



Class Schedule

02/01/19

*Sparring Class
(No Trial Students)

	Day 1		Day 2	
	Monday	Tuesday	Wednesday	Thursday
TKD Attire:	Dobok Only	Any	Any	Any

Day 3
Friday
Any



4:00 PM - 4:30 PM	<u>Tiny Tiger</u> (Ages 5-6)	<u>Tiny Tiger</u> (Ages 3-4)	<u>Tiny Tiger</u> (Ages 5-6)	<u>Tiny Tiger</u> (Ages 3-4)	Tiny Tiger (Ages 3-5) ALL BELTS
4:30 PM - 5:15 PM	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe	(Ages 6-12) COLOR BELTS
5:15 PM - 6:00 PM	Purple - Sr. Red	ALL BELTS	Purple - Sr. Red	ALL BELTS	(Age 13+) & ALL BLACK BELTS
6:00 PM - 6:30 PM	Black Belt	<u>Tiny Tiger</u> (Ages 3-6)	Black Belt	<u>Tiny Tiger</u> (Ages 3-6)	COMPETITION TEAM TRAINING 6.00PM – 7.30PM

6:30 PM - 7:00 PM	Black Belt (continue)	<u>INTRO CLASS</u>	Black Belt (continue)	<u>INTRO CLASS</u>	* You may participate in sparring classes starting White Belt. *Sparring is Mandatory during testing starting Green Belt.
7:00 PM - 8:00 PM	Adult Class	Adult Class	Adult Class	Adult Class	

HIGH FIVE TAEKWONDO
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