Handley	1:37.59
--- Hartsell, Logan	11	E.C. Glass	DNF
--- Dinh, Paris	10	Loudoun Vall	DQ

Women 1000 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns.

National: 2:43.40 @ 2005 Sarah Bowman (Virginia)
Meet: 2:59.49 M 2014 Alyssa Shupe
State 4A: 3:12.09 S

Name	Yr	School	Finals
Finals			
1 Rennyson, Maddie	12	E.C. Glass	2:56.06M 10
2 Holland, Hannah	9	Fauquier	3:05.55S 8
3 Gastley, Kelsey	10	Fauquier	3:06.18S 6
4 Holland, Kyra	9	Fauquier	3:06.38S 5
5 Knight, Madelynn	12	Jefferson Fo	3:06.40S 4
6 Saine, Noelle	11	Loudoun Vall	3:06.51S 3
7 Graham, Bethany	9	John Champe	3:10.02S 2
8 Kim, Sejung	11	Loudoun Vall	3:17.07 1
9 Bond, Kayland	11	William Byrd	3:17.20
10 Bernstein, Anna Lou	11	Charlottesvi	3:17.86
11 Wienke, Erin	9	William Byrd	3:18.60
12 Campillo, Abby	10	Harrisonburg	3:19.29
13 Saling, Leah	12	Loudoun Vall	3:19.67
14 Buckland, Alexa	11	Loudoun Vall	3:20.07
15 Southall, Leigha	11	Jefferson Fo	3:20.18
16 Groll, Mellany	11	Millbrook	3:21.57
17 Pratt, Callie	10	John Champe	3:21.67
18 Lloyd, Maddie	10	Millbrook	3:23.15
19 Ames, Julia	9	Loudoun Vall	3:23.24
20 Daily, Ellie	10	Jefferson Fo	3:25.91
21 Strickland, Morgan	9	Fauquier	3:26.41
22 Reynolds, Erin	10	Loudoun Vall	3:27.46
23 Morefield, Desi	9	John Handley	3:30.05
24 Dayo, Alisa	10	John Handley	3:32.27
25 Jackson, Tenaisha	10	Liberty (Bea	3:38.08
26 Fletchall, Morgan	10	William Byrd	3:47.78

Women 1600 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns

National: 4:28.25 @ 2013 Mary Cain (New York)
Meet: 5:02.84 M 2016 Libby Davidson
State 4A: 5:25.66 S

Name	Yr	School	Finals
Finals			
1 Davidson, Libby	12	E.C. Glass	5:04.90S 10
2 Palmer, Noel	12	Liberty Chri	5:08.62S 8
3 Moran, Hannah	12	Salem (Roano	5:12.05S 6
4 Morris, Natalie	11	Loudoun Vall	5:12.40S 5
5 Knight, Madelynn	12	Jefferson Fo	5:13.94S 4

6 Graham, Bethany	9	John Champe	5:18.43S 3
7 Roberts, Alice	9	Loudoun Vall	5:20.76S 2
8 Saine, Noelle	11	Loudoun Vall	5:21.32S 1
9 Nall, Betsy	10	Pulaski Coun	5:23.21S
10 Southall, Leigha	11	Jefferson Fo	5:23.90S
11 Miller, Hannah	10	Harrisonburg	5:24.93S
12 Davidson, Jette	9	E.C. Glass	5:30.99
13 Manion, Brooke	12	E.C. Glass	5:32.65
14 Szydlowski, Carolyn	12	Loudoun Vall	5:33.09
15 Snyder, Leah	9	Loudoun Vall	5:34.82
16 Pratt, Callie	10	John Champe	5:36.79
17 Conner, Paige	11	Sherando	5:40.46
18 Wienke, Erin	9	William Byrd	5:41.89
19 Campillo, Molly	12	Harrisonburg	5:49.06
20 Semon, Taylor	9	Rock Ridge H	5:53.77
21 Aschenbrenner, Sydney	11	John Handley	5:57.51
22 Fletchall, Morgan	10	William Byrd	6:02.51
23 Fairbanks, Kasey	12	Woodgrove	6:06.54
24 Richardson, Sam	10	Salem (Roano	6:08.97

Women 3200 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns.

National: 9:38.68 @ 2013 Mary Cain (New York)
Meet: 10:58.64 M 2016 Libby Davidson
State 4A: 11:14.53 S

Name	Yr	School	Finals
Finals			
1 Davidson, Libby	12	E.C. Glass	10:51.08M 10
2 Palmer, Noel	12	Liberty Chri	10:53.86M 8
3 Morris, Natalie	11	Loudoun Vall	11:12.78S 6
4 Moran, Hannah	12	Salem (Roano	11:13.03S 5
5 Nall, Betsy	10	Pulaski Coun	11:43.01 4
6 Roberts, Alice	9	Loudoun Vall	11:45.55 3
7 Pellegrini, Antonia	10	Rock Ridge H	11:53.00 2
8 Donohue, Kimberly	12	Loudoun Vall	11:57.26 1
9 Miller, Hannah	10	Harrisonburg	12:14.56
10 Davidson, Jette	9	E.C. Glass	12:19.51
11 Shupe, Savannah	11	Jefferson Fo	12:19.95
12 Conner, Paige	11	Sherando	12:30.02
13 DelGallo, Annalie	9	Fauquier	12:36.71
14 Snyder, Leah	9	Loudoun Vall	12:37.18
15 McNamara, Julia	11	Loudoun Vall	12:38.63
16 Edlich, Sophie	10	Millbrook	12:49.16
17 Patterson, Lynsey	9	Fauquier	12:49.50
18 Szydlowski, Carolyn	12	Loudoun Vall	12:50.47
19 Branham, Caroline	9	Amherst Coun	12:51.10
20 Bosse, Sophie	11	Loudoun Vall	x12:52.37
21 Stover, Alexis	10	Salem (Roano	13:11.13
22 Tomlin, Haleigh	11	Amherst Coun	13:18.82
23 Fisher, Riley	10	John Handley	13:27.73
24 Morgan, Allison	9	John Handley	13:35.24
25 Schultz, Sarah	12	Fauquier	13:38.05
26 Denny, Kaitlyn	10	Bassett	14:21.77

Region 4A West Indoor Track and Field Meet - 2/18/2017

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Results

Women 55 Meter Hurdles

Heat winners plus next fastest to finals for 8 lanes

National: 7.46 @ 2016 Tonea Marshall (Texas)
Meet: 8.43 M 2016 Ashlyn Nolan
State 4A: 9.00 S

Name	Yr	School	Prelims
Preliminaries			
1 Thomas, Ania	12	George Washi	S 8.61Q
2 Jeffcoat, Tiffany	12	Liberty Chri	S 8.77Q
3 Scales, Zoe	11	George Washi	S 8.92q
4 Jones, Majesty	11	William Flem	9.06q
5 Byrd, Haileigh	12	Fauquier	9.09q
6 Symanski, Emma	12	Fauquier	9.46q
7 Lutkehus, Abby	12	Kettle Run	9.73q
8 Villeda, Erica	11	E.C. Glass	9.85q
9 Berg, Donzailya	11	Sherando	9.96
10 Foster, Shaleyah	12	E.C. Glass	10.14
11 Golightly, Caitlyn	9	John Handley	10.28
12 Allen, Aliyah	11	John Champe	10.31
13 Culler, Annabelle	10	John Handley	11.17
14 Hartz, Madeline	9	Kettle Run	11.27

Women 55 Meter Hurdles

Heat winners plus next fastest to finals for 8 lanes

National: 7.46 @ 2016 Tonea Marshall (Texas)
Meet: 8.43 M 2016 Ashlyn Nolan
State 4A: 9.00 S

Name	Yr	School	Finals
Finals			
1 Thomas, Ania	12	George Washi	8.51S 10
2 Jeffcoat, Tiffany	12	Liberty Chri	8.53S 8
3 Jones, Majesty	11	William Flem	8.90S 6
4 Scales, Zoe	11	George Washi	9.10 5
5 Byrd, Haileigh	12	Fauquier	9.13 4
6 Lutkehus, Abby	12	Kettle Run	9.25 3
7 Symanski, Emma	12	Fauquier	9.55 2
8 Villeda, Erica	11	E.C. Glass	9.78 1

Women 4x200 Meter Relay

Sections on Time

Second Runner breaks after one turn

National: 1:35.86 @ 2003 Poly (California)
Meet: 1:48.01 M 2014 E.C. Glass

T Silver, M Jones, T Berryman, Z Bateman

State 4A: 1:49.57 S

Team	Relay	Finals
Finals		
1 Liberty Chri		1:46.70M 10
1) Staton, Lacy 12	2) Jeffcoat, Tiffany 12	
3) Sandidge, Claire 12	4) Jauch, Gracie 10	
2 William Fleming		1:48.28S 8
1) Jeffries, Nicolina 9	2) Preston, Alexis 12	
3) Washington-Brown, Kameron 9	4) Jones, Majesty 11	

3 John Champe	1:48.75S 6
1) Dunlap, Annie 12	2) Reyes, Lucille 11
3) Stoute, Aliah 11	4) Jackson, Janay 12
4 Salem (Roanoke)	1:49.38S 5
1) Thomas, Te'asia 9	2) Hunt, Tawni 12
3) Blakeney, Janae 10	4) Price, ShaCoya 11
5 Jefferson Forest	1:49.41S 4
1) Ratliff, Delaney 12	2) White, Autumn 12
3) Galindo, Noelle 11	4) Moreau, Alison 12
6 E.C. Glass	1:50.01 3
1) Lane, Jade 9	2) Russell, Jaimee 12
3) Moore, Mya 12	4) Miller, Amiqua 9
7 Liberty (Bea	1:50.72 2
1) Kenny, Kristeena 9	2) Sams, Lauren 12
3) Duckworth, Claire 9	4) Johnson, Autumn 11
8 Charlottesville	1:51.30 1
1) Bernstein, Anna Lou 11	2) Block, Maya 10
3) Wardlaw, Kennedy 11	4) Thorne, Emily 12
9 Kettle Run	1:52.33
1) Lutkehus, Abby 12	2) Abshire, Melissa 12
3) Harrison, Alyssa 12	4) Fiel, Payton 10
10 Sherando	1:53.98
1) Summers, Ania 12	2) Berg, Donzailya 11
3) Roberts, Kaitlyn 10	4) Kelly, Ann Marie 11
11 Harrisonburg	1:57.22
1) Harper, Sydney 11	2) Macadam, Alanna 11
3) Roberts, Carissa 11	4) Penrod, Sara 12
12 Pulaski County	1:58.84
1) Anderson, Ashlyn 11	2) Deeds, Konner 12
3) Bopp, Hannah 10	4) Spraggins, Tamia 11

Women 4x400 Meter Relay

Sections on Time

First runner breaks after 2 turns

National: 3:38.91 @ 2004 Poly (California)
Meet: 4:08.32 M 2014 E.C. Glass
State 4A: 4:15.69 S

Team	Relay	Finals
Finals		
1 Liberty Chri		4:08.71S 10
1) Dewey, Shae 10	2) Hildebrand, Grace 11	
3) Staton, Lacy 12	4) Sandidge, Claire 12	
2 Fauquier		4:12.40S 8
1) Fernandez, Elise 11	2) Hayes, Madeleine 10	
3) Gastley, Kelsey 10	4) Byrd, Haileigh 12	
3 John Champe		4:15.35S 6
1) Bryant, Aniah 11	2) Allen, Aliyah 11	
3) Coles, Vanasia 10	4) Dennis, Randi 11	
4 Loudoun Valley		4:16.13 5
1) Bolen, Caroline 10	2) Donlon, Emmy 10	
3) Wolff, Hannah 11	4) Saine, Noelle 11	
5 Jefferson Forest		4:17.83 4
1) Moreau, Alison 12	2) Learn, Morgan 11	
3) Ratliff, Delaney 12	4) White, Autumn 12	

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Results

Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
6 E.C. Glass		4:25.40 3
1) Wigboldy, Amanda 11	2) Russell, Jaimee 12	
3) Manion, Brooke 12	4) Rennyson, Maddie 12	
7 Liberty (Bea		4:27.02 2
1) Duckworth, Claire 9	2) Johnson, Autumn 11	
3) Trowbridge, Tessa 12	4) Sams, Lauren 12	
8 William Byrd		4:29.90 1
1) Carpenter, Molly 12	2) Gheen, Savannah 11	
3) Woodson, Kathryn 11	4) O'Connor, Kelly 9	
9 William Fleming		4:30.87
1) Jones, Majesty 11	2) Washington-Brown, Kameron 9	
3) Williams, Ni-Kyah 11	4) Williams, Nya 10	
10 Harrisonburg		4:34.20
1) Harper, Sydney 11	2) Campillo, Molly 12	
3) Roberts, Carissa 11	4) Campillo, Abby 10	
11 John Handley		4:36.12
1) Dickens-Bowman, Olivia 12	2) Ellington, Kathryn 11	
3) Morefield, Desi 9	4) Mintsechenko, Mya 12	
12 Pulaski County		4:37.82
1) Lewis, Shanece 10	2) Anderson, Ashlyn 11	
3) Deeds, Konner 12	4) Spraggins, Tamia 11	

Women 4x800 Meter Relay
Two Alley Start
All break after 2 turns
National: 8:53.67 @ 2002 **Boys and Girls (New York)**
Meet: 9:39.73 M 2014 **E.C. Glass**
State 4A: 10:21.18 S

Team	Relay	Finals
1 Fauquier		9:37.28M 10
1) Hayes, Madeleine 10	2) Gastley, Kelsey 10	
3) Holland, Hannah 9	4) Holland, Kyra 9	
2 E.C. Glass		10:08.13S 8
1) Davidson, Jette 9	2) Manion, Brooke 12	
3) Davidson, Libby 12	4) Rennyson, Maddie 12	
3 John Champe		10:21.93 6
1) Dunlap, Annie 12	2) Fernandez, Callie 11	
3) Dennis, Shawnda 11	4) Graham, Bethany 9	
4 Jefferson Forest		10:25.14 5
1) Daily, Ellie 10	2) Southall, Leigha 11	
3) Shupe, Savannah 11	4) Knight, Madelynn 12	
5 Loudoun Valley		10:31.89 4
1) Saling, Leah 12	2) Donohue, Kimberly 12	
3) Kim, Sejung 11	4) Buckland, Alexa 11	
6 Pulaski County		10:35.80 3
1) Nall, Betsy 10	2) Anderson, Ashlyn 11	
3) Deeds, Konner 12	4) Boone, Grace 10	
7 Rock Ridge H		10:37.31 2
1) Harris, Kathryn 12	2) Pellegrini, Antonia 10	
3) Semon, Taylor 9	4) Ayala, Emmalee 9	
8 Harrisonburg		10:39.73 1
1) Campillo, Molly 12	2) Deloney, Sarah 9	
3) Campillo, Abby 10	4) Miller, Hannah 10	

9 William Byrd		10:48.18
1) Bond, Kayland 11	2) Burek, Julia 11	
3) Fletchall, Morgan 10	4) Wienke, Erin 9	
10 Amherst County		10:49.02
1) Hensley, Summer 9	2) Pettyjohn, Sara 12	
3) Tomlin, Haleigh 11	4) Branham, Caroline 9	
11 Sherando		11:20.58
1) Conner, Paige 11	2) Williams, Stella 10	
3) Alsberry, Jateya 9	4) Couillard, Olivia 10	
12 Liberty (Bea		11:29.44
1) Trowbridge, Tessa 12	2) Garcia, Cindy 10	
3) Jackson, Sharayah 11	4) Jackson, Tenaisha 10	
13 John Handley		11:35.80
1) Aschenbrenner, Sydney 11	2) Sweet, Kaylee 12	
3) Lineburg, Maggie 9	4) Dayo, Alisa 10	

Women High Jump
Five Alive
Starting Height is 4' 6"
National: 6-06.25 @ 2016 **Vashti Cunningham (Colorado)**
Meet: 5-05 M 2016 **Taylor Beard**
State 4A: 4-10 S

Name	Yr	School	Finals
Finals			
1 Beard, Taylor	10	John Handley	5-03.00S 10
2 Dewey, Shae	10	Liberty Chri	5-00.00S 8
3 Mintsechenko, Mya	12	John Handley	J5-00.00S 6
4 Cromer, Mia	11	Salem (Roano	4-10.00S 4.5
4 Moreau, Alison	12	Jefferson Fo	4-10.00S 4.5
6 Moore, Mya	12	E.C. Glass	J4-10.00S 3
7 Unger, Hannah	11	Kettle Run	J4-10.00S 1
7 Purdy, Sarah	9	Millbrook	J4-10.00S 1
7 White, Autumn	12	Jefferson Fo	J4-10.00S 1
10 Crum, Georgia	12	Charlottesvi	4-08.00
10 Berg, Donzailya	11	Sherando	4-08.00
10 Brown, Amanic	9	E.C. Glass	4-08.00
--- Roberson, Ahmirah	10	Woodgrove	NH
--- Ratliff, Delaney	12	Jefferson Fo	NH

Women Pole Vault
Five Alive
Starting Height is 7' 6"
National: 14-04 @ 2015 **Tori Weeks (Arkansas)**
Meet: 12-00 M 2014 **Hannah Meador**
State 4A: 8-06 S

Name	Yr	School	Finals
Finals			
1 Jauch, Gracie	10	Liberty Chri	12-00.00M 10
2 White, Autumn	12	Jefferson Fo	11-06.00S 8
3 Coleman, Sarah	12	Amherst Coun	10-06.00S 6
4 VanWinkle, Lexi	11	E.C. Glass	J10-06.00S 5
5 Andrews, Rachel	10	Liberty Chri	10-00.00S 4
6 Lowe, Alexis	11	Amherst Coun	9-00.00S 2.5
6 Polk, Allison	11	Jefferson Fo	9-00.00S 2.5
--- Pittington, Natalie	11	Harrisonburg	NH
--- Morefield, Desi	9	John Handley	NH

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Results

Women Long Jump

Open Pit

Top 9 To Finals

National: 21-11 @ 2017 Tara Davis (California)

Meet: 17-03.25 M 2014 Alexis Preston

State 4A: 16-11 S

Name	Yr	School	Finals
Finals			
1 Lane, Jade	9	E.C. Glass	16-11.00S 10
2 Price, ShaCoya	11	Salem (Roano	16-09.25 8
3 Preston, Alexis	12	William Flem	16-07.00 6
4 Jauch, Gracie	10	Liberty Chri	16-05.25 5
5 Washington-Brown, Kameron	9	William Flem	15-10.00 4
6 Derrick, Ava	10	Millbrook	15-07.50 3
7 Jones, Majesty	11	William Flem	15-07.00 2
8 Hankton, Amani	9	Amherst Coun	15-06.75 1
9 Berg, Donzailya	11	Sherando	15-06.25
10 Staton, Lacy	12	Liberty Chri	15-03.50
11 Stoute, Aliah	11	John Champe	15-02.50
12 Lutkehus, Abby	12	Kettle Run	15-00.75
13 White, Autumn	12	Jefferson Fo	14-09.00
14 Rackoski, Sarah	10	John Champe	14-02.25
15 Purdy, Sarah	9	Millbrook	14-01.00
16 West, Alexis	11	William Byrd	13-10.00
17 Johnson, Autumn	11	Liberty (Bea	11-09.00
--- Byrd, Haileigh	12	Fauquier	FOUL

Women Triple Jump

Open Pit

Top 9 To Finals

National: 44-06.75 @ 2007 Ke'Nyia Richardson (California)

Meet: 35-08.50 M 2014 Tamara Starchia

State 4A: 35-00.50 S

Name	Yr	School	Finals
Finals			
1 Lane, Jade	9	E.C. Glass	36-03.75M 10
2 Price, ShaCoya	11	Salem (Roano	35-04.50S 8
3 Hankton, Amani	9	Amherst Coun	35-03.50S 6
4 Thomas, Ania	12	George Washi	35-00.50S 5
5 Jones, Aisha	10	George Washi	35-00.00 4
6 Byrd, Haileigh	12	Fauquier	34-08.00 3
7 Preston, Alexis	12	William Flem	34-04.75 2
8 Derrick, Ava	10	Millbrook	33-08.50 1
9 Jauch, Gracie	10	Liberty Chri	33-06.75
10 Jones, Majesty	11	William Flem	32-04.75
11 Dennis, Randi	11	John Champe	31-09.50
12 Washington-Brown, Kameron	9	William Flem	31-05.50
13 Jeffcoat, Tiffany	12	Liberty Chri	30-05.50
14 Dennis, Shawnda	11	John Champe	30-01.00
15 Jeffries, Nicolina	9	William Flem	0.25
--- Lutkehus, Abby	12	Kettle Run	FOUL
--- Nahidian, Sarah	10	Kettle Run	FOUL
--- Kelly, Ann Marie	11	Sherando	FOUL

Women Shot Put

Top 9 to Finals

National: 56-07.50 @ 2014

Raven Saunders (South Carolina)

Meet: 37-10 M 2015

Dominique Johnson

State 4A: 33-10.25 S

Name	Yr	School	Finals
Finals			
1 Wade, Taliyah	11	E.C. Glass	36-05.00S 10
2 Nelson, Casey	9	John Handley	35-04.00S 8
3 Spangler, Ellasen	11	William Byrd	34-02.00S 6
4 Wiley, Lauryn	12	William Flem	33-11.00S 5
5 Haugsdahl, Sofie	11	Kettle Run	33-06.00 4
6 Barnes, Maxine	10	Woodgrove	31-08.00 3
7 Stowers, Cassie	12	Liberty Chri	31-03.00 2
8 Tyus, Gracie	11	William Byrd	30-10.00 1
9 Taylor, Trinity	11	Bassett	30-09.00
10 Munch, Katrina	12	Sherando	29-10.00
11 Treadwell, Reagan	12	Liberty Chri	29-04.00
12 Harre, Cassie	12	Liberty Chri	28-05.00
13 Jackson, Sharayah	11	Liberty (Bea	28-02.00
13 Harrison, Sarah	11	Fauquier	28-02.00
15 Sharma, Priya	11	Rock Ridge H	27-08.00
16 Scales, Perwaiz	12	Bassett	27-07.00
17 Ritz, Katie	9	Liberty Chri	27-06.00
18 McFarland, Kamelia	10	Sherando	26-05.00
19 Rackoski, Sarah	10	John Champe	25-10.00
20 Thorson, Jessica	11	Fauquier	24-11.00
21 Bowman, Hannah	12	Rock Ridge H	23-04.00

Men 55 Meter Dash

Heat winners plus next fastest to finals for 8 lanes

National: 6.08 @ 2012

Marvin Bracey (Florida)

Meet: 6.45 M 2015

Joshua Pearson

State 4A: 6.64 S

Name	Yr	School	Prelims
Preliminaries			
1 Bradley, Darrien	12	Amherst Coun	S 6.50Q
2 Collins, John	12	Amherst Coun	S 6.54Q
3 Doss, Jon	12	Liberty Chri	S 6.58Q
4 Jackson, Tajai	10	William Flem	S 6.64q
5 Greene, Jehmel	12	William Flem	6.67q
6 Forest, Kuashawn	12	George Washi	6.67q
7 Thomas, Hunter	12	Pulaski Coun	6.75q
8 Alex, Daniel	11	Rock Ridge H	6.76q
9 Smith, Christian	12	William Byrd	6.82
10 Gaskins, Markael	11	Liberty (Bea	6.84
11 Moncion, Dominico	12	Liberty Chri	6.88
12 Waller, Curtis	11	George Washi	6.89
13 Mascall, Dante	12	Fauquier	6.93
14 Davis, Josh	12	Millbrook	6.94
15 Leiva, Anthony	11	Rock Ridge H	6.98
16 Franco, Noah	11	Loudoun Vall	6.98
17 Mangrulkar, Jay	12	John Champe	7.03
18 Hsu, Concerto	11	Rock Ridge H	7.06
19 Towler, Kyel	12	Harrisonburg	7.11

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Results

Preliminaries ... (Men 55 Meter Dash)

Name	Yr	School	Prelims
20 Waits, Bryson	12	Sherando	7.12
21 Karen, Max	9	John Champe	7.13
22 Martin, Will	11	Millbrook	7.18
23 Johnson, Evan	11	John Champe	7.46

Men 55 Meter Dash

Heat winners plus next fastest to finals for 8 lanes

National: 6.08 @ 2012 Marvin Bracey (Florida)
Meet: 6.45 M 2015 Joshua Pearson
State 4A: 6.64 S

Name	Yr	School	Finals
Finals			
1 Bradley, Darrien	12	Amherst Coun	6.47S 10
2 Collins, John	12	Amherst Coun	6.51S 8
3 Doss, Jon	12	Liberty Chri	6.55S 6
4 Jackson, Tajai	10	William Flem	6.61S 5
5 Greene, Jehmel	12	William Flem	6.64S 4
6 Forest, Kuashawn	12	George Washi	6.68 3
7 Thomas, Hunter	12	Pulaski Coun	6.72 2
8 Alex, Daniel	11	Rock Ridge H	6.75 1

Men 300 Meter Dash

Sections on Time

Lanes all the way.

National: 32.87 @ 2017 Tyrese Cooper (Florida)
Meet: 35.30 M 2016 Tyler Benson
State 4A: 36.52 S

Name	Yr	School	Finals
Finals			
1 Jackson, Tajai	10	William Flem	35.01M 10
2 Kirtley, Azavier	12	William Flem	35.70S 8
3 Forest, Kuashawn	12	George Washi	36.84 6
4 Atwell, Patrick	10	Fauquier	37.06 5
5 Davis, Josh	12	Millbrook	37.16 4
6 Carnicero, Nicholas	12	John Champe	37.17 3
7 Alex, Daniel	11	Rock Ridge H	37.19 2
8 Muse, Eddie	11	Liberty Chri	37.33 1
9 Tyree, Sean	12	Salem (Roano)	37.57
10 Kirk, Nathan	11	Liberty Chri	37.62
11 Mascall, Dante	12	Fauquier	38.03
12 Board, Hunter	11	William Byrd	38.13
13 Martin, Will	11	Millbrook	38.42
14 White, Ja'von	11	Liberty (Bea)	38.52
15 Leiva, Anthony	11	Rock Ridge H	38.60
16 Gaskins, Markael	11	Liberty (Bea)	38.62
17 Seefried, Jacob	9	Harrisonburg	39.24
18 Kokel, Connor	10	Loudoun Vall	39.71
19 Vance, Kobi	11	John Handley	39.78

Men 500 Meter Dash

Sections on Time

Break after 2 turns

National: 1:01.68 @ 2012 Strymar Livingston (New York)
Meet: 1:06.26 M 2014 Hunter Sampson
State 4A: 1:08.15 S

Name	Yr	School	Finals
Finals			
1 Oravec, Samuel	12	Fauquier	1:05.61M 10
2 Short, Jordon	12	Amherst Coun	1:06.28S 8
3 Kirtley, Azavier	12	William Flem	1:06.70S 6
4 Paige, Koulson	10	E.C. Glass	1:07.67S 5
5 Faint, Cameron	12	Millbrook	1:07.75S 4
6 Simms, Akere	11	Loudoun Vall	1:08.17 3
7 Matthews, Michael	12	John Champe	1:08.62 2
8 Tyree, Sean	12	Salem (Roano)	1:08.80 1
9 Sheppard, Logan	12	Jefferson Fo	1:09.14
10 Eldridge, Nathan	11	Pulaski Coun	1:09.20
11 Leiva, Anthony	11	Rock Ridge H	1:09.62
12 Blevins, Rj	11	Pulaski Coun	1:09.67
13 Barker, Jake	12	William Byrd	1:09.90
14 Bush, Justyn	12	Kettle Run	1:10.15
15 Halbrook, Jeremy	11	Fauquier	1:10.28
16 Alex, Daniel	11	Rock Ridge H	1:10.42
17 Tyler, Jack	11	Loudoun Vall	1:10.89
18 Hunter, Bryson	10	Liberty Chri	1:10.92
19 Peterson, Zachary	12	Jefferson Fo	1:11.54
20 Bryant, Azriah	11	Loudoun Vall	1:12.37
21 Ali El Abani, Saber	12	John Handley	1:13.05
22 Diamantis, Michael	10	Sherando	1:13.25
23 Yutzy, Micah	10	Harrisonburg	1:13.72
24 Landes, Ashton	11	Harrisonburg	1:13.81

Men 1000 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns.

National: 2:22.28 @ 2009 Robby Andrews (New Jersey)
Meet: 2:36.50 M 2016 Trevor Whiteside
State 4A: 2:41.06 S

Name	Yr	School	Finals
Finals			
1 Hunter, Jacob	10	Loudoun Vall	2:32.58M 10
2 Matthews, Nick	10	Fauquier	2:34.50M 8
3 Bogucki, Colton	11	Loudoun Vall	2:35.66M 6
4 Woods, Theo	10	E.C. Glass	2:38.68S 5
5 Castaneda, Edwin	11	Fauquier	2:38.78S 4
6 Moore, Bryce	12	Liberty Chri	2:39.72S 3
7 McManus, Max	11	Kettle Run	2:39.88S 2
8 King, Isaiah	11	Harrisonburg	2:40.91S 1
9 Tracy, Jack	10	Loudoun Vall	2:43.90
10 King, Shaun	10	Pulaski Coun	2:46.28
11 Lynch, Conner	12	William Byrd	2:49.35
12 Smith, Ryan	11	Pulaski Coun	2:49.61
13 Ashley, Ashton	11	William Byrd	2:49.97
14 Carr, Jacob	9	Sherando	2:50.37

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Finals ... (Men 1000 Meter Run)

Name	Yr	School	Finals
15 Paccassi, John	9	Fauquier	2:52.52
16 Rexrode, Travis	12	Jefferson Fo	2:55.44
17 Dearth, Andrew	9	John Handley	2:55.70
18 Garbe, Jack	11	Loudoun Vall	2:59.71
19 Clites, Lukas	9	Loudoun Vall	3:02.45

Men 1600 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns.

National: 3:57.81 @ 2016 Andrew Hunter (Virginia)
Meet: 4:23.02 M 2015 Tyler Cox-Philyaw
State 4A: 4:34.37 S

Name	Yr	School	Finals
Finals			
1 Bogucki, Colton	11	Loudoun Vall	4:21.64M 10
2 Edwards, Clark	11	Rock Ridge H	4:24.59S 8
3 Fernandez, Carson	12	Fauquier	4:24.73S 6
4 Woods, Theo	10	E.C. Glass	4:25.21S 5
5 Barreto, Mateo	9	Kettle Run	4:26.03S 4
6 Moore, Bryce	12	Liberty Chri	4:29.81S 3
7 Blumen, Jared	12	John Champe	4:39.52 2
8 Megens, Sean	12	Rock Ridge H	4:41.52 1
9 Whitlow, Noah	10	Pulaski Coun	4:43.47
10 Pettit, Rylan	10	Woodgrove	4:44.65
11 Moore, Ryan	12	William Byrd	4:46.94
12 Faircloth, Grant	9	John Champe	4:47.82
13 Cupps, Bennett	9	John Handley	4:49.14
14 Williams, Hayden	11	Sherando	4:51.22
15 Ellis, Falkon	11	Loudoun Vall	4:51.27
16 Vik, Isaac	10	Charlottesvi	4:51.37
17 Farley, Michael	11	Rock Ridge H	4:54.44
18 Ramshetty, Shivaen	11	Rock Ridge H	4:54.47
19 Lynch, Conner	12	William Byrd	4:59.15

Men 3200 Meter Run

Sections on Time

Two Alley Start; All break after 2 turns.

National: 8:39.15 @ 2013 Edward Cheserek (New Jersey)
Meet: 9:45.53 M 2015 Peter Seufer
State 4A: 10:03.81 S

Name	Yr	School	Finals
Finals			
1 Schrank, Alec	12	Millbrook	9:23.59M 10
2 Hunter, Jacob	10	Loudoun Vall	9:38.66M 8
3 Fernandez, Carson	12	Fauquier	9:47.66S 6
4 Heron, Devyn	12	Kettle Run	9:51.73S 5
5 Carlson, Kevin	9	Loudoun Vall	9:56.93S 4
6 Recktenwald, Westin	12	William Byrd	10:02.12S 3
7 Munoz, Gerardo	11	Amherst Coun	10:06.80 2
8 Winesett, Jake	11	Pulaski Coun	10:08.62 1
9 Dawson, Chase	11	Loudoun Vall	10:10.29
10 Cassidy, Brayden	10	Loudoun Vall	10:22.97
11 Berhe, Mo	11	Harrisonburg	10:24.39
12 Autry, Harrison	12	Rock Ridge H	10:25.22

13 Krone, Johnathan	10	Jefferson Fo	10:26.95
14 Kleinegger, Kevin	12	Millbrook	10:27.13
15 Williams, Hayden	11	Sherando	10:28.74
16 Cummins, Thomas	11	Fauquier	10:29.67
17 Campolattaro, Jackson	11	Rock Ridge H	10:35.24
18 Hill, Scotty	11	Loudoun Vall	10:36.90
19 Whitlow, Noah	10	Pulaski Coun	10:38.21
20 Walker, Josh	9	Loudoun Vall	10:38.75
21 Hambrick, Brad	10	Millbrook	10:39.20
22 Green, Canon	11	Fauquier	10:39.91
23 Nall, Samuel	11	Pulaski Coun	10:40.29
24 Umana, Daniel	10	Rock Ridge H	10:47.89
25 Zitzmann, Mark	10	Fauquier	10:47.92
26 Vik, Isaac	10	Charlottesvi	10:50.57
27 Guthrie, Brendan	12	Pulaski Coun	10:54.20
28 Smith, Garrett	11	Pulaski Coun	11:23.38
29 Wright, Dylan	10	E.C. Glass	11:26.87

Men 55 Meter Hurdles

Heat winners plus next fastest to finals for 8 lanes

National: 7.00 @ 2016 Holloway (Va)/Cunningham (Ala)
Meet: 7.82 M 2016 Adriel McPhee
State 4A: 8.05 S

Name	Yr	School	Prelims
Preliminaries			
1 Faint, Cameron	12	Millbrook	M 7.79Q
2 Jones, Major	12	William Flem	S 8.02Q
3 Brown, Dontay	12	Pulaski Coun	8.10Q
4 Jones, Dymere	12	E.C. Glass	8.06q
5 Woodfolk, Jordon	12	Amherst Coun	8.27q
6 Smith, Andrew	12	Millbrook	8.46q
7 Karen, Pierre	11	John Champe	8.53q
8 Knowles, Kameron	11	Liberty Chri	8.68q
9 Kavounis, Corey	11	Fauquier	8.70
10 Taylor, Thai	11	Rock Ridge H	8.74
11 Wilson, Jeremiah	9	Salem (Roano	8.78
12 Cornett, Greyson	10	William Byrd	9.07
13 Doerwaldt, Max	10	John Handley	9.10
14 Jimenez, AJ	12	Kettle Run	9.20
15 O'Conner, Riley	9	Sherando	9.31
16 Gray, Levi	11	Pulaski Coun	9.47
17 Armel, Jack	10	John Handley	9.86
18 Smith, Jaylin	9	Harrisonburg	10.74
19 Tenberg, Bryce	9	Kettle Run	21.19

Men 55 Meter Hurdles

Heat winners plus next fastest to finals for 8 lanes

National: 7.00 @ 2016 Holloway (Va)/Cunningham (Ala)
Meet: 7.82 M 2016 Adriel McPhee
State 4A: 8.05 S

Name	Yr	School	Finals
Finals			
1 Faint, Cameron	12	Millbrook	7.79M 10
2 Jones, Major	12	William Flem	7.91S 8
3 Jones, Dymere	12	E.C. Glass	7.95S 6
4 Brown, Dontay	12	Pulaski Coun	8.13 5

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Finals ... (Men 55 Meter Hurdles)

Name	Yr	School	Finals
5 Woodfolk, Jordon	12	Amherst Coun	8.20 4
6 Karen, Pierre	11	John Champe	8.31 3
7 Smith, Andrew	12	Millbrook	8.49 2
8 Knowles, Kameron	11	Liberty Chri	8.60 1

Men 4x200 Meter Relay

Sections on Time

2nd runner breaks after one turn.

National: 1:26.09 @ 2005 Poly (California)

Meet: 1:32.24 M 2016 Charlottesville

J White, T Birlle, H Osman, T Carrington

State 4A: 1:34.41 S

Team	Relay	Finals
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Finals

1 Amherst County		1:29.33M 10
1) Bradley, Darrien 12	2) Short, Jordon 12	
3) Woodfolk, Jordon 12	4) Collins, John 12	
2 Liberty Chri		1:31.10M 8
1) Doss, Jon 12	2) Moncion, Dominico 12	
3) Muse, Eddie 11	4) Kirk, Nathan 11	
3 William Byrd		1:34.10S 6
1) Board, Hunter 11	2) Smith, Christian 12	
3) Spaar, Jason 12	4) Thomas, Micheal 10	
4 George Washington		1:34.53 5
1) Swift, Nazir 11	2) Waller, Curtis 11	
3) Forest, Kuashawn 12	4) Walters, Barry 11	
5 Millbrook		1:34.70 4
1) Davis, Josh 12	2) Faint, Cameron 12	
3) Martin, Will 11	4) Rodgers, Antwon 12	
6 William Fleming		1:35.08 3
1) Randolph, Christian 11	2) Jones, Major 12	
3) Brown, Izaya 12	4) Jackson, Deji 11	
7 Fauquier		1:35.64 2
1) Atwell, Patrick 10	2) Boggs, Bruce 11	
3) Turner, Adam 12	4) Mascal, Dante 12	
8 E.C. Glass		1:36.69 1
1) Jones, Dymere 12	2) Merriman, Jayden 9	
3) Odedina, Justin 10	4) Paige, Koulson 10	
9 John Champe		1:37.33
1) Agostinho, Aleks 10	2) Espinoza, Juan 11	
3) Mangrulkar, Jay 12	4) Carnicero, Nicholas 12	
10 Rock Ridge H		1:38.61
1) Bostic, Calvin 11	2) Hsu, Concerto 11	
3) Taylor, Thai 11	4) Tomlin, Elijah 10	
11 Harrisonburg		1:40.06
1) Cappell, Juleian 12	2) Seefried, Jacob 9	
3) Stewart, Owen 10	4) Towler, Kyel 12	

Men 4x400 Meter Relay

Sections on Time

First runner breaks after 2 turns

National: 3:13.06 @ 2009

New Bern (North Carolina)

Meet: 3:28.88 M 2016

Amherst County

J Short, J Woodfolk, D Bradley, J Collins

State 4A: 3:34.52 S

Team	Relay	Finals
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Finals

1 Amherst County		3:27.05M 10
1) Bradley, Darrien 12	2) Collins, John 12	
3) Woodfolk, Jordon 12	4) Short, Jordon 12	
2 William Fleming		3:28.02M 8
1) Kirtley, Azavier 12	2) Jackson, Tajai 10	
3) Jones, Major 12	4) Martin, Robert 9	
3 Fauquier		3:28.10M 6
1) Atwell, Patrick 10	2) Castaneda, Edwin 11	
3) Oravec, Samuel 12	4) Matthews, Nick 10	
4 Liberty Chri		3:31.82S 5
1) Doss, Jon 12	2) Hammond, Josh 12	
3) Hunter, Bryson 10	4) Kirk, Nathan 11	
5 E.C. Glass		3:33.08S 4
1) Jones, Dymere 12	2) Woods, Theo 10	
3) Paige, Koulson 10	4) Alston, Jordan 12	
6 William Byrd		3:33.35S 3
1) Barker, Jake 12	2) Smith, Christian 12	
3) Woodcock, Jacob 12	4) Settle, Jesse 12	
7 John Champe		3:34.58 2
1) Karen, Nicholas 12	2) Rawlings, Connor 10	
3) Carnicero, Nicholas 12	4) Matthews, Michael 12	
8 Loudoun Valley		3:34.78 1
1) Bryant, Azriah 11	2) Franco, Noah 11	
3) Gallagher, Noah 11	4) Simms, Akere 11	
9 Pulaski County		3:34.94
1) Blevins, Rj 11	2) Eldridge, Nathan 11	
3) King, Shaun 10	4) Smith, Ryan 11	
10 Liberty (Bea		3:41.73
1) Lutz, Ryan 9	2) Arey, Ryan 10	
3) Pellon, Yago 12	4) White, Ja'von 11	
11 Harrisonburg		3:43.25
1) King, Isaiah 11	2) Yutzy, Micah 10	
3) Landes, Ashton 11	4) Seefried, Jacob 9	
12 Rock Ridge H		3:43.78
1) Scherer, Drew 11	2) Ramshetty, Shivaen 11	
3) Farley, Michael 11	4) Megens, Sean 12	
13 John Handley		3:50.86
1) Doerwaldt, Max 10	2) Rosa, John 10	
3) Armel, Jack 10	4) confry, daniel	

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Results

Men 4x800 Meter Relay

Sections on Time

Two Alley Start; All break after 2 turns.

National: 7:36.99 @ 2009 Albemarle (Virginia)
Meet: 8:14.11 M 2016 Fauquier

B Curry, R Chavez, S Oravec, M Curry

State 4A: 8:36.78 S

Team	Relay	Finals
Finals		
1 Fauquier		8:17.61S 10
1) Castaneda, Edwin 11	2) Fernandez, Carson 12	
3) Matthews, Nick 10	4) Oravec, Samuel 12	
2 Pulaski County		8:32.72S 8
1) Blevins, Rj 11	2) Winesett, Jake 11	
3) Smith, Ryan 11	4) Eldridge, Nathan 11	
3 Harrisonburg		8:43.28 6
1) King, Isaiah 11	2) Hussein, Walter 11	
3) Landes, Ashton 11	4) Berhe, Mo 11	
4 John Champe		8:44.10 5
1) Blumen, Jared 12	2) Gay, William 9	
3) Faircloth, Grant 9	4) Matthews, Michael 12	
5 William Byrd		8:47.27 4
1) Lynch, Conner 12	2) Recktenwald, Westin 12	
3) Ashley, Ashton 11	4) Moore, Ryan 12	
6 Rock Ridge H		8:51.19 3
1) Scherer, Drew 11	2) Farley, Michael 11	
3) Ramshetty, Shivaen 11	4) Megens, Sean 12	
7 Liberty Chri		8:54.01 2
1) Quigg, Josh 10	2) Robbins, Noah 10	
3) Parker, William 10	4) Moore, Bryce 12	
8 E.C. Glass		9:07.44 1
1) Sarantos, Luke 11	2) McCarthy, Ben 10	
3) Payne, Redmond 12	4) Alston, Jordan 12	
9 John Handley		9:13.88
1) Dearth, Andrew 9	2) Crow, Bennett 12	
3) Lee, Michael 9	4) Cupps, Bennett 9	
10 Sherando		9:22.27
1) Carr, Jacob 9	2) Williams, Hayden 11	
3) Williams, Lucas 9	4) Diamantis, Michael 10	
11 Liberty (Bea		9:27.93
1) Lutz, Ryan 9	2) Smith, Jessie 11	
3) King, Chris 11	4) Pellon, Yago 12	
12 Bassett		10:10.71
1) Elliott, Jordan 11	2) Garcia, Frankie 10	
3) Castro, Joseph 9	4) Hale, Zach 9	

Men High Jump

Five Alive

Starting Height is 5'6"

National: 7-05.25 @ 2004 Scott Sellers (Texas)
Meet: 6-02 M 2016 Niko Tillas
State 4A: 5-11 S

Name	Yr	School	Finals
Finals			
1 Tillas, Niko	12	Liberty Chri	6-05.00M 10

2 Mina, Alex	11	John Champe	6-02.00M 8
3 Terrell, Coleman	12	Liberty Chri	6-00.00S 6
4 Brown, Izaya	12	William Flem	J6-00.00S 5
5 Brown, Dion	11	John Champe	J6-00.00S 4
6 Bell, Jeremiah	11	Liberty Chri	5-11.00S 3
7 Adamson, Emmanuel	12	Jefferson Fo	5-10.00 2
8 Muse, Eddie	11	Liberty Chri	5-08.00 1
9 Murphy, Sean	11	Woodgrove	J5-08.00
10 Williams, Jacob	10	Liberty Chri	5-06.00
10 Waits, Bryson	12	Sherando	5-06.00
--- Howard, Parker	12	Jefferson Fo	NH
--- Bohon, Hunter	10	William Byrd	NH
--- Johnson, Evan	11	John Champe	NH
--- Kwartang, David	12	Kettle Run	NH
--- Rivas, David	9	Sherando	NH

Men Pole Vault

Five Alive

Starting Height is 8' 6"

Five Alive

National: 18-10.25 @ 2017 Mondo Duplantis (Louisiana)
Meet: 14-06 M 2016 Ryan Mccann
State 4A: 11-06 S

Name	Yr	School	Finals
Finals			
1 Mosteller, Kyle	10	Amherst Coun	12-06.00S 10
2 Clevenger, Joel	11	Harrisonburg	11-00.00 8
3 Crews, Ya'quan	11	E.C. Glass	10-00.00 6
4 Doerwaldt, Max	10	John Handley	9-06.00 5
5 Armel, Jack	10	John Handley	J9-06.00 4
--- Torpy, Evan	9	Kettle Run	NH
--- Newman, Wesley	12	Liberty Chri	NH
--- Ahmed, Hashaam	11	Harrisonburg	NH
--- Sarantos, Luke	11	E.C. Glass	NH

Men Long Jump

Top 9 to Finals

National: 26-06.50 @ 1989 Dion Bentley (Pennsylvania)
Meet: 22-02.50 M 2015 Dontae Mauck
State 4A: 21-00.50 S

Name	Yr	School	Finals
Finals			
1 Oravec, Samuel	12	Fauquier	22-08.00M 10
2 Bradley, Darrien	12	Amherst Coun	21-09.00S 8
3 Terrell, Coleman	12	Liberty Chri	21-07.50S 6
4 Tillas, Niko	12	Liberty Chri	21-05.00S 5
5 Jones, Jayvon	11	William Flem	20-11.50 4
6 Rodgers, Antwon	12	Millbrook	20-09.50 3
7 Muse, Eddie	11	Liberty Chri	20-05.00 2
8 Brown, Izaya	12	William Flem	20-03.00 1
9 Nevarez, Bobby	11	Jefferson Fo	20-01.00
10 Greene, Jehmel	12	William Flem	19-02.50
11 Williams, Jacob	10	Liberty Chri	19-01.00
11 Mascall, Dante	12	Fauquier	19-01.00
13 Jones, Dymere	12	E.C. Glass	18-11.00
13 Megginson, Tysheem	11	Amherst Coun	18-11.00

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Finals ... (Men Long Jump)

Name	Yr	School	Finals
15 Kramer, Dylan	11	Jefferson Fo	18-10.00
16 Brown, Dontay	12	Pulaski Coun	18-07.50
17 Jefferies, Andrew	10	Sherando	18-07.00
18 Blackstone, David	11	Millbrook	18-05.50
19 Smith, Jessie	11	Liberty (Bea	17-11.75
20 Boggs, Bruce	11	Fauquier	17-06.00
21 Rivas, David	9	Sherando	17-00.00

Men Triple Jump

Top 9 to Finals

National: 52-07.50 @ 1988 Keith Holley (Virginia)
Meet: 45-04.50 M 2015 Dontae Mauck
State 4A: 43-02.25 S

Name	Yr	School	Finals
1 Jones, Jayvon	11	William Flem	44-08.75S 10
2 Greene, Jehmel	12	William Flem	44-01.00S 8
3 Rodgers, Antwon	12	Millbrook	43-06.00S 6
4 Oravec, Samuel	12	Fauquier	42-10.50 5
5 Muse, Eddie	11	Liberty Chri	42-04.50 4
6 Megginson, Tysheem	11	Amherst Coun	41-04.00 3
7 Bradley, Darrien	12	Amherst Coun	J41-04.00 2
8 Jones, Dymere	12	E.C. Glass	40-00.00 1
9 Gray, Levi	11	Pulaski Coun	39-06.50
10 Terrell, Coleman	12	Liberty Chri	39-05.50
11 Tian, Stephan	12	Liberty Chri	39-02.25
12 Jackson, Deji	11	William Flem	39-01.00
13 Doerwaldt, Max	10	John Handley	37-10.00
14 Bohon, Hunter	10	William Byrd	37-06.00
14 Atwell, Patrick	10	Fauquier	37-06.00
16 Kwartang, David	12	Kettle Run	36-11.25
17 Yutzy, Micah	10	Harrisonburg	36-11.00
18 Sey, Paa	12	Kettle Run	35-03.75
--- Blackstone, David	11	Millbrook	FOUL

Men Shot Put

Top 9 to Finals

National: 77-02.75 @ 2011 Ryan Crouser (Oregon)
Meet: 55-10.50 M 2014 Matthew Zajac
State 4A: 44-10.75 S

Name	Yr	School	Finals
1 Harris, Ethan	12	Harrisonburg	52-00.00S 10
2 Bishop, Caleb	12	Pulaski Coun	51-01.00S 8
3 Hunt, Tyreek	11	William Flem	46-07.00S 6
4 Moncion, Dominico	12	Liberty Chri	45-07.00S 5
5 Hilton, Joshua	12	William Flem	44-11.00S 4
6 Brown, Chris I	11	Amherst Coun	43-01.00 3
7 Lawhorne, Trent	12	Amherst Coun	43-00.00 2
8 Plummer, Maxwell	12	Salem (Roano	42-09.00 1
9 Green, Camron	11	Fauquier	42-06.50
10 Johnson, Sam	12	Sherando	42-02.00
11 Woody, Malachi	12	Liberty Chri	42-01.00
12 Waugh, Damien	12	Amherst Coun	41-11.00

13 Allen, Isaiah	10	Sherando	41-02.00
14 Scaring, Ben	11	Fauquier	41-01.00
15 Bryant, Trejon	11	Charlottesvi	41-00.50
16 Simonton, Leighton	12	E.C. Glass	40-10.00
17 Gathers, Dj	11	Pulaski Coun	39-03.00
18 Copperthite, Andrew	11	Fauquier	38-07.00
19 Ganey, Ian	9	John Handley	37-06.00
20 Mammano, Joseph	9	John Handley	37-04.00
21 Thompson, Andre	11	Fauquier	36-11.00
22 Sexton, Ben	10	Fauquier	36-00.50
23 Gelorimno, Jaylon	11	Rock Ridge H	35-06.00
24 Bergeron, Cole	10	Rock Ridge H	34-10.00
25 Geathers, Khalid	11	Rock Ridge H	30-06.00

Women - Team Rankings - 15 Events Scored

1) E.C. Glass	85
2) Liberty Christian Academy	81
3) Fauquier	57
4) Salem (Roanoke)	50.5
5) William Fleming	43
6) Loudoun Valley	40
7) Jefferson Forest	38
8) Pulaski County	27
8) Rock Ridge High School	27
10) John Champe High School	26
11) John Handley	24
11) George Washington	24
13) Amherst County	15.5
14) Charlottesville	10
14) Liberty (Bealeton) High School	10
16) Kettle Run	9
17) William Byrd High School	8
18) Millbrook	5
19) Woodgrove	3
20) Harrisonburg	1

Men - Team Rankings - 15 Events Scored

1) William Fleming	90
2) Amherst County	80
3) Fauquier	72
4) Liberty Christian Academy	71
5) Millbrook	43
6) Loudoun Valley	42
7) E.C. Glass	34
8) John Champe High School	29
9) Harrisonburg	25
10) Pulaski County	24
11) William Byrd High School	16
12) Rock Ridge High School	15
13) George Washington	14
14) Kettle Run	11
15) John Handley	9
16) Jefferson Forest	2
16) Salem (Roanoke)	2